

# QYANA GRIFFITH, MD

## Psychiatry

(800) 321-8765

expert@theguardian.group

### EDUCATION

#### **UCLA-San Fernando Valley Psychiatry Residency Program**

Chief Resident, Outpatient Mental Health, US Department of Veterans Affairs and Community Mental Health Clinics  
July 2013-June 2017

#### **Boston University School of Medicine and Division of Graduate Medical Sciences**

MA Program: Graduate Program in Molecular Medicine, May 2011

MD Program, May 2013

#### **University of California, San Francisco**

Post Baccalaureate Premedical Student, 2005, National Dean's Honorist

#### **University of California, Irvine**

Bachelor of Science: Biological Sciences, 2003

### EMPLOYMENT HISTORY

#### **Guardian Group, Santa Ana, CA/Remote (April 2025-Present)**

**Qualified Medical Examiner (QME):** State-certified Qualified Medical Evaluator (QME) with a focused expertise in performing independent medical-legal evaluations for the California Division of Workers' Compensation (DWC). Proven track record of delivering objective, evidence-based reports that address complex issues of causation, permanent disability, and future medical necessity while strictly adhering to the AMA Guides and California Labor Code.

#### **Comprehensive Psychiatric Services, Culver City, CA/Remote (November 2022-Present)**

**Outpatient Mental Health:** Medication assessment and continuity of care for clients suffering from depression, anxiety, bipolar, psychosis, and substance use-disorders via telepsychiatry.

#### **Amwell Psychiatric Group, San Bernardino (July 2022-November 2023)**

##### **Attending Psychiatrist**

**Inpatient Psychiatric Unit Consultant:** Comprehensive intake, follow up, and discharge planning at Community Hospital San Bernardino one weekend month. Once weekly night call.

#### **US Department of Veterans Affairs, Santa Maria Community Based Outpatient Clinic, Remote (January 2021-November 2022)**

##### **Attending Psychiatrist**

**Outpatient Mental Health:** Medication assessment and continuity of care for clients suffering from depression, anxiety, bipolar, psychosis, and substance use-disorders via telepsychiatry.

#### **Traditions Behavioral Health (June 2017-Present)**

**Attending Psychiatrist:** Provide coverage for the following sites (*main site*):

**Crisis Stabilization:** Santa Barbara County (Santa Barbara, CA), \*Humboldt County (Eureka, CA)

**Psychiatric Emergency Department Consultant:** John George Psychiatric Pavilion (Alameda, CA), Contra Costa Regional Medical Center (Martinez, CA)

**Adult Inpatient Psychiatric Unit:** Santa Barbara County Psychiatric Health Facility (Santa Barbara, CA), San Jose Behavioral Health (San Jose, CA), Seton Medical Center (Daly City, CA), \*Humboldt County Psychiatric Health Facility (Eureka, CA), Aurora Behavioral Health Santa Rosa (Santa Rosa, CA), Bakersfield Behavioral Health Hospital (Bakersfield, CA)

**Telepsychiatry:** Santa Barbara County, \*Humboldt County

Worked alongside pharmacist-in-charge at Santa Barbara's Psychiatric Health Facility to create formulary based on commonly used medications

Humboldt County Outpatient Mental Health: medication assessment and continuity of care for clients suffering from depression, anxiety, bipolar, psychosis, and substance use-disorders. Manage all Clozaril clients. Coordinate care with PCP. Director of laboratory services.

Electronic medical records (EMRs) utilized: Clinician's Gateway, Epic, AVATAR, Orchid, CPRS

#### **Nexus Medical Consulting, Remote (August 2018-January 2019)**

Specialize in providing timely reviews for the following types of cases in psychiatry: medical necessity reviews, workers comp reviews, pre-authorizations, post-service retrospective reviews, appeals, medication reviews, drug utilization reviews, continuation of care plans, short-term and long-term disability

#### **American Physician Institute, Westmont, IL/Remote, (July 2018-December 2018)**

**Beat the Boards: Psychiatry Board Review Course**

Psychiatry USMLE Question Writer and Reviewer

#### **MedStudy, Colorado Springs, CO/Remote (August 2017-January 2020)**

**Contributor for Internal Medicine Board Review Course**

Writer and Medical Editor, Psychiatry Section (including USMLE-style board review questions and flashcards)

Medical Editor, Reviewer, and Writer for Men's and Women's Health

Medical Editor for Medical Student Psychiatry Review Section

**Olive View-UCLA Medical Center, Sylmar, CA (2013-2017)**

*Psychiatric Emergency Department and Inpatient Psychiatric Unit Consultant:* Evaluated, treated and enacted clinically appropriate dispositions for patients in the Psychiatric Emergency Department, medical and surgical units. Provided full coverage on the psychiatric inpatient unit (up to 32 patients). Attending privileges obtained June 2015.

