Lawrence D. Robbins, MD

BIBLIOGRAPHY AND RESEARCH - Books
Management of Headache and Headache Medications: Second Edition
by Lawrence Robbins, M.D.
Price: approximately $47.
This book has received critical acclaim as “the best guide to the medications on headache” and was highly recommended in the journals Headache, Neurology, Neuropractice, and Cephalagia.
The second edition is completely updated, with added sections on natural and herbal treatments, and a new index to headache medications. While primarily intended for physicians, many patients use the book as a reference.

Headache Help: Revised and Updated
by Lawrence Robbins, M.D., and Susan Lang
Price: approximately $14.
The original Headache Help has been updated and improved with new sections on natural and herbal therapy and post-traumatic headache. The second edition also includes a new drug guide, advice on psychological aspects of headache, and a section on “What To Do When Nothing Works.” It was at or near the top of the bestseller list for headache books in 2000-2003.

Book Chapters
The chapters are:
1) “Tension-type Headache: Migraine Headache; Cluster Headache; and Nonprimary Headache”
2) “Migraine Headache”
3) “Cluster Headache”
BIBLIOGRAPHY AND RESEARCH - Articles

All articles written by Lawrence Robbins, M.D., except where noted

SUBMITTED FOR PUBLICATION
Robbins, L., and Maides, J.
Long-term Efficacy of Daily Preventatives for Chronic Daily Headache
(This article was reviewed and discussed in the pain journal, Pain Medicine News, 2003.)
Tramadol for Tension Headache
Long-term Efficacy and Adverse Events of Botulinum Toxin in Headache Patients
Robbins, L., and Gokani, T.,
The Bipolar Spectrum in Cluster Headache Patients
Triggers that Precipitate Cluster Headache

PUBLISHED ARTICLES
Frequent Triptan Use: Observations on Safety Issues
This article was also featured in the August 2002 issue of Practical Neurology, as well as the
October 2002 issue of CNS News.
Depakote ER vs. Depakote: Patient Preference
The Pain Clinic, Winter 2004
Tramadol for Tension Headache
Cluster Headache Precipitated by Isosorbid Mononitrate
Botulinum Toxin for Cluster Headache: 10 Patients
This article was also published in the educational journal, Analgesia File, as well as being featured
in the August 2002 issue of Practical Neurology.
Triptans vs. Analgesics
Case History: A Patient with Munchausen’s Syndrome Presenting as Cluster Headache
Headache Quarterly, 2002 Vol. 13, No. 2
PUBLISHED ARTICLES, continued

Practical Headache Pearls
*Practical Pain Management*, July/August 2002, pp. 1-3
This article was also published in *Analgesia File*.
Gokani, T., and Robbins, L.
Botulinum Toxin: Efficacy in Migraine, Tension-Type, and Cluster Headache
This article was also published in *Analgesia File*.
Botulinum Toxin Type B for Refractory Cluster Headache
*The Pain Clinic*, June 2002, Vol. 4, No. 3, pp. 11-14
Butorphanol Nasal Spray for Headache
Butorphanol Nasal Spray for Headache
Daily Triptans for Headache: Expert Opinion
We Need Better Preventative Medications
Headache Relief: Long-acting Opioids
Long-acting Opioids for Severe Chronic Daily Headache
*Surgical Physician Assistant*, April 2001, Vol. 7, No. 4, pp. 45-47
Long-acting Opioids for Chronic Daily Headache
Intravenous Valproate Sodium Injection for Prolonged Migraine Headache
Clinical Pearls for Treating Patients with Headache
Long-acting Opioids as Preventative Medicine for Severe Headaches
Clinicians' Pearls: Headache, A Clinician's Recommendations on an Appropriate Approach to the Headache Patient


Long-acting Opioids for Severe Chronic Daily Headache


Robbins, L., Maides, J.

Long-Term Daily Triptan Use: 59 patients

*Headache Quarterly*, 2000, Vol. 11, No. 4, pp. 275-277

Ondansentron for Migraine-associated Nausea

*Headache Quarterly*, 2000, Vol. 11, No. 2

Robbins, L., Ludmer, C.

The Bipolar Spectrum in Migraine Patients


This article won the award for Outstanding Article in Interdisciplinary Pain Management Literature, 2000-2001, from the American Academy of Pain Management.

Oxycodone CR, a Long-acting Opioid, for Severe Chronic Daily Headache

*Headache Quarterly*, 1999, Vol. 10, No. 4

Robbins, L., Maides, J.

Efficacy of Preventive Medications for Chronic Daily Headache


Robbins, L., Maides, J.

