

Kenisha Nisbett, DO

Compassionate Board-Certified Addiction Medicine Physician with 5+ years of experience in providing addiction medicine care for patients with substance use disorders. Highly trained in evidence-based practices. Practiced in community-based detox/withdrawal management, residential treatment for substance use disorders, outpatient addiction medicine clinics, and telemedicine-based treatments for opioid and alcohol use disorders. Expertise in implementing low-threshold, addiction care focused on harm reduction for vulnerable populations.

Education/Medical Training

Addiction Medicine Fellowship

Loma Linda University | Loma Linda, CA July 2020 – June 2021

Internal Medicine Residency

Desert Regional Medical Center | Palm Springs, CA June 2017 - June 2020

Chief Resident/Internal Medicine Resident

Desert Regional Medical Center, July 2019- June 2020

Doctor of Osteopathic Medicine

Touro University Nevada College of Osteopathic Medicine, 2013 - 2017

Master of Science in Medical Health Science,

Touro University Nevada (TUN), 2013

Bachelor of Science in Microbiology

Specialization in Bioethics, Humanities, and Society

Michigan State University, 2009

Professional Experience

Butte County Department of Behavioral Health

Independent Contractor- Substance Use Disorder Services- Addiction Medicine Physician |August 2024- Present

- Provide outpatient addiction medicine treatment via telehealth and in person services
- Diagnosis and treat substance use disorders including alcohol and opioid use disorders
- Treat co-occurring mental health, primary care, and chronic pain in a partial capacity
- Educate patients and staff on evidence-based treatments and FDA approved medications for Opioid use and alcohol use disorders
- Instill harm reduction strategies to decrease mortality and death for persons who use drugs
- Support patients engaged in drug court programs
- Recognize socioeconomic barriers and incorporate into treatment planning
- Provide supervision for advance care practitioners

Southern California Permanente Medical Group | Moreno Valley, CA

Outpatient Addiction Medicine Physician (per diem) | July 2021 – Present

- Administer addiction treatment by implementing medical protocols, supporting recovery journeys for more than 400 patients monthly
- Coordinate with multidisciplinary teams by conducting regular assessments and follow-ups, maintaining patient care continuity
- Improve outpatient care practices by introducing innovative treatment approaches, elevating overall patient satisfaction
- Provide training to medical staff by presenting workshops and seminars on best practices and organizational expectations

Sterling Care Psychiatric Group | Camarillo, CA

Addiction Medicine Physician | April 2024- April 2025

- Provide outpatient addiction medicine services, in a telehealth setting
- Consult with contracted facilities to provide addiction medicine services in diverse care models

UPMedical - Behavioral Health | Culver City, CA

Medical Director/Addiction Medicine | December 2022 – September 2023

- Establish standard operating procedures for addiction medicine by creating detailed guidelines, and refining the quality of the behavioral health service line to assist over 50 patients weekly
- Enhance outpatient addiction medicine services by integrating community-based detox/withdrawal management, to improve patient recovery rates
- Lead and develop clinical teams through evidence-based practices, fostering a supportive environment
- Collaborate with stakeholders in implementing harm-reduction strategies by coordinating with multidisciplinary teams, achieving greater patient trust

Monument Health & Bicycle Health | Telehealth

Substance Use Disorder Treatment Physician (per diem) | May 2021 - April 2023

- Delivered treatment for opioid use disorder and alcohol use disorder using evidence-based medical practices and personalized recovery plans, achieving success for more than 200 patients monthly
- Collaborated with remote team members in a telehealth environment, using technology and thorough medical record documentation for continuity of care
- Conducted ongoing assessments by utilizing digital tools, enhancing compliance with core regulations
- Facilitated follow-ups by coordinating with support teams and family members, striving for recovery

Loma Linda University | Loma Linda, CA

Addiction Medicine Fellow | July 2020 – June 2021

- Developed and delivered workshops on tobacco dependence and cessation to medical students, residents, patients, and presented during ACAAM educational series
- Screened, diagnosed, and treated over 400 patients with substance use disorders
- Performed research on addiction and tobacco use orders to deepen understanding of addiction treatment planning and patient behavior

Desert Regional Medical Center | Palm Springs, CA

Internal Medicine Resident Physician | June 2017 - June 2020

- Awarded Resident of the Year at Desert Regional Medical Center in recognition of exemplary performance, dedication, and commitment to excellence in patient care
- Honored as the CHEST Foundation Travel Grant Winner for significant contributions to research and professional development in the field of pulmonary medicine
- Named Critical Care Intern of the Year for demonstrating outstanding clinical skills, patient care, and leadership in the critical care department
- Promoted to Chief Resident, leading 35 residents in patient care delivery for one year

