

Ellika McGuire, MD

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ellikamcguiremd.com



Double board-certified child, adolescent, and adult psychiatrist with more than 10 years of clinical experience evaluating and treating a broad range of psychiatric disorders in patients of all ages, from diverse backgrounds.

Experience evaluating and consulting on personal injury, emotional injury, causation, standard of care, medical malpractice, disability, sexual assault, gender-based violence, and child abuse related litigation. Retained by prosecution and defense.

Extensive clinical experience in the areas of depression, anxiety, bipolar disorder, ADHD, trauma/PTSD, self-harm, suicidality, psychopharmacology, and psychotherapy.

Unique expertise in work with LGBTQ+ youth and families, and psychoanalysis.

In-depth training in child development and parent-child dynamics.

Licensure and Certifications:

Diplomat, American Board of Psychiatry and Neurology, Child Psychiatry	2016-Present
Diplomat, American Board of Psychiatry and Neurology, General Psychiatry	2015-Present
Colorado Medical Board, Medical License DR.0064807	2020-Present
Washington State Medical Board, Medical License MD 6039280	2013-Present

Employment and Professional Experience:

Psychiatrist	2016-Present
• Ellika McGuire MD PLLC, Seattle, WA ○ Evaluation and treatment of children, adolescents, and adults from diverse backgrounds, with a full range of psychiatric diagnoses	

- Diagnoses and presenting problems include, but not limited to: Depression, Anxiety Disorders, Bipolar Disorder, PTSD/Trauma, Suicidal Ideation, Self-Harm, Conversion Disorder, Substance Abuse, Autism Spectrum Disorder
- Expertise in the treatment of LGBTQ+ youth and families, and Work with Parents
- Treatment via Psychopharmacology, Psychoanalytic Psychotherapy, and Psychoanalysis
- **Youth Eastside Services, Bellevue, WA** 2016-2022
 - Evaluation and treatment of children and adolescents from largely underserved backgrounds, with a full range of psychiatric diagnoses in a community mental health setting
 - Diagnoses and presenting problems included, but not limited to: Depression, Anxiety Disorders, Bipolar Disorder, Psychotic Disorders, PTSD/Trauma, Suicidal Ideation, Self-Harm, Conversion Disorder, Substance Abuse, Autism Spectrum Disorder
 - Treatment via Psychopharmacology and Supportive Psychotherapy
 - Collaboration with therapists and treatment teams
- **Medical Consultants Network (MCN), Seattle, WA** 2021-2023
 - Independent Medical Examinations (IME) for Disability, L&I and Fit for Duty Evaluations
- **Medical Evaluation Services (MES), Seattle, WA** 2021-2023
 - Independent Medical Examinations (IME) for Disability, L&I and Fit for Duty Evaluations
- **ExamWorks, Tukwila, WA** 2021
 - Independent Medical Examinations (IME) for Disability, L&I and Fit for Duty Evaluations
- **Washington State DSHS, Seattle, WA** 2016-2017
 - Independent Medical Examinations for Disability, L&I Evaluations
- **Center for Discovery, Bellevue and Edmonds, WA** 2015-2017
 - Vacation coverage for primary staff psychiatrist
 - Evaluation and treatment of adolescents and adults with co-occurring eating disorders and psychiatric disorders in a residential eating disorder program

Academic Appointments:

Clinical Instructor

2022-Present

University of Washington School of Medicine Department of Psychiatry and Behavioral Sciences, Seattle, WA

Clinical Psychotherapy Supervisor

2016-Present

Child and Adolescent Psychiatry Fellowship, University of Washington School of Medicine
Department of Psychiatry and Behavioral Sciences, Seattle, WA

Membership in Professional Organizations:

American Academy of Child and Adolescent Psychiatry 2013-Present

Committee on Child and Adolescent Psychiatry,
American Academy of Psychiatry and the Law 2024-Present

Association of Family and Conciliation Courts 2024-Present

American Academy of Psychiatry and the Law 2023-Present

Association for Child Psychoanalysis 2019-2023

American Psychoanalytic Association 2016-2023

International Psychoanalytic Association 2016-2023

Education:

