

**Sonja Rosen, M.D., F.A.C.P., A.G.S.F.**

**Curriculum Vitae**

sonja@sonjarosenmd.com

**EDUCATION:**

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| 1994        | B.A., Biochemistry with Honors,<br>Mills College, Oakland, CA  |
| 2001        | M.D., University of Chicago Pritzker School of Medicine, Chicago, IL   |
| 2001 - 2002 | Internship in Internal Medicine,<br>Harbor-UCLA Medical Center, Los Angeles, CA  |
| 2002 - 2004 | Residency in Internal Medicine<br>Harbor-UCLA Medical Center, Los Angeles, CA  |
| 2004 - 2005 | Fellowship in Geriatric Medicine<br>UCLA Department of Medicine, Division of Geriatrics; Department of<br>Veterans Affairs, GLAHS, Los Angeles, CA |

**LICENSURE:**

State of California Medical License A82821, 2002 – current.

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**BOARD CERTIFICATION:**

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| 2004, 2015 | Diplomate, American Board of Internal Medicine, Internal Medicine No. 228986                    |
| 2005, 2015 | Diplomate, American Board of Internal Medicine, Geriatric Medicine No. 228986                   |
| 2010, 2020 | Diplomate, American Board of Internal Medicine, Hospice and Palliative Care Medicine No. 228986 |

**PROFESSIONAL FELLOWSHIPS (nominated, elected):**

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| January 2020 - | Fellow of the American College Physicians (FACP) Present |
| July 2020 –    | Fellow of the American Geriatrics Society (AGSF) Present |

## PROFESSIONAL EXPERIENCE:

### Cedars-Sinai

May 2018 - present	Section Chief, Geriatric Medicine, Division of Internal Medicine, Department of Medicine, Cedars-Sinai Medical Center
May 2018-present	Medical Director, Geriatric Medicine, Cedars-Sinai Medical Network
June 2018 - present	Education Coordinator, Geriatric Medicine rotation (ACGME), Cedars Sinai Internal Medicine Residency
January 2016 – present	Chief, Division of Geriatric Medicine, Cedars-Sinai Medical Group
July 2019 – present	Professor of Medicine, Cedars-Sinai, Department of Medicine
June 2015-June 2019	Associate Professor of Medicine, Cedars-Sinai, Department of Medicine
January 2016 -April 2018	Associate Medical Director, Geriatric Care Programs, Cedars-Sinai Medical Care Foundation
May 2015-present	Medical Director, Total Care Management for Medicare Advantage, Cedars-Sinai Medical Care Foundation
May 2015-present	Geriatrician, Attending Physician, Faculty, Cedars-Sinai Health System, Department of Medicine, Division of General Internal Medicine

### UCLA: Faculty

July 2012-June 2015	UCLA Health Sciences Associate Clinical Professor, UCLA David Geffen School of Medicine
September 2005 -June 2012	UCLA Health Sciences Assistant Clinical Professor, UCLA David Geffen School of Medicine
July 2008–April 2015	Medical Director of Geriatric Unit, Geriatric Medicine at UCLA Medical Center, SM

December 2013 Chief of Geriatric Medicine at UCLA Medical Center, SM. -April  
2015

July 2008–April 2015 Residency Supervisor for Geriatric Medicine at UCLA Med Center, SM

### **UCLA Volunteer Clinical Faculty**

Effective May 1, 2015 Volunteer Associate Clinical Professor, Volunteer Series  
January 2020 Promotion to Full Professor, Volunteer Clinical Professor

### **PROFESSIONAL ACTIVITIES:**

#### **Committee Services CSMC:**

July 2015 – 2018 Infection Prevention and Control Committee, CSMG

January 2016 – 2018 Chair, Continuity of Care Task Group, CSMCF

January 2016 – present Cte Member, Patient Safety Committee, CSMCF

August 2017 - present Center for Undiagnosed Patient Specialist Panel Member, Cedars-Sinai

October 2023 Member, Clin-APAC (Invited), Three-year term

#### **Other Committee Service:**

2024 – 2027 Member, American Geriatrics Society Quality & Performance  
Measurement Committee (National Cte, invited)

2021– 2024 Member, American Geriatrics Society Quality & Performance  
Measurement Committee (National Cte, invited)

2022 Member, Planning Committee & Panel Moderator for National Academies  
Of Science, Engineering & Medicine Workshop on Advancing Diagnostic  
Excellence for Older Adults, Beckman Center, Newport Beach, July 21,  
2022 (invited)

2021-2022 Mentor, Next Generation Leaders Fellowship American Hospital Association  
Center for Health Innovation (invited)

2005 - 2006	Continuing Medical Education Subcommittee, UCLA-SM Medical Center
2005 - 2007	Risk Management Subcommittee, UCLA-SM Medical Center
2007 - 2012	Medicine Subcommittee, UCLA-SM Medical Center
May 2008	Through-Put Subcommittee, UCLA-SM Medical Center
July 2008	Chair, Ad Hoc Committee for privacy violations (HIPAA), UCLA-SM Medical Center
August 2008 - January 2011	Chair, Credentials Subcommittee, Internal Medicine, UCLA-SM Medical Center
July 2009	Chair, Internal Medicine Ad Hoc Committee for quality of care of a physician, UCLA
April 2012 - October 2012	UCLA LEAN Performance Excellence Project Leadership

### **Professional Associations:**

December 6, 2005	LA County Long-term Care Coordinating Council work group on health
2006 - 2009	Professional Training Committee for the Los Angeles Alzheimer's Association
August 2013–2018	WISE & Healthy Aging, Board of Directors
2018 – present	Social Isolation Impact Coalition
2019	Critical Supports Program Leadership Council, Jewish Federation of Los Angeles
July 2019 - present	Purposeful Aging Los Angeles (PALA) Advisory Board, LA City Dept of Aging
2021 – 2027	Member, American Geriatrics Society Quality & Performance Measurement Committee.

