

# PAUL SAYEGH, BSN, RN

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## Professional Summary

Registered Nurse with over 20 years of clinical experience, specializing in perioperative nursing, including pre-operative, Post Anesthesia Care Unit (PACU), and Phase II recovery. Background includes a foundation in Medical/Surgical ICU and critical care.

Areas include: PACU protocols, perioperative phases of care, airway management, and patient education throughout the surgical continuum.

## Education

**University of Phoenix Online** June 2010 to February 2013  
**Bachelor's of Applied Science** degree, Nursing

**San Jacinto College Central** June 2001 to December 2004  
**Associate Degree**, Nursing

**Harris County Hospital District** June 2004 to August 2004  
**Intern, Certificate of Completion** – TIPS, Transition into Practice (Summer Internship for Senior Nursing Students)

## Nursing Licenses

- California License Number 711435 (Active)
- New York License Number 570743 (Active)
- Texas License Number 712471 (Active)

## Professional Organizations

<b>Member</b> (ID 06570096) – American Nurses Association (ANA)	June 2025 to Present
<b>Member</b> (ID: 197729) – American Society of PeriAnesthesia Nurses (ASPAN)	February 2024 to Present
<b>Member</b> – PeriAnesthesia Nurses Association of California (PANAC)	February 2024 to Present
<b>Member</b> (ID: 10799) – American Association of Legal Nurse Consultants (AALNC)	February 2024 to Present
<b>Member</b> – Bay Area Chapter, Northern CA of the American Association of Legal Nurse Consultants	February 2024 to Present
<b>Member</b> – Pacific Northwest (PNW) Chapter of the American Association of Legal Nurse Consultants	May 2025 to Present
<b>Member</b> – Tampa Bay Chapter of the American Association of Legal Nurse Consultants	May 2025 to Present
<b>Non-Attorney Member</b> (BASF ID: 253849) – Bar Association of San Francisco (BASF)	June 2025 to December 2025

# Experience

## **Pre-Operative / Post Anesthesia Care Unit, Mt. Zion Campus**

March 2021 to Present

**University of California San Francisco Medical Center** – Teaching Facility / Medical & Research – San Francisco, CA

Full-Time | 36 hours weekly

- Deliver PACU care across ortho, OB/GYN, ENT, oncology, ECT, transgender care, and pulmonary (bronchoscopy)
- Conduct nursing assessments, including surgical wound and dressing evaluations, during pre- and post-operative phases
- Start IVs and manage patient airways
- Administer medications in the pre-op area and manage pain, nausea, and vitals during post-op recovery
- Deliver discharge teaching and assist with discharge planning

## **Behavioral Health Unit / Adult Psychiatric Department**

September 2017 to March 2021

**St. Francis Memorial Hospital - Dignity Health** – Community Hospital – San Francisco, CA

Part-Time | 8 hours weekly

- Cross-trained as a Psychiatric Nurse
- Performed patient admissions and intake assessments
- Conducted psychiatric evaluations and provided patient education
- Monitored patients' mental status, including affect, mood, behavior, and through therapeutic conversations
- Administered routine and emergency psychiatric medications
- Coordinated plan of care with multidisciplinary teams
- Provided discharge teaching and assisted with discharge planning

## **Post Anesthesia Care Unit**

April 2016 to March 2021

**St. Francis Memorial Hospital, Dignity Health** – Community Hospital – San Francisco, CA

Part-Time | 32 hours weekly

- Provided PACU care and monitored recovery for patients across ortho, OB/GYN, ENT, urology, and other services
- Administered medications, managed airways, and coordinated discharge planning
- Performed nursing assessments, including wound and dressing evaluations

## **Post Anesthesia Care Unit / Ambulatory Surgery Department**

October 2014 to April 2018

**California Pacific Medical Center, Davies Campus** – Community Hospital – San Francisco, CA

Per Diem | 8 to 16 hours weekly

- Provided care in ASU and PACU, supporting ortho, hand surgery, plastics, and transgender surgical services
- Conducted nursing assessments and delivered patient education during the pre-operative and post-operative phases
- Initiated intravenous (IV) lines
- Administered medications in the pre-operative area
- Monitored patients during post-operative recovery
- Managed patient airways as needed
- Administered pain relief and anti-nausea medications during recovery
- Delivered discharge teaching and assisted with discharge planning

## **Post Anesthesia Care Unit / Ambulatory Surgery Department**

September 2015 to March 2021

**Kaiser Permanente Hospital** – Teaching Facility / Community Hospital – South San Francisco, CA

Per Diem | 8 hours weekly

- Delivered pre- and post-op care in ASU and PACU for ortho, ENT, bariatrics, OB/GYN, and GI services
- Coordinated with surgical teams to support safe patient recovery

