

# SIAMAK NABILI, M.D., MPH

## PROFESSIONAL EXPERIENCES

### Attending Hospitalist Physician

*Optum Care Orange County (formerly OCHP), Irvine, CA*

*Jan 2005 – Aug 2024*

- - Practiced as full time hospitalist in prominent community hospitals in Orange County, CA including Mission Regional and Saddleback Memorial
- - Provided comprehensive and compassionate medical care of patients as attending physician or consulting physician capacity including care in the emergency room, medical ward, cardiac ward, open ICU, and post-operative unit
- - Managed acute and at times life-threatening medical conditions from admission to discharge in collaboration with other physician consultants and other disciplines
- - Promoted patient centered care and patient advocacy with extensive of goals of care discussions, family meetings, and advance care planning
- - Advocated health equality for all patient demographics and payor types
- - Participated in daily rounds with both hospital and insurance case management teams and medical directors which included care coordination, utilization management, clinical guideline discussions, safe discharge planning, and Milliman care guidelines
- - Extensive experience in Risk Adjustment Coding (RAC) and Hierarchical Condition Category (HCC) documentation
- - Proficient in Epic and Meditech EMR systems
- - Engaged actively in monthly team educational physician forum

### Hospice Medical Director

*Hospice of Laughlin, Laughlin, NV*

*Nov 2022 – Present*

- - Provide medical consultation in management of hospice patients
- - Determine hospice eligibility and hospice recertification with CTI (certification of terminal illness) documentation
- - Conduct twice monthly Interdisciplinary Team meetings in collaboration with the team of nurse case managers, social workers, spiritual counselors, and volunteer services providing medical oversight

## **Outpatient Internal Medicine Physician**

*Celebrating Life Community Health Center, Mission Viejo, CA*

*Jun 2023 –*

- - Practice as primary care and internal medicine provider in Federally Qualified Health Center on part-time basis
- - Provide care for new, returning and post hospital discharge patients
- - Manage on an average 3-4 patients per hour
- - Involved in Quality Improvement measures and documentation
- - Participate in active education of nurse practitioners, physician assistants, and medical assistants
- - Proficient in Allscript EMR system
- - Engage in strategic planning with CEO on program expansion, referral optimization, and provider feedback

## **Hospice Associate Medical Director**

*Hospice Compassus (formerly Hospice Care of California), Anaheim, CA*

*2011 – 2023*

- - Assisted medical director in clinical duties and services including medical management, educational sessions, and assurance of adherence to best practices
- - Provided medical oversight in management of up to 60 patients per hospice team
- - Made determination for hospice eligibility and hospice recertification including proper CTI (certification of terminal illness) documentation
- - Managed end stage and terminal hospice patients in various clinical settings including home, nursing homes, and crisis care
- - Performed face-to-face patient visits for recertification and for medical issues needing physician visit including those in patient home, nursing homes or hospital
- - Conducted twice monthly Interdisciplinary Team meetings in collaboration with the team of nurse case managers, social workers, spiritual counselors, and volunteer services providing medical oversight
- - Participated in quarterly medical director and Quality Assurance meetings
- - Provided insight in expansion planning of the program
- - Engaged in Medicare appeals process, providing chart review and expert opinion, up to and including presenting cases before Administrative Law Judge (ALJ)

## **Palliative Care Medical Director**

*AppleCare Palliative Care, Los Angeles, CA*

*2018 – 2023*

- - Acted as sitting medical director in launching the palliative care program with Hospice Compassus providing services to AppleCare members, one of the major health plans in Los Angeles county
- - Participated in payor source contract negotiations with AppleCare and expanding our program to other entities such as Blue Shield of California
- - Consulted in strategic planning of the program with conjunction with program executive director
- - Oversaw the growth of the program to its maximum potential of 120-140 patients
- - Supervised up to four nurse practitioners who made house visits to members, ensuring high-quality patient care, providing education, and exercising best practice guidelines
- - Provided support and medical consultation support for nurse practitioners and nurses
- - Conducted monthly to bi-monthly Interdisciplinary Team meetings as medical director with NPs, social workers, executive director to review patient care and make recommendations

## **MEDICAL REVIEW EXPERIENCES**

### **Medical Consultant, Medical Board of California**

- - Medical Expert Reviewer for Internal Medicine and Palliative Care Medicine for the Medical Board of California
- - Conducted independent peer reviews for Medical Board cases to assess the standard of care
- - Adhered to the comprehensive guidelines of the Medical Board's medical and legal reporting formats

