

Dr. Mary Kaiser-Cole, D.C.

Professional Summary

Experienced Doctor of Chiropractic with 30+ years in patient care and clinic ownership. Skilled in musculoskeletal evaluation, diagnostic reasoning, and clear documentation. Previously certified as a Qualified Medical Evaluator (QME) and pursuing reinstatement to expand into medico-legal evaluations. Compassionate, detail-oriented, and committed to high-quality outcomes.

Licensure & Certification

- Doctor of Chiropractic (California, 1994–Present)
- Qualified Medical Evaluator (California, previously certified; pursuing reinstatement)

Professional Experience

Owner / Doctor of Chiropractic

Back In Balance Health Center – Montrose, CA | January 1994 – Present

- Founded and grew a successful multidisciplinary wellness clinic, serving the Montrose community for over 30 years.
- Perform comprehensive patient evaluations, including history, physical exam, orthopedic/neurological testing, and imaging review.
- Diagnose and manage acute and chronic musculoskeletal conditions, extremity injuries, and complex spine disorders.
- Deliver individualized treatment plans integrating chiropractic care, functional medicine, and soft-tissue therapies.
- Maintain thorough and accurate clinical documentation, supporting continuity of care and medico-legal standards.
- Oversee all aspects of business operations, including staff leadership, financial management, and patient education programs.
- Recognized for building long-term patient relationships through compassionate, results-driven care.

Lead Doctor of Chiropractic

The Joint Chiropractic – North Hollywood, CA | April 2019 – Present

- Provide comprehensive evaluations by reviewing patient histories, conducting examinations, and interpreting diagnostic imaging.
- Diagnose and manage neuromusculoskeletal conditions through evidence-based treatment planning and chiropractic adjustments.
- Educate patients on long-term health benefits of care, fostering compliance and continuity.
- Maintain accurate, detailed case records to support clinical decision-making and medico-legal standards.

- Led the clinic to achieve Gold Standard status during its opening year through excellence in care, patient education, and documentation.
- Recognized for building strong patient relationships while contributing to clinic growth and membership retention.

Education

Doctor of Chiropractic (D.C.), Los Angeles College of Chiropractic – Whittier, CA | 1993
Bachelor of Science in Biology, Los Angeles College of Chiropractic – Whittier, CA | 1992
Bachelor of Science in Kinesiology, California State University – Los Angeles, CA | 1987

Skills & Competencies

- Musculoskeletal & neurological evaluation
- Orthopedic & neurological testing
- Diagnostic imaging review
- Medico-legal evaluations
- Report writing & documentation (SOAP, medico-legal)
- Evidence-based treatment planning
- Practice management & patient communication
- Patient education & compliance support