

Teresa M. van Winkle, PhD, MPH, RN, CPN

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Over 15 years of bedside nursing experience in acute care hospitals with 10+ years in pediatrics. Pediatric nursing experience includes care of medically complex children, pre and post operative patients, complex wound care, and clinically supervising nursing students.

Adult medical/surgical nursing experience includes stroke, telemetry, complex wound care, end of life care, and medical detoxification, both as a staff nurse and as a charge nurse.

Psychiatric nursing care including inpatient acute voluntary and involuntary psychiatric patients with depression, anxiety, PTSD, bipolar disorder, schizophrenia, aggression/violent behavior, psychosis, suicidality, suicide attempts, self-harm, electroconvulsive therapy.

Extensive teaching experience includes patients, families, registered nurses, undergraduate nursing students and graduate advanced nurse practitioner students across a broad range of topics.

Additional experience with infection prevention through MPH course work focused on prevention of hospital acquired infections including central line associated bloodstream infections and catheter associate urinary tract infections.

Licensure and Certification:

Registered Nurse Washington #RN60039808	2008 – present
Certified Pediatric Nurse, <i>Pediatric Nursing Certification Board</i>	2009 – present

Education:

University of Washington, Seattle, WA <ul style="list-style-type: none">○ PhD of Nursing Science	2020 – 2024
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University of Southern California, Los Angeles, CA <ul style="list-style-type: none">○ Master of Public Health (<i>Epidemiology and Biostatistics</i>)○ Delta Omega Honorary Society in Public Health	2014 – 2016
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Seattle University, Seattle, WA 2006 – 2008

- Bachelor of Science in Nursing
- Summa Cum Laude, Sigma Theta Tau International Honor Society of Nursing

Employment and Professional Experience:

Clinical Nursing Experience

Swedish Ballard, Seattle, WA 2024 – present

- *Registered Nurse, Psychiatric/Behavioral Health Unit*
 - Inpatient acute voluntary and involuntary psychiatric patients with depression, anxiety, PTSD, bipolar disorder, schizophrenia, aggression/violent behavior, psychosis, suicidality, suicide attempts, self-harm, electroconvulsive therapy
 - Evidence-Based Practice/Policy development

University of Washington – Montlake, Seattle, WA 2020 – 2021

- *Clinical Documentation Specialist*
 - Chart review of all inpatients
 - Communicate with providers and medical coders to ensure medical record integrity

University of Washington – Northwest Hospital & Medical Center, Seattle, WA 2018 – 2020

- *Registered Nurse, Medical Telemetry Unit*
 - Charge Nurse/Staff Nurse
 - Stroke center, telemetry, end of life/hospice care. complex wound management, medical detoxification
 - Precept new staff, senior practicum students, nursing students

Seattle Children’s Hospital, Seattle, WA 2007 – 2018

- *Registered Nurse, Surgical Unit (2008 – 2018)*
- *Nurse Technician, Emergency Room (2007 – 2008)*
 - Pre/post-operative patients aged 32 weeks gestation through 25 years, medically complex children, short- and long-term stay
 - Neurosurgery, orthopedic surgery, urology, plastic surgery, general surgery, otolaryngology, complex wound management
 - Precept new staff, senior practicum students, nursing students

Academic Appointments

Seattle University, Seattle, WA 2020 – present

- Advanced Practice Nursing Immersion Program Director (2023-2025)
- Assistant Teaching Professor
- Undergraduate courses taught/developed
 - NURS 3405 *Health Assessments and Interventions* [FQ2024; WQ2024]
 - NURS 4401/4402/4403 *Population Health Internship* [FQ2022; WQ2023; SQ2023]

