

# Kenisha Nisbett, DO

Compassionate Board-Certified Addiction Medicine Physician with 5+ years of experience in providing addiction medicine care for patients with substance use disorders. Highly trained in evidence-based practices. Practiced in community-based detox/withdrawal management, residential treatment for substance use disorders, outpatient addiction medicine clinics, and telemedicine-based treatments for opioid and alcohol use disorders. Expertise in implementing low-threshold, addiction care focused on harm reduction for vulnerable populations.

## Education/Medical Training

### Addiction Medicine Fellowship

Loma Linda University | Loma Linda, CA July 2020 – June 2021

### Internal Medicine Residency

Desert Regional Medical Center | Palm Springs, CA June 2017 - June 2020

### Chief Resident/Internal Medicine Resident

Desert Regional Medical Center, July 2019- June 2020

### Doctor of Osteopathic Medicine

Touro University Nevada College of Osteopathic Medicine, 2013 - 2017

### Master of Science in Medical Health Science,

Touro University Nevada (TUN), 2013

### Bachelor of Science in Microbiology

*Specialization in Bioethics, Humanities, and Society*

Michigan State University, 2009

## Professional Experience

### Butte County Department of Behavioral Health

Independent Contractor- Substance Use Disorder Services- Addiction Medicine Physician |August 2024- Present

- Provide outpatient addiction medicine treatment via telehealth and in person services
- Diagnosis and treat substance use disorders including alcohol and opioid use disorders
- Treat co-occurring mental health, primary care, and chronic pain in a partial capacity
- Educate patients and staff on evidence-based treatments and FDA approved medications for Opioid use and alcohol use disorders
- Instill harm reduction strategies to decrease mortality and death for persons who use drugs
- Support patients engaged in drug court programs
- Recognize socioeconomic barriers and incorporate into treatment planning
- Provide supervision for advance care practitioners

### Southern California Permanente Medical Group | Moreno Valley, CA

Outpatient Addiction Medicine Physician (per diem) | July 2021 – Present

- Administer addiction treatment by implementing medical protocols, supporting recovery journeys for more than 400 patients monthly
- Coordinate with multidisciplinary teams by conducting regular assessments and follow-ups, maintaining patient care continuity
- Improve outpatient care practices by introducing innovative treatment approaches, elevating overall patient satisfaction
- Provide training to medical staff by presenting workshops and seminars on best practices and organizational expectations

### Sterling Care Psychiatric Group | Camarillo, CA

Addiction Medicine Physician | April 2024- April 2025

- Provide outpatient addiction medicine services, in a telehealth setting
- Consult with contracted facilities to provide addiction medicine services in diverse care models

### UPMedical - Behavioral Health | Culver City, CA

**Medical Director/Addiction Medicine | December 2022 – September 2023**

- Establish standard operating procedures for addiction medicine by creating detailed guidelines, and refining the quality of the behavioral health service line to assist over 50 patients weekly
- Enhance outpatient addiction medicine services by integrating community-based detox/withdrawal management, to improve patient recovery rates
- Lead and develop clinical teams through evidence-based practices, fostering a supportive environment
- Collaborate with stakeholders in implementing harm-reduction strategies by coordinating with multidisciplinary teams, achieving greater patient trust

**Monument Health & Bicycle Health | Telehealth**

**Substance Use Disorder Treatment Physician (per diem) | May 2021 - April 2023**

- Delivered treatment for opioid use disorder and alcohol use disorder using evidence-based medical practices and personalized recovery plans, achieving success for more than 200 patients monthly
- Collaborated with remote team members in a telehealth environment, using technology and thorough medical record documentation for continuity of care
- Conducted ongoing assessments by utilizing digital tools, enhancing compliance with core regulations
- Facilitated follow-ups by coordinating with support teams and family members, striving for recovery

**Loma Linda University | Loma Linda, CA**

**Addiction Medicine Fellow | July 2020 – June 2021**

- Developed and delivered workshops on tobacco dependence and cessation to medical students, residents, patients, and presented during ACAAM educational series
- Screened, diagnosed, and treated over 400 patients with substance use disorders
- Performed research on addiction and tobacco use orders to deepen understanding of addiction treatment planning and patient behavior

**Desert Regional Medical Center | Palm Springs, CA**

**Internal Medicine Resident Physician | June 2017 - June 2020**

- Awarded Resident of the Year at Desert Regional Medical Center in recognition of exemplary performance, dedication, and commitment to excellence in patient care
- Honored as the CHEST Foundation Travel Grant Winner for significant contributions to research and professional development in the field of pulmonary medicine
- Named Critical Care Intern of the Year for demonstrating outstanding clinical skills, patient care, and leadership in the critical care department
- Promoted to Chief Resident, leading 35 residents in patient care delivery for one year