### **Professional Society Memberships**

American Geriatrics Society (AGS)

American College of Physicians (ACP)

Gerontological Society of America (GSA)

**Editorial Services:**

1999 - 2001      Editorial Committee of Medicine on the Midway

**Consulting Activities:**

Oct 2005 - present      Medical-Legal Expert Witness Consultation

**HONORS AND SPECIAL AWARDS:**

1990	Wellesley Book Award for academic excellence, annually awarded to one student at Fairfax high school
1990	Who's Who among American High School Students
1991	Mills College Honors at Entrance
1993	Maas Cello Scholarship
1993	American Heart Association Research internship at UCSF
1993	National Finlandia Foundation Scholarship, merit-based, annually awarded to 10 students nationwide
1994	Who's Who among Students in American Universities & Colleges
1994	Academic Honors awarded with B.A. in Biochemistry
1998	John A. Hartford Foundation/AFAR Medical Student Geriatric Scholars Program summer research scholarship
1999	American Geriatrics Society "Student Research Award" "for outstanding personal initiative and research in the field of geriatric medicine, presented to the medical student presenting the most outstanding paper or poster at the AGS Annual Meeting."
2012	Brookdale - The Gardens 2012 Physician of the Year, Patient nominated
2014	PT Collaborative Award to Geriatric Unit at UCLA-SMH
2015	Presidential Poster Award, American Geriatric Society, Annual Meeting
2016	Co-Finalist, CSMC Innovation Challenge
2017	High Honors in Patient Satisfaction Award, CSMCF

- 2018 CAHSAH Physician of the Year Award 2018, presented at CAHSAH & CHAPCA Annual Conference in Monterey, CA
- 2019 Presidential Poster, American Geriatric Society, Annual Meeting
- 2020 Presidential Poster, American Geriatric Society, Annual Meeting
- 2019 – 2025 Southern California “Super Doctors”, consecutive years
- 2019 – 2025 Los Angeles Magazine “Top Doctors”, consecutive years

### **SEARCH GRANTS AND FELLOWSHIPS RECEIVED:**

#### **Current Grants**

6/29/22 to 5/31/27

UCLA CTSI UL1 grant award

Role: Investigator – 0.05% annually x 5 years

Agency: CTSI Special Populations program

Funding cost: \$ 2,235,360, 0.05% effort

Project Goal: The mission of the UCLA CTSI is to catalyze research that translates discoveries into tangible improvements in health care and disease prevention and treatment in the ethnically, socially and economically diverse population of Los Angeles County, and ultimately to see this research impact health care throughout the United States. Key to achieving this mission are the abilities to perform innovative, well-designed research safely, efficiently and reliably, and to engage individuals of all ages, races and socioeconomic backgrounds in these research efforts.

#### **Past Grants**

Summer 1993

American Heart Association Research intern

UCSF School of Medicine; Alan Verkman M.D., Ph.D. Biophysics research to examine if the cell cytomatrix acts a sieve for solutes in cytoplasm using fluorescence recovery after photobleaching.

Summer 1998

John A. Hartford Foundation/AFAR summer research scholarship

UCLA School of Medicine; David Reuben, M.D. Research culminating in Reuben DB, Talvi SLA, et al, Journals of Gerontology: A Biol. Sci. Med. Sci. 2000 55: M618-M624.

2006 - 2007

Donald W. Reynolds Faculty Development to Advance Geriatrics Education (FD~AGE) at UCLA grant to develop an educational tool, with the aim to use it in clinical practice to assist geriatricians in making decisions about whom to recommend screening mammography.

1/1/2018-1/1/2021

LEAP: Expanding community based exercise programming for older adults to enable them to age in place and address social isolation.

Role: Co-Investigator – 0.025 FTE annually x 3 years

Agency: AARP Foundation

Project Goal: The Cedars-Sinai Medical Network, with help from community partners, will provide additional older adult opportunities to engage in evidenced based community exercise programs to improve their wellness, decrease their risk of falling, and improve social connectedness. The Grant funds a community health coach and additional locations for exercise programs. We will eliminate common barriers by assisting with transportation costs and utilizing physician referrals for outreach.

9/1/18 – 6/30/23

A Multicenter RCT of Pharmacist-Directed Transitional Care to Reduce Post-Hospitalization Utilization

Role: Geriatrician Leader – 0.05 FTE annually x 5 years

Agency: National Institute on Aging (NIH), R01AG058911 (Pevnick)

Funding Cost: \$3,194,835, 0.05% % effort

Project Goal: This project studies implementation of known methods of reducing medication errors, with focus on involving pharmacists in the care of older adults after hospital discharge. The goal of this project is to create new knowledge to make it easier for more hospitals and health systems to leverage these known methods, so that they can reduce harm caused by medication errors.

5/1/18 – 5/31/22

UCLA CTSI UL1 grant award

Role: Investigator – 0.025% annually x 3 years

Agency: CTSI Special Populations program

Funding cost: \$ 2,278,550, 0.025% effort

## **RESEARCH FOCUS AND INTERESTS**

My research and clinical interests include optimal models of care in the Age-Friendly Health System, safe transitions of care and safe prescribing in older persons, social determinants of health, population health strategies in Medicare Advantage, atypical presentation of disease and comprehensive geriatric assessment. I am the author of multiple chapters and research publications in these areas, and a national and internal speaker on my original research and geriatric models of care.

