VIVIAN ALVAREZ, Ph.D.

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CITIZENSHIP: U.S.A.

LANGUAGES: English and Spanish

LICENSES: California Psychology License PSY10817, March 1989.

National Provider Identifier: 1326137639

EDUCATION:

B.S. Duke University 1980

Majors: Psychology and Religion

M.A. University of California, Los Angeles 1982

Major: Clinical Psychology

Ph.D. University of California, Los Angeles 1987

Major: Clinical Psychology

Minors: Developmental and Social Psychology

HONORS AND AWARDS:

 NIMH Clinical Psychology Training Grant, Department of Psychology, University of California, Los Angeles, 1985-1986.

 Graduate Opportunity Fellowship, Department of Psychology, University of California, Los Angeles, 1980-1982.

Magna Cum Laude, Duke University, May 1980.

Graduation with Distinction, Department of Psychology, Duke University, 1980.

MEMBERSHIP IN ACADEMIC AND PROFESSIONAL ORGANIZATIONS:

- Phi Beta Kappa, Duke University, Member, 1980.
- American Psychological Association, Member, 1988.
- National Register of Health Service Providers in Psychology, Member, 1989.
- American College of Forensic Examiners, Fellow, 1994.

CLINICAL AND ADMINISTRATIVE EXPERIENCE:

Private Practice as a Clinical and Forensic Psychologist 12304 Santa Monica Blvd., Suite 210 Los Angeles, California 90025 March 1989 to the present

- Conducted psychological evaluations and psychotherapy of children, adolescents, and adults.
- Conducted psychological evaluations and provided expert witness testimony in civil litigation cases involving psychological trauma, wrongful death of parent or spouse, child sexual abuse, domestic violence, employment issues including sexual harassment and wrongful termination, and immigration issues.
- Conducted case review and provided expert witness testimony in criminal cases involving child sexual abuse and child suggestibility.
- Provided expert witness trial testimony in 14 cases.

Supervising Psychologist

Los Angeles County Department of Health Services, Correctional Health Services
Care Transitions- Mental Health and Jail Linkage and In-Reach Program
Twin Towers Correctional Facility, 450 Bauchet Street, Los Angeles, CA 90012
August 2016 to March 2021

- At Twin Towers Correctional Facility, trained and supervised a multidisciplinary team of 2 mental health services coordinators, 2 social workers, 1 mental health clinician, 5 medical case workers, and 1 community worker who work together to assess the release planning needs of incarcerated men, many of whom are homeless, and develop release plans tailored to the clients' identified needs in order to facilitate successful reentry into the community, improve health and mental health outcomes, and reduce recidivism.
- Assisted administrators with the planning and implementation of the Care Transitions Mental Health Policy for Correctional Health Services.
- From December 2017 through March 2018, conducted a program evaluation of the release planning capabilities and needs of Century Regional Detention Facility (CRDF) release planners; consulted with CRDF Program Manager, clinical supervisors, release planners, Custody, Jail Linkage Program Manager and supervisors, and counsel to identify needs, barriers, and develop solutions to problems; made recommendations for improving processes and service delivery to management; conducted training and supervision of 10 release planning staff; developed community resources and contacts to assist with reentry; and assisted with the planning and implementation of the Care Transitions Policy and Procedures at CRDF.
- Lead psychologist in the development and implementation of the Medication Assisted Treatment Program for opioid and alcohol dependence at the L.A. County Jails until June 2017.
- Managed the Community Reentry Resource Center (CRRC) at Twin Towers Correctional Facility.
- Supervised all data collection and analysis for the Care Transitions Mental Health Program.

