

Meghan M. Kubala

EDUCATION

Doctor of Medicine

April 2017

SELECT Program

SELECT is progressive, professional development course that prepares students to be physician leaders. The program incorporates collaborative seminars to deepen students' knowledge of leadership, health systems, and values-based patient-centered care.

University of South Florida

Morsani College of Medicine, Tampa, FL

Master of Science, Biotechnology

Dec 2011

Concentration in Physiology

Johns Hopkins University, Baltimore, MD

Bachelor of Science, Physiology and Neurobiology

May 2007

College Park Scholars Living-Learning Community

Minor in English Literature & Psychology

University of Maryland, College Park, MD

WORK EXPERIENCE

Wound Surgeon

Jan 2024 — Present

Crescent Wound Care and Integrity Wound Physicians

San Diego, CA

- Responsible for evaluating and creating treatment plans for nursing home patients
- Overseeing treatment nurses during wound rounds and treatment
- Attending rounds, outpatient clinics and conferences

Wound Surgeon

Aug 2022 - Jan 2024

Advantage Surgical and Wound Care

Central Valley, CA

- Responsible for evaluating patients and creating treatment plans for surgical patients
- Overseeing junior residents during evaluation and creating treatment plans
- Attending rounds, outpatient clinics and conferences

Business Owner

Mar 2015 – 2023

Rover Pet Sitting

Tampa, FL and Lehigh Valley, PA

- Five-star member of the nation's largest network of pet lovers and trusted pet sitters
- Host for a variety of animals including dogs, cats and birds during family trips
- Specialty care for geriatric pets – including medication administration, physical assistance
- Provide individualized home visits or day care, including exercise and medications
- Responsible for advertising and billing, scheduling stays and client satisfaction

Research Coordinator**Dec 2011 - July 2013**

Hospital Epidemiology and Infection Control: ResPECT Study

Johns Hopkins, School of Medicine Infectious Disease

Dr. Trish Perl, MD, M.Sc.

- Manage a large multi-center study by scheduling staff travel and coordinating site visits
- Create and implement new sample data management system with programming team
- Supervise study execution and compile regular progress reports
- Coordinate with sponsors - including organization, presentations, and analysis
- Coach new site coordinators during study implementation and active phase management

Research Assistant & Lab Manager**April 2009 – Dec 2011**

Center for Health Promotion: Silent Stroke, ENIGMA, and Artery Studies

Johns Hopkins, School of Medicine Internal Medicine

Dr. Paul Nyquist, MD, MPH; Dr. Brian Kral, MD, MPH; Dr. Jay Vaidya, MBBS, MPH, Ph.D

- Supervise and manage lab protocols for specimen processing and publication
- Collaborate with department heads to resolve conflict
- Participate in study days by using established protocols for participant recruitment, blood collection, exercise stress testing, and cognitive testing
- Train new staff and student interns in procedures, HIPAA, lab safety and protocols, etc.

Research Technologist**April 2008 – 2009**

Johns Hopkins, School of Medicine, Gastroenterology

Dr. Shukti Chakravarti, Ph.D.; Dr. Seakwoo Lee, Ph.D; Dr. Amit Ghosh, Ph.D.

- Maintain and expand mouse colonies for various experiments
- Oversee lab organization and supplies to ensure uninterrupted experimental procedure
- Assist post-doctoral students with animal and molecular biology experiments

Intensive Learning Program Tutor-Mentor**Feb 2004 – May 2007**

University of Maryland Academic Support and Career Development Unit

Dr. Sharon Staples, Ph.D.