## **INVITED LECTURES AND PRESENTATIONS:**

1. "Cytomatrix as Sieve for Cell Solutes" at 1993 American Heart Association Summer Research student internship presentations, San Francisco, CA.
2. "Cytomatrix as Sieve for Cell Solutes" at 1998 Hartford Foundation / AFAR & Lillian R. Gleitsman Medical Student Geriatrics Scholar Program, VAMC West Los Angeles.
3. "High Urinary Catecholamine Excretion Predicts Mortality and Functional Decline in High-Functioning Community Dwelling Older persons: MacArthur Studies of Successful Aging" at 1999 American Geriatric Society Annual Meeting, and awarded the "Student Research Award".
4. Moderator: Dr. Hassan J. Tabbarah's Morbidity & Mortality Conference, September 19, 2002 at Harbor-UCLA Medical Center, Department of Medicine.
5. Moderator: Dr. Hassan J. Tabbarah's Morbidity & Mortality Conference, May 22, 2003 at Harbor-UCLA Medical Center, Department of Medicine.
6. Journal Club: Accuracy of Screening for Fecal Occult Blood on a Single Stool Sample Obtained by Digital Rectal Exam (Annals of Internal Medicine, Jan 2005) May 19, 2005 at UCLA Multicampus Program in Geriatrics and Gerontology.
7. "Is it efficacious to perform screening mammograms in the frail elderly population?", August 11, 2005 at UCLA Multicampus Program in Geriatrics and Gerontology.
8. "Is it efficacious to perform screening mammograms in the frail elderly population?" December 15, 2005 for Sepulveda VA Medical Grand Rounds.
9. "Geriatric Assessment," January 27, 2006 for UCLA VA GI Fellowship Training Program at VAMC West Los Angeles.
10. "Contributions of Geriatrics to American Medicine" March 21, 2006 for Santa Monica UCLA Medical Center CME Program.
11. "Understanding Geriatrics: A National Perspective and a Practical Review of Geriatric Syndromes" July 27, 2006 for Fellowship Training Program at UCLA Multicampus Program in Geriatrics and Gerontology.



12. "20 Minute Medicare Exam" October 18, 2006 for Donald W. Reynolds Mini-Fellowship Program at UCLA.
13. "Pre-op/Post-op Care of the Elderly" October 20, 2006 for Donald W. Reynolds MiniFellowship Program at UCLA.
14. "Peri-operative Management of Older Patients" January 26, 2007 for the CME program for the VA Greater Los Angeles Healthcare System Annual Medical Staff Meeting.
15. "20 Minute Medicare Exam" February 21, 2007 for Donald W. Reynolds MiniFellowship Program at UCLA.
16. "Polypharmacy and the Elderly" February 23, 2007 for Donald W. Reynolds MiniFellowship Program at UCLA.
17. "Pre-op/Post-op Care of the Elderly" February 23, 2007 for Donald W. Reynolds MiniFellowship Program at UCLA.
18. "Pre-op/Post-op Care of the Elderly" January 11, 2007 for Fellowship Training Program at UCLA Multicampus Program in Geriatrics and Gerontology.
19. "Peri-operative Management of Older Persons" May 20, 2007 Geriatric Urological Society 6th Annual Meeting at Anaheim Marriot Hotel, CA.
20. "Polypharmacy and the Elderly" June 20, 2007 for Donald W. Reynolds Mini-Fellowship Program at UCLA.
21. "20 Minute Medicare Exam" June 20, 2007 for Donald W. Reynolds Mini-Fellowship Program at UCLA.
22. "Pre-op/Post-op Care of the Elderly" June 22, 2007 for Donald W. Reynolds MiniFellowship Program at UCLA.
23. "Understanding Geriatrics: A National Perspective and a Practical Review of Geriatric Syndromes" August 2, 2007 for Fellowship Training Program at UCLA Multicampus Program in Geriatrics and Gerontology.
24. "Peri-operative Management of Older Persons" August 6, 2007 for UCLA IM Housestaff Noon Lecture Series at SM-UCLA MC.
25. "Polypharmacy and the Elderly" February 22, 2008 for Donald W. Reynolds MiniFellowship Program at UCLA.
26. "Pre-op/Post-op Care of the Elderly" February 22, 2008 for Donald W. Reynolds MiniFellowship Program at UCLA
27. "Peri-operative Management of Older Persons" March 24, 2008 for UCLA IM Housestaff Noon Lecture Series at SM-UCLA MC.

28. "Understanding Geriatrics: A National Perspective and a Practical Review of Geriatric Syndromes" August 17, 2008 for Fellowship Training Program at UCLA Multicampus Program in Geriatrics and Gerontology.
29. "Preparing for the Geriatric Medicine Certifying Examination." September 18, 2008. 25th Annual UCLA Intensive Course in Geriatric Medicine and Board Review at Marina Del Rey Marriot Hotel.
30. Presentation: Hospitalist Rounds. October 23, 2008 for Donald W. Reynolds MiniFellowship Program at UCLA.
31. "Drugs and Aging." November 23, 2008 AAPM&R Annual Assembly at San Diego Convention Center San Diego, CA.
32. "Perioperative Management of the Elderly" February 13, 2009 for Donald W. Reynolds Mini-Fellowship Program at UCLA.
33. "Perioperative Management of the Elderly" May 29, 2009 for Donald W. Reynolds MiniFellowship Program at UCLA.
34. "Perioperative Management of the Elderly" October 16, 2009 for Donald W. Reynolds Mini-Fellowship Program at UCLA.
35. \*"The 3 D's: Delirium, Depression and Dementia." January 26, 2012 for LA County Mental Health.
36. "The Lean Transformation: SM Geriatric Medicine Unit" for Geriatric Medicine and Leadership Conference, May 2013.
37. Geriatric Pharmacy Pilot: HOT meeting for UCLA Health System Leadership, February 2014.
38. Reducing 30-day Readmissions on the Geriatric Special Care Unit for UCLA Medical Center, SM Leadership, June 2014.
39. Geriatric Pharmacy Pilot's Effect on Reducing 30-Day Readmission Rates. UHC Annual Meeting (now Vizient), invited Podium Presentation. Las Vegas, Nevada. October 2014.
40. Hospital Care of Older Patients: Setting New Standards for Excellence. UCLA DOM Grand Rounds, Tamkin Auditorium. March 2015.
41. Geriatric Medicine and Geriatric Assessment, Cedars-Sinai Medical Care Foundation, Nurse Practice Committee. June 2015
42. Dementia, Delirium and Depression, Extended Care Program Nurse Practitioner Program. July 2015
43. Geriatric Assessment, House Staff Lecture Series, Cedars-Sinai Health System. October 2015

