

XAVIER Q. CRAWFORD DC, ATC

CARTIER CHIROPRACTIC LLC

Professional History

Cathedral HS

Present

Track and Field/ Football Athletic Trainer

- Evaluating and administering appropriate preventive and rehabilitative treatments while plan and implementing new exercise plan to reduce player injuries.
- Educate athletes on injury prevention, nutrition, and training techniques.
- Maintained accurate records of injuries and treatments.

Health At Last West LA

Winter 2024 - Present

Sport Chiropractor

- Conducted patient intakes, assessed injuries, and delivered suitable care, including preventive and rehabilitative treatments to enhance overall patient outcomes.
- Collaborated with local healthcare professionals (such as physical therapists, medical doctors, and osteopathic physicians) to ensure optimal comprehensive care.
- Evaluated patients to develop individualized rehabilitation programs that included therapeutic exercises, stretches, and other interventions.
- Educated patients on strategies for injury prevention, nutritional guidance, and effective training techniques.
- Kept precise records of injuries and treatments administered.

F.I.R.S.T. Health Torrance

Winter 2022 – Winter 2024

Sport Chiropractor

- Responsible for Intaking patients, evaluating injuries sustained and administering appropriate care, preventive and rehabilitative treatments to better the patient's overall outcome
- Worked closely with others on local area (PT, MD, DO, etc.) to provide the best comprehensive care.
- Assess patients to provide a comprehensive rehab program including therapeutic ex, stretches etc.
- Educated patients on injury prevention, nutrition, and training techniques.
- Maintained accurate records of injuries and treatments.

Mountain Dew Tour

Summer 2017 – Summer 2021

Athletic Trainer

- On call for first response to all emergency calls sent out during and after working competition hours.
- Responsible for attending to professional athletes which come into the facility both on a psychological and physical level.
- Documenting all patient contact and transport to hospital
- Triage athletes while working with other medical professionals (DC, MD, RN, ATC, PT) to offer best possible care for athletes

Life Chiropractic College West

Summer 2018 - 2022

Athletic Trainer

- Responsible for evaluating injuries sustained and administering appropriate preventive and rehabilitative treatments while planned and implemented new exercise plans to reduce player injury.
- Worked closely with others on staff (ATC, DC) to provide the best comprehensive care.
- Educated athletes on injury prevention, nutrition, and training techniques.
- Maintained accurate records of injuries and treatments.
- Responsible for supervising all sporting events held on Life West campus, specifically rugby.

Woodward West

Summer 2017

Student Athletic Trainer

- Documenting all patient contact, transport to hospitals and communication with parents on patient status.
- On Call for response to all emergency calls sent out during and after working camp hours.
- Responsible for attending to students which come into the facility both on psychological and physical level.
- Maintaining cleanliness of Athletic training facility.
- Assisted certified Athletic Trainer with all aspects of evaluating and administering appropriate preventive and rehabilitative treatments while planning and implementing new exercise plans to reduce player injuries.

Courts Corner Athletic Training

2013 - 2017

Internship Athletic Training Student

- Assisted certified Athletic Trainer with all aspects of evaluating and administering appropriate preventive and rehabilitative treatments while planned and implemented new exercise plan to reduce player injuries.
- Educated athletes on injury prevention, nutrition, and training techniques.
- Maintained accurate records of injuries and treatments.

Notable Athletic Training Experience

IBJJF and SJJIF (Brazilian Jiu-Jitsu World tournaments)	2017-Present
Special Olympics	2015, 2018
Woodward West	2017
Mountain Dew Tour	2017-2021

Sports Covered

Football	Jiu Jitsu	Diving	Rugby
Basketball	Wrestling	Tennis	Fencing
Volleyball	Skateboarding	Track and Field	Stunt Cheerleading
Water Polo	Gymnastics	Parkour	Mountain Biking
Lacrosse	BMX	Swim	MMA

Education

Life Chiropractic College West	Class of 2021
Chiropractic Doctoral Degree	
California State University Northridge	Class of 2018
B.S. Kinesiology: Athletic Training	
El Camino College	Class of 2015
A.S. Kinesiology	

Personal Attributes

Great Customer Service skills, Team Leader, Team player with a strong motivation to succeed, result oriented, outstanding analytical and problem-solving skills, ability to interact effectively with individuals at all levels of the organization

References

These people have given their permission to be contacted for additional background on my experiences and qualifications:

Scott Blatt
DC , ATC
Body Logic Sports Therapy
4165 Thousand Oaks Blvd #150, Westlake Village, CA 91361
(805) 390-5821

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NOT YET RETAINED