



Understanding the Importance of Practitioner Qualifications

When it comes to choosing a doctor for any kind of cosmetic or reconstructive procedure, the most important thing to look at is their qualifications. Many people are drawn in by cheap prices or social media ads, but the truth is that the person performing your procedure matters more than anything else. Picking someone who isn't properly trained or licensed can lead to serious problems that are tough, and sometimes impossible, to fix.

Why Qualifications Really Matter

When a doctor is licensed or board-certified, that's not just a title—it means they've put in years of work and training.

- **A medical license** means they've met the state's requirements to practice safely.
- **Board certification** goes further, showing they've proven themselves in a specialty.
- **Experience** means they've seen enough cases to know what to do if something doesn't go as planned.

These things are in place to protect patients. A qualified practitioner understands the anatomy, follows sterile practices, and knows how to keep you safe.

Risks of Going to the Wrong Person

Even simple procedures like injectables, laser treatments, or minor surgeries carry risks. There's always the chance of side effects or complications. The difference is, a properly trained doctor knows how to handle them.

Unqualified providers, especially those working outside of medical offices or using unsafe products, often cut corners. This can lead to infections, scarring, nerve damage, or worse. In some cases, patients end up in the hospital with life-threatening problems—all because the person treating them wasn't truly qualified.

A Real Example of Credentials in Action

One example of why credentials are so important is the career of **Dr. Thomas J. Zaydon**, founder of the Plastic Surgery Institute of Miami. He's been practicing for over twenty years and is well-known in both cosmetic and reconstructive surgery.

Dr. Zaydon graduated with honors from Drexel University and later became Chief Resident in plastic surgery at Louisiana State University. He now serves as Chief of Plastic Surgery at Mercy Hospital in Miami.

Beyond surgery, he also works as an expert witness across the country, reviewing liability cases and giving his professional opinion in court. He's trusted for his fairness, judgment, and experience. He also does independent medical exams, peer reviews, and workers' compensation cases. That kind of broad respect doesn't come without years of training and proven skill.



How Patients Can Protect Themselves

If you're looking into a procedure, it helps to ask a few key questions:

1. Is the doctor licensed and board-certified?
2. Do they have specific experience with the procedure I want?
3. Is their office or surgery center accredited and safe?
4. Are they open and willing to answer my questions?
5. Good doctors don't shy away from these questions. If someone avoids them, that's usually a bad sign.

Final Thoughts

At the end of the day, qualifications aren't just about bragging rights—they're about keeping patients safe. It's easy to be tempted by cheap deals or quick fixes, but your health and your appearance are too important to risk.

Choosing a qualified practitioner means you'll have someone who knows what they're doing, can handle the unexpected, and prioritizes your safety. That peace of mind is worth far more than saving a few dollars.

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