44. Dementia and Delirium, House Staff Lecture Series, Cedars-Sinai Health System. October 2016, October 2017
45. Safe Medication Transitions in Frailty Patients. Paper Presentation. IAGG World Congress July 2017. San Francisco, CA.
46. Successful strategies for caring for a Medicare Advantage Population: Total Care Management (TCM) at Cedars-Sinai. UCSD DOM Grand Rounds, September 5, 2018. San Diego, CA.
47. The Care Extender Program for a Medicare Advantage Population: Strategies for a Medicare Advantage Population. Keynote speaker, National Readmission Prevention Collaborative. September 27, 2018. Oakland, CA.
48. Geriatric Medicine & Geriatric Models of Care. Grand Rounds, Cedars-Sinai Department of Medicine, Harvey Morse Auditorium, March 1, 2019. Los Angeles, CA.
49. Drugs and Aging, CME lecture. Providence Holy Cross Medical Center. Los Angeles, CA. June 7, 2019.
50. Implementing a Geriatric Fracture Program within a complex environment. British Society of Gerontology (BSG) Annual Meeting, University of Liverpool. Symposium Podium Presentation. July 11, 2019. Liverpool, UK
51. Leveraging Exercise to Age in Place (LEAP): Engaging Older Adults in CommunityBased Exercise to Combat Social Isolation. British Society of Gerontology (BSG) Annual Meeting, University of Liverpool. Podium Presentation. July 11, 2019. Liverpool, UK
52. Falls and Fall Prevention; Good Samaritan Hospital, Los Angeles, CA. CME Lecture. September 25, 2019
53. Comprehensive Geriatric Assessment. Keynote speaker for Emanate Health InterCommunity Hospital symposia. East San Gabriel Valley, CA. October 12, 2019.
54. AARP Foundation Financial Resilience Poverty Solutions Forum. AV Irvine, Irvine. CA. Invited Speaker / Panelist. October 23, 2019.
55. Implementing a Geriatric Fracture Program within a complex environment. Gerontological Society of American (GSA) 71st Annual Scientific Meeting. Podium Presentation. November 16, 2019. Austin, Texas.
56. Leveraging Exercise to Age in Place (LEAP): Engaging Older Adults in CommunityBased Exercise to Combat Social Isolation, Focus Group findings. Gerontological Society of American (GSA) 71st Annual Scientific Meeting. Podium Presentation. November 16, 2019. Austin, Texas.
57. Safe transitions of care. Using a Family Approach to Patient Centered Aging Care. Torrance Memorial Hospital. Torrance, CA. CME Lecture. January 8, 2020.
58. From the Clinic to the Community: How Cedars-Sinai Geriatrics, Partners in Care Foundation, and the AARP Foundation partnered and used a Community Health Coach

Embedded in a Health Care System to facilitate enrollment of Older Adults in EvidenceBased Programming. National Council on Aging (NCOA) Age and Action National Conference, Symposium Presentation; June 2-4 2020. Dallas, Texas. (virtual)

59. Comprehensive Geriatric Assessment, Eisenhower Medical Center at the Annenberg Center Grand Rounds. July 2, 2020
60. Delirium in the Hospitalized Patient, Eisenhower Medical Center at the Annenberg Center Grand Rounds. October 1, 2020 (virtual).
61. Putting the 4Ms into Practice: Geriatric Fracture Program. Virtual Age-Friendly national webinar, AHA. July 15, 2020 (virtual).
62. Delirium in the Hospitalized Patient, Eisenhower Medical Center Grand Rounds. October 1, 2020 (virtual).
63. Delirium in the Hospitalized Patient, Natividad Medical Center. CME (virtual).
64. Drugs & Aging. CME Lecture, JFK Memorial Hospital, March 22, 2021. (virtual)
65. Comprehensive Geriatric Assessment & the 4Ms. Providence Little Company of Mary, CME Lecture, April 27, 2021 (virtual).
66. Models of Care for Medicare Advantage populations at Cedars-Sinai. Grand Rounds Advocate Aurora Health Grand Rounds, May 7, 2021 (virtual).
67. Implementing a Geriatric Fracture Program within a complex environment. American Geriatrics Society (AGS) Annual Scientific Meeting. Podium Presentation. May 15, 2021 (virtual)
68. Geriatric Polypharmacy, Dignity Health Glendale Memorial Hospital & Health Center. CME Lecture. June 28, 2021 (virtual)
69. Geriatric Polypharmacy, Community Memorial Hospital Grand Rounds, Ventura CA, CME Lecture August 3, 2021 (virtual).
70. Comprehensive Geriatric Assessment. Geriatric Grand Rounds, Guthrie Health, Pennsylvania March 25, 2022 (virtual).
71. Panel Moderator for National Academies of Science, Engineering & Medicine Workshop on Advancing Diagnostic Excellence for Older Adults, Beckman Center, Newport Beach, July 21, 2022.
72. What's new in Geriatrics? Comprehensive Geriatric Assessment & the 4Ms. Providence Little Company of Mary, CME Lecture, July 26, 2022 (virtual).
73. Comprehensive Geriatric Assessment, Mountains Community Hospital Lake Arrowhead Annual Staff Meeting, October 8, 2022.

