

DAVID CLIFFORD SHAFFER, DC, APCM-c, CCSP

California License #27166 • MD License #03393 • VA License #0104556356

TARGET – CHIROPRACTIC PHYSICIAN

Personable, thorough, and patient focused Chiropractor and Clinic Director with 24+ years of success and contributions in the field. Gifted conservative care professional with outstanding communication, presentation, and instructional skills. Works well with colleagues and patients from diverse backgrounds and cultures. Experienced working in interdisciplinary setting with Medical Doctors, Physical Therapists, Physician Assistants, Nurses, and other specialty providers for optimal patient healthcare services. Deep and rich knowledge of Chiropractic and Health as shown through contributions to the community as a clinician and speaker. Additional keys to success include:

- Valued and well-respected Chiropractor and Clinic Director who built a large referral-based business serving community members, athletes, students, business professionals, and legal/medical personnel.
- Attentive, diligent, and detail-oriented to provide quality healthcare services to patients with varying medical needs and conditions.
- Avid researcher and reader of Chiropractic and Sports Medicine journals, publications, and on-line materials to stay abreast of latest trends and advancements in the field.
- Apply deep and rich medical knowledge to develop working diagnosis in accordance with evidence-based medical practices.
- Keen technical acumen and user of traditional and on-line technologies to market Chiropractic services and raise public awareness for many health, nutritional, sports medicine, and holistic topics.
- Confident public speaker who is comfortable presenting to small or large groups on a wide range of healthcare and medical topics.
- Adept in instructing patients and athletes on all treatment plans and programs.
- Multi-task oriented and remains calm in stressful and/or challenging situations.
- Computer proficiency in MS Office Suite (Word, Excel, and PowerPoint), and electronic medical records management.
- High degree of professionalism with an established reputation for quality, exactness, and results.

CORE COMPETENCIES

- Personnel Management • Human Resources • Employment Law • Regulatory Compliance
- New Start-Up's • Team Building & Leading • Training & Instruction • Communications
- Presentations • Business Administration • Sales & Marketing • Advertising • Promotions • Writing & Editing
- Staff Recruitment & Hiring • Recording & Reporting • Follow-Up & Problem Solving • Cost Control • Revenue Enhancement
- Clinical Diagnosis • Sports Medicine • Rehabilitation • Innovative & Unique Treatment Protocols
- Athletic Enhancement Protocols • Patient Relations • Diagnosis & Treatment Counseling & Advising
- Health & Wellness • General Nutrition • Stress Management •

RELEVANT HIGHLIGHTS

- Lobbied before and made presentations to U.S. Congress, Senators, and State Representatives from Virginia and California on several healthcare issues and policies.
- Featured speaker at the Performing Arts Medical Association (PAMA) event at Chapman University September 2014.
- Currently developing hypothesis for research on the relationship of core musculature and proximal muscles of hip and pelvis and their relationship to lower extremity injuries, athletic injuries and/or performance enhancement.
- Recipient of numerous recommendation letters for clinical contributions and selected as first Chiropractor in area to participate in groundbreaking Alternative Medicine Program at Little Company of Mary Hospital in the South Bay of Los Angeles.
- Set-up 3 Chiropractic Clinics, 2 in Los Angeles, and 1 in Fairfax, VA with few contacts and/or connections in these areas and challenged by economic conditions and enjoyed a high volume of repeat and referral business (i.e., grew average patient visits from - 0- to 120 per week within a 4-year period).

