

**Stuart Silverstein**  
**M.D. F.A.A.P.**

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*Curriculum Vitae*

## Stuart Silverstein M.D. F.A.A.P.

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### PROFESSIONAL EXPERIENCE

July 2007 - Present

**Firefly After Hours Pediatrics, LLC**

Clinical Director

*Clinical director for after hours pediatric emergency and urgent care facility.  
Responsible for clinical protocols and liaison with referring physicians and specialists.*

January 2002 - Present

**Our Lady of Mercy Medical Center**

Bronx, NY

Attending Physician, Department of Emergency Medicine

*Attending Physician in teaching hospital affiliated with New York Medical College.  
Clinical responsibilities include the supervision of medical students, residents, and  
physician assistants who work in the Pediatric Emergency Department.*

October 2003 - November 2005

**Nyack Hospital**

Nyack, NY

Attending Physician, Department of Emergency Medicine and Pediatrics

*Attending Physician in teaching hospital affiliated with Columbia Presbyterian.  
Clinical responsibilities include the supervision of medical students, residents, and  
physician assistants who work in the Pediatric Emergency Department.*

January 2000 - Present

**Medhumor Medical Publications, LLC** Board Review Series

CEO / Senior Editor [www.passtheboards.com](http://www.passtheboards.com)

*Director of operations, new title acquisitions and editorial responsibilities for entire  
award-winning series published by Medhumor Medical Publications, LLC. The book series  
titles are carried at major medical school bookstores including the NYU, Harvard and  
Yale campus stores.*

9/95 - 12/99

**St. Vincent's Medical Center**

Bridgeport, CT

Attending Pediatrician, Outpatient Services Family Health Clinic

Attending Pediatrician: Inpatient Services (Delivery Room, Emergency Room  
and Hospital Admissions)

*In addition to clinical duties, position includes teaching and supervision of students and  
house staff rotating through the department.*

6/92 - 8/95

**California Pacific Medical Center**

San Francisco, CA

Director of Hospital Based Physicians for Newborn Intensive Care and  
Critical Care Transport Services

*Teaching of medical students and residents rotating through the NBICU.  
Administrative services, including scheduling and coordination of credentialing.*

9/89 - 8/95

**Kaiser Foundation Hospital**

Vallejo, CA

Attending Pediatrician/Outpatient Department

*Management of Urgent Care Pediatric Patients.*

9/87 - 9/89

**St. Mary's Hospital**

San Francisco, CA

Inpatient Attending Pediatrician

*In house night and weekend coverage for Inpatient, Delivery Room, and Pediatric  
Emergency Services.*

## PROFESSIONAL AFFILIATIONS

- Fellow American Academy of Pediatrics
- Lecturer - North Shore - Long Island Jewish Pediatric Board Review Course
- Lecturer - UCLA Pediatric Board Review Course
- Faculty, Olser Institute – Lecturer
- Diplomate, National Board of Medical Examiners
- Diplomate, American Board of Pediatrics
- American Medical Writers Association
- Consultant for the Anti-defamation League

## ACADEMIC APPOINTMENTS

Clinical Associate Professor Emergency Medicine  
New York Medical College

## PUBLICATIONS

Co-author of *What About Me?: Growing Up with a Developmentally Disabled Sibling*. Plenum/Insight Books; 1993 (ISBN 0-306-44650-2).

*Laughing Your Way to Passing the Pediatric Boards™: Study Guide*.  
2nd Edition. Medhumor Medical Publications; 2003 ( ISBN 0-9700287-7-6).

*Laughing Your Way to Passing the Pediatric Boards™: Self-Assessment Questions and Answers, Volumes 1 and 2*. Medhumor Medical Publications; 2000 and 2003 (ISBN 0-9700287-1-7 and 0-9700287-6-8).

*Laughing Your Way to Passing the Pediatric Boards™: Crosswords that Won't Leave You Cross-eyed*. Medhumor Medical Publications; 2000 (ISBN 0-9700287-2-5). (Written with Chirag Amin, MD)

*Pediatric Symphonic Mnemonics* ( Written with Huiquan Zhao, M.D.,Ph.D.)  
ISBN 0-9700287-5-X

*USMLE Step 1 ( Crosswords that won't Leave you Crosseyed)*  
(Written with Chirag Amin,MD and others) ISBN 0-9700287-3-3

*Surfing your way to Pediatric Recertification®*  
(Written with Leonard Feld, M.D., Ph.D. Professor of Pediatrics UMDNJ-New Jersey Medical School) (to be released January 2005)

*Laughing your Way to passing the USMLE Step 3*  
(Written with Sarwat Amer, MD Fellow Department of Radiology Columbia University College of Medicine)) (to be released October 2004)

## **CERTIFICATES**

American Red Cross BLS Certified  
American Red Cross PALS Certified  
American Red Cross ACLS Certified  
American Red Cross ATLS Certified

Consumer Council - Top Pediatricians of America

Truly Good Award from The National Society for Mastery and Excellence —  
www.nsme.org November 1999 / Community Service

## **EDUCATION**

1985

### **State University of New York/Downstate Medical Center**

- MD Degree

#### *Scholarships*

- Kings County Medical Society
- Downstate Medical Center Alumni Scholarship

1981

### **State University of New York at Buffalo**

- BA Biology, Magna Cum Laude

#### *Scholarships*

- New York State Regents Scholarship
- Knights of Pythias Scholarship
- University of Buffalo Alumni Scholarship

#### *Honors*

- Magna Cum Laude
- Phi Beta Kappa
- Alpha Epsilon Delta

## **TRAINING**

### ***Internship:***

Kaiser Foundation Hospital – Pediatrics July 1985 – June 1986

### ***Residency:***

California Pacific Medical Center – Pediatrics July 1986 – June 1987  
– Pediatrics July 1991 – June 1992

## **MEDIA**

Profiled in dozens of television shows, radio programs, and newspaper articles, including *World News Tonight with Peter Jennings* and *The New York Times*.

Author of over a dozen "Medical Humor" columns and the editor of the medical board review website [www.passtheboards.com](http://www.passtheboards.com).

## **STATES LICENCED**

- California
- Connecticut
- New York
- New Jersey

## **LECTURES**

"The Impact of Autism and other Developmental Disabilities on the Family"

"The Healing Power of Humor and the Lighter Side of Medicine"

"Passing the Pediatric Boards without Passing a Stone™"

Lectures on humor in medical practice presented to Medical and Specialty societies across the United States as well as at Grand Rounds at numerous residency programs.

Lecture series on preparing the American Board of Pediatrics certifying exam given at several residency programs including the University of Miami and the UMDNJ.

## **LANGUAGES**

Spanish / Conversational

## **REFERENCES**

Augustine Akalonu, MD  
Attending Physician, Department of Pediatric Emergency Medicine  
Our Lady of Mercy Medical Center  
718-920-9135

David Kroning, MD  
Chairman Department of Pediatrics  
Director of Pediatric Emergency Medicine  
Nyack Hospital  
845-348-2340

Joseph Dell'Aria, MD  
Chairman of Emergency Medicine  
St. Vincent's Medical Center, Bridgeport  
203-576-5438