

## **Professional Summary**

Accomplished Child & Adolescent Integrative Psychiatrist with over 10 years of specialized clinical experience in autism, developmental disabilities, and integrative mental health. Skilled in clinical trial management, regulatory compliance (FDA, IRB, GCP), and multidisciplinary team coordination, drawing from substantial experience as a Sub-investigator. Demonstrated leadership as Chair of Data Monitoring Committees and strategic advisor for health-tech initiatives. Adept communicator and seasoned speaker with extensive experience presenting to diverse professional audiences.

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## **Education and Training**

- **Certification in Integrative Psychiatry** (2024)  
Dream Academy of Integrative Psychiatry, Los Angeles, CA
  - **MIT Executive Course – AI in Healthcare** (2023)  
Massachusetts Institute of Technology, Cambridge, MA
  - **Fellowship, Child and Adolescent Psychiatry (Chief Resident)** (2012-2014)  
University at Buffalo School of Medicine, Buffalo, NY
  - **Residency, General Psychiatry** (2009-2012)  
University at Buffalo School of Medicine, Buffalo, NY
  - **Senior House Officer, Psychiatry** (2004-2009)  
University College of London, UK
  - **M.B.B.S.** (1996-2002)  
Doctor Bhimrao Ambedkar University, India
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## **Professional Experience**

- **Principal Investigator**, Accelacare, Long Beach, CA (2025–present)
  - **Founder & Psychiatrist**, MindClaire PC, Long Beach, CA (2024-present)
  - **Psychiatrist**, SCPMG, Norwalk Kaiser Mental Health, CA (2019-2023)
  - **Psychiatrist**, Woodmont Psychiatric Group, Bethesda, MD (2018-2019)
  - **Faculty Psychiatrist**, Johns Hopkins University/Kennedy Krieger Institute, Baltimore, MD (2014-2017)
  - **Assistant Clinical Instructor**, University at Buffalo School of Medicine, Buffalo, NY (2009-2014)
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## Key Speaking Engagements

### Other Speaking Engagements

- **Integrated Behavioral Health Symposium**, Panel: "AI and Youth Mental Health: Friend or Foe?" (November 2024)
- **Forbes Business Council**, "Future Focused Leadership: Integrating Emotional Intelligence, Resilience, and a Growth Mindset in Executive Strategy" with Ronke Komolafe (October 10, 2024)
- **Forbes Business Council**, "20 Ways Young Entrepreneurs Can Prove Their Value" (October 2024)
- **Podcast Guest**, "A Journey of Courage" by Saahas for Cause (September 2024)
- **Psychiatry Symposium – Permanente Medicine SCPMG**, Speaker: "Autism Demystified" (2022)
- **Johns Hopkins Berman Institute of Bioethics**, Panel Discussion: "Ethics for Lunch: Helping Young Adults with Disabilities and Their Families" (October 20, 2017)

### AACAP Presentations

- **Clinical Case Conference**, AACAP Annual Meeting, Orlando, FL (October 2012)
- **Clinical Perspectives**, AACAP Annual Meeting, Orlando, FL (October 2013)
- **Task Shifting for Mental Health Care for Children and Adolescents in India**, AACAP Annual Meeting, Orlando, FL (October 2013)

### Grand Rounds

- **UB Department of Obstetrics and Gynecology**: Postpartum Psychosis (March 2013)
- **UB Department of Obstetrics and Gynecology**: Depression in Pregnancy (January 2013)

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## Publications

- "Future Focused Leadership: Integrating Emotional Intelligence, Resilience, and a Growth Mindset in Executive Strategy," *Forbes* (October 2024)
  - "Pioneering Mental Health Advancements in Our Digital Age," *Forbes* (December 2024)
  - Ritu Goel, Ji Su Hong, Robert L. Findling & Na Young Ji (2018). An update on pharmacotherapy of autism spectrum disorder in children and adolescents. *International Review of Psychiatry*.
  - Leo RJ, Goel R. (2012). The delirious substance abuser. *Current Psychiatry*, 11, 58-67.
  - Chaturvedi SK, Goel R, Bhugra D. (2007). Postgraduate psychiatric training and education in the UK: A search for evidence. *Advances in Psychiatric Treatment*, 13, 1-2.
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## Clinical Trials Experience (Role: Sub-investigator)

- Shire – Phase 3, Open-label Safety Study of SPD489 in Preschool Children (2015-16)
  - Shire – Phase 2 Safety and Efficacy Study of SPD489 in Preschool Children (2015-16)
  - Lundbeck – Interventional Study of Vortioxetine in Adults with ADHD (2015-16)
  - Sunovion – Phase 3 Safety Study of SEP-225289 in Adults with ADHD (2015-16)
  - Neurim – Placebo-controlled Study of Circadin® for Sleep Disturbances in Children with Neurodevelopmental Disabilities (2015-16)
  - Pfizer – Long-term Sertraline Treatment Study in Children and Adolescents (2015-16)
  - Lundbeck – Interventional Study of Lu AF34134 in Adults with ADHD (2015-16)
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## Teaching Experience

- Clinical Instructor and preceptor for second-year fellows in Child and Adolescent Psychiatry, developmental disability clinics, Kennedy Krieger Institute (2016-2017)
  - Extensive teaching and lecturing roles at the University at Buffalo School of Medicine for psychiatry residents, medical students, and neurology residents (2009-2014)
  - Conducted numerous educational workshops and CME presentations, including sleep management in autism spectrum disorder, schizophrenia, psychosis, and ADHD management.
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## Leadership & Advisory Roles

- **Member, Diversity and Culture Committee**, Southern California Society of Child and Adolescent Psychiatrists (SCSCAP) (Since 2024)
  - **Member, AACAP AID Fellowship Subcommittee**, Developmental Neuropsychiatry Fellowship Initiative, AACAP (2016–2017)
  - **Member, Autism & Intellectual Disabilities Committee**, AACAP (2013–2015)
  - **Chair, Data Monitoring Committee**, Clinilabs Drug Development Corporation (Since May 2024)
  - **Member, Data Monitoring Committee (DMC)**, Pediatric Late-Phase Program, ITI Inc., a Johnson & Johnson company (May 2025)
  - **Strategic Advisor**, Smalljoy Inc., Wellness Initiatives
  - **Executive Advisor**, Occams Advisory, Corporate Wellness Integration
  - **Executive Director**, Child Literacy Non-Profit, leading initiatives for improving literacy among underprivileged children
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## Professional Affiliations

- **Forbes Business Council**, Member (Since 2024)
  - **TiE SoCal**, Charter Member (Since 2024)
  - **American Academy of Child and Adolescent Psychiatry** (Since 2012)
  - **American Psychiatric Association** (Since 2009)
  - **British Indian Psychiatric Association** (Since 2005)
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## Certifications & Licensure

- Board Certified in General Psychiatry and Child & Adolescent Psychiatry
  - Licensed in California
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## Skills & Areas of Expertise

- Clinical Trial Management and Protocol Implementation
- Good Clinical Practice (GCP) and Ethics Compliance
- Regulatory Compliance (FDA, IRB)
- Patient Recruitment and Retention
- Safety Monitoring and Adverse Event Management
- Electronic Data Capture (EDC) Systems
- Multidisciplinary Team Coordination
- Child & Adolescent Psychiatry
- Autism and Developmental Disabilities
- Integrative Psychiatry
- Sleep Disorders Management
- AI Integration in Healthcare
- Leadership & Program Development
- Medical Education and Mentorship