Various Formations of Sumatriptan: Patient Preferences


Long-acting Opioids for Severe Chronic Daily Headache


Anxiety and Depression in Migraine Patients

*National Headache Foundation Headlines*, Winter 1997, No. 99

Long-acting Opioids (Methadone) for Refractory Chronic Headache: Quality of Life Assessment

*Headache Quarterly*, July 1997, Vol. 8, No. 3

Menstrual Migraine with Cluster Aspects: 10 Cases

PUBLISHED ARTICLES, continued

Daily Opioids (Methadone) for Refractory Chronic Daily Headache

Anxiety, Depression and Insomnia in Migraine: A Retrospective Review of 494 Patients
*Headache Quarterly*, December 1995

Headaches and the Immune System

Lidocaine for Cluster Headache

Intravenous DHE and Cost Saving

Analgesic Rebound Headache

Outpatient DHE Therapy
*Neuropractice*, January 1995

Precipitating Factors in Migraines: A Retrospective Review of 494 Patients
*Headache*, April 1994, Vol. 34, No. 4, pp. 214-216

Stadol Nasal Spray - Treatment for Migraine?
Letter in *Headache*, April 1993, Vol. 33, No. 4

Robbins, L., Friedman, H.

MRI in Migraineurs

Robbins, L., Remmes, A.

Outpatient Repetitive Intravenous Dihydroergotamine

Migraine and Anticardiolipin Antibodies — Case Reports of 13 Patients and the Prevalence of Antiphospholipid Antibodies in Migraineurs

Treatment of Menstrual Migraine
*Chicago Medicine*, September 1991
PUBLISHED ARTICLES, continued

Anticardiolipins: Prevalence in Migraineurs, and Efficacy of Treatment

Lymphocyte Subsets in Migraine Patients, and a Review of the Literature
*Cephalagia*, June 1991, Vol. 11, Supplement 11, pp. 177-178

Exercise-induced and Sexual Headaches
*Chicago Medicine*, December 1990, Vol. 93, No. 24, pp. 20-21

Post-traumatic Headache
*Chicago Medicine*, June 1990, Vol. 93, No. 12, pp. 30-32

Hughes, J., Robbins, L.

Brain Mapping and Migraine

Chronic Paroxysmal Hemicrania Successfully Treated with Inhaled Heparin Therapy
*Cephalagia*, October 1989, Vol. 9, Supplement 10, pp. 402-403

Cryotherapy for Headache
*Headache*, October 1989, Vol. 29, No. 9, pp. 598-600

Post-traumatic Headache with Scintillating Scotoma Treated with Phenytoin (Dilantin)

Gilman-Sachs, A., Robbins, L., Baum, L.

Flow Cytometric Analysis of Lymphocyte Subsets in Peripheral Blood of Chronic Headache Patients

Robbins, L., Freitag, F., Diamond, S.

Exertional Headache
*Neuroviews*, January-February 1987

Premonitory Symptoms of Migraine
*National Migraine Foundation Newsletter, Spring 1986*

Gorelick, P. B., Rusinowitz, M., Tiku, J., McDonald, L., Robbins, L.

Embolic Stroke Complicating SLE
*Archives in Neurology*, August 1985, Vol. 42, No. 8, pp. 813-815
ABSTRACTS PRESENTED AND ACCEPTED

All presentations by Lawrence Robbins, M.D., except where noted


1. Robbins, L., and Gokani, T.
   Triggers that Precipitate Cluster Headache: A Retrospective Review
2. Tramadol for Tension Headache
3. Oxycodone CR (Oxycontin) for Severe, Refractory Chronic Daily Headache
4. Robbins, L., and Gokani, T.
   Anxiety, Depression, and Insomnia in Cluster Headache Patients
5. Long-term Efficacy and Adverse Events of Botulinum Toxin in Headache Patients
6. The Use of Stimulants in Headache Patients
7. Robbins, L., and Gokani, T.
   The Bipolar Spectrum in Cluster Headache Patients

(The above abstracts were also accepted by the 17th Annual Practicing Physicians’s Approach to the Difficult Headache Patient, Rancho Mirage, California, February 2004.)

To be presented at the 157th Annual Meeting of the American Psychiatric Society, New York, May 2004:

1. Robbins, L., and Gokani, T.
   The Bipolar Spectrum in Cluster Headache Patients

Presented at the 49th Annual Scientific Meeting of the American Headache Society, Chicago, June 2003, and the 27th Scientific Session of the Midwest Pain Society, Chicago, September 2003, and published in Headache, May 2003, Vol. 43, No. 5:

1. Case Report: Cluster Headache, Precipitated by Isosorbide Mononitrate
2. Robbins, L., and Maides, J.
   Long-Term Efficacy of Preventative Medications for Chronic Daily Headache

This abstract was reviewed in PainMedicine News, 2003.

