

Laura J. van de Laar, MD

laurajvandelaar@gmail.com

(281)748-5229 (m)

CURRENT POSITION

Locums Otorhinolaryngologist and Rhinologist (Part-Time)

12/2024-Present

DE TAR HOSPITAL

Victoria, TX

PREVIOUS POSITIONS

Associate Otorhinolaryngologist and Rhinologist

08/2021-

HOUSTON ENT AND ALLERGY

11/2024

Houston, TX

EDUCATION

Rhinology & Skull Base Surgery Fellow

07/2020-

Clinical Instructor

06/2021

**Department of Otorhinolaryngology-Head & Neck
Surgery**

VANDERBILT UNIVERSITY MEDICAL SCHOOL

Nashville, TN

Resident Physician

Department of Otorhinolaryngology

07/2015-

MCGOVERN MEDICAL SCHOOL

06/2020

THE UNIVERSITY OF TEXAS HEALTH SCIENCE CENTER

Houston, TX

Doctor of Medicine

MCGOVERN MEDICAL SCHOOL

07/2011-

THE UNIVERSITY OF TEXAS HEALTH SCIENCE CENTER

05/2015

Houston, TX

Bachelor of Science - Biomedical Sciences

08/2007-

Minor in Spanish

05/2011

TEXAS A&M UNIVERSITY

College Station, TX

HONORS AND AWARDS

Resident of the Year 2020- Department of Otorhinolaryngology

06/2020

McGovern Medical School

Second Place, Houston Society of Otolaryngology Resident Research

06/2020

Symposium

Resident of the Year 2019- Department of Otorhinolaryngology

06/2019

McGovern Medical School

Resident of the Year 2018 - Department of Otorhinolaryngology

06/2018

McGovern Medical School

First Place, ORL Frontiers Annual Resident Research Competition

06/2018

First Place, Houston Society of Otolaryngology Resident Research Symposium

06/2018

Alpha Omega Alpha

05/2015

McGovern Medical School

Summa Cum Laude

05/2011

Texas A&M University

PRESENTATIONS AT NATIONAL SCIENTIFIC MEETINGS

Brooks KA, Ramaswamy US, **Vandelaar LJ**, Roy S. Nasal Septal Angiofibroma: Case Report and Literature Review. Poster presented at The Society for Ear, Nose and Throat Advances in Children. November 30- December 2, 2018; Houston, TX.

Smith JB, **Vandelaar LJ**, Roy S, Jiang ZY. Neurofibromatosis Presenting with Parotid Mass: Case Report and Literature Review. Poster presented at The Society for Ear, Nose and Throat Advances in Children. November 30- December 2, 2018; Houston TX.

Smith JB, **Vandelaar LJ**, Yuskel S. Combined Endoscopic-Microscopic Approach to Advanced Congenital Cholesteatoma Resection: Case report and Literature Review. Poster presented at The Society for Ear, Nose and Throat Advances in Children. November 30- December 2, 2018; Houston, TX.

Vandelaar LJ, Jiang ZY, Saini A, Yao WC, Luong AU, Citardi MJ. Depression and CRS: Relationship between PHQ-9 and SNOT-22. Presented at American Rhinologic Society annual meeting, October 5-6, 2018; Atlanta, GA.

Vandelaar LJ, Hanson B, Marino M, Yao W, Luong AU, Arias CAA, Ramakrishnan V, Citardi MJ. Analysis of Sinonasal Microbiota in Exacerbations of Chronic Rhinosinusitis Subgroups. Presented at American Rhinologic Society spring meeting, April 20-21, 2018; Washington, DC.

Vandelaar LJ, Shah JO, Roy S. Case Report: Fluoroscopy Assisted Transoral Excision of Migratory Retropharyngeal Needle in the Prevertebral Space. Poster presented at The Society for Ear, Nose and Throat Advances in Children. December 5-7, 2014; St. Louis, MO.

Vandelaar LJ, Shah JO, Yuksel S. Case Report: Pediatric Columella Reconstruction with Composite Auricular Graft. Poster presented at The Society for Ear, Nose and Throat Advances in Children. December 5-7, 2014; St. Louis, MO.

Vandelaar LJ, Shah JO, Yuksel S. Case Report: Congenital Single Digit Stapes Crus. Poster presented at The Society for Ear, Nose and Throat Advances in Children. December 2014; St. Louis, MO.

Vandelaar LJ, Lian Y, Doursout MF. Pharmacological Interventions to Overcome Reactive Oxygen Species in Hemorrhagic Shock. Poster presented at The Federation of American Societies for Experimental Biology Meeting. April 1, 2013; Boston, MA.

PRESENTATIONS AT LOCAL AND REGIONAL CME MEETINGS

Vandelaar LJ. Office Based Rhinology: Fad or Future? McGovern Medical School. Department of Otorhinolaryngology – Head and Neck Surgery Grand Rounds. January 8, 2020. Houston, TX.

Vandelaar LJ. Analysis of the Sinonasal Microbiome in Exacerbations of Chronic Rhinosinusitis Subgroups. ORL Frontiers. Sponsored by the Department of Otorhinolaryngology-Head & Neck Surgery, McGovern Medical School. June 23, 2018; Houston, TX.

Vandelaar LJ. Analysis of the Sinonasal Microbiome in Exacerbations of Chronic Rhinosinusitis Subgroups. Houston Society of Otolaryngology. May 31, 2018; Houston, TX.

Vandelaar LJ. Long-Term Treatment Effects of Well-Differentiated Thyroid Carcinoma. McGovern Medical School. Department of Otorhinolaryngology – Head and Neck Surgery Grand Rounds. May 24, 2018; Houston, TX.

Vandelaar LJ. Long-Term Treatment Effects of Well-Differentiated Thyroid Carcinoma. MD Anderson – Head and Neck Surgery Grand Rounds. November 1, 2017; Houston, TX.

COURSES

ARS Resident Sinus Dissection Course Atlanta, GA	October 4-5, 2018
Olympus Resident Advanced Rhinology Course Dallas, TX	December 2-3, 2017
AAOA Interactive Allergy and Rhinology Course Dallas, TX	February 10-12, 2017

PROFESSIONAL ORGANIZATIONS

American Rhinologic Society
The American Academy of Otolaryngologic Allergy
American Academy of Otolaryngology

2018-present
2017-present
2016-present

MEDICAL LICENSURE

Texas

05/2021-
present

INTERESTS

Music and concerts, cooking, documentaries