### **Medical Case Review Committee, Saddleback Memorial Hospital**

- - Conducted independent peer reviews of complex cases, addressing standard of care, timeliness, level of care, complications, documentation, and communication.
- - Provided objective assessments and recommendations to the committee during formal peer reviews.
- - As vice chairman, participated in quick reviews of hospital cases during group meetings.
- - Contributed to the group's final determinations regarding quality of care with objectivity and collaborative decision-making

### **Vice Chairman, Dept. of Internal Medicine, South Coast Medical Center**

- -Reviewed hospital cases for standard of care criteria, timeliness of admissions and consults, level of care determination, and physician documentation
- - Assisted and provided input for the department of medicine and the hospital in process improvement opportunities
- - Provided input in the peer review process

### **PREVIOUS WORK EXPERIENCES**

#### **Associate Medical Director**

*Hospice Care of the West, Foothill Ranch, CA*

*2008 – 2012*

#### **Associate Physician**

*The Skin Center at Laguna, Laguna Hills, CA*

*2006 – 2011*

#### **Urgent Care Physician**

*Hoag Family Care Center, Irvine, CA*

*2006 – 2007*

#### **Attending Hospitalist**

*St. Luke's Hospital, San Francisco, CA*

*2004 – 2005*

#### **Urgent Care Physician**

*Kaiser Permanente, Oakland, CA*

*2004 – 2005*

### **ENTREPRENEURIAL EXPERIENCES**

## **Founder & President**

*Siamak Nabili MD, Inc., Dana Point, CA*

*2005 – Present*

- - Established and manage a professional medical corporation providing internal medicine, hospice and palliative care, and medical publication services
- - Oversee all business operations including medical billing, accounting, payer contracting, and regulatory compliance
- - Coordinate support services across multiple healthcare organizations and consulting roles

## **Associate Medical Director**

*The Skin and Wellness Center*

*2017 – 2021*

- - Played a key leadership role in expanding the practice from dermatology to a multidisciplinary center
- - Integrated internal medicine, longevity-focused care, weight loss and nutrition, acupuncture, physical therapy, and massage therapy into clinical services

## **Board Member**

*American Safe Sight Foundation, Laguna Hills, CA*

*2015 – Present*

- - Spearheaded fundraising events to support foundation initiatives
- - Assisted in developing and implementing the organizational goals of safe clinical protocols for office-based eye care

## **LEADERSHIP EXPERIENCE**

### **Palliative Care Medical Director**

- - Instrumental in launching the palliative care program with Hospice Compassus, including participating in payor source contract negotiations
- - Expanded the program to its potential of 120-140 patients

- - Supervised up to four nurse practitioners, ensuring high-quality patient care, providing education, and contributing to program growth

## PROFESSIONAL APPOINTMENTS

- - Non-Profit Organization Board Member, American Safe Sight Foundation, Laguna Hills, CA (2015 – Present)
- - Medical Consultant, Medical Board of California, Sacramento, CA (2011 – 2018)
- - Medical Expert Reviewer, Medical Board of California, Sacramento, CA (2010 – 2018)
- - Medical Case Review Committee, Saddleback Memorial Hospital, Laguna Hills, CA (2010 – 2021)
- - Vice Chairman, Dept. of Internal Medicine, South Coast Medical Center, Laguna Beach, CA (2008 – 2009)

## LICENSES AND CERTIFICATES

- - California Medical License # A83984 (2002 – present)
- - Nevada Medical License # 16300 (2015 – present)
- - DEA License # BN8529262 (2004 – present)
- - NPI # 1407892490
- - Northwestern University online basic acupuncture training with certificate of completion (2014)

## BOARD CERTIFICATIONS

- - American Board of Internal Medicine – Hospice and Palliative Medicine (2010 and recertified)
- - American Board of Internal Medicine – Internal Medicine (2004 and recertified)

## HOSPITAL AFFILIATIONS

- - Mission Hospital, Laguna Beach, CA (2005 – Present)
- - Mission Regional Hospital, Mission Viejo, CA (2005 – Present)
- - Saddleback Memorial Medical Center, Laguna Hills, CA (2005 – Present)

- - Saddleback Memorial Medical Center, San Clemente, CA (2005 – 2016)

