

Racheal Rick

DNP, MSN, APRN-BC

Wound Care Nurse Practitioner

PROFESSIONAL EXPERIENCE

Wound Care Np (part-time), Integrated Wound Care

2025 – Present

City, State

- Conducts specialized, on-site wound assessments, develops personalized treatment plans, and provides care to patients in provides consultant-based wound healing services to skilled nursing facilities, long-term care homes, and rehabilitation centers

Aprn-bc, Outpatient Podiatric Nurse Practitioner, Methuen Podiatry, Llc

2025 – Present

Methuen, Massachusetts

- Specialized advanced practice provider who diagnoses, treats, and manages foot, ankle, and lower extremity conditions, often focusing on diabetic foot care, wound management, and routine, non-surgical foot ailments.

Aprn-bc, Inpatient Hospital Wound Care, Mgb, Newton Wellesley Hospital

2024 – 2025

Newton, Massachusetts

- Experienced APRN who provides exceptional inpatient hospital wound care and treatment to patients with a variety of inpatient medical conditions needing wound care to include community acquired and hospital acquired pressure injuries, venous stasis ulcerations, DFU's, neuropathic ulcers, traumatic wounds, MASD, surgical wounds, skin tears and NPWT/wound vacs.
- Collaborated with Colorectal Surgeons, Vascular Surgeons, and surgical PA's regarding patient plan of care.
- Responsible for oversight of wounds/wound prevention through quarterly Pressure Injury Prevention management.
- Treat and diagnose chronic wounds, advise and patient teaching on health care goals, manage chronic diseases, and engage in continuous education with patient and colleagues.
- Provide holistic patient-centered care.
- Provide Ostomy care and management for patients with ileostomy/colostomy, fistula, and stoma management.

Clinical Nurse Manager, Outpatient Hospital, Advanced Wound Center, Salem Hospital

2020 – 2023

Salem, Massachusetts

- Experienced APRN who provides exceptional wound care and treatment to patients with a variety of medical outpatient/HBOT wound care.
- Collaborated with General Surgeons, Vascular Surgeons, and Podiatrists. Completed 40-hour Hyperbaric Oxygen course.

- Oversight of wounds/wound prevention. Treat and diagnose illnesses, advise on health issues, manage chronic disease, and engage in continuous education.
- Provide patient-centered care to patients collaborating with primary care physicians, podiatrists, vascular surgeons, and specialists.
- Manage RN's and Mas on the unit. Collaborate with Healogic's Program Director to provide comprehensive wound care.
- Collaborated with Wound/Ostomy nurses for ileostomy/colostomy and stoma management.

Registered Nurse, Hillsborough County Nursing Home

2016 – 2020

Goffstown, New Hampshire

- A 300-bed Skilled and Intermediate Care facility which includes a nineteen-bed Behavioral Unit and a fifty bed special needs Alzheimer's Unit.
- Registered nurse responsible for admission/discharge and monitoring of patients to determine initial and long-term care plan of action in accordance with facility policies and procedures as directed by Medical Director.
- Team with ancillary units; PT, OT, and ST to ensure comprehensive holistic care. Process physician T.O., verbal and written orders, Administer scheduled medication and narcotics, IV infusion and treatments.
- Provide patient education, patient engagement, and support. Utilize Point Click Care (PCC) HER system.
- Wound care: Under supervision and collaboration of the facility wound care team: Experience and familiarity with daily and or weekly direct patient care treatment regime of general skin breakdown: Decubitus pressure ulcers and staging; Diabetic foot care; Light mechanical debridement; Wound packing; Wound flushes with NS; Tunneling; Wet to dry dressing; Wound measurement; Assessing for healing; Monitoring for signs/symptoms of infection; Ensuring proper nutrition for wound healing; Obtaining swabs for culture; Maintaining infection control protocol; Examining wounds for healing and granulation. Negative pressure wound therapy. Consultation with wound care team at facility.