**US Department of Veterans Affairs, Sepulveda Ambulatory Care Center and West Los Angeles, CA (2013-2017)**

*Chief Resident and Resident Psychiatrist:* Psychiatric evaluation and treatment for veterans in the following settings: outpatient mental health, inpatient unit, consult and liaison, chemical dependency, geriatrics. Fourth year concentration: chief residency (create resident outpatient mental health schedule, provide emergency coverage for residents on sick leave or maternity/paternity leave, liaise between residents and attendings within and outside of the program, collaborate with attendings on curricula, coordinate resident recruitment and annual resident retreat), telepsychiatry, chemical dependency (suboxone license obtained) and cognitive behavior therapy for insomnia.

**UCLA Medical Center, Resnick Neuropsychiatric Hospital, Westwood, CA (2013-2017)**

*Resident Psychiatrist:* Psychiatric treatment for child, adolescent, adult and geriatric inpatients on acute psychiatric units.

**Olive View Mental Health Urgent Care Center, Sylmar, CA (2016)**

*Resident Psychiatrist:* Psychiatric evaluations and treatment for walk-in patients with urgent mental health concerns.

**CSUN University Counseling Services, Northridge, CA (2016)**

*Chief Resident and Resident Psychiatrist:* Psychiatric evaluation and medication treatment for college students.

**San Fernando Mental Health Center, Granada Hills, CA (2016)**

*Chief Resident and Resident Psychiatrist:* Outpatient psychiatric evaluation and medication treatment for children and adolescents.

**Child and Family Guidance Center, Northridge, CA (2016)**

*Chief Resident and Resident Psychiatrist:* Outpatient psychiatric evaluation and medication treatment for children and adolescents with history of trauma.

**Journal of Medical Insight (JoMI), Cambridge, MA/Remote (July 2012-Present)**

*Co-Founder, Medical Editor:* Network and liaise with physicians to submit articles, provide quality control for articles, contribute to group efforts to promote and develop the journal.

**Journal of Visualized Experiments (JoVE), Cambridge, MA (October 2010-April 2011)**

*Associate Science Editor – Immunology and Infection:* Networked and liaised with authors from around the world to submit articles to journal. Edited and proofread articles to ensure clarity, accuracy and consistency for publication in journal. Contributed to group discussions and efforts to promote and develop the journal, and managed one editorial assistant.

**Boston University School of Medicine, Boston, MA (2008-2010)**

*Teaching Assistant, Tutor, and Proctor:* Teaching assistant for second year medical school Microbiology course (administered and graded quizzes, facilitated discussion of topics covered in lecture). Instructed and promoted improved study skills for medical students needing remediation for USMLE Step 1 and Step 2, as well as for second year courses of medical school. Proctored first year dental school Microbiology course and USMLE Step 1 and Step 2 practice examinations

**Boston University School of Medicine, Graduate Program in Molecular Medicine, Boston, MA/Nairobi, Kenya (2008-2010)**

*Master's Student:* Host-parasite interactions between human CD23+ B cells and schistosomes. SDS-PAGE and Western blot, FACS, ELISA, aseptic technique, cell culture, parasite culture, DNA and RNA isolation, DNA electrophoresis, animal husbandry. Trained rotating physicians, graduate and undergraduate students in Boston and Kisumu, Kenya.

**Minority Health and Health Disparities International Research Training (MHIRT) Program Fellow**

*Research Associate, Bamako, Mali (2007):* Determine efficacy of natural products in killing *Trypanosoma brucei* in goats.

Large animal care, aseptic technique, parasite culture, SDS-PAGE and Western Blot.

*Research Associate, Dar Es Salaam, Tanzania (2004):* Isolated biologically active chemicals from plants native to Tanzania to control mosquito population and aid in the decrease of malaria. Purified cytotoxic, anti-bacterial and anti-fungal chemicals from endemic plants using chromatography, Brine Shrimp Test, and agar plate method.

*Research Associate, Madrid, Spain (2001):* Investigate effects of stress hormones on retrieval of spatial memory. Hippocampal dissection, water maze experimentation, water maze data analysis, handling of animals.

