

Teresa M. van Winkle, PhD, MPH, RN

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Over 15 years of combined bedside nursing experience in acute care hospitals with pediatric and adult patients.

Over 10 years of pediatric nursing experience with medically complex children, and pre and post operative patients, including neurosurgery, orthopedic surgery, urology, plastic surgery, otolaryngology, and general surgery.

Over 5 years of adult nursing experience, both as a staff nurse and a charge nurse, with stroke patients, end of life care, wound care, substance detoxification and on psychiatry units.

Extensive teaching experience, including registered nurses, undergraduate nursing students and advanced nurse practitioner students. Clinical supervision of nursing students.

Unique knowledge and experience in infection prevention and hospital acquired infections, including central line associated bloodstream infections and catheter associated urinary tract infections.

Extensive experience caring for myelomeningocele, gastroschisis, omphalocele, craniosynostosis, Chiari malformations, seizure disorders, short gut syndrome, spinal fusions, surgical site infections, glioblastomas, craniofacial anomalies including cleft lip/palate, Crouzon's syndrome, and Treacher Collins.

Licensure and Certification:

Registered Nurse, Washington #RN60039808

2008 – present

Certified Pediatric Nurse, *Pediatric Nursing Certification Board*

2009 – present

Education:

University of Washington, Seattle, WA

2020 – 2024

- PhD of Nursing Science

University of Southern California, Los Angeles, CA

2014 – 2016

- Master of Public Health (*Epidemiology and Biostatistics*)
- Delta Omega Honorary Society in Public Health

- Seattle University, Seattle, WA** 2006 – 2008
- Bachelor of Science in Nursing
 - Summa Cum Laude, Sigma Theta Tau International Honor Society of Nursing

Employment and Professional Experience:

Clinical Nursing Experience

- Swedish Hospital – Ballard, Seattle, WA** 2024 – present

- *Registered Nurse, Behavioral Health/Psychiatry Unit*
 - Care of acute psychiatric patients including major depression, bipolar disorder, psychotic disorders, suicidal ideation, substance use disorders
 - Electroconvulsive therapy
 - Evidence-Based Practice and standard of care consultations

- University of Washington – Montlake, Seattle, WA** 2020 – 2021

- *Clinical Documentation Specialist*
 - Chart review of all inpatients
 - Communicate with providers and medical coders to ensure medical record integrity

- University of Washington – Northwest Hospital & Medical Center, Seattle, WA** 2018 – 2020

- *Registered Nurse, Medical Telemetry/Cardiology Unit*
 - Charge Nurse/Staff Nurse
 - Stroke center, telemetry, end of life/hospice care, substance use detoxification
 - Precept new staff, senior practicum students, nursing students

- Seattle Children's Hospital, Seattle, WA** 2007 – 2018

- *Registered Nurse, Surgical Unit (2008 – 2018)*
 - Pre/post-operative pediatric patients, medically complex children, long term hospitalizations
 - Neurosurgery, orthopedic surgery, urology, plastic surgery, general surgery, otolaryngology
 - Care of myelomeningocele, gastroschisis, craniosynostosis, seizure disorders, Chiari malformations, short gut syndrome, spinal fusions, surgical site infections, glioblastomas, craniofacial anomalies including cleft lip/palate, Cruzon's syndrome, Treacher Collins
 - Precept new staff, senior practicum students, nursing students
- *Nurse Technician, Emergency Room (2007 – 2008)*

Academic Appointments

- Seattle University, Seattle, WA** 2020 – present

- Advanced Practice Nursing Immersion Program Director
- Assistant Teaching Professor
- Undergraduate courses taught/developed
 - NURS 3405 *Health Assessments and Interventions* [FQ2024; WQ2024]

