



THE PROFESSIONAL DRIVER LLC

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Commercial Motor Vehicle Consultant

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Summary of Competencies

- **Active Commercial Tractor-Trailer Fleet Operations:** Over 11 years of continuous commercial tractor-trailer operation, totaling over 1.2 million accident-free miles. Holding a current, unrestricted Virginia tractor-trailer Commercial Driver's License (CDL-A), with Double/Triple (T) and combined Tanker and Hazardous Materials (X) endorsements.
- **Equipment Operational Experience:** Firsthand experience operating trucks equipped with manual (9,10, and 13-speed) and automated transmissions, flatbeds, tankers (pneumatic dry-bulk and liquid), dump trailers, and enclosed trailers (dry-van and temperature-controlled).
- **Geographic Area of Operations:** Firsthand experience spanning the Continental United States (lower 48 states), with routine operations concentrated throughout the Eastern and Southeastern freight regions, such as but not limited to:
 - **Interstate Corridors:** I-64, I-95, I-81, I-84, I-85, I-90, I-40, I-77, I-24, I-10, I-65, I-71, and I-75.
 - **Metropolitan Areas:** Richmond, Washington D.C., Baltimore, New York City, Boston, Charlotte, Atlanta, Savannah, Knoxville, Chattanooga, Nashville, Cincinnati, Dayton, Jacksonville, Tampa, and Miami.
- **Hours-of-Service (HOS) Logging Compliance:** Formally trained and experienced in both paper logbooks and Electronic Logging Devices (ELDs) such as Solera[®]/OmniTracs[®] (former Qualcomm[®]), PeopleNet[®], and current utilization of the Samsara[®] platform.
- **Advanced Vehicle Safety Systems:** Firsthand experience operating trucks equipped with Advanced Driver Assistance Systems (ADAS), blind-spot detectors, and Electronic Stability Control (ESC); including managing false collision warnings and unintended automated braking interventions ("phantom braking").

LICENSURE

Commonwealth of Virginia Commercial Driver's License (CDL-A). (Initially issued 10/2014 – Status: Active)

- **Operational Status:** Unrestricted/No operational restrictions (Full Air Brakes and Manual Transmission).
- **Endorsements:** Double/Triple Trailers (T) and Tanker/Hazardous Materials (X).

CORE COMPETENCIES

Regulatory Compliance

- **Department of Transportation (DOT) and Federal Motor Carrier Safety Administration Regulations (FMCSA), specifically:**
 - Part 382 and DOT Part 40 – Drug and Alcohol Testing.
 - Part 383 – Commercial Driver's License (CDL) Requirements.
 - Part 387 – Financial Responsibility (Minimum Public Liability Requirements).
 - Part 390 – General regulations (including § 390.6 Prohibited Coercion).
 - Part 391 – Qualifications of Drivers.
 - Part 392 – Driving Commercial Vehicles.
 - Part 393 – Parts and Accessories Necessary for Safe Operation.
 - Part 395 – Hours-of-Service (analysis of driver paper logs, Electronic Logging Device (ELD) data, and supporting carrier documentation).
 - Part 396 – Inspection, Repair, and Maintenance.
 - Part 399 – Employee Safety and Health Standards.
 - CSA Scoring.
- **Routes and Load Standards:**
 - Restricted route and Federal Bridge Gross Weight Formula compliance.
 - Oversize load transport regulations.

Operational Safety

- **Weather and Environmental Hazards:**
 - **Extreme Weather:** Safe operation of commercial vehicles in heavy rain, high wind, snow, and icing conditions.

(CORE COMPETENCIES: Operational Safety – continued)

