



## SARAH S. LOWENTHAL, M.D., CEDS-C

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May 2026

Board-certified physician specializing in eating disorders and co-occurring psychiatric and medical conditions. More than 20 years of clinical experience. Active clinical practice with specialty eating disorder clinic in the San Francisco Bay Area. Experience with inpatient hospitalization, residential treatment, and outpatient care. Retained as an expert in federal and state litigation.

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### EXPERT WITNESS EXPERIENCE

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#### **Independent Expert Witness and Consultant**

2018–Present

Retained as an expert consultant in state and federal litigation involving eating disorders, psychiatric comorbidity, severe malnutrition, medical necessity, standards of care, refeeding syndrome, residential treatment, and hospital care. Available for consultation in both plaintiff and defense matters. Retained in 26 matters and provided deposition testimony in 3 cases, including 2 depositions within the past 4 years.

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### PROFESSIONAL EXPERIENCE

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#### **Sarah Lowenthal, M.D., APC, Mill Valley, CA**

2019–Present

##### Owner

*Provide medical management of eating disorders in children, adolescents, and adults. Treat medical complications and co-occurring psychiatric conditions. Collaborate with multidisciplinary treatment teams. Assess medical necessity for higher levels of care.*

#### **Amrita Partial Hospitalization Program (PHP), San Rafael, CA**

2025–Present

##### Medical Director

*Provide leadership and oversight for medical clinicians and staff. Create policies and procedures.*

#### **Healthy Teen Project, San Francisco, CA**

2022–2023

##### Medical Provider

*Provided medical oversight for adolescent and young adult patients admitted to this partial hospitalization program.*

#### **Sunol Hills at Oakview, Lafayette, CA**

2019

##### Physician

*Provided medical oversight for care of adolescent and young adult patients at this residential eating disorder facility.*

- Cielo House, Moss Beach, CA** 2014–2015  
Medical Director  
*Provided medical oversight for care of adolescent and young adult patients at this residential eating disorder facility. Developed treatment protocol, oversaw nursing staff, developed criteria for escalation to higher levels of care.*
- One Medical, Greenbrae, CA** 2017–2018  
Physician  
*Provided eating disorder consultation for colleagues in primary care; supervised nurse practitioner care of complex eating disorder patients and provided primary care for an approximately 2,000-patient panel.*
- Prima Medical Group, Novato, CA** 2016–2017  
Physician  
*Provided specialized eating disorder treatment for adolescents and adults. Provided consultation for primary care colleagues and supervised NP care of complex eating disorder patients. Also provided primary care to an approximately 2,500-patient panel.*
- The Carlton Clinic for Eating Disorders, Mountain View, CA** 2014–2015  
Physician  
*Provided specialized eating disorder care for approximately 150 adolescents and adults, seeing 8-10 patients per day three days per week. Treated medical complications of malnutrition and undernourishment, managed medications, and admitted patients to higher levels of care.*
- Stanford University Health Alliance, Oakland, CA** 2007–2013  
Primary Care Physician  
*Provided primary care for an approximately 2,500-patient panel. Provided specialized eating disorder care for approximately 50 adult and adolescent eating disorder patients longitudinally over 5 years. Served as a consultant for other primary care physicians in the practice.*
- Marin Community Clinic, Larkspur, CA** 2007–2009  
Staff Physician  
*Established the clinic's first women's health and family planning clinic. Developed clinic protocols, trained medical staff, implemented the Medi-Cal Family PACT program. Served as the primary clinician during the program's infancy.*
- UCSF, Department of Family & Community Medicine, San Francisco, CA** 2007–2008  
Attending Physician  
*Served as attending physician for residents in the Family Health Center and Minor Procedure Clinic at San Francisco General Hospital.*
- Chicago Lakeshore Hospital, Chicago, IL** 2001  
Sub-intern in Psychiatry  
*Conducted intake and assessments on the inpatient adolescent psychiatry unit. Attended multidisciplinary treatment team rounds, assisted with medication management and attended group therapy sessions.*
- Department of Psychiatry, University of Chicago, Chicago, IL** 2001  
Sub-intern in Psychiatry  
*Sub-internship in psychiatry. Provided inpatient treatment of high-acuity adolescent patients with eating disorders. Managed medical complications and enteral feeding.*
- John Adams High School, Queens, New York City, NY** 1995–1997  
High-school science teacher (full time). *Taught biology, chemistry, nutrition, and human development.*

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## EDUCATION

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<b>University of Chicago, <i>Chicago, IL</i></b> <u>Doctor of Medicine</u>	1987–2001
<b>University of California, Santa Cruz, <i>Santa Cruz, CA</i></b> <u>B.A. Political Science</u>	1991–1995

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## POST-DOCTORAL TRAINING

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<b>University of California, San Francisco, <i>San Francisco, CA</i></b> <u>Resident in Family &amp; Community Medicine</u>	2004–2006
<b>Rush University, <i>Chicago, IL</i></b> <u>Intern in General Surgery</u>	2003–2004
<b>Research Fellowship, Rush, <i>Chicago, IL</i></b> <u>Clinical Investigator in Otolaryngology/Head and Neck Surgery</u>	2002–2003
<b>University of California, San Francisco, <i>Santa Rosa, CA</i></b> <u>Intern in Family Medicine</u>	2001–2002

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## LICENSURE AND CERTIFICATION

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<b>International Association of Eating Disorder Professionals</b> <u>Certified Eating Disorder Specialist and Consultant (CEDS-C)</u>	2019
<b>American Board of Family Medicine</b> <u>Diplomate</u>	2006–Present
<b>California Medical Board</b> <u>Medical License</u>	2002
<b>New York Medical Board</b> <u>Medical License</u>	2023