Los Angeles County Department of Mental Health
Jail Mental Health Service, Jail Linkage and In-Reach Program
Twin Towers Correctional Facility
450 Bauchet Street, Los Angeles, CA 90012
Supervising Psychologist
August 2014 to July 2016

- Supervised a multidisciplinary team of 2 social workers, 1 medical case worker II, 1 Psychiatric Tech III, 1 community worker, and 3 mental health services coordinators who work together to assess the discharge planning needs of incarcerated men and women and develop discharge plans tailored to the clients' identified needs to facilitate successful reentry into the community and reduce recidivism.
- Managed the Community Reentry Resource Center (CRRC) at Twin Towers Correctional Facility.
- Supervised all data collection and analysis for the Jail Linkage and In-Reach Program.
- Audited, monitored and evaluated the work of clinicians to ensure that clients
 were seen in a timely manner, assessments and documentation addressed all
 areas specified in the Jail Mental Health Service Policy and Procedure for
 Release Planning and were in compliance with Department of Justice
 recommendations for release planning, and clients were linked to community
 agencies prior to release. Provided technical guidance and supervision to
 address gaps in training and knowledge and support staff in their scope of
 practice.
- Consulted extensively with DMH Human Resources Leave Management and Performance Management Units to address chronic staff performance issues.
- Represented the Jail Linkage and In Reach Program, together with the Program
 Head and another supervisor, at bimonthly meetings with Countywide
 Resource Management and the Mental Health Court Linkage Program.
- Developed and provided a 4-hour training on "Evidence-based Discharge Planning and Reducing Recidivism" for Jail Mental Health Service staff and other DMH providers in the community.

Los Angeles County Department of Mental Health
Jail Mental Health Service, Quality Improvement and Data Team
Twin Towers Correctional Facility
450 Bauchet Street, Los Angeles, CA 90012
Supervising Psychologist

- March 2013 to June 2015
 - Conducted Continuous Quality Improvement studies and audits to guide operations and monitor compliance with Department of Justice guidelines regarding frequency of clinician visits, psychiatrist visits, and suicide risk precautions follow-up of incarcerated men and women; audited clinician compliance with and progress in adopting new tools, policies and procedures; analyzed, presented, and used data to make recommendations and inform decision-making about improvements to jail mental health services.
 - Conducted studies on the frequency, methods, reasons, and functions of selfinjurious behavior in a jail setting and provided recommendations for the management of inmates who engage in self-injury.
 - Provided training for Custody Assistants and Sheriff Deputies in "Mental Health,

- Substance abuse and Suicide" and more in-depth training in "Suicide Prevention" to newly-hired custody, mental health, and medical services bureau personnel.
- Provided training for Jail Linkage staff on "The Transition from Jail to Community Model," an evidence-based discharge planning model created in conjunction with the National Institute of Corrections.

Los Angeles County Department of Mental Health
Women's Jail Mental Health Service, Century Regional Detention Facility
11705 S. Alameda Street, Lynwood, CA
Senior Community Mental Health Psychologist

January 2012 to March 2013

- Supervised a multidisciplinary team of 2 psychologists, 1 psychology intern, 1 Mental Health Services RN, 1 Psychiatric Tech III, 4 social workers, and 1 intermediate typist clerk that worked together to assess the housing and mental health care needs of incarcerated women at Century Regional Detention Facility and provided appropriate disposition plans tailored to the clients' identified needs.
- Managed the Reception Center at CRDF, which included the following duties:
 - Monitored the daily staff caseload and inmate flow in the Reception Center during weekdays using the IRC Processing Time screen in the Custody Information Portal, to ensure that inmates were seen within 24 hours of admission, as required by Department of Justice regulations.
 - Consulted with medical, custody, and mental health staff regarding daily inmate emergencies and staff issues and problem-solved to find solutions to improve work-flow.
 - Represented mental health at weekly meetings with Custody and Medical Services Bureau Nursing Director regarding issues in the Reception Center.
 - Planned, assigned, monitored, and evaluated the work of mental health clinicians at the Reception Center and provided technical guidance and support in supervision to address gaps in training and knowledge. Completed yearly Performance Evaluations.
 - o Trained all new staff assigned to work at the Reception Center.
 - Revised the Reception Center template to include several questions to assess for suicide risk.
 - Conducted evaluation and screening of incarcerated women in the Reception Center to determine mental health history, risk factors, mental health needs, and housing disposition.
- Created and updated the monthly staffing clinician work schedules, including the Off schedule, On-call schedule, Reception Center schedule, and Back-up schedule and maintained regular daily mental health staffing in critical areas of the jail.
- Acted as the standby psychologist for consultation regarding inmate emergencies during weeknights.
- Attended to on-call inmate emergencies when assigned the radio.
- Performed WIC 5150 evaluations for involuntary detention, assessment, and treatment of female inmates found to be a danger to themselves, danger to others, and/or gravely disabled as a result of mental illness.