**TUN, Department of Basic Science | Henderson, NV**

**Research Assistant | December 2013 - April 2017**

- Contributed to cutting-edge scientific research by performing experiments and managing laboratory resources, contributing to 7 published papers
- Facilitated collaboration between research teams by coordinating schedules and communications, raising overall project efficiency
- Implemented safety protocols by adhering to regulatory guidelines within a zero-incident lab

**BD Biosciences | San Diego, CA**

**Quality Control Associate | May 2010 - June 2012**

- Ensured product quality by conducting rigorous testing and analysis, reducing defects
- Improved standard operating procedures by identifying and addressing areas for optimization, leading to a 20% increase in process efficiency
- Partnered with production teams by providing timely feedback and guidance, contributing to the successful launch of 100s of new products

## Core Competencies

Addiction Medicine, Outpatient Care, Community Based detox/Withdrawal Management, Residential/PHP/IOP levels of care, co-occurring psychiatric disorders, ASAM Criteria, Harm Reduction, Patient Assessment, Treatment Development, Records Management, Clinical Leadership, Regulatory Compliance, Quality Control, Abstract review, Implementation science research, clinical research, telehealth

## Research Experience/Presentations

- **NIDA funded Research in Addiction Medicine Scholar (RAMS)**, Boston University 2020-2022
- **CPDD Annual Scientific Meeting**, Poster Presentation
  - *"Barriers to Implementation of Substance Use Disorder care within a local Veterans Health Administration System. June, 12, 2022. Minneapolis, MN*
- **Motivational Interviewing and Tobacco Dependence** Workshop for 3<sup>rd</sup> year Loma Linda Medical Students, in collaboration with Loma Linda Preventative Medicine Residency, April 9, 2021
- **Collaborative Presentation: ACAAM Didactic Session, in collaboration with Loma Linda Addiction Medicine Fellowship – Tobacco Use Disorders, March 10, 2021**
- **Loma Linda University, Preventative Medicine. Lifestyle Medicine Residency Curriculum Presentation: Maintaining Tobacco Cessation March 5, 2021**
- **ACOI Research Symposium Annual Original Research Poster Contest**
  - *Chronic repetitive injury of carotid arteries and relation to developing sequelae of neurologic injury and chronic traumatic encephalopathy, ACOI October 2019, Phoenix AZ*
- **Desert Regional Medical Center Quality Improvement Project:**
  - Alcohol Withdrawal Syndrome-Establishing standardized protocol at DRMC, June 2019
- **Osteopathic Physicians of California Short Oral Abstract Presentation**
  - *"Oropharyngeal Mass (Suspected Oropharyngeal Squamous Cell CA)"*, February 24- 2018, San Diego CA, USA
- **Veteran's Affairs Research Day**; Las Vegas, NV, USA. Poster Presentation
  - *Selective Action of Aqueous Maté Extract on Human Breast Cancer*. Nisbett, Kenisha A, & Sadik, Amina. (May, 2016).
- Selective Action of Aqueous Maté Extract on Human Breast Cancer. FASEB. 2016, Apr; 30(J): 195. Pub Status: Published.
  - Nguyen, C., K. Nisbett, V. Halvorsen, C. He, and A. Sadik.
- **Experimental Biology Conference**; San Diego, CA, USA. Poster Presentation, April 2014
  - Selective Action of Aqueous Maté Extract on Human Breast Cancer
- **College of Nutrition National Conference**; San Diego, CA, USA. Oral Presentation, November 2014
  - What Effects Does *Ilex Paraguariensis* (Yerba Mate) Have on Human Breast Cancer Cells?
- **Journal of the American College of Nutrition**. 2013, Oct; 33(89). Pub Status: Published.
  - Peer Reviewed Journal Article/Abstracts. What Effects Does *Ilex Paraguariensis* (Yerba Mate) Have on Human Breast Cancer Cells?. Nisbett, Kenisha A, & Sadik, Amina

## Professional Affiliations and Memberships

American Society of Addiction Medicine- Member

California Society of Addiction Medication- Member

American Osteopathic Academy of Addiction Medicine- Member

American College of Osteopathic Internist- Member

## Certifications & Licensure

**Medical License**, State of California, Valid through October 2026

**Medical License**, District of Columbia, Valid through October 2026

**Medical License**, Washington, Valid Through October 2026

**Internal Medicine Board Certification**, American Osteopathic Board of Internal Medicine

**Addiction Medicine Board Certification**, American Osteopathic Board

**DEA X-Waiver (DW/275)**, Drug Enforcement Administration

**Advanced Cardiovascular Life Support (ACLS)**, American Heart Association

**Basic Life Support (BLS)**, American Heart Association

## Technical Skills

**Electronic Medical Record (EMR) Systems** - eClinicalWorks, EPIC, Cerner, Allscripts, KIPU, Computerized Patient Record System (CPRS VA), Athena, Meditech, BestNotes, Welligent, Avatar

NOT YET RETAINED