

**Stuart Silverstein**  
M.D., F.A.A.P.

1127 High Ridge Road, Suite 332  
Stamford CT 06905

Office 203-303-7344

Cell 203-550-9041

Fax 203-968-0151



*Curriculum Vitae*

# Stuart Silverstein M.D., F.A.A.P.

---



## CURRENT POSITIONS

July 2007 - Present

### Firefly After Hours Pediatrics, LLC

Medical Director

*Medical director for Pediatric urgent care facility. Direct patient care as well as clinical protocols, policies and liaison with referring physicians, specialists and local pediatric emergency rooms and hospitals.*

January 2000 - Present

### Medhumor Medical Publications, LLC Board Review Series

CEO / Senior Editor [www.passtheboards.com](http://www.passtheboards.com)

*Director of operations, new title acquisitions and editorial responsibilities for entire award-winning series published by Medhumor Medical Publications, LLC. The book series titles are carried at major medical school bookstores including the NYU, Harvard and Yale campus stores.*

## ACADEMIC APPOINTMENTS

September 2007 - August 2017

Clinical Associate Professor Emergency Medicine  
New York Medical College

## STATES LICENCED

- Connecticut (*current*)
- California (*past*)
- New York (*past*)
- New Jersey (*past*)

## BOARD CERTIFICATIONS

- Diplomate, American Board of Pediatrics

## TRAINING

### Residency:

California Pacific Medical Center – Pediatrics July 1986 – June 1987  
– Pediatrics July 1991 – June 1992

### Internship:

Kaiser Foundation Hospital – Pediatrics July 1985 – June 1986

## EDUCATION

1985 - MD Degree

### State University of New York/Downstate Medical Center

*Scholarships:*

- Kings County Medical Society Scholarship Grant
- Downstate Medical Center Alumni Scholarship Grant

1981 - BA Biology, Magna Cum Laude

### State University of New York at Buffalo

*Scholarships:*

- New York State Regents Scholarship
- Knights of Pythias Scholarship
- University of Buffalo Alumni Scholarship

*Honors:*

- Phi Beta Kappa
- Alpha Epsilon Delta

**PAST  
PROFESSIONAL  
EXPERIENCE**

January 2002 - 2007

**Our Lady of Mercy Medical Center** Bronx, NY

Attending Physician, Department of Emergency Medicine

*Attending Physician in teaching hospital affiliated with New York Medical College. Clinical responsibilities include the supervision of medical students, residents, and physician assistants who work in the Pediatric Emergency Department.*

October 2003 - November 2005

**Nyack Hospital** Nyack, NY

Attending Physician / Assistant Director Pediatric Emergency Department,  
Department of Emergency Medicine and Pediatrics

*Attending Physician in teaching hospital affiliated with Columbia Presbyterian. Clinical responsibilities include the supervision of medical students, residents, and physician assistants who work in the Pediatric Emergency Department. Administrative duties include assisting with protocol development and communication with referring pediatricians.*

September 1995 – December 1999

**St. Vincent's Medical Center** Bridgeport, CT

Attending Pediatrician, Outpatient Services Family Health Clinic  
Attending Pediatrician: Inpatient Services (Delivery Room, Emergency Room  
and Hospital Admissions)

*In addition to clinical duties, position includes teaching and supervision of students and house staff rotating through the department.*

June 1992 – August 1995

**California Pacific Medical Center** San Francisco, CA

Director of Hospital Based Physicians for Newborn Intensive Care and  
Critical Care Transport Services

*Teaching of medical students and residents rotating through the NBICU. Administrative services, including scheduling and coordination of credentialing.*

September 1989 – August 1995

**Kaiser Foundation Hospital** Vallejo, CA

Attending Pediatrician/Outpatient Department

*Management of Urgent Care Pediatric Patients.*

September 1987 – September 1989

**St. Mary's Hospital** San Francisco, CA

Inpatient Attending Pediatrician

*In house night and weekend coverage for Inpatient, Delivery Room, and Pediatric Emergency Services.*

**PUBLICATIONS**

*Laughing Your Way to Passing the **Pediatric Boards**™: Study Guide.*  
2022. Medhumor Medical Publications; 2022 (ISBN 978-1-7320780-7-9).

*Surfing your way to Pediatric Recertification*®  
(Written with **Leonard Feld, M.D., Ph.D. Professor of Pediatrics UMDNJ-  
New Jersey Medical School**)

*Laughing Your Way To Passing The Neurology Boards*  
(Written with **Amy McGregor, M.D., and David Z. Rose, M.D.**)

**PUBLICATIONS** (cont'd)

*Laughing your Way to passing the USMLE Step 3*  
(Written with Sarwat Amer, MD Department of Radiology  
Columbia University College of Physicians and Surgeons)

*Laughing Your Way to Passing the Pediatric Boards™: Self-Assessment Questions and Answers, Volumes 1 and 2.* Medhumor Medical Publications; 2000 and 2003 (ISBN 0-9700287-1-7 and 0-9700287-6-8).

*Laughing Your Way to Passing the Pediatric Boards™: Crosswords That Won't Leave You Cross-Eyed.* Medhumor Medical Publications; 2000 (ISBN 0-9700287-2-5). (Written with Chirag Amin, MD)

*Pediatric Symphonic Mnemonics* ( Written with Huiquan Zhao, M.D., Ph.D.) ISBN 0-9700287-5-X

*USMLE Step 1 (Crosswords That Won't Leave You Cross-Eyed)*  
(Written with Chirag Amin, MD and others) ISBN 0-9700287-3-3

Co-author of *What About Me?: Growing Up with a Developmentally Disabled Sibling.* Plenum/Insight Books; 1993 (ISBN 0-306-44650-2).

**INVITED PRESENTATIONS**

Lecturer - North Shore - Long Island Jewish Pediatric Board Review Course

Lecturer - UCLA Pediatric Board Review Course

Faculty, Olser Institute for Medical Education – Lecturer

“The Impact of Autism and other Developmental Disabilities on the Family”

“The Healing Power of Humor and the Lighter Side of Medicine”

“Passing the Pediatric Boards without Passing a Stone™”

Delivered lectures on the role of humor in medical practice to specialty societies and residency programs nationwide.

Lecture series on preparing the American Board of Pediatrics certifying exam given at several residency programs including the University of Miami and the UMDNJ.

**HONORS & AWARDS**

Consumer Council - Top Pediatricians of America

Truly Good Award from The National Society for Mastery and Excellence —  
[www.nsme.org](http://www.nsme.org) November 1999 / Community Service

**PROFESSIONAL AFFILIATIONS**

- Diplomate
- American Board of Pediatrics
- Fellow American Academy of Pediatrics
- American Medical Association
- Member of the Fairfield County Medical Society
- USA Hockey Level 4 Certified Coach
- AAP Council on Child Abuse and Neglect (COCAN) – Fellow
- AAP Section on Urgent Care Medicine (SOUCM) - Fellow

**HOSPITAL AFFILIATIONS**

Stamford Hospital Medical Center, September 2007 to Present

**LANGUAGES**

Spanish / Conversational