

Kheng Joe Lau, MD

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**Curriculum Vitae – Updated January 18, 2026**

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Professional Summary

I am dual board-certified by the American Board of Internal Medicine in both Internal Medicine and Endocrinology, Diabetes, and Metabolism. I completed my endocrinology fellowship training at the University of Minnesota and my internal medicine residency at Cook County Hospital in Chicago. I am currently based in Minnesota and provide specialty endocrine care across multiple rural communities in Wisconsin. My training background across academic medical centers, county hospitals, and the VA health system has given me broad experience caring for complex and underserved patient populations. I am also actively involved in mentorship of medical learners and medical students.

I provide expert witness services in endocrinology and diabetes. I regularly provide consulting and advisory services in endocrinology and metabolic health for research groups and industry stakeholders.

Professional Experience**Providing Endocrinology Outpatient Services at 3 hospitals/clinics****1. Endocrinologist at Western Wisconsin Health (primary site) – Baldwin, WI**

08/2021 – Present

- Primary endocrinologist responsible for outpatient clinic operations and specialty consultation services
- Provide regional consultation and mentorship to medical learners

2. Endocrinologist at Western Wisconsin Health St. Croix Regional Medical Center (contract)

– St. Croix Falls, WI

08/2021 – Present

- Deliver outpatient endocrinology care in a rural clinic setting
- Provide regional referral support for complex endocrine cases

3. Endocrinologist at Hudson Physicians (contract) – Hudson, WI

11/2025 – Present

- Deliver outpatient endocrinology care in a suburban/rural clinic setting
- Provide regional referral support for complex endocrine cases

Independent Medical Examiner

Medlogix – Remote

08/2025 – Present

- Conduct Independent Medical Examinations (IMEs) and chart reviews in endocrinology
- Provide objective, evidence-based opinions on disability, causation, and impairment evaluations
- Deliver detailed written reports to support legal and claims adjudication processes

Independent Physician Reviewer

Dane Street – Remote

06/2025 – Present

- Perform Utilization Reviews (Prior Authorization Support) for pharmacologic and procedural requests
- Complete Group Health Reviews for medical necessity determinations in endocrinology and internal medicine

Education and Medical Training

Endocrinology, Diabetes, and Metabolism Fellowship

University of Minnesota, Minneapolis, MN

07/2019 – 06/2021

Internal Medicine Residency

John H. Stroger, Jr. Hospital of Cook County, Chicago, IL

07/2016 – 06/2019

Doctor of Medicine (MD)

Universiti Sains Malaysia, School of Medical Sciences, Malaysia

07/2010 – 11/2015

Licensure and Board Certification

- Endocrinology, Diabetes, and Metabolism — American Board of Internal Medicine (2025)
- Internal Medicine — American Board of Internal Medicine (2020)
- Minnesota – Medical License, Active
- Wisconsin – Medical License, Active

- New Mexico- Medical License, Active

Professional Memberships

- American Association of Clinical Endocrinology (AACE)
- Endocrine Society (ES)

Consulting & Advisory Experience

- Consultant/Advisory Panelist (Diabetes), Novo Nordisk – September 2025
Provided endocrinology expertise by reviewing emerging clinical trial data and offering strategic feedback on therapeutic implications, clinical messaging, and real-world adoption in diabetes care.
- Provided independent clinical advisory input on endocrine and metabolic health for investment research firms (AlphaSights, AlphaSense, Focus Group, etc), 2025–present.

Peer-Reviewed Publications

- Bantle AE, Lau KJ, Wang Q, Malaeb S, Harindhanavudhi T. Time-restricted eating did not alter insulin sensitivity or β -cell function in adults with obesity: A randomized pilot study. *Obesity*. 2023 Feb 1.
- Lau KJ, Palani G, Brunstein C, Burmeister LA. High thyroglobulin antibody following intravenous immunoglobulin therapy in athyreotic differentiated thyroid cancer patients. *Cureus*. 2022 Dec 1.
- Nakano-Tateno T, Lau KJ, Wang J, McMahon C, Kawakami Y. Multimodal non-surgical treatments of aggressive pituitary tumors. *Front Endocrinol*. 2021 Mar 26.

Additional Scholarly Work

- Abstract: Treatment of Invasive Corticotropin-Secreting Pituitary Adenoma with Radiotherapy, Temozolomide, and Bevacizumab. *AACE Endocrine Practice*, 2020
- Abstract: Intravenous Immunoglobulin Causes Falsely High Anti-Thyroglobulin. *AACE Endocrine Practice*, 2020
- QI Project: Smoking Cessation Program – Stroger Hospital, 2018

Teaching & Educational Activities

- Invited speaker, Nutrition and Lifestyle Strategies for Diabetes Prevention and Chronic Disease Management, Employee Wellness, Western Wisconsin Health — October 2021
- Invited speaker, Updates in Diabetes Management for Providers, St. Croix Falls Hospital — June 2022
- Invited speaker, Diabetes Management in Acute Care Settings, Nurse Residency Program, Western Wisconsin Health — May 2023
- Invited speaker, Osteoporosis Diagnosis and Management for Primary Care Providers, Western Wisconsin Health — September 2025

Languages

- Chinese – Native/Functionally Native
- English – Fluent
- Bahasa Malaysia – Fluent

NOT RETAINED