- **Night Driving:** Risk management during low-visibility conditions and driver fatigue.
- **Mountain Driving Techniques:** Grade assessment and speed management, brake fade mitigation, and emergency use of runaway truck ramp.
- **Defensive Driving:**
 - Air brakes lag, speed, and space management while operating commercial motor vehicles.
 - Blind spots hazard mitigation, and effective use of mirrors and scanning techniques.
- Managing emergency maneuvers, including skid prevention, control recovery, and emergency braking.
 - Rollover prevention for high center of gravity vehicles.
- **Tanker Operations (pneumatic dry-bulk and liquid):**
 - Liquid cargo slosh and surge effects mitigation while cornering and braking.
 - Loading/Unloading Safety Protocols (including pressurized unloading, vacuum implosion prevention, asphalt and elevated temperature commodities, hazardous materials, and grounding and bonding procedure for flammable cargo).
- **Dump Trailer Operations:**
 - Safety inspection and operation (including rollover prevention during unloading).
- **Flatbed Trailer Operations:**
 - Safety inspection and operations (including cargo securement protocols for coils, structural beams, industrial machinery, vehicles and irregular-shaped commodities); cargo tarping hazard mitigation.
- **Enclosed Trailer Operations (dry-van and temperature controlled):**
 - Safety inspection and operation (including cargo securement); temperature control unit safety inspection.
- **Loading/Unloading Cargo:**
 - Loading dock safety.

EMPLOYMENT HISTORY

1) The Professional Driver LLC – Virginia Beach, VA. (04/2026 – Present)*Owner / Commercial Motor Vehicle Consultant*

- **Job Duties:** Fleet compliance consulting, analytical evaluations for motor carries regarding FMCSA, DOT, and CVSA regulatory compliance.
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2) Army and Air Force Exchange Service – Newport News, VA. (11/2017 – Present)*Tractor-Trailer Operator (Regional and Short Haul)*

- **Equipment and Job Duties:** Operating tractor-trailer configurations utilizing enclosed trailers (dry-van and temperature-controlled) to deliver cargo to assigned customer locations (throughout the Eastern US regions, east of Interstate 65). Loading and unloading freight, utilizing Material Handling Equipment (MHE) when required.
 - **Training and Certificates:**
 - *Comprehensive training and certificates under section "FORMAL TRAINING AND CERTIFICATES".*
 - *Federal Wage System Data Collector Training Certificate – Defense Civilian Personnel Advisory Service.*
 - *Professional Truck Driver II (DDC-PTD) – Professional Development Associates (PDASA) – National Safety Council® (NSC).*
 - **Safety Milestones:** Awarded the 100k, 250k, 500k and 750k "Accident-Free Exchange Safe Driving Miles" designation.
 - **Service Recognition:** Recipient of the "Make it Better" award, "Appreciation" award for customer service, and 1-year/5-year Service Milestones.
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3) Heartland Express Inc. – North Liberty, IA. (03/2017 – 10/2017)*Tractor-Trailer Operator (Long-Haul – Over-the-Road)*

- **Equipment and Job Duties:** Operated tractor-trailer configurations utilizing enclosed trailers (dry-van and temperature-controlled) to transport freight mainly throughout the Midwestern/Eastern US regions (east of Interstate 25).
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(EMPLOYMENT HISTORY – continued)

4) ATCO Hauling Inc. – Chesapeake, VA. (10/2016 – 02/2017)

Tractor-Trailer Operator (Local Operation)

- **Equipment and Job Duties:** Operated tractor-trailer configurations utilizing tanker trailers to transport hot liquid asphalt (Hazmat), flatbed and dump trailers to transport construction equipment and building materials.
- **Specialized Training:** Dump trailer safety inspection, operation, rollover prevention during unloading; tanker trailer inspection, operation, liquid surge prevention, and vacuum implosion prevention; road construction hazard awareness.

5) Heartland Express Inc. – North Liberty, IA. (04/2016 – 09/2016)

Tractor-Trailer Operator (Regional and Short Haul)

- **Equipment and Job Duties:** Operated tractor-trailer configurations utilizing enclosed trailers (dry-van) to transport freight primarily throughout the Eastern US regions (east of Interstate 65).

6) North American Bulk Transport Inc. (Tankstar USA Inc.) – Virginia Beach, VA. (03/2015 – 03/2016)

Tractor-Trailer Operator (Regional and Short Haul)

- **Equipment and Job Duties:** Operated tractor-trailer configurations utilizing pneumatic trailers (non-Hazmat) to transport cement, aggregates, and other dry-bulk materials throughout the Eastern US regions (east of Interstate 65).
- **Specialized Training:** Pneumatic trailer inspection, operation, and pressurized vessel hazard awareness.