- NURS 4401/4402/4403 *Population Health Internship* [FQ2022; WQ2023; SQ2023]
- NURS 4191 *Promoting the Health of Children and Families: Clinical* [WQ2022; SQ2022; SQ2023]
- NURS 4791 *Senior Practicum* [RQ2022; RQ2023; RQ2024]
- Graduate courses taught/developed
 - NURS 5031 *Promoting Population Health: Clinical* [FQ2020; FQ2021; FQ2022; FQ2023; FQ2024]
 - NURS 5131 *Promoting Population Health: Theory* [FQ2022; FQ2023]
 - NURS 6014 *Critical Inquiry I* [SQ2023; SQ2024]
 - NURS 6018 *Health Program Planning and Development* [SQ2022; SQ2023; SQ2024; SQ2025]
 - NURS 6020 *Epidemiology* [FQ2022]
 - NURS 6110 *Ethical Care for Social Justice* [SQ2023]
 - NURS 6120 *Population Based Health Care* [RQ2021; WQ2022; RQ2023; RQ2024]
 - NURS 6901/6903/6905 *DNP Internship* [FQ2023; WQ2024; SQ2024; FQ2024; WQ2025; SQ2025]

Current Professional Memberships:

Delta Omega Honor Society in Public Health, Beta Lambda Chapter
 Sigma Theta Tau International Honor Society of Nursing, Alpha Sigma Chapter
 National Organization of Nurse Practitioner Faculties

Publications and Presentations:

Publications

1. Altman, M.R., **van Winkle, T.M.**, Ferrell, B., Lowik, A.J., Soled, K.R.S., Taraoff, L.A., McCulloch, J., Stoll, K., Obedin-Maliver, J., Vedam, S., Birth Includes Us Steering Council. (2025). Feasibility of a community-developed survey measuring experiences of pregnancy care for LGBTQ2S+ families. *Birth*. DOI: 10.1111/birt.12911
2. Altman, M.R., Stoll, K., **van Winkle, T.M.**, Ferrel, B. Soled, K., Rubashkin, N.A., Lusero, I., Eagen-Torkko, M., Obedin-Maliver, J. & Vedam, S. (2025). Reliability and validity of measures of respectful care and discrimination for LGBTQ2S+ pregnant people. *Midwifery*. DOI: 10.1016/j.midw.2025.104391
3. **van Winkle, T.M.** (2024). Navigating the world: Understanding gender expression through the experiences of transgender and nonbinary people. *ProQuest Dissertations & Theses*. ISBN: 9798384093657.
4. Altman, M.R, Cragg, K., **van Winkle, T.M.**, Julian, Z., Obedin-Maliver, J., Tarasoff, L.A, Eagen-Torkko, M., Rubashkin, N.A., Lusero, I., & Vedam, S. (2022). Birth Includes Us: Development of a community-led survey to capture experiences of pregnancy care among LGBTQ2S+ families. *Birth*. DOI: 10.1111/birt.12704.

Presentations

1. **van Winkle, T.M.** & Altman, M.R. (2024, Apr 18). *Operationalizing gender expression: Implications for data collection*. [Poster Presentation]. Western Institute of Nursing, Salt Lake City UT.
2. Altman, M.R. & **van Winkle, T.M.** (2024, Apr 18). *Feasibility of a community-led survey measuring experiences of pregnancy care for LGBTQ2S+ families*. [Poster Presentation]. Western Institute of Nursing, Salt Lake City UT.
3. **van Winkle, T.M.**, Rabelais, E. & Altman, M.R. (2023, Apr. 21). *Gender expression: A principle-based concept analysis*. [Podium presentation]. Western Institute of Nursing, Tucson, AZ.
4. **van Winkle, T.M.**, Rabelais, E. & Altman, M.R. (2022, Nov. 9). *Gender expression: A principle-based concept analysis*. [Podium presentation]. American Public Health Association, Boston, MA. *Declined invitation*.
5. **van Winkle, T.M.** & Couture, A. (2020, Jan. 28). *Caring for patients with opioid use disorder*. [Poster presentation]. Seattle Nursing Research Consortium, Lynnwood, WA.
6. **van Winkle, T.M.** (2019, June 10). *Empowering nurses: Developing a unit-based council*. [Poster presentation]. University of Washington Leadership Development Institute, Lynnwood, WA.
7. **van Winkle, T.M.** (2019, Jan. 28). *Improving ED to inpatient admission time*. [Panel presentation] Seattle Nursing Research Consortium, Lynnwood, WA.
8. **van Winkle, T.M.** (2019, Jan. 29). *Decreasing emergency room boarding time*. [Poster presentation]. Seattle Nursing Research Consortium, Lynnwood, WA.