3. Depakote ER vs. Depakote: Patience Preference


1. Botulinum Toxin Type B for Refractory Cluster Headache
2. Daily Triptans for Refractory Chronic Migraine: Cardiac Safety
3. Gokani, T., and Robbins, L.
   Botulinum Toxin: Efficacy in Migraine, Tension-Type, and Cluster Headache
4. Triptans or Analgesics: Patient Preference
ABSTRACTS PRESENTED AND ACCEPTED, continued
Presented at the 44th Annual Meeting of the American Headache Society, Seattle, June 2002, and the 26th Scientific Session of the Midwest Pain Society, Chicago, September 2002:
(1) “Butorphanol Nasal Spray for Headache”
(2) “Long-term Safety of Daily Triptans”
Accepted at the American Academy of Neurology Annual Meeting, Philadelphia, May 2001:
(1) “Botulinum Toxin for Refractory Chronic Daily Headache”
Presented at the 10th Congress of the International Headache Society, in conjunction with the 43rd Annual AHS Meeting, New York, June 2001 and also at the Annual Meeting of the Midwest Pain Society, Chicago, November 2001:
(1) Botulinum Toxin for Cluster Headache
(2) Botulinum Toxin for Refractory Chronic Daily Headache
(3) Case History: A Patient with Munchausen's Syndrome Presenting as Cluster Headache
(4) Triptans vs. Analgesics: A Patient Preference Study
(5) Strategies for Refractory Chronic Daily Headache: Daily Triptans, Long-acting Opioids, Botulinum Toxin, and Outpatient Intravenous Dihydroergotamine
Accepted at the Postgraduate Course, Headache Update 2001, Orlando, July 2001:
(1) Botulinum Toxin A for Cluster Headache: 6 cases
(1) Robbins, L., Ludmer, C.
The Bipolar Spectrum in Migraine Patients
This presentation was given the “Best Poster” award.
(2) Robbins, L., Akbarnia, H
Long-acting Opioids for Severe, Refractory Chronic Daily Headache: Methadone, Sustained-release Oxycodone and Sustained-release Morphine
(3) Sustained-release Morphine Sulfate (Kadian) for Severe Chronic Daily Headache
(4) Intravenous Valproate for Prolonged Migraine Headache
Presented at the 42nd Meeting of the American Headache Society, Montreal, June 2000, and also presented at the Annual Midwest Pain Society Meeting, March 2000:
(1) Depacon for Refractory Severe Headache
(2) Robbins, L., Ludmer, C.
The Bipolar Spectrum in Migraine Patients: An Analysis of 1000 Migraineurs
This presentation was given a “Best Poster” award.
(3) A Comparison of Long-acting Opioids for Severe Daily Headache page 11
ABSTRACTS PRESENTED AND ACCEPTED, continued
Presented at the 41st Meeting of the American Association for the Study of Headache, Boston, June 1999 and the 9th Congress of the International Headache Society, Barcelona, Spain, June 1999:
Robbins, L., Maides, J.
(1) Long-Term Daily Triptan Use: 59 Patients
(2) Patient Evaluations of Various Forms of Sumatriptan
(3) Efficacy of Preventive Medications for Chronic Daily Headache: 540 Patients
Presented at the Midwest Pain Society Annual Meeting, Chicago, March 1999:
Robbins, L., Maides, J.
(1) Daily Triptans on a Long-term Basis
(2) Preventive Medicine for Chronic Daily Headache
(3) Opioids for Severe Chronic Daily Headache
Accepted at the Third Conference on Pain Management and Chemical Dependency, New York, January 1999:
Robbins, L., Maides, J.
Long-acting Opioids for Severe Chronic Daily Headache
Presented at the 40th Meeting of the American Association for the Study of Headache, San Francisco, June 1998:
(1) Oxycontin, a Long-acting Opioid, for Severe Chronic Daily Headache
(2) Opioids for Refractive Chronic Daily Headache: Results and Quality of Life Assessment
Presented at the 39th Meeting of the American Association for the Study of Headache, New York, June 1997:
(1) Ondansentron for Migraine-associated Nausea
(2) Daily Opioids (Methadone) for Refractory Chronic Headache: Quality of Life Assessment
Presented at the 38th Meeting of the American Association for the Study of Headache, San Diego, June 1996, and published in Headache, April 1996, Vol. 36, No. 4, p. 275:
(1) Daily Methadone for Refractory Chronic Daily Headache: Assessment After One Year of Therapy
Presented at the International Headache Society Annual Meeting, Toronto, Canada, September 1995:
(1) Daily Opioids (Methadone) for Refractive Chronic Daily Headache
(2) Menstrual Migraine - Cluster Headache
ABSTRACTS PRESENTED AND ACCEPTED, continued
Presented at the American Association for the Study of Headache Annual Meeting, Boston, June 1995:
(1) Daily Opioids (Methadone) for Refractive Chronic Daily Headache
(2) Menstrual Migraine - Cluster Headache