Registered Nurse, Icu, Huggins Hospital

2016 – 2017

Wolfeboro, New Hampshire

- Perform admissions, discharges, and transfers into and out of the critical care unit.
- Continually monitors ICU and Telemetry cardiac rhythms, posting rhythm strips, responding to alarms, correctly identifying dysrhythmias, and intervening appropriately.
- Anticipates changes in acuity, mobilizing personnel and equipment for immediate potential crisis intervention. Medication administration using the Pyxis.
- Demonstrates ability to work as a team member & contributes to the daily functioning of the unit. Resource for nursing staff, facilitating learning experiences & assisting peers w/care & assessment.

Registered Nurse, Maple Leaf Health Care Center

2013 – 2016

Manchester, New Hampshire

- Skilled Nursing Rehabilitation nurse for admission/discharge and monitoring of patients using current medical history and records to determine initial and long-term plan of care. Provide treatments in accordance with facility policies as directed by the Medical Director.

- Provide treatments for minor skin conditions and wound dressing changes. Team with ancillary units; PT, OT and ST ensuring comprehensive holistic care.
- Process physician T.O., verbal and written orders, administration of medication, IV infusions and daily treatments. Patient education and support.
- Wound care: Acute and chronic long term care treatment of general skin breakdown: Decubitus pressure ulcers and staging; Diabetic foot care; Light mechanical debridement; Wound packing; Wound flushes with NS; Measure tunneling; Wet to dry dressings; Wound measurement; Assessing for healing; Monitoring for signs/symptoms of infection; Safeguarding proper nutrition for wound healing; Obtaining swabs for culture; Maintaining infection control protocol; Examining wounds for healing and granulation. Negative pressure wound therapy. Consultation with wound care team at facility.

Registered Nurse, Elliot Hospital

2014 – 2015

Manchester, New Hampshire

- Cardiac Intermediate Care Unit (CICU) nurse providing care for cardiac patients recovering from cardiac related procedures or medical conditions.
- Provide bedside care to patients in critical condition requiring close telemetry monitoring. Administer medication, including IV and PRBCs. Care of medical surgical overflow patients from other units.
- Daily admission and discharge planning; including patient teaching. Communicating with Hospitalists, Ancillary staff, Case managers, PT, OT and ST, and families providing holistic patient centered care.

Registered Nurse, Bedford Hills Care & Rehabilitation Center

2009 – 2014

Bedford, New Hampshire

- Skilled Nursing Rehabilitation nurse providing physical assessment admission/discharge and monitoring of patients using current medical history and records to determine initial and long-term action plan for treatment in accordance with facility policies and procedures as well as directives from physicians.
- Team with ancillary units; PT, OT, and ST staff to ensure comprehensive care. Process physician orders, administration of medication, IV infusions and wound care treatments. Provide patient education and support.
- Wound care: Experience and familiarity with treatment of general skin breakdown; decubitus pressure ulcers and staging; Diabetic foot care; Light mechanical debridement; Wound packing; Wound flushes with NS; Tunneling; Wet to dry dressing; Wound measurement; Assessing for healing; Monitoring for signs/symptoms of infection; Ensuring proper nutrition for wound healing; Obtaining swabs for culture; Maintaining infection control procedure. Examining wounds for healing and granulation. Negative pressure wound therapy. Consultation with wound care team at facility.

Registered Nurse, Northeast Rehabilitation Hospital

2011 – 2013

Nashua, New Hampshire

- Acute inpatient hospital nurse responsible for patient assessment, admission, and discharge planning upon admission to facility; direct transfer from hospitals, SNF's or home.
- Evaluation and documentation of nursing care ordered by in house Physiatrists. Process physician orders, medication administration using McKesson system. Wound care and treatments. IV administration including PRBCs and iron transfusion. Weekly blood draws for labs.

- Team with ancillary staff including PT, OT, ST as well as Respiratory Therapists.

EDUCATION

Dnp, Doctor Of Nurse Practice	2020
<i>MGH Institute of Health Professions, Boston, Massachusetts</i>	
Msn, Master Of Science In Nursing Fnp-bc	2018
<i>MCPHS University, Manchester, New Hampshire</i>	
Bsn, Bachelor Of Science In Nursing	2015
<i>Rivier University, Nashua, New Hampshire</i>	

LICENSURE & CERTIFICATIONS

- American Heart Association Basic Life Support (BLS)
- American Heart Association Advanced Cardiac Life Support (ACLS) Certification
- Omnicare IV Certification
- EPIC EMR

References and case experience available upon request.