

Laura Boudman
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EDUCATION AND LICENSURE

Maryland Licensure:

Licensed Clinical Social Worker-Certified

June 2022-Present

License # 24948

Licensed Master Social Worker

June 2019-2022

Board Certified Supervisor

October 2024-Present

Delaware Licensure:

January 2026-Present

License # Q1-0012888

University of Maryland Baltimore, School of Social Work

Masters of Social Work, Concentration: Behavioral Health

Graduated May 2019

Towson University

Bachelor of Science, Family and Human Services

Graduated May 2014, Cum Laude

EXPERIENCE

Psychotherapist & Supervisor

Transformative Counseling, LLC, March 2020-present

- Complete assessments leading to formal diagnosis and treatment planning that are adapted throughout therapeutic work with clients
- Conduct individual and family psychotherapy sessions targeted to the treatment of client's mental health disorder(s) using creative and evidence-based therapeutic interventions
- Perform discharge/termination planning with clients at completion of therapeutic goals
- Provide psychoeducation and therapeutic skills to clients and clients' families
- Facilitate communication and referrals with members of clients' care team to ensure appropriate care
- Support, oversee and review work of Licensed Master Social Worker supervisees, including providing clinical education and mentorship

Child Protective Services Sexual Abuse Social Worker and Forensic Interviewer

Baltimore County Child Advocacy Center, Department of Social Services, July 2019-July 2020

- Assessed for risk and safety, including telephonic and face-to-face triage as well as on-going re-assessment leading to appropriate interventions
- Conducted weekly and monthly reviews of case status and discharge planning with supervisory support
- Performed face-to-face visits at schools and homes and conducted forensic interviews designed to assess for and gather information regarding sexual abuse
- Assessed symptomology of victims and their families and provided clinical recommendations for therapeutic interventions
- Communication and cooperation with interdisciplinary team including detectives and the states attorney's office

- Led a psychotherapy group for boys ages 11-18 with sexualized behavior, including conducting creative activities and co-facilitating group family therapy sessions.

Child and Family Therapy Intern

House of Ruth Baltimore City, Community Therapy Program, September 2018-April 2019

- Conducted individual therapy sessions with adult survivors of intimate partner violence and child witnesses to violence
- Implemented evidence-based therapeutic interventions, including Trauma Focused-Cognitive Behavioral Therapy with children, art directives, therapeutic play techniques, mindfulness strategies, and incorporation of Dialectic Behavioral Therapy and Cognitive Behavioral Therapy strategies
- Co-facilitated support groups for female survivors as well as a court-mandated group for women who use violence in relationships
- Assessed for lethality risk and potential mental health diagnoses at intake and partnered with clients to set therapeutic goals
- Brokered community resources, assessed for shelter access, and provided emotional support to callers during weekly hotline shifts

Social Work Intern, Independent Living Unit

Baltimore County Department of Social Services, September 2017-May 2018

- Provided clinical case management to children in out-of-home placement
- Assisted with facilitating a life skills groups to prepare teenagers for independence, including teaching how to manage a budget, prepare for job interviews, and basic healthy living skills
- Employed evidence-based interventions, goal-setting strategies, and motivational interviewing to empower children and parents
- Conducted clinical assessments, home visits, and fostered communication between professional partners, family members, and client to meet client's individual needs

Family Advocate

Baltimore Child Abuse Center, July 2015-August 2017

- Provided psychoeducation, advocacy services, and community resource connection to child survivors and witnesses to abuse and homicide and their non-offending caregivers
- Facilitated communication between a multidisciplinary team of Law Enforcement, Child Protective Services, Forensic Interviewers, caregivers, and therapeutic providers
- Empowered families through use of motivational interviewing, cultural responsiveness, and respect for individual family values
- Conducted assessments and maintained supportive contact with families by phone, home visits, and court attendance

AmeriCorps Community Service Learning Fellow, The Choice Program

Department of Social Services Foster Care Diversion Program, June 2014-June 2015

- Provided mentoring, case management, and advocacy services in a team setting on behalf of youth and families
- Conducted home and school visits, attended court, and developed service plans with youth and involved family members
- Facilitated communication between professional partners, including Department of Juvenile Services, Department of Social Services, and other resource providers
- Led youth-centered activities to develop employment skills, provide academic assistance, prepare for independence, and facilitate goal-setting

TRAININGS AND RELEVANT COURSEWORK

- Forensic Social Work Intensive: Advanced Assessment, Reporting, and the Courtroom, University of Maryland School of Social Work, 2026
- Overcoming the Most Common Barriers in Trauma Treatment, Janina Fisher, 2025
- Regulating Racial Reactivity and Defensiveness, Kenneth Hardy, 2025

- Healing Leadership Supervisory Course, The Ferentz Institute, 2024
- New Approaches to Treating Traumatic Memories, Janina Fisher, 2024
- Social Justice, Ethics, and Multicultural Issues for the Mental Health Professional, Lisa Connors, 2024
- Transgender and Non-Binary Youth: Advanced Practice Gender-Affirming Interventions, Susan Radzilowski, 2024
- Instinctual Trauma Response Accelerated Traumatology Course, 2021
- National Children's Advocacy Center's Forensic Interviewing of Children training, 2020
- Child Welfare Academy Pre-Service training, Dept of Social Services, 2019
- Title IV-E Excellence in Public Child Welfare Program, 2017-2018
- Motivational Interviewing Training, Title IV-E Program, 2017-2018
- Adult Trauma in Clinical Social Work Practice, Fall 2018
- Psychopathology, Spring 2017