- NURS 4191 *Promoting the Health of Children and Families: Clinical* [WQ2022; SQ2022; SQ2023]
- NURS 4791 *Senior Practicum* [RQ2022; RQ2023; RQ2024]
- Graduate courses taught/developed
 - NURS 5031 *Promoting Population Health: Clinical* [FQ2020; FQ2021; FQ2022; FQ2023; FQ2024]
 - NURS 5131 *Promoting Population Health: Theory* [FQ2022; FQ2023]
 - NURS 6014 *Critical Inquiry I* [SQ2023; SQ2024]
 - NURS 6018 *Health Program Planning and Development* [SQ2022; SQ2023; SQ2024; SQ2025]
 - NURS 6020 *Epidemiology* [FQ2022]
 - NURS 6110 *Ethical Care for Social Justice* [SQ2023]
 - NURS 6120 *Population Based Health Care* [RQ2021; WQ2022; RQ2023; RQ2024]
 - NURS 6901/6903/6905 *DNP Internship* [FQ2023; WQ2024; SQ2024; FQ2024; WQ2025; SQ2025]

Current Professional Memberships:

Delta Omega Honor Society in Public Health, Beta Lambda Chapter
 Sigma Theta Tau International Honor Society of Nursing, Alpha Sigma Chapter
 National Organization of Nurse Practitioner Faculties

Publications and Presentations:

Publications

Altman, M.R., Stoll, K., **van Winkle, T.M.**, Ferrel, B., Soled, K., Rubashkin, N.A., Lusero, I., Eagen-Torkko, M., & Vedam, S. (2025). Reliability and validity of measures of respectful care and discrimination for LGBTQ2S+ pregnant people. *Midwifery*. DOI: 10.1016/j.midw.2025.104391

Altman, M.R., **van Winkle, T.M.**, Ferrell, B., Lowik, A.J., Soled, K.R.S., Taraoff, L.A., McCulloch, J., Stoll, K., Obedin-Maliver, J., Vedam, S., Birth Includes Us Steering Council. (2025). Feasibility of a community-developed survey measuring experiences of pregnancy care for LGBTQ2S+ families. *Birth*. DOI: 10.1111/birt.12911

van Winkle, T.M. (2024). Navigating the world: Understanding gender expression through the experiences of transgender and nonbinary people. *ProQuest Dissertations & Theses*. ISBN: 9798384093657.

Altman, M.R., Cragg, K., **van Winkle, T.M.**, Julian, Z., Obedin-Maliver, J., Tarasoff, L.A., Eagen-Torkko, M., Rubashkin, N.A., Lusero, I., & Vedam, S. (2022). Birth Includes Us: Development of a community-led survey to capture experiences of pregnancy care among LGBTQ2S+ families. *Birth*. DOI: 10.1111/birt.12704.

Non-refereed or Invited Presentations

- van Winkle, T.M. & Altman, M.R.** (2024, Apr 18). *Operationalizing gender expression: Implications for data collection*. [Poster Presentation]. Western Institute of Nursing, Salt Lake City UT.
- Altman, M.R. & **van Winkle, T.M.** (2024, Apr 18). *Feasibility of a community-led survey measuring experiences of pregnancy care for LGBTQ2S+ families*. [Poster Presentation]. Western Institute of Nursing, Salt Lake City UT.
- van Winkle, T.M.**, Rabelais, E. & Altman, M.R. (2023, Apr. 21). *Gender expression: A principle-based concept analysis*. [Podium presentation]. Western Institute of Nursing, Tucson, AZ.
- van Winkle, T.M.**, Rabelais, E. & Altman, M.R. (2022, Nov. 9). *Gender expression: A principle-based concept analysis*. [Podium presentation]. American Public Health Association, Boston, MA. *Declined invitation*.
- van Winkle, T.M. & Couture, A.** (2020, Jan. 28). *Caring for patients with opioid use disorder*. [Poster presentation]. Seattle Nursing Research Consortium, Lynnwood, WA.
- van Winkle, T.M.** (2019, June 10). *Empowering nurses: Developing a unit-based council*. [Poster presentation]. University of Washington Leadership Development Institute, Lynnwood, WA.
- van Winkle, T.M.** (2019, Jan. 28). *Improving ED to inpatient admission time*. [Panel presentation] Seattle Nursing Research Consortium, Lynnwood, WA.
- van Winkle, T.M.** (2019, Jan. 29). *Decreasing emergency room boarding time*. [Poster presentation]. Seattle Nursing Research Consortium, Lynnwood, WA.