**Center for the Neurobiology of Learning and Memory Research, University of California, Irvine, CA (1999-2003)**

*Undergraduate Research Associate:* Investigate effects of stress hormones on retrieval of spatial memory. Stereotaxic surgery, pre- and post-operative care of rodents, water maze experimentation and data analysis, histological preparation and analysis of brain sections. Present research findings at national conferences.

## **BOARD CERTIFICATION**

American Board of Psychiatry and Neurology, September 2017  
NPI number: 1255674495

## **SOCIETY MEMBERSHIPS**

American Academy of Clinical Psychiatrists (AACCP)  
American Medical Association (AMA)  
Louis Stokes Alliance for Minority Participation (LSAMP)

## **VOLUNTEER EXPERIENCE**

Mentor for Louis Stokes Alliance for Minority Participation (LSAMP), UCI (2003-Present): Personal statement and CV workshop and editing. Medical school and residency mock interview sessions.  
BU/XU Summer Research Experience Program (2009)  
Panelist at BU Summer Undergraduate Research Fellowship (SURF) Program (2008)

## **ACADEMIC AND PROFESSIONAL AWARDS**

2018 American Medical Association (AMA) Women Physicians Section (WPS) Inspirational Physician Award  
2017 Polished Diamond Award, University of California Los Angeles-San Fernando Valley Psychiatry Residency Program (Highest ranking resident as voted by all attendings and staff)  
2017 PER Excellence in Psychiatric Education Award, Southern California Psychiatric Society  
2015 PGY2 of the Year, University of California Los Angeles-San Fernando Valley Psychiatry Residency Program  
2013 Ruth Hunter Johnson Prize in Psychiatry, Boston University School of Medicine  
2012 Gold Humanism in Honor Society (GHHS), Boston University School of Medicine  
2006, 2007, 2011 Dr. Martin Luther King Jr. Fellowship (full medical school tuition and stipend), Boston University School of Medicine  
2010 Medical Scholars Program Fellowship, Infectious Disease Society of America (IDSA)  
2010 Travel Award, Boston University School of Medicine: Woods Hole Immunoparasitology Meeting  
2010 International and Translational Research Scholarship Recipient, Boston Medical Center  
2010 Federation of American Societies for Experimental Biology (FASEB)/Minority Access Research Careers (MARC) Program Travel Award, American Association of Immunologists 97<sup>th</sup> Annual Meeting  
2010 Travel Award, American Association of Immunologists, American Association of Immunologists 97<sup>th</sup> Annual Meeting  
2009 Student Committee on Medical School Affairs (SCOMSA) Travel Award, Boston University School of Medicine: American Society of Tropical Medicine and Hygiene (ASTMH) 58<sup>th</sup> Annual Meeting  
2009 Chair, American Committee on Molecular and Immuno-Parasitology Session, American Society of Tropical Medicine and Hygiene (ASTMH) 58<sup>th</sup> Annual Meeting  
2007-2009 Norfolk South Scholarship, Massachusetts Medical Society  
2009 Benjamin H. Kean Traveling Fellowship, American Society of Tropical Medicine and Hygiene: Kisumu, Kenya  
2007 Dr. Martin Luther King Jr. Fellowship, Boston University School of Medicine  
2007 International Health Summer Scholarship Program, Boston University School of Medicine and Minority Health and Health Disparities International Research Training Program (MHIRT): Bamako, Mali  
2006 Louis Stokes Alliance for Minority Participation (LSAMP) Alumni Recognition Award  
2004, 2005 National Dean's Honor List  
2004, 2005 State University Grant, San Francisco State University  
2004 Minority Health and Health Disparities International Research Training Program (MHIRT): Dar Es Salaam, Tanzania  
2003 Ronald E. McNair Post Baccalaureate Program Researcher of the Year, Louis Stokes Alliance for Minority Participation (LSAMP), UCI  
2003 Excellence in Research, School of Biological Sciences, University of California, Irvine  
2002 Ronald E. McNair Post Baccalaureate Program Scholar, Louis Stokes Alliance for Minority Participation (LSAMP), UCI  
2002 Friends of the Center for the Neurobiology of Learning and Memory Summer Internship, UCI  
2002 Research Grant Recipient, Undergraduate Research Opportunities Program (UROP), UCI  
2001 Minority Health and Health Disparities International Research Training Program (MHIRT): Madrid, Spain  
2001 Researcher of the Month, Undergraduate Research Opportunities Program (UROP), UCI