74. Geriatric Syndromes & Geriatric Assessment, Glendale Memorial Hospital and Health Center, CME Lecture, November 28, 2022.
75. What's new in geriatrics? Grand Rounds, Annenberg Center for Health Sciences, Eisenhower Medical Center, December 1, 2022.
76. Addressing The 5Ms Of Osteoporosis Management Symposium (Panelist). American Geriatrics Society Annual Scientific Meeting, Long Beach, CA, May 5, 2023.
77. Comprehensive Geriatric Assessment. Adventist Health Glendale CME, Glendale, CA. August 23, 2023.
78. Best Practices in Geriatric Fracture Care - Beyond Owning the Bone (Panelist). Orthopaedic Trauma Association (OTA) Annual Meeting, October 2023, Seattle, WA.
79. Preventive Geriatrics. Glendale Memorial Hospital CME Lecture, October 16, 2023.
80. Comprehensive Geriatric Assessment, Primary Care Didactic Series, Cedars-Sinai. November 10, 2023.
81. An Overview of the Age-Friendly Health Systems Movement: The 4 M's Framework. Evidenced Based Care for Older Adults. Grand Rounds, Cedars-Sinai Department of Medicine, Harvey Morse Auditorium, December 1, 2023. Los Angeles, CA.
82. Quality as Advocacy in Action: Demonstrating the Value of Geriatrics Symposium (Moderator), AGS May 2024 (Virtual).
83. Delirium: Identification and Management. CME Lecture. West Anaheim Medical Center. May 24, 2024.
84. Delirium and Atypical Presentation of Disease, noon conference: Cedars-Sinai July 23 , 2024
85. Delirium and Atypical Presentation of Disease, UCLA-VA Geriatric Fellowship lecture series, visiting speaker. October 2, 2024.
86. Comprehensive Geriatric Assessment, Primary Care Didactic Series, Cedars-Sinai. November 11, 2024.
87. Unique Strategies at Cedars-Sinai to Screen for and Address Social Determinants of Health in Older Adults, Poster Presentation, Gerontological Society of America, Poster Presentation, November 14, 2024, Seattle, WA.

## **TEACHING ACTIVITIES**

### **Clinical Teaching:**

July 2024 – present	Attending physician, Clinical Preceptor and Site Leader for UCLA Geriatric Fellowship elective rotation at Cedars-Sinai
May 2015-present	CSMC Inpatient Teaching Attending Physician, teaching CS IM Residents and UCLA medical students, 160 – 200 hours per year.
May 2015 - present	Clinical Preceptor, Primary Care Residency, CSMC
June 2018 - present	Education Coordinator, Geriatric Medicine rotation (ACGME), Cedars Sinai Internal Medicine Residency
June 2018 -present	Attending Physician, Clinical Preceptor, Geriatrics Clinical rotation, CSMC IM Residency
June 2018 – present	Clinical Preceptor, CMSC Ambulatory Internal Medicine rotation, UCLA David Geffen School of Medicine medical students
2005 - 2015	Geriatric Inpatient Service at UCLA Medical Center, SM -Attending
2005 - 2015	Inpatient Geriatric Consult Service at CHS/ Ronald Reagan - Attending Physician
2005-2015	Clinical Skills Preceptor, Geriatric Clinical Skills workshop, January each year for medical students, UCLA David Geffen School of Medicine
2008 - 2014	Palliative Care Inpatient Service at UCLA Medical Center, SM

## BIBLIOGRAPHY

### RESEARCH PAPERS

#### RESEARCH PAPERS (PEER REVIEWED)

##### A. RESEARCH PAPERS – (PUBLISHED)

1. Reuben DB, **Talvi SLA (maiden name)**, Rowe JW, Seeman TE. High Urinary Catecholamine Excretion Predicts Mortality and Functional Decline in High-Functioning Community Dwelling Older persons: MacArthur Studies of Successful Aging. *Journals of Gerontology: A Biol Sci Med Sci* 2000, 55: M618M624.
2. Cumbler E, Guerrasio J, Youngwerth J, Zerzan J, **Rosen S**, Wald H. University of Colorado Denver and University of California Los Angeles. Competency-Based

Test of Inpatient Geriatric Management Skills for Residents and Medical Students. Online article submitted 11/16/2009 to *POGOe*; Epub 2010. Product number 20596. KM session number 21459.