- Tutor 7-15 student athletes per semester by tutoring individually to ensure academic success
- Provide student athletes with opportunities for academic progress and career development
- Academic mentor for individuals admitted below academic standards to streamline study skills and boost confidence
- Recruit and train new tutors and provide feedback on program effectiveness

CLINICAL TRAINING**General Surgery Resident PGY 2-4****2019 — 2022**

UTSW, Clements University Hospital, Parkland Hospital, Children's Medical Center, Dallas Presbyterian and North Texas Department of Veterans Affairs; Dallas, TX

General Surgery Resident, PGY 2**2018 – 2019**

Kaweah Delta Healthcare District; Visalia, CA

General Surgery Resident, PGY 1**2017 – 2018**

Lehigh Valley Health Network; Allentown, PA

CERTIFICATIONS

Lean Six Sigma in Healthcare, SimpliLearn	2016
Medical Spanish Level I, Canopy Medical Translation	2016
Fundamentals of the Research Coordinator, Johns Hopkins University	2013
COEUS Premium, Johns Hopkins University	2013
Access 2010, Johns Hopkins University	2013

PUBLICATIONS AND ABSTRACTS

Ombres, C, Kubala M, et al. *Avoiding over- and under-diagnosis of extra mammary Paget diseases by adopting essential ancillary methods*. Poster Presentation. United States and Canada Academy of Pathology, March 2019.

Frederick J, et al. *Protecting Health Care Personnel in High Risk Outpatient Settings: The Impact of Mandatory Versus Non-Mandatory Influenza Vaccination Policies on Employee Sick Leave During Respiratory Virus Season*. March 2018.

Penaranda A, Ho M, Kubala M, et al. *Transition of Pediatric Patients with Disabilities: Bringing Patients & Families into the Conversation*. Oral Presentation, SELECT Conference, Lehigh Valley, April 2016.

Kubala M, Jain S. *Transition Improvement for Pediatric Patients of Differing Abilities*. Oral Presentation, Medical Home Project of Lehigh Valley, February 2016.

Barron C, Kubala M. *Improving Physician-Patient Interactions*. Abstract Presentation, Bringing Science Home, USF Morsani COM, April 2014.

Kubala M, et al. *Acute Respiratory Viral Infection among Health Care Personnel*. Oral Presentation, Infectious Disease Week, Oct 2013.

Los J, et al. *Compliance among Health Care Workers*. Abstract Presentation, Infectious Disease Week, Oct 2012.

Mathias R, et al. *The impact of FADS genetic variants on ω 6 polyunsaturated fatty acid metabolism in African Americans*. Publication, BMC Genetics, May 2011.

Lee S, Kubala M, Chakravarti, S. *Lumican Regulates Integrin-mediated Chemotactic Migration of Neutrophils*. Abstract Presentation, ARVO Conference, May 2009.

SPECIAL PROJECTS

Action Learning Project

2015 - 2016

Improving Transition to Adult Providers for Patients with Disabilities

Medical Home Project, Lehigh Valley Health Network

Dr. Sweety Jain, MD

In conjunction with the Medical Home Project, an interdisciplinary organization dedicated to improving patient care for patients with disabilities, investigate the primary concerns of patients and families regarding their transition from pediatric to adult care and provide recommendations for current transition protocols.

TMEP: An Analysis of Surgical Outcomes

2014 - 2016

Department of Neurosurgery, Lehigh Valley Health Network

Dr. P. Mark Li, MD, PhD

Under the direction of Dr. Li, Chair of Neurosurgery at LVHN, investigate the effect of using state of the art neurophysiologic recordings of descending spinal cord function (transcranial motor-evoked potentials) during aneurysm repair surgery on surgical outcomes.

Advanced Care Planning Project

2014 - 2017

Moffitt Cancer Center, Tampa, FL

Nancy Newman, LCSW

Contributing member of Moffitt Cancer Center's Advanced Care Planning Implementation Project which aims to improve end-of-life decisions, while empowering patients and their families through a unique educational video from the non-profit organization *ACP Decisions*.

Action Research Project – Improving Patient Relations

2013 - 2014

Parkinson's Disease & Movement Disorders Center, University of South Florida

Dr. Robert Hauser, MD

Investigate the patient experience and their impressions in order to improve patient relations and clinic flow. Based on survey results, create simple, cost-effective recommendations to assist patients with their visit and improve clinic flow.

Design and Implementation of REDCap Database

2011 - 2013

Johns Hopkins University Hospital Epidemiology and Infection Control

Dr. Trish Perl, MD, M.Sc.; Jenna Los, MS

Using REDCap, a web-based application for managing databases and surveys, design and implement a new sample-tracking system at our core facilities in Baltimore, Denver, Houston, New York, and Washington D.C.

