

Michael A. Carlish, Ph.D., Q.M.E.

CA License PSY 24938 · QME #142775
San Diego, CA

Profile

Clinical and forensic psychologist specializing in mental health evaluations. Extensive experience in emergency psychiatric assessment in correctional and hospital settings; comprehensive mental health assessments in the California Workers' Compensation system; and independent medical evaluations (IME/fitness-for-duty). Additional expertise in psychotherapy as well as ADHD and autism testing with Native American children, adolescents, and adults.

Licensure & Credentials

- Clinical Psychologist, State of California (PSY 24938)
- Qualified Medical Evaluator, State of California (QME #142775)

Professional Experience — Current

Expedient Medicolegal Services — Encino, CA

Qualified Medical Evaluator / Independent Medical Evaluator | Jan 2016–present

- Perform medical-legal evaluations in the CA Workers' Compensation system
- Serve as independent medical evaluator/expert witness in non-WC matters

Richard J. Donovan State Prison (CDCR) — San Diego, CA

Contract Psychologist | Aug 2024–present

- Perform emergency mental health evaluations of incarcerated individuals, including suicide risk and crisis assessments
- Provide individual and group psychotherapy

Indian Health Council — Valley Center, CA

Clinical Psychologist | Apr 2012–present

- Provide psychotherapy to Native American children, adults, and elders
- Perform psychological assessment, specializing in ADHD and autism spectrum disorder

LITILI Group (Litigation Legal Insight) — El Segundo, CA

Forensic Psychologist (Independent Contractor) | Dec 2022–present

- Perform remote independent medical evaluations in civil litigation cases

- Provide medical record review, expert witness testimony, and written opinions for attorneys and courts

Arrowhead Evaluation Services — Redlands, CA

Independent Medical Evaluator | Oct 2019–present

- Perform employer-requested psychological fitness-for-duty evaluations

Professional Experience — Previous

Help Therapy — San Diego, CA

Psychologist (Independent Contractor) | Oct 2023–Jan 2025

- Conducted remote pre-surgical psychological evaluations for adult patients seeking bariatric surgery and spinal cord stimulator trials

Sharp Mesa Vista Hospital — San Diego, CA

Intake Coordinator / PET Clinician | Feb 2006–Dec 2024

- Conducted emergency psychiatric evaluations in inpatient and emergency room settings

QTC Medical Group — Chula Vista, CA

Clinical Psychologist | Oct 2020–Oct 2021

- Conducted psychological (C & P) evaluations for active duty service members and veterans

Liberty Healthcare — Santee, CA

Gatekeeper | Nov 2019–Jul 2020

- Performed brief risk assessments for incarcerated females at Las Colinas Detention and Reentry Facility

Senior Medical Associates — San Diego, CA

Clinical Psychologist | Apr 2014–Mar 2019

- Provided individual psychotherapy to residents at several skilled nursing facilities

Education

Ph.D., Clinical Psychology — Alliant International University, San Diego, CA | Aug 2010

M.A., Counseling Psychology — California School of Professional Psychology, San Diego, CA | May 2001

B.A., Psychology — University of California, Santa Barbara | Jul 1998