



# Treating Traumatic Scars from Playground Accidents in Children

Playgrounds are a place of fun, adventure, and childhood memories—but accidents can happen in an instant. A fall from the monkey bars, a collision on the slide, or a scrape while running can leave your child with injuries that may develop into noticeable scars. For parents, seeing a scar on your child can be worrying—not just for their appearance, but for their confidence and well-being.

At the **Plastic Surgery Institute of Miami**, **Dr. Thomas J. Zaydon** specializes in **pediatric scar treatment** and understands the unique needs of children recovering from injuries. With over 20 years of experience in plastic and reconstructive surgery, he helps children heal safely while minimizing the long-term effects of **playground injury scars**.

## Why Playground Injuries Can Cause Scars

Whenever the skin is damaged, the body works to repair itself. Sometimes, this natural healing process leaves a scar. Factors such as the depth of the injury, the location on the body, and your child's skin type can all influence the appearance of scars. Common playground injuries that may result in scars include:

- Deep cuts from falls onto hard surfaces
- Scrapes or abrasions that become irritated or infected
- Facial injuries from collisions with equipment or peers

- Friction burns from slides, swings, or climbing structures

## Personalized Treatment for Traumatic Scars

Every scar is unique, and **Dr. Zaydon provides individualized treatment plans** tailored to each child. Options for scar treatment may include:

- **Surgical revision:** Precise procedures to improve both the appearance and function of deep or complex scars
- **Non-surgical therapies:** Laser treatments, silicone gels, and microneedling to soften and fade scars over time
- **Early intervention:** Addressing injuries promptly to reduce long-term scarring

Dr. Zaydon combines expert medical care with a gentle, child-focused approach, ensuring that young patients feel safe and comfortable throughout their treatment.



## Supporting Your Child's Healing at Home

Parents play a key role in helping their child's skin heal. Steps to support recovery include:

- Keeping wounds clean and following your doctor's care instructions

- Encouraging your child not to pick at scabs
- Protecting healing skin from sun exposure to prevent discoloration
- Attending follow-up appointments to monitor progress and adjust treatments as needed

## Why Choose the Plastic Surgery Institute of Miami

Dr. Zaydon is **board-certified in plastic and reconstructive surgery** and has extensive experience treating burns, facial injuries, open wounds, and scars in children. As Chief of Plastic Surgery at Mercy Hospital and former president of the Florida and Miami Societies of Plastic Surgeons, he brings unmatched expertise to every case.

The focus is not only on treating scars but also on helping children regain confidence and enjoy their lives fully, free from the physical or emotional impact of a traumatic injury.

### Take the First Step Toward Healing

If your child has a scar from a playground accident, acting early can make a significant difference. At the **Plastic Surgery Institute of Miami**, Dr. Zaydon will create a personalized treatment plan tailored to your child's needs. With expert care and a gentle approach, we'll help your child heal safely, restore their skin, and regain confidence. Schedule a consultation today to take the first step toward a smoother, healthier recovery.





**DR. THOMAS J. ZAYDON JR.**  
Plastic Surgery Institute Of Miami