

Curriculum Vitae
KARL E. STEINBERG, MD, CMD
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CURRENT EMPLOYMENT

- **Mariner Health Central**, 05/17 to present. Duties: Chief Medical Officer for 20-facility skilled nursing facility management company. Location: One Ravinia Drive, Suite 1400, Atlanta, GA 30346. Contact: Christine Zack, Esq., Executive VP & Chief Strategy Officer, 702-683-1343.
- **Life Care Center of Vista**, 01/13 to present. Duties: Medical Director for 134-bed SNF. Location: 304 N. Melrose Ave., Vista, CA 92083. Contact: Kim Kincaid, Administrator. 760-724-8222.
- **Carlsbad by the Sea Care Center**, 07/15 to present. Duties: Medical Director for 33-bed SNF and Continuing Care Retirement Community. Location: 2855 Carlsbad Blvd., Carlsbad, CA 92008. Contact: Joan Johnson, Executive Director, 760-435-2331.
- **Hospice By The Sea**, 08/95 to present. Duties: Medical Director. Location: 312 S. Cedros Ave., Ste. 205, Solana Beach, CA 92075. Contact: Kathie Jackson, Administrator, 858-794-0195.
- **Rancho Santa Fe Medical Group (Mobile Doctors Medical Group)**, 11/12 to present. Duties: Employed Physician, making SNF, RCFE and home visits. Location: 1582 W. San Marcos Blvd., San Marcos, CA 92078. Contact: Luis Navazo MD, Medical Director, 760-591-9975.
- **Stone Mountain Medical Associates, Inc.**, Oceanside, CA, 09/03 to present. Duties: President & CEO of healthcare and medicolegal consulting firm, providing medical direction, risk management services, QI, case review, testimony.
- **Scripps Coastal Medical Center**, 07/90 to present (Previously [Sharp] Mission Park Medical Grp.) Duties: Employed M.D.; Geriatrics, Family Medicine, Urgent Care, Palliative Care. Created SNF Team in 1994. From 1997-2012, supervised a team of six providers attending patients in post-acute and long-term care settings. Location: 130 Cedar Road, Suite 210, Vista, CA 92083. Contact: Anthony Chong MD, Medical Director. 760-827-7278.
- **Case Western Reserve University, Graduate School of Biomedical Engineering**, 09/12 to present. Location: 6540 Lusk Blvd, Suite C274, San Diego, CA 92121. Duties: Adjunct Faculty, teaching graduate level course on the U.S. Health Care System. Contact: Enrique Saldivar MD, 619-992-3905.
- **California State University, San Marcos, Institute for Palliative Care**, San Marcos, CA, 07/14 to present. Duties: Affiliate Faculty, curriculum development, teaching, content expert. Location: Craven Hall #6206. 333 S. Twin Oaks Valley Road, San Marcos, CA 92096. Contact: Helen McNeal, Executive Director, 760-750-7290.
- **Elsevier Publishing, *Caring for the Ages***, Rockville, MD, 03/09 to present. Duties: Editor-in-Chief of AMDA's monthly periodical, print circulation >28,000. Contact: Carey Cowles, Managing Editor, 240-221-4500.

EDUCATION AND POSTGRADUATE TRAINING

- **University of California San Diego (UCSD) Medical Center**, Residency in Family Medicine (including internship 1987-88), San Diego, CA, 6/87-6/90.
- **Ohio State University College of Medicine**, Columbus, OH, Graduated (M.D.) 6/12/87. Member, American Medical Student Association, Director (Ohio) of Medical Education/Community Orientation Project, Commendation in Psychiatry, Recipient of Landacre Society Award for Student Research.
- **Harvard College**, Cambridge, MA, Graduated (A.B. Biochemistry & Molecular Biology) 6/80. *Cum Laude* General Studies, Member Hasty Pudding Institute of 1770, Sophomore Standing Candidate, National Merit Scholarship Recipient.

