

Mandeep Sidhu, MD

Education and Medical Training

2019-2022 **UCSF Fresno Internal Medicine Residency Program**

2015-2019 **UC Davis School of Medicine**

M.D., Class of 2019

2011-2015 **University of California, San Diego**

Bachelor of Science, Human Biology, *summa cum laude*

GPA 3.952/4.0

Honors/Awards: Chancellor Scholarship, Provost Honors, Doris Howell Research Scholarship.

Licensure and Certifications

California State Medical License-**Active-6/28/2022**

American Board of Internal Medicine- **Board Certified**

ACLS-**Active**

DEA-**Active**

Work Experience

4/2025-present **Skilled Nursing Facilities Physician**

First Docs

10/2022-3/2025 **Primary Care Physician**

Community Health Partners-Fresno

Research/Presentations

2019-2020 Amani A Elghafari, MD, Ali H Ali, MD, Mandeep Sidhu, MD, UCSF Fresno, Internal Medicine Department

Project: A feasible and Efficient Approach to Implementing Rheumatoid Arthritis Disease Activity Measure in A Busy Rheumatology Clinic: A Quality Improvement Project

Award: UCSF Fresno QI 1st Place Award

2016 Kenny Banh, MD, Faculty Mentor, UCSF Fresno Medical Education-REACH Project: Assessing Factors that Influence Selection of UCSF-Fresno For Residency to Address the San Joaquin Valley Health Care Needs

Poster Presentation: 2018 GRMC Spring Meeting

2013-2014 Varykina Thackray, Ph.D, Faculty Mentor, Department of Obstetrics, Gynecology and Reproductive Sciences UCSD.

Independent Research Program

Project: Regulation and expression of the FOXO1 gene and its involvement in issues of fertility.

Clinical Service

2015-2017 Shifa Community Student Run Clinic, Sacramento, CA, Co-Director

Mission: Strive to understand, serve, and promote the health and wellness needs of a multilingual, ethnically diverse community.

6/2014-7/2014 Health Booths in Punjab, India, Coordinator/Volunteer

Organized trip to rural areas of Punjab, India . Participated in screening patients for hypertension, diabetes, and nutritional deficiencies. Educational activities to increase awareness of nutrition and sanitation at public schools.

Local and National Service

5/2016-7/2016 REACH-San Joaquin Valley

- Student-driven team-based project based in Fresno, CA established to improve the quality of healthcare delivery by understanding the physician deficit in the SJV and to enrich our medical education. Focused on clinical work, research, mentorship, and community outreach in the Central Valley.
- Obtained experience with primary care physicians in Fresno, Ca and enhanced awareness of patient specific issues in the Central Valley.
- Mentored pre-med students at Fresno State-helped them strengthen their applications for medical school, worked on mock MMI/personal statements, provided them with basic clinical skills and knowledge, motivated them to pursue their dreams, and developed our mentoring and teaching skills.
- Visited students at high schools such as Doctors Academy students at Sunnyside High School and talked to them about different professions in the medical field and how to achieve their goals
- Worked with different community groups, such as the Sikh Institute, Latino round table in Corcoran, Ca, and the Stone Soup-Hmong Community to enhance our knowledge about different cultures/beliefs and to learn how we can better serve them as medical professionals.

2015-2019 Middle Eastern Southeast Asian Medical Student Association, Board Member

- Raised awareness of the Middle Eastern/Southeast Asian culture and the specific health issues that the population faces, organized cultural events and lectures.

Professional Memberships

California Medical Association , Member 2018

American College of Physicians, Member 2017

American Medical Association, Member 2017

Languages

Punjabi-Fluent

Hindi-proficient

Urdu-proficient

NOT YET RETAINED