**Post Anesthesia Care Unit / Ambulatory Surgery Department** September 2014 to September 2015

**Kaiser Permanente Hospital** – Teaching Facility / Community Hospital – San Francisco, CA

Per Diem | 8 hours weekly or bi-weekly

- Provided care in ASU and PACU
- Delivered assessments, patient education, and discharge planning across pre- and post-operative phases
- Started IVs
- Administered medications in the pre-op area
- Monitored patients in the post-op phase and managed airways
- Administered pain and anti-nausea meds in recovery

**Telephone Advice Nurse – Telephone Linked Care (TLC)** December 2013 to October 2016

**Department of Veterans Affairs / San Francisco VA Medical Center** – Teaching Facility – San Francisco, CA

Part-Time | 24 hours weekly

- Served as a Telephone Advice Nurse within the Telephone Linked Care (TLC) unit
- Triage patients for medical and mental health concerns
- Provided pre-operative and post-operative teaching
- Offered medication counseling and protocol-based guidance
- Managed crisis situations and escalations as needed

**Gastroenterology Department** September 2013 to September 2014

**Kaiser Permanente Redwood City** – Community Hospital – Cypress Building – Redwood City, CA

On-Call | 8 hours weekly

- Worked in the Gastroenterology Clinic and Lab
- Provided pre-procedure teaching and preparation
- Administered and monitored conscious sedation
- Delivered discharge teaching and assisted with post-procedure planning

**Post Anesthesia Care Unit** February 2013 to April 2014

**Alameda Health System – Highland Hospital Campus** – Teaching Facility / Level I Trauma Center – Oakland, CA

Per Diem | 12 hours weekly

- Worked in the PACU
- Conducted nursing assessments and patient teaching in the pre-op and post-op phase
- Administered medications in the pre-op area
- Monitored patients in the post-op recovery phase
- Managed airways and provided conscious sedation
- Administered pain and anti-nausea medications in recovery
- Delivered discharge teaching and coordinated post-op planning

**Ophthalmology Department** December 2012 to July 2014

**Kaiser Permanente Daly City** – Community Hospital – Medical Office Building – Daly City, CA

On-Call | 8 hours bi-weekly

- Worked as a Tele-communications Advice RN in the Ophthalmology Clinic
- Triage patients for urgent appointments
- Provided patient education and advice via phone and in person per department protocols
- Delegated tasks to Medical Assistants and LVNs
- Administered IV Fluorescein Angiography injections per Ophthalmologist's orders

**Pre-Operative / Post Anesthesia Care Unit** November 2011 to April 2012

**Stanford Hospital & Clinics** – Teaching Facility / Level I Trauma Center – Palo Alto, CA

Staff RN | 40 hours weekly

- Provided comprehensive nursing care for pre- and post-operative patients in the Ambulatory Surgery Center
- Conducted assessments, initiated IVs, and administered pre-operative medications
- Monitored post-anesthesia patients, managed airways, and provided pain and anti-nausea interventions
- Delivered discharge teaching and collaborated on discharge planning to ensure safe transitions of care

**PACU / Phase II Recovery / Interventional Radiology** March 2010 to November 2013

**San Francisco General Hospital** – Teaching Facility / Level I Trauma Center – San Francisco, CA

Per Diem | 10–40 hours weekly

- Worked in PACU, Phase II recovery, and Interventional Radiology (IR)
- Administered and monitored conscious sedation in IR
- Supported procedures including fistulagrams, venograms, abscess drains, PICC lines, tunneled catheters, and angiograms
- Started IVs
- Conducted pre-op assessments and patient teaching
- Administered medications in the pre-op area
- Monitored post-op patients and managed airways
- Administered pain and anti-nausea medications during recovery
- Delivered discharge teaching and planning
- Collaborated with radiologists and surgical teams to ensure patient safety and readiness during image-guided procedures

**Pre-Op / Phase II Recovery** September 2009 to July 2010

**Alta Bates Summit Medical Center** – Teaching Facility / Acute Care Medical Center – Oakland, CA

Per Diem | 8 hours weekly

- Provided pre- and post-op care: assessments, IVs, airway support, and pain/nausea management
- Ensured infection control standards, delivered patient education, and coordinated discharge planning

**Pre-Operative / Post Anesthesia Care Unit** January 2009 to February 2010

**Presidio Surgery Center** – Same Day Surgery Facility – San Francisco, CA

Staff RN | 40 hours weekly

- Worked in the Post Anesthesia Recovery Room
- Performed nursing assessments and patient teaching in the pre-op and post-op phase
- Administered pain and anti-nausea medications in recovery
- Monitored post-op patients, administered medications, and managed airways as needed during recovery
- Delivered discharge teaching and planning

**Post Anesthesia Care Unit** October 2008 to January 2009

**Kaiser Permanente Oakland Medical Center** – Community Hospital – Oakland, CA

Travel Nurse – Valley Healthcare Systems | 36 hours weekly

- Worked in the Post Anesthesia Recovery Room
- Managed airways and ventilators while providing pain and anti-nausea interventions during post-op recovery
- Performed assessments and patient teaching in the pre-op phase
- Administered medications in the pre-op area
- Monitored post-op patients, including intensive critical care patients
- Delivered discharge teaching and planning