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## ACADEMIC APPOINTMENTS

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<b>UCSF Department of Family &amp; Community Medicine</b> <u>Attending Physician, Family Health Center</u>	2007–2008
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## INVITED LECTURES & GRAND ROUNDS

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1. Prevention, Identification, & Treatment of Eating Disorders in Middle School  
Kent Middle School 2025

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| 2. | Medical Complications of Eating Disorders<br><u>Tamalpais Pediatrics</u>   | 2024 |
| 3. | Gastrointestinal Issues in Eating Disorder Treatment<br><u>ConnectED</u>   | 2024 |
| 4. | Medical Issues in Eating Disorder Treatment<br><u>Kindful Body</u>   | 2023 |
| 5. | Eating Disorders: Identification and Early Warning Signs<br><u>Marin Country Day School</u>  | 2023 |
| 6. | Eating Disorders in Children and Adolescents: Prevention, Detection, and Early Intervention in Schools<br><u>Tam Union School District</u> | 2023 |
| 7. | The Recognition and Medical Management of Eating Disorders.<br><u>Grand Rounds, Community Hospital of the Monterey Peninsula</u>           | 2016 |
| 8. | Eating Disorders in Children & Adolescents<br><u>Kent School PTA</u>   | 2016 |
| 9. | Eating Disorders in Children and Adolescents: Prevention, Detection and Early Intervention<br><u>Marin County Board of Education</u>       | 2015 |

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### TEACHING AND CLINICAL SUPERVISION

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1. **County Training for Clinicians and Educators:**  
Department of Health and Human Services 2026–Present  
*Currently developing a county-wide eating disorder training program for school clinicians and educators.*
  
2. **Clinical Supervision:**  
Amrita, PHD 2026–Present  
*Clinical supervision of one nurse practitioner.*
  
  
International Association of Eating Disorder Professionals 2019–2023  
*Supervision of three medical doctors, and one dietitian to obtain a designation as Certified Eating Disorder Specialists (CEDs).*
  
3. **Post-Graduate Medical Teaching:**  
University of California, San Francisco (UCSF/SFGH), Department of Family Medicine 2006–2007  
*Chief Resident Supervision and Teaching Resident Grand Rounds Lectures*
  
4. **Teaching Leadership Roles:**

University of California San Francisco (UCSF/SFGH), Vasectomy Clinic 2006  
*Developed vasectomy training course and clinics for Family Medicine Residents.*

5. **Graduate Medical Teaching:**

University of Chicago, Pritzker School of Medicine  
Teaching Assistant, Humanism in Medicine Course 2000–2001  
Teaching Assistant, Human Anatomy 2000–2001

6. **Pre-Baccalaureate Teaching:**

HIV Educator, Planned Parenthood, Santa Cruz, CA 1993  
Teaching Assistant, Human Development 1990

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**PUBLICATIONS, POSTER PRESENTATIONS & REVIEWS**

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**PUBLICATIONS**

1. **Friedman M**, Ibrahim H, Lowenthal S, Ramakrishnan V, Joseph NJ. Uvulopalatoplasty (UP2): a modified technique for selected patients. *Laryngoscope*. 2004 Mar;114(3):441-9. Doi: 10.1097/00005537-200403000-00011. PMID: 15091216.

**POSTER PRESENTATIONS**

1. **Lowenthal, S**, Fritz, Nancy. Identification of Unmet Needs in a School-Based Health Center. Society of Adolescent Health and Medicine Annual Meeting, 1998.

**REVIEWS**

1. **Lee H**, Fuller S, Lambert S, Ali P, Richardson S, Lock J. *Clinical Update: ARFID*, British Medical Journal. Manuscript # BMJ-2025-088142.

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**RESEARCH**

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**University of Chicago**, Department of Pediatrics 1998

- *Investigated reproductive needs of adolescents presenting to a Chicago school-based health center*
- *Cross-sectional study. Evaluated initial presenting complaint, diagnoses, and actual use of services.*
- *Presented findings at Society for Adolescent Health and Medicine annual conference*

**Rush University**, Department of Otolaryngology/Head and Neck Surgery 2001

- *Studied the effectiveness of a modified palatal procedure*

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**HOSPITAL OR AFFILIATED INSTITUTION APPOINTMENTS**

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**UCSF/Marin Health Medical Center, Larkspur, CA** 2019–Present  
Affiliate Staff

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**BOARD AND COMMITTEE ASSIGNMENTS**

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**Board of Directors**, International Association of Eating Disorder Professionals, 2014–2016

Bay Area Chapter

**Chair, High Holy Day Committee,** Congregation Rodef Sholom

2018–2026

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**PROFESSIONAL SOCIETIES**

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International Association of Eating Disorder Professionals  
Academy of Eating Disorders  
Society for Adolescent Health and Medicine  
American Academy of Family Physicians

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**AWARDS AND HONORS**

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Top Doctor, Marin Magazine	2026
Top Doctor, Marin Magazine	2023
East Bay's Best Doctors, Oakland Magazine,	2012
Patient's Choice Award	2012
Patient's Choice Award	2011
Patient's Choice Award	2010
Patient's Choice Award	2009
Patient's Choice Award	2008
Compassionate Doctor Award	2014
Compassionate Doctor Award	2013
Compassionate Doctor Award	2010
Compassionate Doctor Award	2009
Academy of Medical Educators, Excellence in Clinical Teaching Award	2007
UCSF Teaching Fellow (selected by faculty)	2006
Summer Research Award, University of Chicago	1998
Graduation Speaker, UC Santa Cruz	1995