3. Cumbler E, Guerrasio J, Youngwerth J, Zerzan J, **Rosen S**, Brandenburg S, Aagaard E, Wald H. Competency-Based Test of Inpatient Geriatric Management for Residents and Medical Students. *MedEdPORTAL* 2012. Available from: [www.mededportal.org/publication/9180](http://www.mededportal.org/publication/9180).
4. Tisnado D, Moore A, Levin J, **Rosen S**. Developing and Testing a Decision Aid for Use by Providers in Making Mammography Screening Recommendations to Older Women. *Journal of Applied Gerontology* December 11, 2012.
5. Grace Ingan Chen, M.D.; Maija Sanna, MD; Karina Ramirez; Maya Arnaout; **Sonja L Rosen, MD**; David B Reuben, MD" "Contribution of Non-Medical Reasons to Readmissions on an Inpatient Geriatrics Service" Proceedings of UCLA Healthcare Proceedings of UCLA Health Care. Volume 21 (2017)
6. Mays, A; Kim, S; Rosales K; Au T; **Rosen, S**. The Leveraging Exercise to Age in Place (LEAP) Study: Engaging Older Adults in Community-Based Exercise Classes to Impact Loneliness and Social Isolation. *The American Journal of Geriatric Psychiatry*. October 16, 2020. DOI: <http://doi.org/10.1016/j.jagp.2020.10.006>
7. Lin C; **Rosen S**; Breda K; Tashman, N, Black J; Lee J; Chiang A; Rosen B. Implementing a Geriatric Fracture Program in a Mixed Practice Environment Reduces Total Cost and Length of Stay. *Geriatric Orthopaedic Surgery & Rehabilitation* Published, February 23, 2021. Volume 11: 1-7 DOI: 10.1177/2151459320987701 <https://doi.org/10.1177/2151459320987701>
8. Pevnick JM, Keller MS, Kennelty KA, Nuckols TK, Ko M, Amer K, Anderson L, Armbruster C, Conti N, Fanikos J, Guan JF, Knight E, Leang DW, LlamasSandoval R, Matta L, Moriarty D, Murry LT, Muske AM, Nguyen AT, Phung E, Rosen O, **Rosen SL**, Salandanan A, Shane R, Schnipper JL. The Pharmacist Discharge Care (PHARM-DC) Study: A Multicenter RCT of Pharmacist-Directed Transitional Care to Reduce Post-Hospitalization Utilization. Accepted for publication, *Contemporary Clinical Trials*. DOI: [10.1016/j.cct.2021.106419](https://doi.org/10.1016/j.cct.2021.106419)
9. Keller, M, Breda K, Lin C, Gotanda H, **Rosen S**. Geriatric Fracture Program Centering Age-Friendly Care Associated with Lower Length of Stay and Lower Direct Costs. *Health Services Research Special Issue: Age-Friendly Health Systems*, September 2022.

B. RESEARCH PAPERS – Peer-Reviewed (In Press)

C. RESEARCH PAPERS - Submitted

**CHAPTERS**

CHAPTERS (PUBLISHED)

1. Reuben DB, **Rosen S.**, Schickendanz H. Principles of Geriatric Assessment. *Hazzard's Principles of Geriatric Medicine and Gerontology*, 7<sup>th</sup> Edition. McGraw Hill 2017.
2. Reuben DB, **Rosen S.** Principles of Geriatric Assessment. *Hazzard's Principles of Geriatric Medicine and Gerontology*, 6<sup>th</sup> Edition. McGraw Hill 2009.
3. Garcia, M. **Rosen S**, Koretz B, Reuben DB. Chapter 25: Presentation of Disease in Old Age. *Brocklehurst's Textbook of Geriatrics and Clinical Gerontology*, 8<sup>th</sup> edition. Elsevier Health Sciences 2016.
4. **Rosen S**, Koretz B, Reuben DB. Chapter 25: Presentation of Disease in Old Age. *Brocklehurst's Textbook of Geriatrics and Clinical Gerontology*, 7<sup>th</sup> edition. Elsevier Health Sciences 2010.
5. **Rosen S**, Mariano J. Geriatric Principles for the AMA Geriatric Care by Design e-book 2011.
6. **Rosen S (Editor)**, Chen G. Geriatric Principles for the AMA Geriatric Care by Design ebook 2015
7. **Rosen S**, Whiteman E, Mays A. Wellness In Older Individuals. The Handbook of Wellness Medicine, Cambridge University Press. October 2020.
8. **Rosen S.** Geriatric Assessment. In: Harper GM, Lyons WL, Potter JF, et al, eds. Geriatrics Review Syllabus: A Core Curriculum in Geriatric Medicine, 11th ed. New York, NY: American Geriatrics Society; January 2022.
9. **Rosen S (Author)**. Mays A. Social Determinants of Health. Geriatric Medicine: A Person Centered Evidence-Based Approach, 5<sup>th</sup> edition. Springer 2023.
10. **Rosen S (Author)**. Comprehensive Geriatric Assessment. Geriatric Medicine: A Person Centered Evidence-Based Approach, 5<sup>th</sup> edition. Springer 2023.

CHAPTERS (SUBMITTED)



## CHAPTERS (IN PREPARATION)

### BOOKS

1. **Rosen S (Editor)** Geriatric Medicine: A Person-Centered Evidence-Based Approach, 5<sup>th</sup> edition. Springer 2023.

### LETTERS TO THE EDITOR

1. **Rosen S.** Overprescribed seniors get too little follow-up. Washington Post. August 21, 2016.

### REVIEWS

1. **Rosen S**, Weintraub N. The efficacy of performing screening mammograms in the frail elderly population. Journal of the American Medical Directors' Association. 2006 May; 7(4):230-3.
2. **Rosen S.** Delirium in the Elderly. A case report. Proceedings of UCLA Healthcare 2006, Vol 10.
3. **Rosen SL**, Reuben DB. Geriatric Assessment. Mt Sinai J Med. 2011 JulAug;78(4):489-97. doi: 10.1002/msj.20277.
4. Tran, HP, **Rosen S.** Renal Cysts in Geriatric Outpatient Primary Care" Proceedings of UCLA Healthcare 2016, Vol. 20.
5. McGalliard B, Shane R, **Rosen S.** A pill organizing plight [Spotlight]. AHRQ WebM&M [serial online]. September 2016.

