

Patricia Sikkeland, Psy.D.

Education

Psy.D.Doctor of Clinical Forensic Psychology, 2018

The Chicago School of Professional Psychology, Irvine, CA

M.P.A.Master of Public Administration, 1993

California State University, Dominguez Hills, Carson, CA

B.S.Bachelor of Science: Public Administration, 1990

California State University, Dominguez Hills, Carson, CA

Professional Certifications

California State Psychology License Number-PSY33757

Work Experience

02/24-Present Path/Rula Psychological Services

Position: Licensed Clinical Psychologist-Independent Contractor

- Provide individual therapy sessions via tele-therapy.
- Complete initial intake and interviews.

10/2022-Present Pacific Coast Psychology Group, West Lake Village, CA

Position: Licensed Clinical Psychologist-Clinical Supervisor

- Facilitate individual therapy sessions with patients in skilled nursing facility and secured long-term behavioral facilities.
- Administer psychological assessments.
- Complete initial intake, interviews and risk assessments.
- Collaborate with nursing staff and social services workers.
- Provide Clinical Supervision.

08/2017-09/2023 Orange Psychological Services, Long Beach, CA

Position: Pre-doctorate, Post-doctorate, Registered Psychological Assistant

- Facilitate group and individual therapy sessions with sex offenders who are on active community-based supervision.
- Complete initial intake interviews, risk assessments and all correlating reports as per agency standards.
- Complete treatment notes, progress reports, treatment plans, and risk assessments.
- Administer psychological assessments to aid in diagnosing clients.
- Maintain ongoing contact with parole officers to communicate clients' progress in treatment.

09/2016-08/2017 Los Angeles Mission/Ann Douglas Center for Women, Los Angeles, CA Position: Practicum Student

- Provided individual therapy to male/female clients who resided at the mission.
- Administered reliable and valid psychological assessments.
- Interpreted results and wrote integrative psychological reports.
- Collaborated with clients to develop treatment plans.

- Conducted intake interviews and assessed for pathology.
- Facilitated group therapy sessions by utilizing Living in Balance, Communication, and Seeking Safety concepts.

**02/2015–08/2016 Los Angeles County Sheriff's Department-Vital Intervention
Direction Alternative Academy (VIDA)/Twin Tower County Jail
Position: Practicum Student**

- Facilitated therapy sessions with at-risk adolescents.
- Conducted family sessions with adolescents and parents/legal guardians.
- Maintained ongoing contact with law enforcement officers assigned to the program site.
- Completed initial intake interviews, risk assessments and all correlating reports as per agency standards.
- Completed treatment notes and treatment plans.

**03/1997-09/2016 Los Angeles County Probation Department
Position: Deputy Probation Officer II**

03/1997-05/2000 Juvenile Supervision, San Dimas, CA

- Conducted individual and group counseling sessions with juvenile offenders.
- Prepared court reports, managed cases, and developed aftercare plans.
- Collaborated with team members to determine suitable placement for juveniles.

05/2000-03/2005-Adult Supervision, Van Nuys, CA

- Supervised adult felony offenders in a community-based supervision setting.
- Managed group and individual treatment modules. Facilitated evidence-based community correction treatment programs.
- Prepared court ordered progress reports. Formulated and implemented case plans.
- Assessed defendants criminal risk levels to help aid with treatment.

03/2005- 09/2016-Adult Investigation, Norwalk, CA

- Gathered information from victims, law enforcement agencies, and criminal records to determine detainee suitability for probation or prison.
- Prepared pre-plea, sentencing, and post-sentencing reports.
- Completed risk assessments to determine suitable placements within the criminal justice system.

11/1991-03/1997 Los Angeles County Department of Public Social Services

Position: Eligibility Worker II/Social Worker II

11/1991-04/1994-Aid to Families with Dependent Children, Rancho Dominguez, CA

- Administered state and federal funds to needy families with children.
- Calculated welfare and Medi-Cal benefits.
- Managed caseloads to determine ongoing eligibility.

04/1994-03/1997-In-Home Supportive Services, Rancho Dominguez, CA

- Allocated state funds.
- Performed on-site visits to determine initial and ongoing eligibility for senior services.
- Provided support to home healthcare management teams.

Psychological Tests and Assessments

Beck Anxiety Index (BAI)
Beck Depression Index (BDI)
Patient Health Questionnaire (PHQ-9)
ASEBA-Adult Self Report & Behavior Checklist (ASR/ABCL)
Trauma Checklist
Wechsler Adult Intelligence Scale-IV (WAIS-IV)
Wechsler Memory Scale-IV (WMS-IV)
House-Tree-Person (HTP)
Minnesota Multiphasic Personality Inventory MMPI-2
Posttraumatic Checklist (PCL-5)
Rotter Incomplete Sentence Blank (RISB-2)
Adult ADHD Self-Report Scale (ASRS0v1.1) Symptom Checklist
Dissociative Experience Scale-II
Level of Service /Case Management Inventory (LS/CMI)

Professional Development

2010Participant, California State Prison Re-Alignment training, Los Angeles County, Probation Department
2015 Participant, Suicide Prevention Training, Pines Institute
2016Participant, Supervision of Offenders with Mental Illness, Los Angeles County Probation Department
2016Participant, Substance Abuse Education Training
2015Participant, Seeking Safety Therapy, Los Angeles Mission
2015Participant, Living in Balance Therapy, Los Angeles Mission
2016Participant, American Psychological Association-Division 41 Annual Conference
2017Participant, Assessing for Psychopathy, Orange Psychological Services
2017 Participant, Beginning Rorschach Administration, Scoring and Interpretation-20 hour workshop, The Chicago School of Professional Psychology
2018Participant, California Coalition for Sex Offenders, LS/CMI certification
2018Participant, American Psychological Association Annual Convention
2019Presentation, "Clinical interviewing in a Forensic Setting"- California Baptist University
2019Participant, "Assessing for suicide in the sex offender population", Orange Psychological Services
2020 Presentation, "Forensic Assessments"- California Baptist University
2023 Evergreen Certified Clinical Trauma Professional
2024 Pacific Coast Psychology Group-Therapist of the Year Award
2025 Presentation, "Aging while Homeless"

Publication

Sikkeland, P (2018). *Compassion, Empathy and Awareness: Factors Impacting Perceptions of Domestic Minor Sex Trafficking* (Doctoral dissertation, The Chicago School of Professional Psychology), Published on proquest.com.

Professional Organizations

American Psychological Association (APA)

References

1. Erica Taylor, Psy.D.

3829 38th Ave. S.

Seattle, Washington, 98118

Phone: (858) 663-7786

Relationship: Professional Colleague

2. Jenny Aguilar, Psy.D.

1234 W. Chapman Avenue

Orange, California 92868

Phone: (951) 230-2052

Relationship: Post-Doctoral Clinical Supervisor

3. Dustin Cisneros, Psy.D.

1234 W. Chapman Avenue

Orange, California 92868

Phone: (714) 771-0722

Relationship: Clinical Director