

# Thomas McDonagh, Psy.D.

Licensed Clinical Psychologist, Psy.25741

## SUMMARY

Licensed psychologist with clinical and research specialties in anxiety, workplace stress, mindfulness, and performance enhancement.

## EDUCATION

<b>Psy.D.</b> Clinical Psychology	<b>Nova Southeastern University</b> Ft. Lauderdale, FL Dissertation – examined the burnout effect in the occupational work force	<i>2007-2011</i>
<b>M.S.</b> Clinical Psychology	<b>Nova Southeastern University</b> Ft. Lauderdale, FL	<i>2005-2007</i>
<b>B.S.</b> Psychology	<b>Manhattan College</b> Riverdale, NY Minor: Biology	<i>2001-2005</i>

## PROFESSIONAL EXPERIENCE

<b>Good Therapy SF</b> <i>San Francisco, CA</i>	<b>Clinical Psychologist</b> Owner and practitioner of a growing clinical psychology group practice. Focus on treating anxiety, stress, workplace issues, and phase of life issues.	<i>January 2017 - Present</i>
<b>SF Stress and Anxiety Center</b> <i>San Francisco, CA</i>	<b>Clinical Psychologist</b> Grow a collaborative private practice and provide individual and group therapy specializing in anxiety disorders, workplace stress, and relationship issues. Strong emphasis in wellness promotion and integrative health.	<i>September 2014 – January 2017</i>
<b>Pacific Coast Psychiatric Associates</b> <i>San Francisco, CA</i>	<b>Behavioral Health Psychologist</b> Grow a behavioral health division at an established psychiatry practice with a focus on developing and implementing treatment programs aimed at anxiety, depression, sleep disorders, and ADHD. Part of integrative treatment team.	<i>January 2013 - May 2017</i>
<b>Kaiser Permanente</b> <i>Santa Rosa, CA</i>	<b>Psychological Assistant – Chemical Dependency/Triage</b> Retained on staff following post-doctoral fellowship to acutely assess, diagnose, and treat adults suffering with substance abuse and urgent psychiatric issue.	<i>August 2012 - December 2012</i>

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870 Market Street, Suite 617 / San Francisco, CA 94102 / Tom@GoodTherapySF.com / 415.483.0950

**Vanderbilt  
Psychiatry  
Outpatient Clinic**  
*Nashville, TN*

**Vanderbilt/VA Pre-Doctoral Psychology Intern** *July 2010- July 2011*  
Completed a one-year APA accredited program emphasizing best practice treatments among the general adult and Iraq/Afghanistan Veteran population. Additional responsibilities included providing expert testimony on competency to stand trial assessments.

## CLINICAL PRACTICE EXPERIENCE

**Atlantic Shores  
Hospital**  
*Ft. Lauderdale, FL*

**Admissions, Referrals, and Utilization Review Coordinator**  
*2009-2010*

Acutely assessed and diagnosed individuals with psychotic and substance abuse issues at a locked inpatient psychiatric hospital. Coordinated with insurance companies for continued patient care.

**College Living  
Experience**  
*Davie, FL*

**Social Skills Instructor** *2007-2009*  
Conducted individual and group sessions for the college age Asperger's Syndrome population with the goal of improving interpersonal skills.

**Henderson  
Community  
Health Center**  
*Ft. Lauderdale, FL*

**Adult Outpatient Psychology Trainee** *2007-2008*  
Provided individual therapy and psychological assessment services to the adult outpatient long-term mental illness population, with a primary focus on severe mood disorders, PTSD, schizophrenia, and substance abuse issues.

**Florida Initiative  
for Suicide  
Prevention**  
*Davie, FL*

**Group Leader** *2007*  
Managed group therapy sessions for at risk adolescents in the public school and community service setting, and conducted weekly intake evaluations in collaboration with staff psychiatrist and social workers.

**Center for  
Psychological  
Studies**  
*Ft. Lauderdale, FL*

**Psychology Trainee** *2006-2007*  
Provided individual, group, and psychological assessment services to the adult outpatient population with a focus on obsessive compulsive disorders, dependent personality, substance abuse, PTSD, and schizophrenia.

## RESEARCH EXPERIENCE

**Sports Psychology  
Clinic**  
*Ft. Lauderdale, FL*

**Sports Psychology Clinic** *2009-2010*  
Research Assistant and Co-Investigator  
Performed concussion assessments and utilized performance enhancement techniques for high school and collegiate athletes.

**Florida Initiative  
for Suicide  
Prevention**  
*Davie, FL*

**Suicide Prevention and Research Evaluation Study (SPARE)** *2006-2008*  
Research Assistant  
Studied examining improved problem solving techniques to reduce suicide among at risk youth.

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**Center for  
Psychological  
Studies**

*Ft. Lauderdale, FL*

**Racial/Attractiveness Preferences of Young Children**

Co-Investigator

2006-2008

Studied examining physical factors and how they influence the social preferences of young school children.

## TEACHING EXPERIENCE

**Guest Lecture on Treatment of Insomnia**

Kaiser Permanente – Oakland, CA

2012

**Guest Lecture Series on Posttraumatic Stress Disorder**

Belmont University – Nashville, TN

2011

## Publication

*101 Ways to Conquer Teen Anxiety. Published by Ulysses Press, Berkeley, CA*

2016

*The Teen Anxiety Workbook. Published by Ulysses Press, Berkeley, CA*

2023

NOT YET RETAINED