## ACADEMIC APPOINTMENTS

- - Chief Editor, Palliative Care, Medscape Online and App (2024 – Present)
- - Assistant Clinical Professor, Internal Medicine, UC Irvine School of Medicine (2009 – 2012)
- - Medical Author, WebMD – Internal Medicine Division (2008 – 2018)
- - Beta Tester, Updates in Hospice and Palliative Medicine, ABIM (2013 – 2018)

## EDUCATION

### Doctor of Medicine

*St. George's University School of Medicine, Grenada, West Indies*

*1997 – 2001*

### Master of Public Health

*University of California, Los Angeles – School of Public Health, Los Angeles, CA*

*1993 – 1995*

### Bachelor of Arts, Chemistry and Biochemistry Major

*University of California, San Diego, La Jolla, CA*

*1989 – 1992*

### Undergraduate Studies

*Orange Coast College, Costa Mesa, CA*

*1987 – 1989*

## POSTGRADUATE TRAINING

### Internal Medicine Residency

*Alameda County Medical Center – Highland Hospital (Affiliated with UCSF), Oakland, CA*

*2001 – 2004*

## SCIENTIFIC PUBLICATIONS

- - Alai N, Skinner H, Nabili S, et al. \*Notalgia paresthetica associated with cervical spinal stenosis and cervicothoracic disk disease at C4 through C7.\* *Cutis*. 2010;85(2):77–81.
- - Alai N, Ritter K, Nabili S, et al. \*Nitrous Oxide Administration.\* In: Habib T, James W, eds. *eMedicine: Clinical Procedures*. Boston: eMedicine Corporation, 2008.
- - Rowe RI, Bouzan C, Nabili S, Eckhert CD. \*The response of trout and zebrafish embryos to low and high boron concentrations is U-shaped.\* *Biol Trace Elem Res*. 1998;66(1-3):261–70.

## ACADEMIC RESEARCH

- - Prevention of Post-Operative Nausea and Vomiting in Abdominal Hysterectomy Patients – Dept. of Anesthesia, University of Texas School of Medicine, Houston (1996)
- - Scientific Guidelines for Environmental and Occupational Toxins – School of Public Health, UCLA (1994)

## WEB PUBLICATIONS

- - Chief Editor, Palliative Care, Medscape Online and App (2024 – Present)
- - Numerous articles as original author and main editor Medical Author and Editor, MedicineNet and eMedicine – WebMD Corp. (2008 – 2016)
- - Senior Medical Editor and Author, Ashena Magazine (2008 – 2010)
- - Web creator of hospice educational website: [hospicemedicinefoundation.org](http://hospicemedicinefoundation.org)



## PROFESSIONAL LECTURESHIPS & PRESENTATIONS

- - Billing and Coding Update for Hospitalists – Irvine, CA (2022)
- - Prognostication Tools in Hospice and Palliative Care Medicine – Los Angeles, CA (2021)
- - Evaluation and Treatment of Pain in Hospice Setting – Foothill Ranch, CA (2011)
- - Facial Rejuvenation: Review of Cosmetic Fillers – Laguna Hills, CA (2008)
- - Screening for Thyroid Disease in Primary Care Setting – Evidence-Based Conference, Alameda County Medical Center (2003)
- - Work-up of Acute Renal Failure and Indications for Urgent Hemodialysis – Emergency Medicine Grand Rounds, Alameda County Medical Center (2003)
- - Preoperative Risk Assessment and Medical Optimization of Surgical Patients – General Surgery Grand Rounds, Alameda County Medical Center (2003)

## HONORS

- - Recognition and Appreciation Award, Monarch Healthcare – 15 Years of Service (2020)
- - Compassion Award, Optum Care (2020)
- - Appreciation Award, American Safe Sight Foundation (2015)
- - Certificate of Appreciation, The Skin Care Conference (2008)
- - Founding Member, The Surgery Club – St. George's University (1998)
- - International Medical Student Honor Society, IEA (1997)
- - Dean's Honors List, St. George's University (1997)

## COMPUTER SKILLS

- - Fluent in Epic, Meditech and Allscript electronic medical records systems
- - Basic website design and development
- - Microsoft Word, Excel, and PowerPoint
- - Quickbooks accounting software
- - Artificial Intelligence tools and applications
- - PDF editing and management

## EXTRACURRICULAR ACTIVITIES AND HOBBIES

- - Sports Writer, Ashena Magazine (2006 – 2010)
- - Sports Talk Radio Guest (2006)
- - Volunteer, St. Joseph Hospital, Houston, TX (1996)
- - Varsity Soccer, University High School (1987)
- - Avid traveler and RVer

NOT YET RETAINED