*(EMPLOYMENT HISTORY – continued)***7) Melton Truck Lines Inc. – Tulsa, OK. (11/2014 – 02/2015)***Tractor-Trailer Operator (Long-Haul – Over-the-Road)*

- **Equipment and Job Duties:** Operated tractor-trailer configurations utilizing open deck trailers (flatbed) to transport freight mainly throughout the Midwestern/Eastern US regions (east of Interstate 35).
 - **Specialized Training:** Cargo securement protocols for coils, structural beams, industrial machinery, vehicles, and irregular-shaped commodities; flatbed operation and tarping hazard mitigation; road construction hazard awareness.
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8) Advanced Technology Institute (ATI) – Virginia Beach, VA. (09/2014 – 10/2014)*Commercial Class A Tractor-Trailer Student*

- **Training and Curricula:** Completed comprehensive (theory and behind the wheel) commercial driver training curriculum.
 - **Award:** Perfect Attendance.
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9) Holloman Inn – Holloman Air Force Base, NM. (05/2013 – 06/2014)*Ground Maintenance Worker & Laborer (Full-time)*

- **Job Duties:** Performed base ground facility preservation and maintenance duties.
 - **Training and Certificates:** Certified Public Space Cleaner – *American Hotel & Lodging Educational Institute*.
 - **Corporate Recognition:** Two-time recipient of the “Star Performer” award, and the “Honorable Mention” designation.
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(EMPLOYMENT HISTORY – continued)

10) Coca-Cola Refreshments (now Southwest Beverages) – El Paso, TX. (07/2013 – 12/2013)

Merchandiser (Part-time)

- **Job Duties:** Maintained commercial product inventory on retail store shelving, organized stock displays, and executed product replenishment protocols.

11) Independent Software and Database Developer – Vincenzo Anastasi – Italy. (09/2001 – 12/2012)

System Architect

- **Job Duties:** Designed and coded custom industrial manufacturing, Warehouse Management Systems (WMS), and billing software.
- **Technical Proficiency:** Microsoft Visual Basic® and MS SQL® databases.

12) Ministero della Difesa 60.mo Battaglione Fanteria "Col di Lana"

[Ministry of Defense – 60th Infantry Army Battalion – "Col di Lana"] – Italy. (05/24/2000 – 03/21/2001)

- **Rank & Specialization:** Corporal – Control Operator (Logistics).
- **Service Status:** Honorably discharged after the completion of the draft period.

PROFESSIONAL AFFILIATIONS AND ACTIVITIES

- **National Association of Government Employees (NAGE local R4-117)** – Newport News, VA. (02/2018 – Present)

Executive Vice President (12/2022 – elected to second term through 2028).

- **Regulatory Compliance Audits and Dispute Resolution:** Conducting factual report auditing to verify adherence to applicable laws and corporate policies; proactive workplace hazard identification and reporting; investigating workplace incidents and accidents (including but not limited to warehouse related mishaps, yard-truck property damage, and workplace violence). Reviewing and analyzing fleet commercial vehicles data and dash-cam footage for accident preventability evaluations. Applying established mitigation and mediation protocols to resolve procedural disputes and contract deviations.
- **Grievance and Procedure Evaluation:** Reviewing and evaluating formal administrative grievance and arbitration procedures.
- **Contract Negotiation (10/2024 – 04/2025):** Formally delegated by the National Union to author the operational negotiation Ground Rules and serve as Chief Negotiator and signing authority for the Motor Vehicle Operator contract negotiations.

Steward (03/2019 – 10/2022)

- **Investigations:** Conducted initial investigations of workplace incidents and accidents (including but not limited to warehouse related mishaps, yard-truck property damage, and workplace violence). Reviewed and analyzed fleet commercial vehicles data and dash-cam footage for accident preventability evaluations. Secured data and records.
- **Regulatory Guidance and Evaluation:** Gathered objective evidence and provided regulatory guidance during employee-management meetings; prepared data frameworks for initial administrative grievance stages.

Specialized Training: Southern Region Training (08/23/2023 – 08/24/2023)

- **Roles and Responsibilities of Local Officers:** Weingarten Rights; Duty of Fair Representation; FLRA Information request procedure; Unfair Labor Practice (ULP); Douglas Factors; Grievance Best Practices and Tracking Form; NAGE National Constitution and By-Laws; National Grievance Appeal Policy; NAGE Case Intake Form; US President Executive Order 14003-January 2021 and related OPM Guidance; New Employee Orientation Best Practice and Welcome Letter.