TUN, Department of Basic Science | Henderson, NV

Research Assistant | December 2013 - April 2017

- Contributed to cutting-edge scientific research by performing experiments and managing laboratory resources, contributing to 7 published papers
- Facilitated collaboration between research teams by coordinating schedules and communications, raising overall project efficiency
- Implemented safety protocols by adhering to regulatory guidelines within a zero-incident lab

BD Biosciences | San Diego, CA

Quality Control Associate | May 2010 - June 2012

- Ensured product quality by conducting rigorous testing and analysis, reducing defects
- Improved standard operating procedures by identifying and addressing areas for optimization, leading to a 20% increase in process efficiency
- Partnered with production teams by providing timely feedback and guidance, contributing to the successful launch of 100s of new products

Core Competencies

Addiction Medicine, Outpatient Care, Community Based detox/Withdrawal Management, Residential/PHP/IOP levels of care, co-occurring psychiatric disorders, ASAM Criteria, Harm Reduction, Patient Assessment, Treatment Development, Records Management, Clinical Leadership, Regulatory Compliance, Quality Control, Abstract review, Implementation science research, clinical research, telehealth

Research Experience/Presentations

- **NIDA funded Research in Addiction Medicine Scholar (RAMS)**, Boston University 2020-2022
- **CPDD Annual Scientific Meeting**, Poster Presentation
 - *"Barriers to Implementation of Substance Use Disorder care within a local Veterans Health Administration System. June, 12, 2022. Minneapolis, MN*
- **Motivational Interviewing and Tobacco Dependence** Workshop for 3rd year Loma Linda Medical Students, in collaboration with Loma Linda Preventative Medicine Residency, April 9, 2021
- **Collaborative Presentation: ACAAM Didactic Session, in collaboration with Loma Linda Addiction Medicine Fellowship – Tobacco Use Disorders, March 10, 2021**
- **Loma Linda University, Preventative Medicine. Lifestyle Medicine Residency Curriculum Presentation: Maintaining Tobacco Cessation March 5, 2021**
- **ACOI Research Symposium Annual Original Research Poster Contest**
 - *Chronic repetitive injury of carotid arteries and relation to developing sequelae of neurologic injury and chronic traumatic encephalopathy, ACOI October 2019, Phoenix AZ*
- **Desert Regional Medical Center Quality Improvement Project:**
 - Alcohol Withdrawal Syndrome-Establishing standardized protocol at DRMC, June 2019
- **Osteopathic Physicians of California Short Oral Abstract Presentation**
 - *"Oropharyngeal Mass (Suspected Oropharyngeal Squamous Cell CA)", February 24th 2018, San Diego CA, USA*
- **Veteran's Affairs Research Day**; Las Vegas, NV, USA. Poster Presentation
 - *Selective Action of Aqueous Maté Extract on Human Breast Cancer. Nisbett, Kenisha A, & Sadik, Amina. (May, 2016).*
- *Selective Action of Aqueous Maté Extract on Human Breast Cancer. FASEB. 2016, Apr; 30(J): 195. Pub Status: Published.*
 - Nguyen, C., K. Nisbett, V. Halvorsen, C. He, and A. Sadik.
- **Experimental Biology Conference**; San Diego, CA, USA. Poster Presentation, April 2014
 - *Selective Action of Aqueous Maté Extract on Human Breast Cancer*
- **College of Nutrition National Conference**; San Diego, CA, USA. Oral Presentation, November 2014
 - *What Effects Does Ilex Paraguariensis (Yerba Mate) Have on Human Breast Cancer Cells?*
- **Journal of the American College of Nutrition**. 2013, Oct; 33(89). Pub Status: Published.
 - *Peer Reviewed Journal Article/Abstracts. What Effects Does Ilex Paraguariensis (Yerba Mate) Have on Human Breast Cancer Cells?. Nisbett, Kenisha A, & Sadik, Amina*

Professional Affiliations and Memberships

American Society of Addiction Medicine- Member
California Society of Addiction Medication- Member
American Osteopathic Academy of Addiction Medicine- Member
American College of Osteopathic Internist- Member

Certifications & Licensure

Medical License, State of California, Valid through October 2026

Medical License, District of Columbia, Valid through October 2026

Medical License, Washington, Valid Through October 2026

Internal Medicine Board Certification, American Osteopathic Board of Internal Medicine

Addiction Medicine Board Certification, American Osteopathic Board

DEA X-Waiver (DW/275), Drug Enforcement Administration

Advanced Cardiovascular Life Support (ACLS), American Heart Association

Basic Life Support (BLS), American Heart Association

Technical Skills

Electronic Medical Record (EMR) Systems - eClinicalWorks, EPIC, Cerner, Allscripts, KIPU, Computerized Patient Record System (CPRS VA), Athena, Meditech, BestNotes, Welligent, Avatar

NOT YET RETAINED