LICENSURE

Ohio #35-05-5734, issued 08/87
Florida #61418, issued 12/91
Passed FLEX I and II, 06/87.
DEA #BS1325376, XS1325376
TIRF-REMS Certification, 2014

California #A45736, issued 01/89
Hawaii #MD-7229, issued 08/90
Passed NBME I and II, 1984 & 1986.
NPI# 1144248915

SPECIALTY CERTIFICATIONS

- Diplomate, **American Board of Family Medicine** (formerly **American Board of Family Practice**), passed initial certification examination 07/90. Scored in 97th percentile among all applicants (Composite Score 650). Recertified 07/02 (92nd percentile), 08/08 (95th percentile), 11/14.
- Diplomate, **American Board of Hospice and Palliative Medicine**, awarded January 2004, recertified with **ABMS Certificate of Added Qualification**, inaugural class, awarded 2008.
- Certified Medical Director (CMD), **American Medical Directors Association** (now known as **AMDA—The Society for Post-Acute and Long-Term Care Medicine**), awarded June 2004, recertified 2010.
- Certified Hospice Medical Director (HMDC), **Hospice Medical Directors Certification Program (HMDCP)**, inaugural class, awarded July 2014.
- **Life Care Planning** coursework completed 2005, Kaplan College.

PROFESSIONAL ORGANIZATIONS/MEMBERSHIPS/APPOINTMENTS

- **AMDA—The Society for Post-Acute and Long-Term Care Medicine** (Chair, Public Policy Committee; Member, Communications & Publications Committees)
- National POLST Paradigm Task Force (Advisor, Executive Committee)
- National Quality Forum (Member, Standing Committee on Palliative Care and End-of-Life Care)
- California Association of Long-Term Care Medicine [CALTCM] (President-Elect & Past President, Leadership Award Recipient 2016)
- Coalition for Compassionate Care of California (Immediate Past Chair)
- American Academy of Hospice & Palliative Medicine (Chair, Geriatrics & Long-Term Care Special Interest Group; Member, Public Policy Committee)
- American Medical Association
- California Medical Association (House of Delegates)
- S.D. County Medical Society (Board of Directors, member of Bioethics Commission)
- American Academy of Family Physicians (Fellow since 1998)
- Society of Teachers of Family Medicine
- American Geriatrics Society
- International Society of Addiction Medicine
- American Academy of Hospice & Palliative Medicine
- International Psychogeriatric Association
- Society of Hospital Medicine
- Southern California Bioethics Committee Consortium
- California Association of Health Facilities (Government Relations Committee)

OTHER EXPERIENCE

- Village Square Healthcare Center, 05/09 to 05/17. Duties: Medical Director for 118-bed Skilled Nursing Facility (SNF). Location: 1586 W. San Marcos Blvd., San Marcos, CA 92069.
- Shea Family Health, 02/14 to 12/14, Duties: Chief Medical Officer for corporation providing post-acute and long-term care services, including 8 skilled nursing facilities, a home health agency and an RCFE in San Diego County.
- CareMinders Home Health, Cardiff, CA, 2012-2013, Medical Director for Home Health Agency.
- La Paloma Healthcare Center, Oceanside, CA, 1995-2007, Medical Director for 90-bed SNF.
- Las Villas de Carlsbad Health Center, Carlsbad, CA, 2007-2012, Medical Director for 34-bed SNF and adjoining Continuing Care Retirement Community (CCRC) with Assisted Living & Dementia Care units.
- Research Activities: Compliance in iron-deficient adolescents, Reduction of exercise-induced muscle damage by diclofenac, Investigator in multiple postmarketing studies on diabetes, dementia, agitation, smoking cessation, weight loss, advance care planning, care transitions.
- Editorial Advisory Board for *JAMDA*. Author/Contributor to **AMDA Clinical Practice Guidelines** (multiple, including the lead on 2012 revision of Pain CPG), White Papers, Tool Kits, Resolutions, etc.
- Clinical Instructor (Preceptor): Naval Hospital Camp Pendleton Family Medicine, UCSD Family Medicine, Samuel Merritt Univ., Point Loma Nazarene College, CWRU, others.
- High school science teacher (and coach), Fieldston School, Bronx, NY, 1981-83.