FORMAL TRAINING AND CERTIFICATES

1) 07/06/2026

- *[391S] US Forklift Safety Awareness 2.0* – Skillsoft® Compliance Solutions.
- *Emergency Situations While Driving* – Skillsoft® Compliance Solutions.

2) 03/29/2026

- *Expert Witness Practice* – SEAK Inc.

3) 01/18/2026

- *DOT: Reasonable Suspicion (Drug and Alcohol Awareness)* – Skillsoft® Compliance Solutions.
- *DOT: Cross-border Requirements (US and Canada)* – Skillsoft® Compliance Solutions.

4) 01/10/2026

- *DOT: Drug and Alcohol Regulation Awareness for CDL Employees* – Skillsoft® Compliance Solutions.
- *DOT: Inspections* – Skillsoft® Compliance Solutions.
- *DOT: Air Brakes* – Skillsoft® Compliance Solutions.
- *Trailer Coupling and Uncoupling* – Skillsoft® Compliance Solutions.
- *Safe Backing of Tractor-Trailers* – Skillsoft® Compliance Solutions.
- *Loading Dock Safety* – Skillsoft® Compliance Solutions.

5) 01/07/2026

- *Hazardous Weather Driving for Commercial Vehicle Operators* – Skillsoft® Compliance Solutions.
- *Flatbed Cargo Securement* – Skillsoft® Compliance Solutions.

(FORMAL TRAINING AND CERTIFICATES – continued)

- *Ergonomics and Injury Prevention for Commercial Vehicle Operators – Skillsoft® Compliance Solutions.*
 - *Defensive Driving: Truck Safety – Skillsoft® Compliance Solutions.*
 - *Hazardous Materials: Shipping Small Quantities of Hazardous Materials – Skillsoft® Compliance Solutions.*
 - *Materials of Trade – Skillsoft® Compliance Solutions.*
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6) 01/03/2026

- *Hazardous Materials: Shipping Lithium Batteries under DOT Exceptions via Highway – Skillsoft® Compliance Solutions.*
 - *Negotiating Hazards for Commercial Vehicles – Skillsoft® Compliance Solutions.*
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7) 01/02/2026

- *Accident Procedures Involving Large Vehicles – Skillsoft® Compliance Solutions.*
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8) 12/30/2025

- *DOT: Hours-of-Service – Skillsoft® Compliance Solutions.*
 - *Hazardous Materials: Shipping Infectious Substances under DOT – Skillsoft® Compliance Solutions.*
 - *DOT: Security for Shipment of Hazardous Materials – Skillsoft® Compliance Solutions.*
 - *DOT General Awareness – Skillsoft® Compliance Solutions.*
 - *DOT 1: Introduction, Classification, and the Hazardous Materials – Skillsoft® Compliance Solutions.*
 - *DOT 2: Packaging, Labeling, Marking, and Placarding – Skillsoft® Compliance Solutions.*
 - *DOT 3: Shipping Papers – Skillsoft® Compliance Solutions.*
 - *DOT 4: Loading and Storage – Skillsoft® Compliance Solutions.*
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(FORMAL TRAINING AND CERTIFICATES – continued)

9) 12/18/2025

- *DOT: CSA Fundamentals – Skillsoft® Compliance Solutions.*

10) 05/09/2024

- *Federal Wage System Data Collector Training Certificate – Defense Civilian Personnel Advisory Service.*

11) 11/29/2017

- *Professional Truck Driver II (DDC-PTD) – Professional Development Associates (PDASA) – National Safety Council®.*

12) 10/24/2014

- *Commercial Tractor-Trailer Driving Curriculum – Advanced Technology Institute.*

13) 10/02/2013

- *Certified Public Space Cleaner – American Hotel & Lodging Educational Institute.*

FORMAL EDUCATION

- 1) **London Trinity College** – United Kingdom. (09/2010)
 - **Certification:** English Language Proficiency – ESOL Grade 7.
- 2) **Ministero della Difesa 60.mo Battaglione Fanteria "Col di Lana"** [Ministry of Defense – 60th Infantry Army Battalion – "Col di Lana"] – Italy. (07/2000)
 - **Diploma:** Control Operator.
- 3) **Istituto Tecnico Statale "Euclide"** [State Industrial Technical Institute "Euclide"] – Italy. (1994 – 1999)
 - Diploma:** Informatics & Statistics: "Abacus" program.