## **LECTURES/PRESENTATIONS**

1. Grand Rounds, VA Greater Los Angeles Health Care System (2017): VA Resources 101
2. Tourette's Society of America Summertime Lecture Series: Clinical Psychopharmacology of Pediatric Tourette's Syndrome. Lance Steinberg, Lalleh Adhami, Qyana Griffith
3. Grand Rounds, VA Greater Los Angeles Health Care System (2016): Opiates and Sleep Apnea
4. Morning Report, Olive View-UCLA Medical Center (2013): The Unrepresented Patient
5. Schistosomes target human CD23-mediated immunity in immuno-evasive tactics. **Qyana Griffith**, YanMei Liang, Ashley Cruz, Helmut Haas, Lisa Ganley-Leal. New England Science Symposium/Biomedical Science Careers Program, Harvard Medical School, February 2010, Boston, Massachusetts; Evans Department of Medicine Research Days, Boston University School of Medicine, December 2009, Boston, Massachusetts; American Society of Tropical Medicine and Hygiene 58<sup>th</sup> Annual Meeting, November 2009, Washington, D.C.

6. Antigen specificity of CD23 (FcεpsilonRII)-bound IgE modulates B cell responses: implications for immunity to schistosomiasis. **Qyana Griffith**, YanMei Liang, Taslima Shaikh, Helmut Haas, Daniel Onguru, Pauline Mwinzi, Lisa Ganley-Leal. Section of Infectious Diseases Work in Progress, Boston Medical Center, March 2010, Boston, Massachusetts; American Society of Tropical Medicine and Hygiene 58<sup>th</sup> Annual Meeting, November 2009, Washington, D.C.; University of Colorado Medical Scientist Training Program 24<sup>th</sup> Annual Conference, July 2009, Keystone, Colorado
7. Learning and Memory Following Methamphetamine Treatments. A.M. Belcher, **Q.K. Griffith**, E.M. Feinstein, S.J. O'Dell, J.F. Marshall. Eighth Conference on the Neurobiology of Learning and Memory, March 2006, Irvine, California
8. The Hippocampus Mediates Glucocorticoid Effects on Memory Retrieval: Dependence on the Basolateral Amygdala. **Q.K. Griffith**, B. Roozendaal, J.L. McGaugh. Undergraduate Research Opportunities Program (UROP) May 2002, University of California, Irvine; American Association for the Advancement of Science, February 2003, Denver, Colorado
9. Effects of Intra-Hippocampal Glucocorticoid Infusions on the Retrieval of Long-Term Spatial Memory. **Q.K. Griffith**, B. Roozendaal, J.L. McGaugh Society for the Advancement of Chicanos and Native Americans in Science, September 2001, Phoenix, Arizona; University of Texas Medical Branch National Student Research Forum, March 2001, Galveston, Texas; American Association for the Advancement of Science, February 2001, San Francisco, California; Society for the Advancement of Chicanos and Native Americans in Science, October 2000, Atlanta, Georgia

## **PUBLICATIONS**

1. Immuno-evasive tactics by schistosomes identify an effective allergy preventative. Griffith Q, Liang Y, Whitworth P, Rodriguez-Russo C, Gul A, Siddiqui AA, Connor J, Mwinzi P, Ganley-Leal L. *Exp Parasitol.* (2015) 153: 139-50. PMID: 25819297.
2. Human schistosomiasis is associated with endotoxemia and Toll-like receptor 2- and 4-bearing B cells. Onguru D, Liang Y, Griffith Q, Nikolajczyk B, Mwinzi P, Ganley-Leal L. *Am J Trop Med Hyg.* (2011) 84(2): 321-4. PMID: 21292908.
3. CD23-bound IgE augments and dominates recall responses through human naive B cells. Griffith QK, Liang Y, Onguru DO, Mwinzi PN, Ganley-Leal LM. *J Immunol.* (2011) 186(2): 1060-7. PMID: 21160045.
4. Basolateral amygdala interacts with other brain regions in regulating glucocorticoid effects on different memory functions. Nathan SV, **Griffith QK**, McReynolds JR, Hahn EL, Roozendaal B. *Ann NY Acad Sci* (2004) 1032: 179-82. PMID: 15677405.
5. The Hippocampus Mediates Glucocorticoid-Induced Retrieval Impairments of Spatial Memory: Dependence on the Basolateral Amygdala. Roozendaal B, **Griffith QK**, Buranday J, De Quervain DJ, McGaugh JL. *Proc Natl Acad Sci USA* (2003) 100(3): 1328-33. PMID: 12538851.

## **LANGUAGES**

Fluent English, intermediate Spanish speaker

## **INTERESTS**

Handcrafting soap; traveling; bike riding; editing medical school, residency, fellowship essays for applicants