- Conducted case management and psychological treatment of two pods of severely mentally ill female offenders, many with a history of violence.
- Maintained professional working relationships with various disciplines including medical, custody, and mental health.
- Represented mental health at monthly CRDF management meetings with all other disciplines providing services at the jail.

Los Angeles County Department of Mental Health AB3632 Assessment Unit, Sector 1 Senior Community Mental Health Psychologist November 2007 to December 2012

- Supervised 6 staff psychologists and 25 contract psychologists and social workers in the development and writing of comprehensive mental health assessments of students in special education with significant mental health needs, in the development of treatment plans geared toward the clients' identified mental health needs, and in the provision of case management services, referral, and linkage to various outpatient mental health and residential treatment programs.
- Consulted with various school districts, community mental health agencies, Department of Children's Services workers, clinicians working at juvenile hall, private therapists, parents, and attorneys regarding mental health programs and services for school-age children in special education.
- Investigated complaints from school districts and parents regarding the timeliness, completeness, and quality of information contained in assessment reports for students.
- Represented the Department of Mental Health in Individualized Education Program meetings, mediation meetings, and Administrative Hearings with school district personnel, students, parents, and attorneys representing parents to discuss the least restrictive and most appropriate level of mental health services to support students in special education.
- Audited charts prior to closing to ensure that all paperwork was completed according to Department of Mental Health and MediCal standards.
- Created and updated the template used for mental health assessments and reassessments by the AB3632 clinical staff, making sure all areas covered conformed to requirements by the special education law.
- Conducted yearly trainings for staff and contract assessors on new Department of Mental Health policies and procedures.
- Prepared a presentation on 5 Evidence-based treatments for children and adolescents and provided an overview of these treatments for clinical staff and contract psychologists and social workers in the unit.

Los Angeles County Department of Mental Health, Children and Youth Services Bureau and Children Systems of Care Los Angeles, California Community Mental Health Psychologist and Clinical Psychologist II November 1987 to October 2007.

 Conducted psychological assessments of seriously emotionally disturbed children and adolescents and provided case management, referral, and linkage to outpatient community mental health agencies and/or residential treatment centers.

- Consulted with various school districts, community mental health agencies, Department of Children's Services workers, clinicians working at juvenile hall, private therapists, parents, and attorneys regarding mental health programs and services for school-age children in special education.
- Represented the Department of Mental Health in Individualized Education Program and mediation meetings with school district personnel, students, parents, and attorneys representing parents to discuss the least restrictive and most appropriate level of mental health services to support students in special education.

Los Angeles County Superior Court, Juvenile Division, Dependency Court Monterey Park, California Expert witness under Section 730 Evidence Code 1993 to 1999

- Conducted psychological evaluations of children and adolescents with a history of physical abuse, sexual abuse and/or neglect.
- Conducted psychological evaluations of the parents or guardians of children and adolescents with a history of physical abuse, sexual abuse and/or neglect.
- Conducted psychological evaluations of families who were contesting adoption.
- Wrote comprehensive psychological evaluations and formulated visitation plans, family reunification plans, and psychological treatment plans.

W. H. Miller Ph.D., Psychological Corporation,

Los Angeles, California Psychological Assistant

1985-1989

 Conducted psychological assessment and psychotherapy of children, adolescents, and adults.

Center for Mood Disorders, Los Angeles, California Psychological Assistant 1985-1987

 Conducted diagnostic evaluations and psychotherapy of adults with Major Depressive Disorder and/or Bipolar Disorder.

