

**Kheng Joe Lau, MD**

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**Curriculum Vitae – Updated August 6th, 2025**

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**Professional Summary**

Board-certified internist and fellowship-trained endocrinologist, authorized to work in the U.S. without restriction (green card). Experienced in both in-person and virtual management of complex endocrine conditions. Clinical expertise includes diabetes (including CGM and insulin pump therapy), thyroid disorders, PCOS, osteoporosis, testosterone therapy, and obesity pharmacotherapy. Passionate about expanding access to specialty care in underserved and rural communities. Open to consulting roles, including expert witness reviews, disability evaluations, and advisory work in endocrinology.

**Expert Witness and Consulting Interests**

Available for expert witness case reviews, record analysis, independent medical evaluation support, and testimony in endocrinology-related matters. Areas of interest include:

- Standard of care in endocrine prescribing and delayed diagnosis
- Adverse events from GLP-1 medications (e.g., Ozempic-related DKA, gastroparesis, pancreatitis)
- Diabetes complications, including diabetic ketoacidosis (DKA), hypoglycemia, and foot ulcers/amputation
- Testosterone therapy risks (polycythemia, cardiovascular events, prostate concerns)
- Osteoporosis-related fracture risk and bisphosphonate complications, metabolic bone disease
- Pituitary, adrenal, and thyroid disease evaluation and treatment
- Hormone therapy including testosterone
- Pharmacologic treatment of obesity

Available for plaintiff or defense consultation.

## **Education and Medical Training**

Endocrinology, Diabetes, and Metabolism Fellowship

University of Minnesota, Minneapolis, MN

07/2019 – 06/2021

Internal Medicine Residency

John H. Stroger, Jr. Hospital of Cook County, Chicago, IL

07/2016 – 06/2019

Doctor of Medicine (MD)

Universiti Sains Malaysia, School of Medical Sciences, Malaysia

07/2010 – 11/2015

## **Licensure and Board Certification**

- Board Certified in Internal Medicine – American Board of Internal Medicine (08/05/2020)
- Endocrinology fellowship-trained; eligible for board certification by the American Board of Internal Medicine in Endocrinology, Diabetes & Metabolism
- USMLE Step 1, Step 2 CK, Step 2 CS, and Step 3 – Passed

## **Professional Experience**

### Endocrinologist, Outpatient Services

Western Wisconsin Health – Baldwin, WI

08/2021 – Present

- Primary endocrinologist responsible for outpatient clinic operations and specialty consultation services
- Emphasize use of diabetes technology including CGMs, insulin pumps, and pharmacologic interventions for endocrine disorders
- Collaborate with diabetes educators and care teams to deliver comprehensive care
- Provide regional consultation and mentorship to medical learners

St. Croix Regional Medical Center – St. Croix Falls, WI

08/2021 – Present

- Deliver outpatient endocrinology care in a rural clinic setting
- Provide regional referral support for complex endocrine cases

### Independent Physician Reviewer

Dane Street – Remote

06/2025 – Present

- Provide chart reviews for disability and medical necessity evaluations in endocrinology and internal medicine

- Focus on objective record analysis, guideline-based determinations, and clear documentation for insurance/legal use

### **Clinical Skills and Interests**

- Diabetes management: GLP-1, insulin, insulin pump, CGM.
- Thyroid disease: Grave's disease, hyperthyroidism, hypothyroidism, thyroid nodules, thyroid cancer
- Hormonal therapy: testosterone therapy, polycystic ovary syndrome (PCOS)
- Osteoporosis and metabolic bone disease: bisphosphonate complications, fracture risk assessment, and atypical femur fractures.
- Adrenal and pituitary disorders: including Cushing's syndrome, Addison's disease, and pituitary adenomas.
- Obesity management: pharmacologic and lifestyle-based treatment strategies; familiarity with semaglutide, tirzepatide, and related medications.
- Endocrine care access in rural settings

### **Technology Experience Relevant to Remote Review and Data Interpretation**

- Doximity
- Epic, Cerner, and other integrated systems
- Remote diabetes data review: Dexcom Clarity, LibreView, Tidepool
- Proficient in electronic medical record review and patient data synthesis for clinical and consulting applications

### **Peer-Reviewed Publications**

- Bantle AE, Lau KJ, Wang Q, Malaeb S, Harindhanavudhi T. Time-restricted eating did not alter insulin sensitivity or  $\beta$ -cell function in adults with obesity: A randomized pilot study. *Obesity*. 2023 Feb 1.
- Lau KJ, Palani G, Brunstein C, Burmeister LA. High thyroglobulin antibody following intravenous immunoglobulin therapy in athyreotic differentiated thyroid cancer patients. *Cureus*. 2022 Dec 1.
- Nakano-Tateno T, Lau KJ, Wang J, McMahon C, Kawakami Y. Multimodal non-surgical treatments of aggressive pituitary tumors. *Front Endocrinol*. 2021 Mar 26.

### **Additional Scholarly Work**

- Abstract: Treatment of Invasive Corticotropin-Secreting Pituitary Adenoma with Radiotherapy, Temozolomide, and Bevacizumab. *AACE Endocrine Practice*, 2020
- Abstract: Intravenous Immunoglobulin Causes Falsely High Anti-Thyroglobulin. *AACE Endocrine Practice*, 2020
- QI Project: Smoking Cessation Program – Stroger Hospital, 2018

**Languages**

- Chinese – Native/Functionally Native
- English – Fluent
- Bahasa Malaysia – Fluent

NOT RETAINED