

324 S Hyde Park Ave STE 275

Tampa, FL 33606

Cell: (813) 400-0223

Office: (813) 515-4183

Fax: (813) 436-5347

Email: drbundy@nationallcp.com

Website: nationallcp.com

Fellowship-Trained Pain Medicine, Brain Injury Medicine and Rehabilitation Physician with eight active board certifications and over 25 years of experience. Expertise in the areas of musculoskeletal, spine, brain, and central and peripheral nerve injuries, as well as disability and sports medicine. Active clinical practice. Certified Independent Medical Examiner. Certified Physician Life Care Planner. Has performed over 500 Medical Cost Assessments and Life Care Plan Assessments. Ample experience at deposition and trial.



Professional Experience

11/2018 – Present

National Life Care Planners, LLC, Tampa, FL
Owner, Physician

- Life Care Plans, Independent Medical Examinations, depositions, expert witness testimony, Narrative Reports, Ongoing Cost of Medical Care Assessments, Medical Cost Projections

01/2017 – Present

Synergy Pain & Rehabilitation Medicine, PLLC, Tampa, FL
Owner, Physician

- Provide interventional pain management including fluoroscopically-guided cervical, thoracic, and lumbar blocks/epidurals, radiofrequency neurotomy, discography, peripheral joint injections, neurostimulator trials, and medication management
- Evaluate and manage the care of patients with acute/chronic pain, sports injuries, work injuries, motor vehicle injuries, traumatic brain injuries, and musculoskeletal injuries

08/2017 – 06/2021

Complete Care Centers (Interventional Associates), Longwood/Lakeland, FL
Physician

- Pain management and Life Care Planning services

12/2016 – 06/2017

Jaffe Sports Medicine, Naples, FL
Physician

- Pain management, electrodiagnostic medicine, and sports medicine services

05/2015 – 11/2016

Florida Pain & Rehabilitation Medicine, Lady Lake, FL
Physician

- Pain management services

07/2012 – 04/2015

Northeastern Rehabilitation Associates, P.C., Bethlehem, PA
Physician

- Hospital coverage for an acute inpatient rehabilitation facility specializing in the treatment and management of patients with traumatic brain injuries, spinal cord injuries, amputations, cerebral vascular accidents, debility secondary to multiple medical comorbidities, and injuries sustained from polytrauma
- Pain management and electrodiagnostic medicine services

08/2004 – 08/2006

Procare Sports Medicine, Kansas City, MO
Certified Athletic Trainer

- Assisted in the prevention, evaluation, and treatment of acute athletic injuries

06/2005 – 08/2005	<p>Adapt of Minnesota, Brainerd, MN</p> <p><i>Chemical Dependency Rehabilitation Assistant</i></p> <ul style="list-style-type: none"> Presented information about the harmful effects of drug and alcohol abuse Met with clients and discussed their chemical abuse histories, psychological issues, and social stressors Helped in the development of support systems for clients to aid in the cessation of drug and alcohol abuse Participated as a moderator of small group discussions
07/2003 – 07/2004	<p>SCCI (Specialized Complex Care, Inc.) Hospital, Fargo, ND</p> <p><i>Therapy Assistant</i></p> <ul style="list-style-type: none"> Worked directly with physical therapists, occupational therapists, and speech language pathologists to provide treatment to critically ill patients Provided therapy for patients with traumatic brain injuries, strokes, neurodegenerative diseases, spinal cord injuries, chronic wound infections, and amputations
05/2002 – 07/2004	<p>Orthopaedic Associates, Fargo, ND</p> <p><i>Certified Athletic Trainer</i></p> <ul style="list-style-type: none"> Provided prevention, examination, diagnosis, treatment, and rehabilitation of emergent, acute, and/or chronic injuries and medical conditions Shadowed orthopedic surgeons and observed surgical cases Provided medical event coverage for football and hockey
08/1998 – 05/2002	<p>North Dakota State University, Fargo, ND</p> <p><i>Student Athletic Trainer</i></p> <ul style="list-style-type: none"> Worked with physicians, chiropractors, athletic trainers, nurses, and fellow students to provide athletic injury prevention, evaluation, care, and rehabilitation Became proficient with the use of therapeutic modalities such as ultrasound, electrical stimulation, iontophoresis, stretching, and massage to treat athletic injuries Created orthotics, protective devices, and provided taping/splinting procedures to help reduce the incidence of athletic trauma Served as Head Student Athletic Trainer for men's basketball and cross-country running Served as Assistant Student Athletic Trainer for men's wrestling