**Pre-Operative / Post Anesthesia Care Unit** November 2007 to September 2008

**Kaiser Permanente Santa Clara Medical Center** – Community Hospital – Santa Clara, CA

Travel Nurse – Valley Healthcare Systems | 40 hours weekly

- Worked in PACU, Ambulatory Surgery, and Eye Surgery Centers; performed assessments and started IVs
- Administered pre-/post-op eye drops; managed airways and ventilators including during post-op eye surgery
- Monitored critical and post-op patients; provided pain/nausea relief, discharge teaching, and planning

**Post Anesthesia Care Unit** May 2007 to November 2007

**Women's Hospital of Texas** – Community Hospital – Houston, TX

Travel Nurse – Valley Healthcare Systems | 40 hours weekly

- Monitored patients emerging from anesthesia
- Managed respiratory and airway needs
- Provided pain and nausea management
- Conducted discharge teaching and planning
- Performed surgical wound & dressing assessment

**Interventional Radiology** March 2007 to June 2007

**Hahnemann University Hospital** – Teaching Facility / Level I Trauma Center – Philadelphia, PA

Per Diem | 8–16 hours weekly

- Administered and monitored conscious sedation during procedures
- Monitored vitals and supported IR procedures including fistulagrams, venograms, PICC lines, and angiograms
- Delivered discharge teaching and planning in the recovery phase

**Pre-Operative / Post Recovery** February 2007 to May 2007

**Wills Eye Surgery Hospital** – Teaching Facility / Surgery Center affiliated with Thomas Jefferson University – Philadelphia, PA

Per Diem | 8–16 hours weekly

- Started IVs and performed pre- and post-operative health assessments
- Administered pre- and post-operative eye drops
- Managed airways in post-op phase of eye surgery
- Delivered discharge teaching and planning

**Clinical Pharmacology – Research / Phase I Clinical Study Unit** February 2007 to May 2007

**Thomas Jefferson University Hospital** – Teaching Facility / Level I Trauma Center – Philadelphia, PA

PRN Clinical Research Nurse – ATC Healthcare | 12 hours weekly

- Monitored subjects participating in Phase I clinical drug trials
- Collected data, assessed vitals, and ensured protocol compliance

**Post Anesthesia Care Unit** December 2006 to February 2007

**Phoenixville Hospital** – Community Hospital – Phoenixville, PA

Travel Nurse – ATC Healthcare | 40 hours weekly

- Performed pre-op assessments and patient teaching
- Started IVs and administered pre-op medications
- Monitored patients in the post-op phase
- Managed airways as needed
- Administered pain and anti-nausea medications in recovery
- Delivered discharge teaching and planning

<b>Medical Intensive Care Unit</b>	September 2006 to November 2006
<b>Presbyterian Hospital</b> – Teaching Facility – Philadelphia, PA	
Per Diem   36 hours weekly	
<ul style="list-style-type: none"> <li>• Monitored critical care patients</li> <li>• Managed airways, ventilators, and intravenous drips</li> <li>• Performed catheter, tubing, and lab specimen management</li> </ul>	
<b>Medical Intensive Care Unit</b>	June 2006 to September 2006
<b>SUNY Hospital</b> – Teaching Facility / Level I Trauma Center – Syracuse, NY	
Travel Nurse – RN Network   36 hours weekly	
<ul style="list-style-type: none"> <li>• Monitored critical care patients</li> <li>• Managed respirators, ventilators, vasopressors, cardiac drips, and feeding tubes</li> <li>• Performed central and arterial line care, blood draws, and lab interpretation</li> <li>• Assisted physicians during procedures</li> </ul>	
<b>Medical / Surgical Intensive Care Unit</b>	July 2003 to June 2006
<b>Harris County Hospital District</b> – Lyndon B. Johnson General Hospital – Teaching Facility / Level III Trauma – Houston, TX	
Staff RN   36 hours weekly	
<ul style="list-style-type: none"> <li>• Monitored critical care patients</li> <li>• Managed airways, ventilators, cardiac drips, and nutritional feeds</li> <li>• Performed central/arterial line care and lab interpretation</li> <li>• Assisted with patient care and medical procedures</li> </ul>	
<b>Medical / Surgical Intensive Care Unit</b>	June 2003 to December 2004
<b>Harris County Hospital District</b> – Lyndon B. Johnson General Hospital – Teaching Facility / Level III Trauma – Houston, TX	
Student Nurse   12–36 hours weekly	
<ul style="list-style-type: none"> <li>• Supported RN staff in patient care</li> <li>• Collected labs, assisted with procedures, and documented vitals</li> <li>• Observed multidisciplinary rounds to support care planning</li> </ul>	
<b>Residential Care</b>	May 2002 to August 2002
<b>Special Texas Homes, Inc.</b> – Pasadena, Texas Home Aide	
<ul style="list-style-type: none"> <li>• Provided daily living assistance for mentally challenged residents</li> <li>• Dispensed medications and monitored activities</li> </ul>	