Seattle Psychoanalytic Society and Institute (SPSI), Seattle, WA 2016-2021
Child and Adult Clinical Candidate

University of Washington School of Medicine, Seattle, WA 2014-2016
Clinical Fellow in Child and Adolescent Psychiatry

University of Washington School of Medicine, Seattle, WA 2011-2014
Resident in Adult Psychiatry

Medical Specialty Transition, Non-Degree Coursework, Travel 2010-2011

University of Washington School of Medicine, Seattle, WA 2009-2010
Intern in Pediatrics

Vanderbilt School of Medicine, Nashville, TN 2005-2009
Doctorate in Medicine

Accord Ecole De Langues, Paris, France 2005

French Language School

University of Pennsylvania, Philadelphia, PA 2003-2004
Post-Baccalaureate Pre-Medical Courses

Brown University, Providence, RI 1999-2003
Bachelor of Arts with Honors in International Community Health

Language Proficiency:

Certified Bilingual Provider, English and Spanish 2012-2016

- Passed language proficiency exam Harborview Medical Center and Seattle Children's Hospital, Seattle, WA

Leadership, and Volunteer Positions:

- Community Partnership Working Group, SPSI, Seattle, WA 2020-2021
 - Founder and leader
- Clinical Associate Peer Support Network, SPSI, Seattle WA 2020-2021
 - Founder and leader
- Safe Haven Family Shelter, Nashville, TN 2008-2009
 - Volunteer
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- Shade Tree Family clinic 2006-2009
 - Volunteer clinician and Spanish Interpreter
- Rhode Island Hospital 2000-2003
 - Volunteer Spanish Medical Interpreter

Publications and Presentations:

(Maiden Name: Bartlett)

McGuire, E. "The Clinical Centrality of Development," American Psychoanalytic Association Annual Meeting, San Francisco, CA, February 8, 2025.

McGuire, E. Contributor, "The Adolescent Casebook." Eds. Jack Novick, Kerry Kelly Novick. Ipbooks, January 27, 2022.

McGuire, E. "Parent Work in Psychoanalysis," American Psychoanalytic Association Annual Meeting, New York, New York, June 1, 2022

Bartlett, EC. "Room 7032." *Tabla Rasa: Vanderbilt University Journal of Medical Humanities*, 2009.

Bartlett EC, Zavaleta C, Fernandez C, Razuri H, Vilcarromero S, Vermund SH, Gotuzzo E. "Expansion of HIV and syphilis into the Peruvian Amazon: A survey of four communities of an indigenous Amazonian ethnic group." *International Journal of Infectious Diseases*, (2008)12, e89-e94.

Bartlett EC, Zavaleta C, Fernandez C, Razuri H, Vilcarromero S, Vermund SH, Gotuzzo E. "Expansion of HIV and syphilis into the Peruvian Amazon: A survey of four communities of an indigenous Amazonian ethnic group." Poster Presentation. Unite for Sight 5th Annual International Health Conference, Yale University, New Haven, CT. April 12-13, 2008.

Santen S, **Bartlett E**, Mukhtar N. "First Death." *Acad Emerg Med*. 2007 Sep;14(9):825-6.

Teaching:

- "The Clinical Centrality of Development," Presentation, American Psychoanalytic Association Annual Meeting, February 8, 2025, San Francisco, CA.
- "Psychodynamic Psychotherapy Intensive, Part I," Lecture, University of Washington School of Medicine Department of Child and Adolescent Psychiatry, January 8, 2025, Seattle, WA
- "The Psychology of Psychopharmacology: Why it's never 'just medication management,'" Lecture, University of Washington School of Medicine Department of Child and Adolescent Psychiatry, September 6, 2024, Seattle, WA
- "The importance of parent work in child and adolescent psychotherapy," Panel, 1st year child psychiatry fellows," University of Washington School of Medicine Department of Child and Adolescent Psychiatry, July 23, 2024, Seattle, WA
- "Psychodynamic Psychotherapy Intensive Part II" Clinical Seminar, University of Washington School of Medicine Department of Child and Adolescent Psychiatry, February 14, 2024, Seattle, WA
- "Psychodynamic Psychotherapy Intensive, Part I," Lecture, University of Washington School of Medicine Department of Child and Adolescent Psychiatry, January 10, 2024 Seattle, WA
- "The Psychology of Psychopharmacology: Why it's never 'just medication management,'" Lecture, University of Washington School of Medicine Department of