Certifications

12/2022	American Board of Physical Medicine & Rehabilitation Board Certification in Brain Injury Medicine
03/2022	International Commission on Health Care Certification Board Certified Medical Cost Projection Specialist
08/2018	International Commission on Health Care Certification Board Certified Life Care Planner
10/2016	American Board of Independent Medical Examiners Certified Independent Medical Examiner
07/2016	American Osteopathic Board of Physical Medicine & Rehabilitation Board Certification in Pain Medicine
11/2013	American Osteopathic Board of Physical Medicine & Rehabilitation Board Certification in Physical Medicine & Rehabilitation

07/2013	American Board of Physical Medicine & Rehabilitation Board Certification in Physical Medicine & Rehabilitation
05/2002	National Athletic Trainers Board of Certification Certified Athletic Trainer

Medical Licenses

01/2013	Minnesota Board of Medical Practice
07/2012	State of Florida Department of Health
01/2012	Pennsylvania Department of State Bureau of Professional & Occupational Affairs
05/2009	Kansas State Board of Healing Arts

Education

07/2012 – 07/2013	Fellowship	Interventional Pain Management/Electrodiagnostic Medicine Northeastern Rehabilitation Associates, P.C., Bethlehem, PA
07/2009 – 06/2012	Residency	Physical Medicine & Rehabilitation University of Kansas Medical Center, Kansas City, KS
06/2008 – 06/2009	Internship	Traditional Rotating Internship Capital Region Medical Center, Jefferson City, MO
08/2004 – 05/2008	Medical Education	Kansas City University of Medicine and Biosciences, Kansas City, MO Doctor of Osteopathy, 05/2008
08/1997 – 08/2003	Undergrad Education	North Dakota State University, Fargo, ND B.S. Athletic Training/Pre-Medicine, 05/2002

Educational Course

01/2022	AAPC Certified Professional Billers Medical Billing Course Certificate of Completion
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Professional Memberships

American Academy of Physical Medicine & Rehabilitation

American Academy of Professional Coders

American Board of Independent Medical Examiners

American Medical Association

American Osteopathic Association

American Osteopathic College of Physical Medicine & Rehabilitation

International Association of Rehabilitation Professionals

International Pain & Spine Intervention Society

Research

Hip and Pelvic Pathology Presenting as Lumbago: A Retrospective Chart Review of Spine Center Referrals. Co-author (University of Kansas Medical Center, Kansas City, KS). Presented at the American Academy of Physical Medicine and Rehabilitation Annual Assembly, 11/2012.

Caffeine as a Neurostimulant Following a Suprasellar Mass Resection in a Child: A Case Report. Co-author (University of Kansas Medical Center, Kansas City, KS). Presented at the American Academy of Physical Medicine and Rehabilitation Annual Assembly, 11/2012.

Brown-Sequard Presentation of Transverse myelitis after Chemotherapy: A Case Report. Co-author (University of Kansas Medical Center, Kansas City, KS). Presented at the American Academy of Physical Medicine and Rehabilitation Annual Assembly, 11/2012.

Acetabular Labral Tear in a 54-Year-Old Male with Persistent Groin Pain: A Case Report. Timothy D. Bundy, DO (University of Kansas Medical Center, Kansas City, KS). Presented at the American Academy of PM&R Annual Assembly, 11/2011.

Medical Presentations Given

03/2013	Provocation Discography
10/2012	Medial Branch Blockade (Double Block Paradigm)
10/2012	ASRA Guidelines Anticoagulation Prior to Interventional Procedures
09/2012	EMG Guidelines for Diagnosing Radiculopathy
08/2012	EMG Guidelines for Diagnosing Carpal/Cubital Tunnel Syndrome
01/2011	Sacral and Hip Fractures Etiology and Treatment
04/2010	Common Pediatric Sports Injuries

Volunteer & Community Outreach

11/2008	Medical Mission, Piedras Negras, Mexico <i>Medical Student</i> <ul style="list-style-type: none">Assisted attending physicians, resident physicians, and support staff in providing medical care for underprivileged children and adultsPerformed histories, physical examinations (focusing on the musculoskeletal system), and joint injectionsAssisted with wheelchair and assistive device fitting
08/2005 – 04/2006	Kansas City University of Medicine and Biosciences, Kansas City, MO <i>Medical Student</i> <ul style="list-style-type: none">Performed physical examinations on underprivileged children in inner-city schools
08/2000 – 07/2004	American Red Cross, Fargo, ND <i>Volunteer Trainer</i> <ul style="list-style-type: none">Volunteer First Responder/CPR TrainerVolunteer First Aid Instructor for Children
09/1998 – 07/2004	Red River Valley Victory Ranch, Fargo, ND <i>Mentor</i> <ul style="list-style-type: none">Served as a mentor for adolescents with chemical dependency and addiction issues