

Ricardo Pocurull, MD

979 676 2090 mobile
rpocurull@mac.com
979 696 8000 office
1725 Birmingham Dr Ste 200
College Station, TX
AOCBV.COM



SUMMARY

Rheumatologist - Board Certified by American Board of Internal Medicine and National Board of Physicians and Surgeons
Board Certified in Internal Medicine by National Board of Physicians and Surgeons
Board Eligible in Internal Medicine by American Board of Internal Medicine

I've owned a successful private practice since 2002. My clinical expertise spans Fibromyalgia, Rheumatoid Arthritis, Gout, Psoriatic Arthritis, Osteoarthritis, Lupus, and Osteoporosis.

I also serve as an Associate Clinical Professor at Texas A&M University College of Medicine and volunteer at a local community clinic. These activities keep me deeply connected to both clinical practice and community health needs.

PROFESSIONAL EXPERIENCE

August 2002 - Present

Arthritis & Osteoporosis Clinic of Brazos Valley - Rheumatologist and Founder, Owner

- Manage conditions within my field, mainly Rheumatoid Arthritis, Osteoporosis, Osteoarthritis, Fibromyalgia, Psoriatic Arthritis, Gout, Lupus and others
- Expert Level Musculoskeletal Ultrasound since 2006
- Supervise office manager and billing department
- Supervise Infusion Services within premises

2019 – Present

Volunteer Rheumatologist at Healt4All community Clinic, Bryan, TX.

2009 - Present

Associate Clinical Professor Texas A&M University, College Station, TX.
Preceptor for Medical Students and Residents
Teach Students and Residents clinical aspects of Rheumatic Diseases

December 2015 - March 2024

Artisan's Rejuvenation Med Spa, LLC
Co-owner, Master Level Aesthetic Injector, Medical Director

Business Closed 2024 – Retirement from the field of aesthetic medicine

August 2000 - August 2002

Rheumatic Disease Clinic of Houston - Private Practice Clinical Rheumatologist,
Associate. Houston, TX. Business Closed

July 2000 – August 2000

University of Miami Urgent Care Center, Miami, FL - Staff Physician

August 1988 – June 1991

Jhoon Rhee Institute of Karate, Washington, DC – Part-time Karate Instructor

TRAINING AND EDUCATION

July 1998 – June 2000 – Fellowship in Rheumatology

University of Miami School of Medicine, Miami FL

Under Dr. Roy Altman

Supervisor Dr. Carlos Lozada

July 1995 - June 1998 – Internship and Residency in Internal Medicine

Baylor College of Medicine, Houston, TX

Dr Edward Lynch - Residency Director

May 1995 - Doctor of Medicine Degree

University of South Florida College of Medicine, Tampa, FL

Outstanding Public Sector Medicine Program Award

Honors Acting Internship

August 1991 - Bachelor of Arts & Science

Georgetown University, Washington DC

Major Concentration Psychology, Minor Biology

May 1987 - High School Diploma

Military Academy, Harlingen, TX

CERTIFICATIONS

Texas Medical License – Originally 1998 to present

DEA License – Number available upon request

Florida Medical License – 1999-2000 – expired

ABIM Rheumatology Longitudinal Knowledge Assessment – 2021 – Present

Rheumatology Maintenance of Certification Exam 2011 - passed

EULAR Expert Musculoskeletal Ultrasound Training, July 2006

International Osteoporosis Foundation Densitometry Certification, 2006 (expired)

ABIM Rheumatology Board Certification Exam 2001 - passed

ABIM Internal Medicine Board Certification Exam 1999 - passed

USMLE Step 3 Exam 1996 passed

USMLE Step 2 Exam 1993 passed

USMLE Step 1 Exam 1992 passed

Other Certifications:

Pia Mellody's Boundary Workshop Training, The Meadows, AZ. - August 2010
(LaFayette, LA), August 2011 (Houston, TX)

Pia Mellody's Post Induction Therapy Training, The Meadows, AZ. – Aug 2009 and April 2011

PROFESSIONAL ASSOCIATIONS

Fellow of American College of Rheumatology

Texas Medical Association

State of Texas Association of Rheumatologists

Brazos-Robertson County Medical Association Member

RESEARCH AND PUBLICATIONS

Industry Sponsored Studies

Principal Investigator AOCBV - Janseen CNTO148art4011. 2019-2020

Study of the Safety and Efficacy of Golimumab (CNTO 148) in Subjects With Active Rheumatoid Arthritis Previously Treated With Biologic Anti-TNFα Agent(s).

Principal Investigator AOCBV - Abbvie M15-555A 2019- 2020

Phase 3, Randomized, Double-Blind Study Comparing Upadacitinib (ABT-494) Monotherapy to Methotrexate (MTX) in Subjects with Moderately to Severely Active Rheumatoid Arthritis with Inadequate Response to MTX

Principal Investigator AOCBV - Abbvie M13- 542. 2019-2020,

Phase 3 clinical study comparing Upadacitinib to placebo in Rheumatoid Arthritis ML 28776

Principal Investigator AOCBV - Eli Lilly I4V-MC-JAJA. 2019-2020.