### EDITORIALS

1. **Rosen S.** What Is A Geriatrician? *Santa Monica Mirror*. January 2006
2. **Rosen S.** "Vaccines: Your Best Shot for Good Health at 65-Plus." *Santa Monica Mirror*. April 2009
6. **Rosen S.** All About Aging: Q & A on the H1N1 Virus." *Santa Monica Mirror*. September 2009.
7. **Rosen S.** All About Aging: "My new year's resolutions." *Santa Monica Mirror*.

January 2010.

8. **Rosen S.** All About Aging: “Heart Health.” *Santa Monica Mirror*. February 2010.
9. **Rosen S.** All About Aging: “National Women’s Health Week.” *Santa Monica Mirror*. May 2010.
10. **Rosen S.** All About Aging: “What vaccines you need.” *Santa Monica Mirror*. August 2010.
11. **Rosen S.** All About Aging: “Screening for Breast Cancer.” *Santa Monica Mirror*. October 2010.
12. **Rosen S.** All About Aging: “For Men and the Women who love them.” *Santa Monica Mirror*. June 2011.
13. **Rosen S.** All About Aging: “Vaccines: Which one do seniors need?” *Santa Monica Mirror*. August 2011.
14. **Rosen S.** All About Aging: “Dispelling Breast Cancer Myths.” *Santa Monica Mirror*. October 2011.
15. **Rosen S.** Ten Tips for a Healthier New Year. *Santa Monica Mirror*. January 2012.
16. **Rosen S.** All About Aging: Vaccines: Which Ones Do Seniors Need? *Santa Monica Mirror*. September 2012.
17. **Rosen S.** All About Aging: “My new year’s resolutions.” *Santa Monica Mirror*. January 2013.
18. **Rosen S.** All About Aging: “Healthy Aging for Men.” *Santa Monica Mirror*. June 2013.
19. **Rosen S.** All About Aging. “Dispelling Mammogram Myths this Mother’s Day weekend.” May 2014.

## **ABSTRACTS**

1. Sarkisian CA, Mangione CM, Brown AF, **Rosen SL**, Prohaska TR. What do Octogenarians Believe about Physical Activity? Presented at Beeson National Meeting in Sanibel Island, FL. June 2006.
2. Jennings L, Tran HP, **Rosen S**, Koretz B, UCLA Geriatrics Performance Geriatrics Unit  
[Poster]. Presented at UCLA Department of Medicine (DOM) Excellence Team. Improving the

Hospital Discharge Process. UCLA Research Day. October 2012.

3. **Rosen, S.**, Bailey, D. Geriatric Pharmacy Pilot's Effect on Reducing 30-Day Readmission Rates on a Geriatric Special Care Unit. Presented at UCLA Department of Medicine (DOM) Research Day. July 2014.
4. **Rosen S.**, Bailey D, Kamiya E, Watkins P, Zalba D, Madamba J, Ramirez K, Koretz B, Reuben DB. Geriatric Pharmacy Pilot's Effect on Reducing 30-Day Readmission Rates on a Geriatric Special Care Unit. AJMQ 2014 UHC supplement. Vol. 30. Podium Presentation. UHC Annual Meeting, Las Vegas, Nevada. October 2014.
5. **Rosen S.**, Bailey D, Kamiya E, Watkins P, Zalba D, Madamba J, Ramirez K, Koretz B, Reuben DB. Geriatric Pharmacy Pilot's Effect on Reducing 30-Day Readmission Rates on a Geriatric Special Care Unit. AGS 2015.
6. **Rosen S**, Ansryan L, Rosen B, Hart K, Bolton LB, Aronow H. Path To Wellness: From Demonstration Project to Operational Program. AGS Annual Scientific Meeting May 2017.
7. **Rosen S**, Ansryan L, Rosen B, Hart K, Bolton LB, Aronow H. Path To Wellness: From Demonstration Project to Operational Program. Submitted for Poster Presentation. IAGG World Congress 2017.
8. McGalliard, B, **Rosen S.**, Duong Luong D, Shane R. Safe Medication Transitions in Frailty Patients. AGS Annual Scientific Meeting, May 2017.
9. McGalliard, B, **Rosen S.**, Duong Luong D, Shane R. Safe Medication Transitions in Frailty Patients.. IAGG World Congress July 2017.
10. Amer KA; Duong Luong D; **Rosen S**; Shane R; Tantipinichwong N. Pharmacist Discharge Counseling and Reconciliation (PharmDCoRe). AGS Annual Scientific Meeting, May 2017.
11. Tantipinichwong N.; Azizian K.; Halbert R.; **Rosen S.**, MD; Tsai J.; Mashburn R. Impact on 30-Day Hospital Readmissions of Post-Discharge Medication Reconciliation in a Medicare Advantage Patient Population. Paper Presentation. AGS Annual Scientific Meeting, May 2017.
12. Tam Au; Mays A, MD; Saliba, D, MD; Rosales, Katrina; **Rosen, S, MD.** Leveraging Exercise to Age in Place (L.E.A.P): Engaging Older Adults in Community Based Exercise to Combat Social Isolation. Presented at UCLA Department of Medicine (DOM) Research Day. July 2018.
13. Tam Au; Mays A, MD; Saliba, D, MD; Rosales, Katrina; **Rosen, S, MD.**

Leveraging Exercise to Age in Place (L.E.A.P): Engaging Older Adults in Community Based Exercise to Combat Social Isolation. Presidential Poster session; AGS Annual Scientific Meeting, May 2019.

