

Dr. Shaida Moshrefi, D.C.
Chiropractor & Functional Medicine Specialist

Professional Summary

Experienced Doctor of Chiropractic with over 25 years of clinical practice, specializing in integrative care through chiropractic and functional medicine. Dedicated to identifying and addressing root causes of health issues using evidence-based diagnostics, nutritional therapy, and lifestyle medicine. Licensed in California and certified in multiple advanced specialties, offering both in-person chiropractic care and remote functional medicine consultations.

Areas of Expertise

- **Chiropractic Adjustments & Spinal Health**
- **Functional Medicine & Nutritional Therapy**
- **Hormonal and Endocrine Health**
- **Brain Chemistry & Neurotransmitter Balancing**
- **Functional Blood Chemistry Analysis**
- **Lifestyle Medicine & Preventive Care**
- **Chronic Condition Management**
- **Remote/Telehealth Patient Care**

Licensure & Certifications

- **California Licensed Chiropractor**
- **Radiology X-ray Supervisor and Operator – California**
- **Qualified Medical Examiner (currently inactive)**
- **National Registry of Certified Medical Examiners (DOT Physicals)**
- **Mastering Brain Chemistry**
- **Fundamentals of Functional Blood Chemistry**
- **Functional Endocrinology • Metagenics FirstLine Therapy® Certified Provider**

Professional Experience

Chiropractic Wellness Center — Riverside, CA
Chiropractor & Functional Medicine Provider

1999 – Present

- **Provide comprehensive chiropractic care for musculoskeletal conditions.**
 - **Offer functional medicine consultations addressing hormonal imbalances, metabolic dysfunction, and chronic fatigue.**
 - **Design customized wellness protocols integrating labs, nutrition, and lifestyle.**
 - **Conduct remote consults for patients seeking functional medicine interventions.**
 - **Manage clinic operations and oversee patient care plans and education.**
-

Education

Doctor of Chiropractic (D.C.)

[Cleveland Chiropractic College] – [1999]

Additional Training & Continuing Education

- **Extensive coursework in functional medicine**
-

Professional Affiliations

- **California Chiropractic Association**

Patient Care Format

- **In-person chiropractic care in Riverside, CA**
- **Remote functional medicine consultations available statewide**