CLINICAL EXPERIENCE

Savas Health - Pain Management Group, Riverside, Hesperia, and Victorville, CA (10/2022 – present)
Chiropractic Physician

Personalize Lifestyle Medicine Center-PLMC, Aliso Viejo, CA (06/2020 – 10/2022)
Chiropractic Sports Physician

Beach Cities Orthopedics & Sports Medicine, Torrance, CA (12/2014 – 12/2020)
Chiropractic Sports Physician

Noraxon USA, Scottsdale, AZ (03/2014 – 03/2015)
Director of Human Performance

NOVA Spine & Injury Center, Inc., Fairfax, VA (7/2006 – 9/2013)
Clinic Director - Chiropractic Sports Physician

Summit Pain & Injury Treatment Centers, Los Angeles, CA (6/2003 – 6/2005)
Clinic Director - Chiropractic Sports Physician

Summit Pain & Injury Treatment Centers, Redondo Beach, CA (4/2002 – 6/2005)
Clinic Director - Chiropractic Sports Physician

Pain & Rehabilitation Medical Group, Torrance, CA (8/2002 – 9/2003)
Director of Chiropractic Medicine - Part Time

Premiere Chiropractic & Sports Medicine, Redondo Beach, CA (8/1999 – 4/2002)
Senior Staff Doctor - Chiropractic Sports Physician

Center for Health & Well Being, Little Company of Mary Hospital, Manhattan Beach, CA (8/2000 – 5/2001)
Staff Doctor

ATHLETIC - EVENT EXPERIENCE

USA Track & Field National Championships, Sacramento, CA 2014
Staff Doctor

EVP, Extreme Volleyball Professionals (Pro/Am Tournament), Hermosa Beach, CA (2002)
Event Physical Medicine Coordinator

Hermosa Open, AVP Professional Volleyball Tournament, Hermosa Beach, CA (2000)
Event Doctor-guest of Dr. Richard Semel

King of the Cage/Ultimate Fighting Competition, San Jacinto, CA (2000)
Sports Medicine/Chiropractic Consultant

Campeonato De Mundial De Brazilian Jiu Jitsu World Championships, Rio de Janeiro, Brazil (2000)
Event Doctor

ATHLETIC – EVENT EXPERIENCE (CONT.)

Gracie Jiu-Jitsu National Tournament, Torrance, CA (2000)
Event Doctor

EDUCATION & CREDENTIALS

Doctor of Chiropractic

Palmer College of Chiropractic West, San Jose, CA

Bachelor of Arts, Major: History (Far-East Asian Concentration), Minor: English Literature

University of Pittsburgh, Pittsburgh, PA

Clinical Certifications:

- Diplomate of the American Chiropractic Board of Sports Physicians, Palmer College of Chiropractic & Southern California University of Health Sciences (DACBSP 2012-in process)
- Diplomate of American Chiropractic Rehabilitation Board (DACRB) (Applying for Certification)
- Human Performance Certification (Currently Enrolled), University of Bridgeport, College of Chiropractic
- Advanced Practice of Chiropractic Medicine (APCM-c), Lincoln College of Post Professional, Graduate & Continuing Education
- Qualified Medical Examiner (Q.M.E.), Industrial Medical Council, State of California-Not Active
- Certified Strength and Conditioning Specialist (C.S.C.S.), National Strength and Conditioning Association (N.S.C.A.)
- Manipulation Under Anesthesia (M.U.A.), National University of Health Sciences, Lincoln College of Post Professional, Graduate & Continuing Education
- Industrial Disability Examiner, Life Chiropractic College West

Prior Staff Privileges:

- Culver City Surgical Center, Culver City, CA (Manipulation under Anesthesia – M.U.A.)
 - Outpatient Spine & Surgery Center, Beverly Hills, CA (Manipulation under Anesthesia – M.U.A.)
 - Little Company of Mary Hospital Care Station, Manhattan Beach, CA
-

PROFESSIONAL AFFILIATIONS

- Chiropractic/Medical Society Membership
- American Chiropractic Board of Sports Physicians
- American Chiropractic Association
- American Chiropractic Association Sports Council
- Virginia Chiropractic Association
- California Chiropractic Association (former)
- American College of Sports Medicine
- American Academy of Spine Physicians
- Student American Chiropractic Association (SACA), Palmer West (Prior Vice President, Legislative Representative & Student Lobbyist)
- Varsity Basketball Player at the University of Pittsburgh-Johnstown 1986-1988