

# Thomas M. Phan, MD, FAAPMR

## EDUCATION

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### **Doctor of Medicine (M.D.)**

*University of Maryland School of Medicine* – Baltimore, MD  
2011 – 2015

### **Bachelor of Science in Biology & Economics, *summa cum laude***

*San Diego State University* – San Diego, CA  
2004 – 2009

## POSTGRADUATE TRAINING

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### **Fellowship – Pain Medicine**

*Virginia Commonwealth University (Medical College of Virginia)* – Richmond, VA  
2019 – 2020

### **Residency – Physical Medicine & Rehabilitation**

*Virginia Commonwealth University (Medical College of Virginia)* – Richmond, VA  
2016 – 2019

### **Internship – Internal Medicine**

*St. Mary Medical Center* – Long Beach, CA  
2015 – 2016

## LICENSURE & BOARD CERTIFICATIONS

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### **American Board of Physical Medicine & Rehabilitation (ABPMR)**

- Pain Medicine, Certified 2021 – Present
- Physical Medicine & Rehabilitation, Certified 2021 – Present

### **Active Licenses**

- California Medical License – Issued 2024 – Present
- California Fluoroscopy Permit – Issued 2025 – Present
- DEA Registration – Active (CA)

### **Previous Licenses**

- Maryland Medical License – 2020 – 2025
- Maryland CDS License – 2020 – 2026
- Virginia Medical License – 2016 – 2020

### **United States Medical Licensing Examination (USMLE)**

- Step 3 – Passed, March 2016
- Step 2 CS – Passed, September 2014
- Step 2 CK – Passed, August 2014
- Step 1 – Passed, June 2013

## PROFESSIONAL EXPERIENCE

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### **Interventional Pain Management Physician**

*Premier Pain Consultants* – Fullerton & Irvine, CA

August 2025 - Present

### **Pain Management & Post-Acute Rehabilitation Consultant**

*Meadow Park Rehabilitation & Healthcare* – Catonsville, MD

March 2022 – June 2025

### **Interventional Pain Management Physician**

*The Centers for Advanced Orthopaedics* – Hanover, Chester & Annapolis, MD

August 2020 – April 2025

## HOSPITAL AFFILIATIONS

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### **Providence St. Jude Medical Center** – Fullerton, CA

- Active Medical Staff, 2025 – Present

### **Luminis Health Anne Arundel Medical Center** – Annapolis, MD

- Active Medical Staff, 2020 – 2025

### **University of Maryland Baltimore Washington Medical Center** – Glen Burnie, MD

- Consulting Medical Staff, 2020 – 2025

## AMBULATORY SURGERY CENTER (ASC) PRIVILEGES

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### **Laguna Surgery Center** – Fullerton, CA

- Interventional Pain Procedures, August 2025 – Present

### **Advanced Surgical Care of Maryland** – Lanham, MD

- Interventional Pain Procedures, March 2022 – August 2025

### **SurgCenter of Glen Burnie** – Glen Burnie, MD

- Interventional Pain Procedures, August 2020 – March 2024

## SPECIALTY SKILLS

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- Fluoroscopic and ultrasound-guided interventions
- Joint, tendon, ligament, and trigger point injections
- Peripheral nerve blocks
- Epidural injections: cervical, thoracic, lumbar, sacral, and caudal regions
- Facet joint injections, medial branch blocks, and radiofrequency ablation
- Spinal cord stimulation: trials and implants, as well as peripheral nerve stimulation
- Minimally invasive lumbar decompression procedures
- Nerve conduction studies and electromyography (EMG)

## HONORS & AWARDS

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- **Academic Excellence Award**, VCU Health – 2018 – 2019
- **VA Chief Resident**, VCU Health – 2017 – 2018
- **Outstanding Intern Award**, St. Mary Medical Center – 2016
- **Swaiman Research Scholarship**, Child Neurology Foundation – 2012
- **Henry L. Janssen Scholarship**, San Diego State University – 2009
- **Phi Beta Kappa Honor Society** – Inducted 2009
- **Mortar Board Honor Society** – Inducted 2008
- **Dean's List**, San Diego State University – 2005 – 2009

## PUBLICATIONS

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- Albright-Trainer B, **Phan TM**, Trainer RJ, Crosby ND, Murphy DP, DiSalvo P, Amendola M, Lester DL. *Peripheral nerve stimulation for the management of acute and subacute post-amputation pain: a randomized, controlled feasibility trial*. Pain Management. 2021.
- Cohen SP, Gilmore CA, Rauck RL, Lester DD, Trainer RJ, **Phan TM**, Kapural L, North JM, Crosby ND, Boggs JW. Percutaneous Peripheral Nerve Stimulation for the Treatment of Chronic Pain Following Amputation. Military Medicine, 2019;10.1093/milmed/usz114.

## PRESENTATIONS

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- **Phan TM**, Murphy DP, Trainer RJ, Trainer BE, Lester DD. *Interim Outcomes of Peripheral Nerve Stimulation on Pain, Opioid Use, and Functional Independence Measures in Perioperative Amputees*. Presented at the North American Neuromodulation Society (NANS) Annual Meeting, 2020, Las Vegas, NV.
- **Phan TM**, Murphy DP, Lester DD, Trainer RR, Trainer BE. *Functional Outcomes in Lower Limb Amputees Treated with Peripheral Nerve Stimulation Prior to Rehabilitation Boot Camp*. Presented at the Association of Academic Physiatrists (AAP) Meeting, 2019, San Juan, PR.
- **Phan TM**, Murphy DP, Lester DD. *Effects of Percutaneous Peripheral Nerve Stimulation on Ambulation in an Amputee with Refractory Pain*. Presented at the American Academy of Physical Medicine & Rehabilitation (AAPM&R) Annual Assembly, 2018, Orlando, FL.
- **Phan TM**, Trainer BE, Lester DD. *Postoperative Management of Transtibial Amputation in an Opioid-Tolerant Patient with Peripheral Nerve Stimulation*. Presented at the World Congress on Regional Anesthesia and Pain Medicine, 2018, New York City, NY.

## PROFESSIONAL MEMBERSHIPS

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- **American Academy of Physical Medicine & Rehabilitation (AAPM&R)**  
Member since September 2016
- **American Society of Pain & Neuroscience (ASPN)**  
Member since August 2024
- **American Society of Regional Anesthesia & Pain Medicine (ASRA)**  
Member since May 2018
- **International Pain and Spine Intervention Society (IPSIS)**  
Member since August 2019
- **Interventional Orthobiologics Foundation (IOF)**  
Member since August 2024

## CONTINUING MEDICAL EDUCATION

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- **Regenerative Medicine & MSK Ultrasound**, Las Vegas, NV | January 9-11, 2025
- **IOF Intermediate Spine**, Carlsbad, CA | December 7, 2024
- **IOF BMA/Adipose Harvesting**, Carlsbad, CA | December 6, 2024
- **IOF Intermediate Extremity Super Course**, Broomfield, CO | September 7 – 8, 2024
- **TOBI Conference**, Las Vegas, NV | June 21 – 22, 2024

## LANGUAGES

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- **English** – Native
- **Vietnamese** – Conversational
- **Spanish** – Basic

## REFERENCES

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- Available upon request