UCLA Neuropsychiatric Institute and Hospital,

Los Angeles, California

Psychology Intern

1984-1985

- Conducted diagnostic evaluations and provided psychotherapy to adults seeking services through the UCLA Mood Disorders Clinic, under the direction of Michael Gitlin, MD and Kay Redfield Jamison, Ph.D.
- Acted as a case coordinator for a child inpatient unit.
- Worked on the pediatric consultation-liaison service to the UCLA Medical Center.
- Conducted intellectual and personality assessment of children.
- Conducted adult, family, and group psychotherapy.
- Provided hypnotherapy for selected medical cases.

Veteran's Administration Medical Center,

Sepulveda, California

Psychology Intern

1982-1983

- · Worked on the consultation-liaison service to the Medical Center.
- Provided behavioral medicine services to veterans.
- Acted as a case manager and provided treatment to men in an alcohol treatment unit.
- Conducted adult, family, and group psychotherapy of veterans.
- Conducted intellectual and personality assessment of adults.

TEACHING EXPERIENCE:

Associate Clinical Professor, Department of Psychology,

University of California, Los Angeles.

July 2013 to June 2022

 Training and supervision of pre-doctoral clinical psychology graduate students in child and adult psychotherapy practice, theory, and research.

Assistant Clinical Professor, Department of Psychology,

University of California, Los Angeles.

July 2009 to June 2013

 Training and supervision of pre-doctoral clinical psychology graduate students in child and adult psychotherapy practice, theory, and research.

Supervising Psychologist, Department of Psychology,

University of California, Los Angeles.

July 2008 to June 2009

 Training and supervision of pre-doctoral clinical psychology graduate students in child psychotherapy practice, theory, and research.

Assistant Clinical Professor, Department of Psychiatry and Biobehavioral

Sciences, The David Geffen School of Medicine at UCLA.

July 1990 to July 2008

 Training and supervision of post-doctoral psychology fellows in the psychological assessment of children and adolescents at Harbor-UCLA Medical Center.

Adjunct Faculty, School of Education and Psychology,

Pepperdine University, Culver City, CA

- Counseling and Psychotherapy, Fall 1989;
- Psychopathology, Winter 1990.

Instructor, UCLA Extension

Los Angeles, CA

 Guided Imagery for Goal Actualization, Winter 1986, Winter 1987, and Summer 1986. Teaching Fellow, Freshman Summer Program,

University of California, Los Angeles

Introductory Psychology, Summer 1986.

Teaching Fellow, Department of Psychology,

University of California, Los Angeles

- Abnormal Psychology, Winter 1986 and Spring 1986;
- Personality Psychology, Summer 1985.

Teaching Fellow, Communications Studies Program,

University of California, Los Angeles

Communication Theory, Fall 1985.

Teaching Associate, Department of Psychology,

University of California, Los Angeles

- · Research Methods, Fall 1983;
- Personality Psychology, Spring 1983 and Fall, 1982;
- Introductory Psychology, Summer 1983 and Winter 1981;
- Abnormal Psychology, Spring 1982, Winter 1982, and Winter, 1981.

RESEARCH EXPERIENCE:

- <u>Principal Investigator</u>, 1984-1987, UCLA Department of Psychology. Conducted research on the psychosocial and sexual adjustment of ovarian cancer patients and their spouses.
- <u>Research Assistant</u>, 1983-1984. California Self-Help Center, UCLA Department of Psychology. (Principal Investigators: M. Jacobs and G. Goodman.) Research on self-help and mutual aid groups.

PUBLICATIONS:

- Alvarez, V., & Adelman, H. S. (1986). Overstatements of self-evaluations by students with psychoeducational problems. <u>Journal of Learning Disabilities</u>, <u>19</u>, 567-571.
- Adelman, H. S., Lusk, R., Alvarez, V., & Acosta, N. K. (1985). Competence of minors to understand, evaluate, and communicate about their psychoeducational problems. Professional Psychology: Research and Practice, 16, 426-434.