Clinical trial comparing safety of baricitinib to NF inhibitors in RA.

Principal Investigator AOCBV. Abbvie m16-063. 2019.

A Phase 2 Study to Investigate the Safety and Efficacy of ABBV-105 Given Alone or in Combination with Upadacitinib (ABBV-599 Combination) with a Background of Conventional Synthetic DMARDs in Subjects with Active Rheumatoid Arthritis with Inadequate Response or Intolerance to Biologic DMARDs

Principal Investigator AOCBV. Abbvie M19-944. 2020.

Phase 3 Randomized, Placebo-Controlled, Double-Blind Program to Evaluate Efficacy and Safety of Upadacitinib in Adult Subjects with Axial Spondyloarthritis

Principal Investigator AOCBV. GSK 201790. 2019-2020.

Phase 3, randomized, multicenter, double-blind study to assess the safety and efficacy of GSK3196165, in combination with methotrexate (MTX), for the treatment of adult participants with moderate to severe active rheumatoid arthritis (RA) who have had an inadequate response to MTX

Principal Investigator AOCBV. 2019-2020. GSK 202018.

A 24-week, Phase 3, Multicenter, Randomized, Double-blind, Efficacy and Safety Study, Comparing GSK3196165 with Placebo and with Sarilumab, in Combination with Conventional Synthetic DMARDs, in Participants with Moderately to Severely Active Rheumatoid Arthritis who have an Inadequate Response to Biological DMARDs and/or Janus Kinase Inhibitors.

Principal Investigator AOCBV. GS-US-431-4566. A Phase 3. 2019

Randomized, Double-blind, Placebo-controlled Study to Evaluate the Efficacy and Safety of Filgotinib in Subjects with Active Psoriatic Arthritis Who Have an Inadequate Response or are Intolerant to Biologic DMARD Therapy

Principal Investigator AOCBV. SCIPHER-RA-002/NETWORK-004. 2019-2020.

Trial to evaluate the clinical performance of PrismRA™, an investigational blood test that identifies RA patients who will not respond adequately to anti-TNF therapies before they start these drugs.

Principal Investigator AOCBV. HealthCore I4V-MC-JAJD. 2020.

A Randomized Controlled Pragmatic Phase 3b/4 Study of Baricitinib in Patients with Rheumatoid Arthritis.

Other Studies and Publications

Antiphospholipid syndrome in an eight-month-old infant with sickle cell trait. Journal Rheumatology, Volume 41, Issue 6, in June 2002, on pages 697. Pocurull et al LJP 395 Effect on dsDNA Positive SLE under Elaine Tozman, University of Miami School of Medicine, Miami Florida, 1999-2000

Effect of Glucocorticoid Intra-articular Injections on Dual Xray Absorptiometry Scan of the Knee – Protocol development under Dr. Roy Altman, University of Miami School of Medicine, 1998-2000

Priming of Memory in bilingual individuals under Dr. Paul Fedio, NINDS Summer Fellowship, Bethesda MD, June-September 1992

Effect of Dexamethasone and Suranim on Lymphoma Cells – under Dr Carl Freeter, Lombardi Cancer Center, Washington DC - 1988

PUBLIC AND MEDICAL SPEAKING ENGAGEMENTS

Enbrel in the treatment of Rheumatoid Arthritis, for Amgen Pharmaceuticals.

Zanaflex in the Management of Back Pain and Chronic Pain, for Elan Pharmaceuticals

Role of Actonel in Treating Osteoporosis and Glucocorticoid induced Osteoporosis, for Sanofi-Aventis Pharmaceuticals in collaboration with Procter & Gamble Pharmaceuticals

Celebrex for the Treatment of Osteoarthritis and Rheumatoid Arthritis, for Pfizer Pharmaceutical

Why was Vioxx taken off the market? Lecture to the community sponsored by St Joseph Regional Health Center, College Station Texas, October 2004.

Gold Medallion Program – St Joseph's Regional Health Center yearly Seminars – medical lectures to the community (Last Lecture 2012). Topics related to Arthritis and Osteoporosis

KBTX-Pert and Medical Minute – television and internet Segments (last segment ~ 2011)

OTHER ACTIVITIES

3rd Degree Shorin Kenpo Black Belt and Part Time Teacher (Sensei) at Montoya's Shorin Kenpo Karate 2006 – present

Boundaries & Beyond Podcast Co-host – discuss issues within relationships as well as parenting. 2024 – present.

St Joseph's Regional Health Center Alliance Board Member 2003 - 2007

Brazos Valley Physician Organization Board of Managers until 2008

Towerpoint Condominiums Owners Association – member at large 2022-present

Alliance for Responsible Citizenship – ARC Circle Member