

Nicole Sfeir Trikha

EDUCATION

American Board of Psychiatry and Neurology Certified **Sept 2023 – Present**

UCLA/VA Greater Los Angeles Psychiatry Residency **July 2019 – June 2023**

University of South Florida, Morsani College of Medicine **July 2015 – May 2019**
SELECT MD Program

- Collaborative program between USF Morsani College of Medicine in Tampa, FL and the Lehigh Valley Health Network in Allentown, PA encompassing a four-year longitudinal curriculum with a focus on health systems, leadership and values-based patient centered care with an emphasis on emotional intelligence.

University California, San Diego **Sept 2010 – June 2014**
Revelle College, Bachelor of Science in General Biology

PROFESSIONAL EXPERIENCE

Qualified Medical Examiner **Jan 2025 – Present**

Contact: Jason Beck with the Guardian Group
[310.363.0072](tel:310.363.0072)

- Perform independent evaluations for workers' compensation disputes.
- Determine if an applicant has a psychiatric disorder and use clinical judgment to help the legal system determine if the disorder is related to industrial exposure or not.

Medical Consultant for the California Department of Social Services **Sept 2024 – Present**

Contact: Vanna Chhauy
[562.805.9522](tel:562.805.9522)

- Perform case adjudication for disability claims on behalf of the Social Security Administration.
- Clinically determine residual functioning in claimants with psychiatric impairments and assess what employment duties they would likely be able to perform or not.

Attending Psychiatrist at the VA Greater Los Angeles System **Dec 2023 – Present**

Contact: Alexander Barrad, PsyD, Section Chief, Lancaster & Bakersfield Mental Health Clinics
Alexander.Barrad@va.gov

- Provide outpatient psychiatric care/medical management for veterans in the Lancaster Community-Based Outpatient Clinic. I most commonly treat PTSD, depressive disorders, substance use disorders, anxiety disorders, bipolar disorder, ADHD, and schizophrenia/other psychotic disorders.
- Provide clinical resident supervision/guidance and resolve clinical dilemmas that may arise.
- Help fellow faculty members resolve challenging clinical problems during case conference.

UCLA/VA Greater Los Angeles Psychiatry Residency **July 2019 – June 2023**

Contact: Margaret Stuber, MD, Program Director
MStuber@mednet.ucla.edu

- Outpatient Clinics
 - Forensics Clinic _____ July 2022 – June 2023
 - General Mental Health Clinic _____ July 2022 – June 2023

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- Geriatric e-Consult Clinic _____ July 2022 – June 2023
- Intensive Short Term Dynamic Psychotherapy (ISTDP) _____ July 2022 – June 2023
- Mood Disorders Clinic _____ July 2022 – June 2023
- Psychodynamic Psychotherapy Clinic _____ July 2021 – June 2023
- Women’s Mental Health Clinic _____ July 2021 – June 2023
- Anxiety Disorders Clinic _____ July 2021 – June 2022
- Geriatric Mental Health Clinic _____ July 2021 – June 2022
- Psychosis Clinic _____ July 2021 – June 2022
- Substance Use Disorders Clinic _____ July 2021 – June 2022
- Program Chief Resident _____ July 2021 – June 2022
 - Integral part of the recruitment team for prospective residents - application reviewer and interviewer.
 - Worked closely with program leadership to optimize junior resident experience and education.
 - Organized intern orientation to ease transition into residency.
 - Created/managed the residency call schedule.
 - Organized events such as the bi-annual residency retreat and graduation.
- Acute Care Services _____ July 2019 - July 2021
 - Evaluated and managed patients in the inpatient psychiatric wards (adult and child), psychiatric emergency department, and consult-liaison service.
- Medical Student Educator _____ July 2021 – Dec 2022
 - Educator for the UCLA medical students’ Systems Based Healthcare course

RESEARCH EXPERIENCES

USF SELECT Capstone Project

May 2018 – March 2019

Contact: Grant Greenberg, MD, MA, MHSA, Chair of the Department of Family Medicine

Lehigh Valley Health Network

Grant.Greenberg@lvhn.org

484-862-3072

Position: Researcher

- Analyzed data from focus groups with eligible women in the Lehigh Valley to determine their beliefs on risk factors for breast cancer and why they are not receiving screening mammograms.
- Created frequency charts to visualize the data.
- Began to develop interventions to increase rates of mammography based on responses from focus groups.

USF SELECT Action Learning Project

Nov 2017 – May 2018

Contact: Richard Mackenzie, MD MBOE FACEP, Senior Vice Chair of Emergency Medicine, Medical Director for Organizational Effectiveness

Lehigh Valley Health Network

Richard.Mackenzie@lvhn.org

484-862-3228

Position: Project Lead

- Spearheaded a new model of communication between physicians in the Department of Emergency Medicine. This model is based on placing physicians into groups of five with one team lead.
- Analyzed whether this new model led to improved patient reported outcomes, better access for physicians to hospital leadership and decreased physician burnout.
- Worked closely with Primary Investigator and managed fellow students on the team.

Cedars Sinai Department of PM&R

June 2016 – Aug 2016

Contact: Pamela Roberts, PhD, OTR/L, SCFES, FAOTA, CPHQ, FNAP, Director and Professor of EIS Academics and Physician Informatics and PM&R Academics

pamela.roberts@cshs.org

310-423-6660

Position: Visiting Student and Research Intern

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- Worked in conjunction with the informatics department to determine statistically significant factors in healthcare workers who succumbed to phishing scams.
- Performed a comprehensive literature review, analyzed data and presented results at a student poster presentation.
- One publication currently in review.

