

STEVE SHVARTSBLAT, MD, MPH

Expertise and Special Skills

Fields of Expertise

- OSHA regulations and compliance: development and maintenance of regulatory programs
- Work fitness evaluations (e.g., fire, law enforcement, and other job positions)
- Pre-employment post-offer screening program development
- Human resources issues: ADA and FEHA compliance, work restrictions, accommodations, and interactive process management
- Drug testing: MRO functions and drug testing program development
- Workers' Compensation: QME/AME evaluations and compliance
- Sports participation medical clearance

Skills

- Computer software: Microsoft Office (Word, Excel, PowerPoint, Access); Adobe Acrobat; SAS (Statistical Applications Software)
- Medico-legal communications: letter writing; expert witness depositions

Professional Experience

Oct 2002 – Present

Los Angeles County — Los Angeles, CA

Senior Physician

- Work fitness evaluations: pre-placement/post-offer, commercial drivers, return-to-work, and fitness-for-work re-evaluations for current employees
- Medical Review Officer: review of drug screening results and medical interviews
- OSHA compliance: design and implementation of hearing conservation program; periodic Injury and Illness Prevention Program (IIPP) exams (hearing, asbestos, pesticides, lead, mercury, paints/solvents, HAZMAT, confined space, respirator clearance)
- Wellness programs: fire department wellness exams and screening
- Jun 2020 – Mar 2021: Disaster Service Worker (DSW) assignment—assisted community COVID-19 testing (communities, SNFs, PEH settings); supported Case & Contact Investigation Branch (CCIB) call center with medical consultations and training; provided support at vaccination Point of Dispensing (POD) sites

May 2002 – Jun 2023

First Advantage — Los Angeles, CA

Medical Review Officer

- Review of drug screen laboratory results
- Conducting donor interviews

- Addressing work safety concerns
- Conducting literature research and investigations pertaining to field-specific topics
- Expert witness legal testimonies

Jul 2019 – Jan 2020

Concentra — Los Angeles, CA

Per Diem Physician

- Work fitness exams including DOT-regulated exams for commercial drivers
- Evaluation and care of work-related injuries and illnesses
- Performing minor surgical procedures
- Evaluation and management of needle sticks and other exposures to body fluids (blood-borne pathogens)

Dec 2004 – Sep 2005

LA County – USC Employee Health Service — Los Angeles, CA

Physician Specialist

- Pre-employment and periodic work fitness evaluations; return-to-work fitness evaluations
- Evaluation and care of work-related injuries and illnesses
- Evaluation and management of needle sticks and other exposures to body fluids (blood-borne pathogens)

Oct 2000 – Feb 2003

Emergency Medical Services Group (EMSG) — Bakersfield, CA

Urgent Care Physician

- Evaluation and treatment of patients in an urgent care setting
- Adult and pediatric care
- Performance of minor surgical procedures and injections

May 2000 – Sep 2000

Ft. Leonard Wood Army Community Hospital — St. Roberts, MO

General Medical Officer

- Performance of military and pre-employment civilian physicals
- Evaluation and treatment of patients in the Emergency Department

Mar 2000 – May 2000

Allied Health — Lancaster, CA

Medical Doctor

- Evaluation and treatment of occupational injuries and illnesses
- Supervision of various physical therapy modalities

Aug 1999 – Mar 2000

Clinica San Miguel — Van Nuys, CA

General Practice Physician

- Evaluation and treatment of primary care medical problems
- Adult and pediatric care
- Performance of minor surgical procedures and injections

Jun 1994 – Mar 1996

Quentin Medical — Brooklyn, NY

Medical Director

- Administration of a physical rehabilitation clinic

Jun 1993 – Jun 1994

Morningside Primary Care Center — —

General Practice Physician

- Evaluation and treatment of primary care medical problems
- Adult and pediatric care
- Supervision of physician assistants

Jul 1992 – Jun 1994

LA Air Force Base Clinic — Los Angeles, CA

General Medical Officer

- Evaluation and treatment of primary care problems (adult and pediatric)
- Provision of preventive care
- Performance of minor surgical procedures
- Performance of military physicals
- Practice of travel medicine

Education

University of California, Los Angeles (UCLA) School of Medicine — Los Angeles, CA

M.D., 1991

Pritzker School of Medicine, University of Chicago — Chicago, IL

Attended: Oct 1987 – Aug 1988

School of Public Health, University of California — Los Angeles, CA

M.P.H., 2001

Coursework/Focus: Biostatistics, Epidemiology; Industrial and Environmental Hazards; Toxicology; Ergonomics; Health Services and Accounting; Community Health

College of Letters and Science, University of California — Los Angeles, CA

B.S., Biology, 1987 — Magna Cum Laude; Departmental Honors; Regents Scholar; Schrödinger Scholarship; American Heart Association Research Grant

Research

Jan 2005 – Present — ChoicePoint: Evaluation of morphine levels after poppy seed ingestion

Jun 2001 – Jul 2003 — University of California: Analysis and modeling of health effects in the carbon black industry (Project Director: Phil Harber, MD, MPH)

Jun 1996 – Jun 1997 — Cedar-Sinai Medical Center: Effect of diet and appetite suppressing medications on serum levels of obesity markers (leptin and gamma-glutamyl peptidase) (Project Director: Ted Friedman, MD, Department of Endocrinology)

Oct 1987 – Jul 1988 — University of Chicago: Calcium ion currents in B-lymphocytes from patients with Multiple Sclerosis (Project Director: Tony Reder, MD, Department of Neurology)

Jun 1985 – Oct 1985 — University of California: Effect of β -LDL on chemotactic activity of monocytes (Project Director: Mary Territo, MD, Department of Hematology/Oncology)

Publications

- 1 Fatal rat bite fever in a pet shop employee. Am J Ind Med. 2004 Apr;45(4):357–60.
- 2 A triangulation approach to historical exposure assessment for the carbon black industry. J Occup Environ Med. 2003 Feb;45(2):131–43.

Licensure and Certifications

- Medical Licensure in California
- American Board of Preventive Medicine certification in Occupational and Environmental Medicine
- Medical Review Officer certification
- NRCME certification
- DEA certificate
- QME certification (expired; previously certified)
- BLS and ACLS certification (expired; previously certified)

Military Service

U.S. Air Force — Honorable Discharge (Jul 1992 – Jun 1994)

Foreign Languages

Spanish (some proficiency)