4th International Congress of the Israel Pain Association, Tel Aviv, Israel, September 1994
(1) Clinical Factors in Migraine Patients

Presented at the American Association for the Study of Headache Annual Meeting, Chicago, June 1994, and published in Headache, May 1994:
(1) Cluster Headache and Intranasal Lidocaine
(2) Clinical Factors in Migraine Patients: Anxiety, Depression, and Insomnia
(3) Precipitating Factors in Migraineurs: A Retrospective Review of 494 Patients

Presented at the American Association for the Study of Headache Annual Meeting, San Francisco, June 1993, and published in the Proceedings of AASH, June 1993:
(1) Efficacy of IM Ketorolac vs. DHE vs. Meperidine in Migraine
(2) Frequency in Migraineurs of: Various Headache Trigger Factors, Depression, Anxiety, Insomnia, Cold Extremities, and Efficacy of Biofeedback

(1) Robbins, L., Friedman, H.
MRI in Migraineurs
(2) Brain Mapping in Post-traumatic Headache Patients
(3) Robbins, L., Remmes, A.
Outpatient Repetitive IV DHE
(4) Robbins, L., Scheinbaum, S.
Type A Behavior and Depression in Adolescents with Headache
(5) Inhaled Heparin Therapy for Headache

19th International Epilepsy Congress, Rio de Janeiro, Brazil, October, 1991
(1) Brain Mapping in Headache Patients: Lack of Clinical Utility

International Juvenile Headache Congress, Rome, Italy, September 1991
Scheinbaum, S., Robbins, L.
(1) The Prevalence of Type A Behavior and Depression in Adolescent Females with Moderate-to-Severe Headache
ABSTRACTS PRESENTED AND ACCEPTED, continued

Presented at the Proceedings of the 5th International Headache Congress and the American Association for the Study of Headache, Washington, D.C., June 1991:
(1) Antiphospholipid Antibodies and the Anticardiolipin Antibody Syndrome: Prevalence and Treatment
(2) Immunology and Headache: Lymphocyte Subsets Between Headache Attacks, Perimenstrually, and a Review of the Literature

(1) Lupus Anticoagulant, Anticardiolipin Antibodies, Stroke, and Migraine
(2) T-Lymphocyte Subset Assays and Migraine: The Immune System and Migraine
(3) Hughes, J., Robbins, L.
Brain Mapping and Migraine
(4) Hughes, J., Robbins, L.
Brain Mapping and Post-traumatic Headache

Proceedings of the IV International Headache Congress, Sydney, Australia, October 1989
(1) Chronic Paroxysmal Hemicrania Successfully Treated with Inhaled Heparin Therapy

American Association for the Study of Headache, Boston, June 1989
(1) Post-traumatic Headache with Scintillating Scotoma Treated with Phenytoin (Dilantin)

Presented at the American Association for the Study of Headache Annual Meeting, San Francisco, June 1988:
(1) Gilman-Sachs, A., Robbins, L., Baum, L.
Flow Cytometric Analysis of Lymphocyte Subsets in Peripheral Blood of Chronic Headache Patients
(2) The Immune System and Migraine

American Association for the Study of Headache, Quebec City, Canada, June 1987
(1) Brain Mapping and Migraine Patients

Presented at the American Association for the Study of Headache Annual Meeting, Chicago, June 1986:
(1) Diamond, S., Freitag, F., Robbins, L., Mehta, N.
Therapy of Headache with MAO Inhibitors
(2) Diamond, S., Freitag, F., Robbins, L., Mehta, N.
The Use of MAO Inhibitors and Tricyclic Antidepressants in the Therapy of Migraine and Mixed Headaches
(3) Diamond, S., Freitag, F., Robbins, L., Mehta, N.
Demographics of Cluster Headache Patients Attending an Outpatient Headache Clinic