Institute for Genomic Medicine at the UCSD School of Medicine July 2012 – March 2014

Contact: Kang Zhang, MD, Ph.D., Professor of Ophthalmology, Chief of Ophthalmic Genetics

k5zhang@ucsd.edu

858-534-6290

Position: Research Assistant and Lab Manager

- Used PCR to sequence/genotype and identify genes involved in retinal and macular degeneration.
- Created stem cell lines in order to synthesize genes involved in genetic eye diseases and make them accessible for various studies.
- Performed DNA extractions from human blood, saliva, and animal tissues as lab manager.
- Mentored student volunteers in the laboratory.

VOLUNTEER EXPERIENCES

USF BRIDGE Healthcare Clinic

Aug 2016 – Jan 2017

Contact: Frederick Slone, MD

fslone@health.usf.edu

813-526-9684

Position: Operations Coordinator

- Provided comprehensive healthcare to underserved populations in Tampa, FL at no charge to the patient.
- Coordinated medical students, physical therapy students, pharmacy students, physicians, interpreters, social workers, public health personal, and colon cancer screening volunteers to ensure clinic ran efficiently and patients were able to see all necessary providers in a timely manner.
- Trained subsequent operations coordinators.

African Impact, Antelope Park

Aug 2014 – Sept 2014

Contact: Dan Matthews, Volunteer Coordinator

Vungu Road, Gweru, Zimbabwe

+263 (0)54 251913

Position: Medical Volunteer

- Worked in a missionary clinic gathering medical history and physical exam information and relaying this information to providers in a comprehensive manner.
- Assisted in delivering babies at local community centers.
- Taught math and reading in orphanages.
- Assisted in a lion rehabilitation project by working directly with the animals and searching for snares.

UCSD's Fellowship for International Service and Health

Sept 2012 – March 2014

Contact: Daniel Yee, MD, Former President

dcyee.yee@gmail.com

(530) 400-7531

Contact: Maura Garcia, MD

mauragarcia@gmail.com

(619) 733-2395

Position: President

- Assisted with patients at Dr. Burgos' health clinic in Tijuana, Mexico as part of the Global Health program at the UCSD School of Medicine.

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- Organized and managed pre-medical undergraduates at Dr. Maura Garcia's free health clinic in Tecate, Mexico to screen for pre-diabetic and diabetic patients and raise overall health awareness in a high-risk area.

UCSD Hillcrest Hospital

April 2012 – April 2013

Contact: Lillian Pacheco, MR3T Clinical Research Manager/Clinical Trials Coordinator

lpacheco@ucsd.edu

(619) 471-0676

Position: Volunteer in the Bydder Research Lab, Department of Radiology

- Took medical history to screen eligible patients for various ongoing studies.

PUBLICATIONS

Peer Reviewed Journal Articles/Abstracts

1. Luo, J., Baranov, P., Patel, S., Ouyang, H., Quach, J., Wu, F., Qiu, A., Luo, H., Hicks, C., Zeng, J., Zhu, J., Lu, J., Sfeir, N., Wen, C., Zhang, M., Reade, V., Patel, S., Sinden, J., Sun, X., Shaw, P., Young, M., and Zhang, K. Human Retinal Progenitor Cell Transplantation Preserves Vision. *The Journal of Biological Chemistry*. 2014, Mar; 289(10):6362-71.(10): 6362-6371. Cited in PubMed; PMID: 24407289. Pub Status: Published.

2. Zhao, JJ., Ouyang, H., Luo, J., Patel, S., Xue, Y., Quach, J., Sfeir, N., Zhang, M., Fu, X., Ding, S., Chen, S., and Zhang, K. Induction of Retinal Progenitors and Neurons from Mammalian Muller Glia under Defined Conditions. *The Journal of Biological Chemistry*. 2014, Apr; 289(17): 11945-11951. Cited in PubMed; PMID: 24523410. Pub Status: Published.

Peer Reviewed Journal Articles/Abstracts (Other than Published)

1. Roberts, P., Riggs, R., SooHoo, S., Goud, A., Truong, L., Sfeir, N., Dworkin, D. Bait and Hook: An Analysis of Healthcare Susceptibility to Phishing. *Human Factors: The Journal of the Human Factors and Ergonomics Society*. 2018, Jul; Pub Status: Submitted.

Presentations

1. Sfeir, N., Truong, L., Roberts, P. (July, 2016). PHI Security: Predictors Associated with Opening Phishing Emails. Poster presented at: USF Summer Immersion Poster Presentation Day; Tampa, FL, USA.

2. Sfeir, N., Rajan, P., Sherman, C., Murimwa, G., Kesty, C., Guju, M., Sheno, A., MacKenzie, R. (May, 2018). Impact of the Transition to a Model Cell Structure on Physician Burnout Oral Presentation presented at: USF SELECT Action Learning Project Presentation Day; Allentown, PA, USA.

OTHER EXPERIENCES

- Served as a mentor for undergraduate students with a desire to go to medical school
- Served as an instructor during Cub Scout first aid training event
- Can speak and understand Spanish at a basic level
- Taught private surfing lessons and worked as a surf instructor at the University of California, San Diego