

**Kheng Joe Lau, MD**

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**Curriculum Vitae – Updated August 15th, 2025**

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**Professional Summary**

Dr. Kheng Joe Lau is a board-certified internal medicine physician with fellowship training in endocrinology, diabetes, and metabolism from the University of Minnesota. He completed his internal medicine residency at Cook County Hospital in Chicago. Based in Minnesota, he provides specialty endocrine care across multiple rural communities in Wisconsin. His training in academic, county, and VA hospital systems has given him broad experience with complex and underserved populations. He provides mentorship to medical learners/medical students.

**Professional Experience**Endocrinologist, Outpatient Services

Western Wisconsin Health – Baldwin, WI

08/2021 – Present

- Primary endocrinologist responsible for outpatient clinic operations and specialty consultation services
- Emphasize use of diabetes technology including CGMs, insulin pumps, and pharmacologic interventions for endocrine disorders
- Collaborate with diabetes educators and care teams to deliver comprehensive care
- Provide regional consultation and mentorship to medical learners

St. Croix Regional Medical Center – St. Croix Falls, WI

08/2021 – Present

- Deliver outpatient endocrinology care in a rural clinic setting
- Provide regional referral support for complex endocrine cases

Independent Physician Reviewer

Dane Street – Remote

06/2025 – Present

- Provide chart reviews for disability and medical necessity evaluations in endocrinology and internal medicine

## **Education and Medical Training**

Endocrinology, Diabetes, and Metabolism Fellowship  
University of Minnesota, Minneapolis, MN  
07/2019 – 06/2021

Internal Medicine Residency  
John H. Stroger, Jr. Hospital of Cook County, Chicago, IL  
07/2016 – 06/2019

Doctor of Medicine (MD)  
Universiti Sains Malaysia, School of Medical Sciences, Malaysia  
07/2010 – 11/2015

## **Licensure and Board Certification**

- Board Certified in Internal Medicine – American Board of Internal Medicine (08/05/2020)
- Endocrinology fellowship-trained; eligible for board certification by the American Board of Internal Medicine in Endocrinology, Diabetes & Metabolism
- USMLE Step 1, Step 2 CK, Step 2 CS, and Step 3 – Passed
- Minnesota – Medical License, Active
- Wisconsin – Medical License, Active

## **Peer-Reviewed Publications**

- Bantle AE, Lau KJ, Wang Q, Malaeb S, Harindhanavudhi T. Time-restricted eating did not alter insulin sensitivity or  $\beta$ -cell function in adults with obesity: A randomized pilot study. *Obesity*. 2023 Feb 1.
- Lau KJ, Palani G, Brunstein C, Burmeister LA. High thyroglobulin antibody following intravenous immunoglobulin therapy in athyreotic differentiated thyroid cancer patients. *Cureus*. 2022 Dec 1.
- Nakano-Tateno T, Lau KJ, Wang J, McMahon C, Kawakami Y. Multimodal non-surgical treatments of aggressive pituitary tumors. *Front Endocrinol*. 2021 Mar 26.

## **Additional Scholarly Work**

- Abstract: Treatment of Invasive Corticotropin-Secreting Pituitary Adenoma with Radiotherapy, Temozolomide, and Bevacizumab. *AACE Endocrine Practice*, 2020
- Abstract: Intravenous Immunoglobulin Causes Falsely High Anti-Thyroglobulin. *AACE Endocrine Practice*, 2020
- QI Project: Smoking Cessation Program – Stroger Hospital, 2018

### **Expert Witness and Consulting Interests:**

- Standard of care in endocrine prescribing and delayed diagnosis
- Adverse events from GLP-1 medications (e.g., Ozempic-related DKA, gastroparesis, pancreatitis)
- Diabetes complications, including diabetic ketoacidosis (DKA), hypoglycemia, and foot ulcers/amputation
- Testosterone therapy risks (polycythemia, cardiovascular events, prostate concerns)
- Osteoporosis-related fracture risk and bisphosphonate complications, metabolic bone disease
- Pituitary, adrenal, and thyroid disease evaluation and treatment
- Hormone therapy including testosterone
- Pharmacologic treatment of obesity

### **Clinical Skills and Interests**

- Diabetes management: GLP-1, insulin, insulin pump, CGM.
- Thyroid disease: Grave's disease, hyperthyroidism, hypothyroidism, thyroid nodules, thyroid cancer
- Hormonal therapy: testosterone therapy, polycystic ovary syndrome (PCOS)
- Osteoporosis and metabolic bone disease: bisphosphonate complications, fracture risk assessment, and atypical femur fractures.
- Adrenal and pituitary disorders: including Cushing's syndrome, Addison's disease, and pituitary adenomas.
- Obesity management: pharmacologic and lifestyle-based treatment strategies; familiarity with semaglutide, tirzepatide, and related medications.

### **Technology Experience Relevant to Remote Review and Data Interpretation**

- Doximity
- Epic, Cerner, and other integrated systems
- Remote diabetes data review: Dexcom Clarity, LibreView, Tidepool
- Proficient in electronic medical record review and patient data synthesis for clinical and consulting applications

## **Languages**

- Chinese – Native/Functionally Native
- English – Fluent
- Bahasa Malaysia – Fluent

NOT RETAINED