

## Sayuj Paudel MD FACP

### GRADUATE MEDICAL EDUCATION

**DANBURY HOSPITAL**, Danbury, CT, USA; *Doctor of Medicine (MD)*

07/2009- 06/2012

- Completed three years of residency program in Internal Medicine
- Worked as a primary care doctor in Seifort and Ford clinic in Main Street, Danbury
- Graduated June 21,2012

**KATHMANDU UNIVERSITY**, Nepal; *Bachelor of Medicine and Bachelor of Surgery (MBBS)*

12/2001 - 08/2007

- Graduated in Sept. 2007 with overall aggregate 75.86 % as valedictorian
- Completed a one year community oriented rotatory internship after graduation
- Honors: Distinctions in physiology, biochemistry, pathology, pharmacology, community medicine, medicine, surgery, and Ob/Gyn.

### LICENSURE

- Active CA License # C162667
- Inactive Massachusetts, Connecticut, New Hampshire and Florida Licensure
- FCVS verified, ECFMG Certified, ACLS certified
- DEA Number FP3196309, NPI 1932330883

### MEMBERSHIP

- Fellow of American college of Physicians 7/2017
- Fellow of Society of Hospital Medicine 11/2024
- Active membership in American Academy of Hospice and Palliative care and American Medical Association.

### EXAMS

- United States Medical Licensing Exam Step Three Completed (209/87) 12/2008
- United States Medical Licensing Exam Step Two Clinical Skills Passed 08/2008
- United States Medical Licensing Exam Step Two Clinical Knowledge Completed (239/99) 6/2008
- United States Medical Licensing Exam Step One Completed (237/99) 02/2008

## CLINICAL/WORK EXPERIENCE

### ***Primary Care Physician,***

**El Camino Health** 16130 Juan Hernandez Drive, Morgan Hill, CA 95037

01/2025 – Now

- Working as full-time primary care physician managing Diabetes, Hypertension, Dyslipidemia, CAD, Obesity, CHF, CKD, annual physical examination including age-appropriate screening, Preoperative clearance, geriatric care and post-acute medical care
- Affiliated with El Camino Health system, Los Gatos and Mountain view, CA.  
Conducting annual wellness visit for Medicare patients and Transitional Visits for hospital follow-ups

### ***Medical Director,***

#### **Bridge Hospice Central Coast**

6 Quail Run Circle, Suite 103, Salinas, CA, 93907

04/2020 – Now

- Working as Medical Director for Bridge Hospice central coast
- Providing overall leadership and guidance for case managers for hospice care and follow up.
- Participation in biweekly IDG meetings, Teaching and learning for case managers and social workers

### ***Primary Care Physician,***

#### **Primary Care Associates of Hollister (Your Medical Group)**

591 McCray St, Suite 231, Hollister, CA, 95023

10/2019 – 11/2024

- Worked as full-time primary care physician managing Diabetes, Hypertension, Routine office visits, UTIs, Migraine, Pneumonia, COPD, CHF, complicated wounds
- Affiliated with Hazel Hawkins Hospital, District hospital of Hollister and worked for underserved population in the rural clinics- First Street clinic and Barragan Diabetes Center.

### ***Hospitalist,*** Hazel Hawkins Memorial Hospital

911 Sunset Drive, Hollister, CA, 95023

06/2020 – 01/2025

- Worked as Acute care physician for inpatients with management of acute stroke, acute coronary syndrome, CAP, acute UTIs, Sepsis, COPD exacerbation, Acute and chronic respiratory failure, CHF, Diabetic infections, peri and post-operative care, Alcohol withdrawal, Acute pancreatitis, COVID 19 patient's management

### ***Contact Tracing Clinician,*** Department of Public health

Santa Clara Valley Health and Hospital system

751 South Bascom Avenue, San Jose, CA, 95128

06/2020 – 02/2022

- Worked as per diem physician for Santa Clara county for medical management of patients affected with acute COVID-19 infections within the county.

### ***Hospitalist,*** Melrose Wakefield Healthcare (Formerly Hallmark Health)

Melrose-Wakefield Hospital, 585 Lebanon St, Melrose, MA, 02176, USA

Lawrence Memorial Hospital, 170 Governors Ave, Medford, MA, 02155, USA

07/2012 – 08/2019

- Worked as Acute care physician for inpatients with management of acute stroke, acute coronary syndrome, CAP, acute UTIs, Sepsis, COPD exacerbation, Acute and chronic respiratory failure, CHF, Diabetic infections, peri and post-operative care, Alcohol withdrawal, Acute pancreatitis, Syncope

- Committee member in IT committee, involved in PQRS reporting and quality metrics implementation
- Running ACLS code during CPR, worked in open ICU, Managed palliative care and end of life issues
- Involved in medical teaching- provided education to nurses and physician assistants, Worked as mentor for nurse practitioner externship rotations

**Hospitalist**, Beverly Hospital, Beverly, MA  
 Lahey Hospital and Medical Center, Burlington, MA  
 02/2014-08/2019

- Managed inpatient hospitalist works initially as a locum physician and later joined as part time staff.

**Medical Doctor**, Danbury Hospital 24 Hospital Ave Danbury, CT, 06810, USA  
 07/2009 – 06/2012

- Performing diagnostic procedures like lumbar puncture, paracentesis, Central Line Placement
- Completed a three years of internal medicine residency with subspecialty rotations.

**Primary Care Physician**, Jansewa Polyclinic and community Center, Kathmandu, Nepal  
 09/2007-06/2009

- Worked as primary care doctor in an suburban outpatient medical facility

**Intern**, Kathmandu Medical College and Teaching Hospital (KMCTH), Kathmandu, Nepal  
 09/ 2006 - 08/2007

- Worked in Internal Medicine, Surgery, Ob/Gyn, ENT, Orthopedics, Pediatrics and ER departments.

## **RESEARCH AND PUBLICATIONS**

- *Co – Investigator*, A retrospective review of Hodgkin Lymphoma at Danbury Hospital from 1989 - 2009
- *Poster*, Evaluation of Roche Coaguchek for monitoring PT/INR on finger stick blood samples in clinic patients: A Validation Study
- *Chief Investigator and First Author*, Microbiology in superficial abdominal surgical site infection in KMCTH. Published in the Souvenir by Society of Surgeons of Nepal in Nov 2006; pp. 78
- *Poster Presenter*, Treating the Curse of Elephant Man - Proteus Syndrome.

## **REFERENCES**

- Available upon request

## **AWARDS**

Chairman Dr.PN Pant Gold Medal, Prof DB Karki Gold Medal for Medicine, Prof LB Thapa Gold Medal for Surgery, Prof June Thapa Gold Medal for Ob/Gyn, Prof DS Manandhar Gold Medal for Pediatrics

## **PERSONAL**

- Proficient in EMR- EPIC, Soarian, Meditech, eClinicalWorks, Athena Health Nuance Dragon Dictation, Fluency align, Devoro, HospiceMD, Homecare Homebase.
- Nationality- Nepali; Married, US Citizen
- Fluent in English, Nepali and Hindi. Spanish Basic level learned.
- Affiliated with Nepal Medical Council (member no. 6838), Founder of Himalayan Health Foundation
- Hobbies include photography, travelling and cycling.