14. Mays A, MD; **Rosen S, MD**; Rosales, Katrina. Leveraging Exercise to Age in Place (LEAP): The Impact of Community-Based Exercise Programming on Social Isolation in Older Adults. AGS Annual Scientific Meeting, May 2019.
15. Rao, Hindu PharmD; Tantipinichwing N PharmD; Azizian K PharmD; Mashburn PharmD; **Rosen, S MD**. Pharmacist-led post discharge medication reconciliation from emergency department for Medicare Advantage patients. AGS Annual Scientific Meeting, May 2019.
16. Breda K, NP; **Rosen S, MD**; Lin, Carol MD; Black, J; Lee, J MD; Chiang A, MD; Rosen B; Vrahas M. Implementing a Geriatric Fracture Program within a Complex Environment. Presidential Poster session; AGS Annual Scientific Meeting, May 2019.
17. **Rosen S, MD**; Breda K, NP; Lin, Carol MD; Black, J; Lee, J MD; Chiang A, MD; Rosen B; Vrahas M. Implementing a Geriatric Fracture Program within a Complex Environment. Symposium Podium Presentation. British Society of Gerontology (BSG) Annual Meeting, University of Liverpool. Symposium Podium Presentation. July 11, 2019. Liverpool, UK
18. **Rosen S, MD**, Mays A, MD; Tam Au; Rosales, Katrina; Saliba, D, MD; Leveraging Exercise to Age in Place (LEAP): Engaging Older Adults in Community-Based Exercise to Combat Social Isolation. British Society of Gerontology (BSG) Annual Meeting, University of Liverpool. Podium Presentation. July 11, 2019. Liverpool, UK
19. **Rosen S, MD**; Breda K, NP; Lin, Carol MD; Black, J; Lee, J MD; Chiang A, MD; Rosen B; Vrahas M. Implementing a Geriatric Fracture Program within a Complex Environment. Gerontological Society of American (GSA) 71st Annual Scientific Meeting. Podium Presentation. November 16, 2019. Austin, Texas.
20. Elhajmoussa, Lekaa MSG; **Rosen S, MD**; Rosales, Katrina MSG; Mays A, MD; Perspectives of Older Adult Stakeholders on the Impact of Community-Based Exercise. Gerontological Society of American (GSA) 71st Annual Scientific Meeting. Podium Presentation. November 16, 2019. Austin, Texas.
21. Breda K, NP; **Rosen S, MD**; Lin, Carol MD; Lee, J MD; Chiang A, MD; Rosen B; Vrahas M. Implementing a Geriatric Fracture Program within a Complex Environment, first year pilot results. Presidential Poster session; AGS Annual Scientific Meeting, May 2020 (accepted, but meeting cancelled due to C19).

22. Mays A, MD; **Rosen S, MD**. From the Clinic to the Community: How CedarsSinai Geriatrics, Partners in Care Foundation, and the AARP Foundation partnered and used a Community Health Coach Embedded in a Health Care System to facilitate enrollment of Older Adults in Evidence-Based Programming. National Council on Aging (NCOA) Age and Action National (now Virtual) Conference, Symposium Presentation; June 2-4 2020. Dallas, Texas.
23. Kathy Breda NP, Carol Lin MD, **Sonja Rosen MD**. Cedars-Sinai Geriatric Fracture Program (GFP) Improves Patient Outcomes. AGS Annual Scientific Meeting, Poster Presentation: May 12-14, 2022, Orlando, FL.
24. **Sonja Rosen MD**, Michelle Keller MD. Promoting Bone Health and Fall Prevention Ambulatory Follow-up in the Geriatric Fracture Program. AGS Annual Scientific Meeting, Presidential Poster Presentation: May 12-14, 2022, Orlando, FL.
25. Allison Mays, MD, MAS ,**Sonja Rosen MD**. Impact of Transitioning to Virtual Falls-Prevention Evidence Based Programs in Community-dwelling Older Adults. Presidential Poster, American Geriatrics Society Annual Scientific Meeting, May 5, 2023, Long Beach, CA.
26. Pevnick J, Kennelty K, Amer K, Armbruster C, Berdahl CT, Conti N, Corrado M, Fanikos J, Guan J, Henreid A, Keller M, Ko M, Leang D, Llamas-Sandoval R, Mai E, Malkasian Y, Matta L, Migeed S, Moriarty D, Murry L, Muske A, Nguyen A, Nuckols TK, Oche O, O'Neil K, Ortiz A, Phung E, Rosen O, **Rosen S**, Shane R, Smith M, Smith W, Thao L, Wisniewski JR, Wu S, Xiao YT, Schnipper JL. The Pharmacist Discharge Care (PHARM-DC) Study: A Two-Site Randomized Controlled Trial of Pharmacist-Directed Transitional Care to Reduce Post-Hospitalization Utilization. Accepted Oral Abstract, Society of General Internal Medicine Annual Meeting, May 2024, Boston, MA.
27. **Sonja Rosen, MD**, Katie Hren, et al: Poster: Unique strategies at Cedars-Sinai to screen and address social determinants of health in older adults. Poster: Gerontological Society of America Annual Scientific Meeting, November 14, 2024. Seattle, WA.
28. Nicha Tantipinichwong PharmD, Dina Mustafa PharmD, Irina Avidon PharmD, **Sonja Rosen, MD**, Michelle Keller, PhD Optimizing Polypharmacy Care: Insights from Pharmacists Informing a Population Health Dashboard. Poster: Gerontological Society of America Annual Scientific Meeting, November 14, 2024. Seattle, WA

29. Allison Mays, MD, **Sonja Rosen MD** et al. Health System Adoption of Community-Based Exercise for Older Adults to Address Loneliness and Social Isolation. Symposia: Gerontological Society of America Annual Scientific Meeting, November 14, 2024. Seattle, WA