Radiation Information Pamphlet**2010**

Johns Hopkins University Center for Health Promotion: ENIGMA Study

Dr. Diane Becker, Sc.D; Dr. Brian Kral, MD, MPH

Design a basic radiation pamphlet for research participants of the Early Noninvasive Imaging for Genetic Mechanisms of Atherosclerosis Study (ENIGMA) giving comprehensive and meaningful information to participants about the risks and benefits of radiation from medical scans, specifically coronary artery plaque imaging studies.

CO-CURRICULAR INVOLVEMENT***Outreach Liaison*****Sept 2015 – Oct 2016**

Discover Healthcare

Interdisciplinary outreach program for middle and high school students to introduce young students to the foundations of clinical medicine through interactive lectures and activities; as well as introduce and recruit students to the wide spectrum of health care professions.

Treasurer**July 2014 – July 2016**

Neurological Surgery Interest Group

Curriculum Coordinator**Sept 2013 - May 2015**

ESTEEM Outreach Program

Empowering Survivors Through Educational Experiences in Medicine (ESTEEM) provides health education to empower and improve the health care of domestic violence victims and their families.

Financial Wellness Officer**Sept 2013 - May 2015**

Morsani College of Medicine, Class of 2017

In conjunction with the Wellness Council, provide educational opportunities seminars and interactive discussions for medical students to improve their financial health and wellness.

Secretary**Sept 2013 - May 2015**

TriDocs

Course Liaison**Aug 2013 - May 2014**

Morsani College of Medicine Class of 2017

Facilitate communication between program directors, administration, and students about educational goals, classroom concerns, and daily activities.

Co-President**July 2013 - May 2015****RESULTS**

Build support for proven poverty-fighting strategies by engaging and educating the public, policy makers, and opinion leaders; leading educational trips; working in coalitions; and encouraging the media to report on solutions to poverty.

Patricia Mielke Citizenship Award**May 2005**

College Park Scholars, ELT

For outstanding participation within the Earth, Life, and Time Living-Learning Program through outstanding classroom involvement and community service.

College Park Scholars Living-Learning Community**Aug 2003 – May 2005**

Dr. John Merck and Dr. Thomas Holtz

Earth, Life, and Time (ELT) is a Living-Learning Community Program designed to foster undergraduate student engagement and success. The ELT Program addresses natural history - the scientific understanding and appreciation of the natural world, and how that understanding aids us as individuals and as a society.

COMMUNITY INVOLVEMENT

Medical Mission to Dominican Republic**2016, 2017, 2018**

University of South Florida, COM Project World Health

Travel to Jarabacoa, Dominican Republic with students and volunteers from USF and surrounding hospitals to provide aid through medical care and supplies to the rural impoverished villages surrounding Jarabacoa.

Student Consultant**2015 - 2017**

Valley Youth House, Bethlehem, PA

Provide basic screenings and health care for vulnerable, abused, and homeless youth at Valley Youth House. VYH partners with thousands of individuals to build a solid foundation for young people and their families.

Seminar Leader**2013 - 2015**

ESTEEM Outreach Program, Tampa, FL

Provide health education through information sessions to empower survivors of domestic violence to improve their life, decrease the recurrence of domestic violence, and reduce the financial burden of domestic violence shelters.

Adult Mentor**2012 - 2015**

Big Brother, Big Sister Organization, Baltimore, MD

The BBBS program exists to provide at-risk youths with role models that promote success in school and adulthood. Serve as a mentor for a teen to develop and enhance their primary strengths, develop educational goals, and encourage lifetime success.

Medical Mission to El Salvador**2012**

Church of the Resurrection, Ellicott City, MD

Travel to San Bartolo, El Salvador with volunteers from the Church of the Resurrection to provide aid through medical care and supplies as well as strategic support to their sister parishes in San Bartolo and San Salvador.

PROFESSIONAL MEMBERSHIPS

American College of Physicians

American College of Surgeons

American Medical Association

California Medical Association

Texas Medical Association

Tulare County Medical Society

LANGUAGES

Spanish – elementary, Canopy Medical Translation, Level 1

French – basic, conversational only

NOT YET RETAINED