Child and Adolescent Psychiatry, September 29, 2023, Seattle, WA

- “The importance of parent work in child and adolescent psychotherapy,” Panel, 1st year child psychiatry fellows,” University of Washington School of Medicine Department of Child and Adolescent Psychiatry, August 2, 2023, Seattle, WA
- “Psychodynamic psychotherapy group supervision for 2nd year child psychiatry fellows,” University of Washington School of Medicine Department of Child and Adolescent Psychiatry, May 17, 2023, Seattle, WA
- “Psychodynamic Psychotherapy Intensive Part II” Clinical Seminar, University of Washington School of Medicine Department of Child and Adolescent Psychiatry, January 11, 2023, Seattle, WA
- “Psychodynamic Psychotherapy Intensive, Part I,” Lecture, University of Washington School of Medicine Department of Child and Adolescent Psychiatry, December 24, 2022, Seattle, WA
- “The Psychology of Psychopharmacology: Why it's never ‘just medication management,’” Lecture, University of Washington School of Medicine Department of Child and Adolescent Psychiatry, August 19, 2022, Seattle, WA
- “Involving Parents in Talk Therapy,” Discussion Panel, University of Washington School of Medicine Department of General Psychiatry, July 27, 2022, Seattle, WA
- “Psychodynamic psychotherapy group supervision for 2nd year child psychiatry fellows,” University of Washington School of Medicine Department of Child and Adolescent Psychiatry, May 18, 2022, Seattle, WA
- “Psychodynamic Psychotherapy Intensive Part II” Clinical Seminar, University of Washington School of Medicine Department of Child and Adolescent Psychiatry, January 12, 2022, Seattle, WA
- “Psychodynamic Psychotherapy Intensive, Part I,” Lecture, University of Washington School of Medicine Department of Child and Adolescent Psychiatry, December 08, 2021, Seattle, WA
- “Parenthood as a Developmental Stage,” Lecture and Discussion, Parent and Family Interest Group, University of Washington School of Medicine Department of General Psychiatry, November 4, 2021, Seattle, WA
- “How patient and parent psychology, and patient-psychiatrist relationship impacts

medication compliance, effects and side effects,” Lecture, University of Washington School of Medicine Department of Child and Adolescent Psychiatry, July 23, 2021, Seattle, WA

- “Psychodynamic psychotherapy group supervision, for 2nd year child psychiatry fellows,” University of Washington School of Medicine Department of Child and Adolescent Psychiatry, May 15, 2021, Seattle, WA
- “Psychodynamic Psychotherapy Intensive Part II” Clinical Seminar, University of Washington School of Medicine Department of Child and Adolescent Psychiatry, April 14, 2021, Seattle, WA
- “Psychopharmacology,” Seminar, Child Psychoanalytic Training Program, Seattle Psychoanalytic Society and Institute, February 19, 2021, Seattle, WA
- “Psychodynamic Psychotherapy Intensive, Part I,” Lecture, University of Washington School of Medicine Department of Child and Adolescent Psychiatry, February 10, 2021, Seattle, WA
- “Establishing a Working Alliance with Parents,” Seminar, Child Psychoanalytic Training Program, Seattle Psychoanalytic Society and Institute, October 2, 2020 Seattle, WA
- “Cohort Formation and Context,” Seminar, Child Psychoanalytic Training Program, Seattle Psychoanalytic Society and Institute, September, 11, 2020, Seattle, WA
- “Psychodynamic Psychotherapy Intensive, Part II,” Lecture, University of Washington School of Medicine Department of Child and Adolescent Psychiatry, December 11, 2019, Seattle, WA
- “Psychodynamic Psychotherapy Intensive, Part I,” Lecture, University of Washington School of Medicine Department of Child and Adolescent Psychiatry, November 13, 2019, 2021, Seattle, WA
- “Psychotherapy with Children,” Panel Discussion, University of Washington School of Medicine Department of Child and Adolescent Psychiatry, October 17, 2019 Seattle, WA

Not Yet Retained