

# MICHELLE DE LA GARZA

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## CLINICAL FORENSIC PSYCHOLOGIST LIC# PSY30133

### PROFILE

Licensed Clinical Forensic Psychologist with experience working with specialized populations including but not limited to adult and juvenile sex offenders and adults suffering from psychotic disorders.

### EXPERIENCE

#### SENIOR PSYCHOLOGIST SUPERVISOR - ACTING

North Kern State Prison | Delano | 2022 – 2024

North Kern State Prison is a correctional institution within the California Department of Corrections and Rehabilitation housing offenders of various levels during their reception process.

- Provide supervision and overview of Mental Health Crisis Bed and Crisis Intervention programming.
- Conduct chart review and assist in treatment patient planning.
- Complete monthly partnership rounding with custody and inmates.
- Review monthly quality management data and provide reports to executive staff.
- Maintain treatment logs and staff scheduling as needed.

#### PSYCHOLOGIST

North Kern State Prison | Delano | 2019 – present

North Kern State Prison is a correctional institution within the California Department of Corrections and Rehabilitation housing offenders of various levels during their reception process.

- Conduct intake evaluations and suicide risk assessments
- Provide therapeutic interventions to help inmates navigate through crisis.
- Recommend appropriate level of care for inmates.
- Consult with multi-disciplinary treatment team to access inmates' needs.
- Review client history, risk factors, and interventions.

#### STAFF PSYCHOLOGIST

John Henry Foundation | Santa Ana | 2019 – 2023

The John Henry Foundation is a residential treatment facility for adults living with schizophrenia spectrum illness. They provide education and support to not only the residents but also to their families, local community, mental health professionals, and law enforcement.

- Conduct intake evaluations and treatment planning.
- Provide therapeutic interventions to help residents manage symptoms and maintain stability.
- Consult with multi-disciplinary treatment team to meet resident needs.
- Advise and train staff on de-escalation.

- Review resident history, risk factors, and interventions.
- Provide supervision needs to practicum students.

### **ADJUNCT PROFESSOR**

Pacific Oaks College | Pasadena | 2019 – 2020

- Provide case conceptualization during class discussion.
- Teach different therapeutic modalities to practicum students.
- Review and grade graduate level assignments.
- Instruction on California Law and Ethics pertaining to the field of mental health.

### **STAFF CLINICIAN**

Spero Psychological Services | Torrance | 2015 – 2019

Spero Psychological Services is an adult Sex Offender Treatment Program that provides therapy as well as psychological evaluations to adult sex offenders pre and post prosecution at both state and federal levels. Spero Psychological Services follows the containment model and works closely with law enforcement in an effort to provide community safety and decrease recidivism.

- Facilitate group therapy sessions.
- Conduct individual sessions.
- Provide regular updates on client progress to probation officers.
- Debrief with clients after polygraph examinations.
- Consult weekly with treatment team to access clients' needs.
- Review client history, risk factors, and interventions.
- Administer assessments specific to population.

### **CAREGIVER**

John Henry Foundation | Santa Ana | 2013 – 2016

The John Henry Foundation is a residential treatment facility for adults living with schizophrenia spectrum illness. They provide education and support to not only the residents but also to their families, local community, mental health professionals, and law enforcement.

- Assist in medication preparation.
- Facilitate and manage outings into the community.
- Help residents complete ADLs.
- Support and provide intervention to residents during incidents of crisis.
- Maintain facility and property grounds.
- Assure resident safety and general wellbeing.

### **CLINICAL INTERN**

Orange County Health Care Agency – CEGU Probation | Orange | 2014 - 2015

Orange County juvenile detention facility for youths charged or being charged for a variety of criminal acts including but not limited to; murder, attempted murder, gang violence, sexual offenses, truancy, robbery, etc.

- Provide individual counseling services to currently detained youths.
- Conduct group and family therapy for youths and their caregivers.
- Maintains a caseload ranging from 5 to 15 youths.
- Perform psychological testing for differential diagnosis.
- Carryout intake evaluations and assessments.
- Respond to crisis and provide intervention.
- Regularly consult with staff and clinicians regarding welfare of youth.

- Assist in individual sex offender treatment and group therapy.
- Attend weekly group and supervision meetings.
- Attend regular training to maintain and improve clinical skills.

#### **PRACTICUM INTERN**

John Henry Foundation | Santa Ana | 2013 – 2014

JHF is a residential treatment facility for adults living with schizophrenia spectrum illness. They provide education and support to not only the residents but also to their families, local community, mental health professionals, and law enforcement.

## **E D U C A T I O N**

#### **DOCTORATE**

Alliant International University  
2015

#### **BACHELOR DEGREE**

California State University -  
Dominguez Hills  
2011