

Kaleb L. Singleton Psy.D., M.Ed.

May, 15 2025

To TrueNorth OCD and Anxiety Specialists,

I currently work as a contract clinical psychologist in a forensic environment with California Psychiatric Associates. I deliver direct clinical services, perform level of care, and crisis assessments on a daily basis for the past 4 years at various facilities with different levels of security. I also have been delivering teletherapy services with Rula Health to adult clients and teens since 2024 and working with the Valero Law Group helping trauma victims since January 2022.

I worked with the Developmentally Disabled in the Department of Developmental Services for the Commonwealth of Massachusetts while accumulating training hours. For 2 years I functioned as a Psychological Assistant II as the primary clinician to 7 different housing units within Wrentham Developmental Center. As a member of the psychology department, I worked towards achieving targeted goals of each resident's individualized behavioral support/treatment plans that is developed and implemented by multidisciplinary clinical teams by performing behavioral assessments. These treatment teams also include family members and additional stakeholders, along with clinical staff, that collaborate through psychiatric case conferences with psychiatry personnel in screening and assessing patients for psychotropic medications.

I have a 3-year history working in the Wisconsin Department of Corrections as a Psychological Associate at New Lisbon Correctional Institution. I routinely conducted psychological assessments for intake, crisis intervention, sexual abuse, dementia, and sex offender screening. I conducted test administration, interpretation, and recommendations for possible malingering, psychotic symptoms, and other general purposes. I also provided DBT for inmates on the special needs unit and generally function therapeutically using a CBT framework. While in Wisconsin I also worked as a psychological assistant with an exclusively adolescent population at Rogers Memorial Hospital in Brown Deer, Wisconsin in their PHP/IOP Adolescent Dual Diagnosis program. While there I performed intake assessments, achievement and intelligence testing, personal and group therapy, as well as process and psychoeducation groups.

I have a 10-year history working in the behavioral healthcare system of Ohio, the majority of which was spent at Northcoast Behavioral Healthcare. For 3 years I worked as the Assistant Director of the Community Service Network conducting studies of leadership, supervision, morale, motivation, and worker productivity as the organization implemented new efforts to lower staff assaults, increase the atmosphere of staff appreciation, and implement new therapeutic techniques for the mentally ill. I also worked as a Training Officer, where I taught state regulation, understanding of mental illness diagnosis, HIPPA standards, mental health history, ethics courses, and crisis intervention techniques.

Sincerely,

Kaleb Singleton, Psy.D., M.Ed.

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Qualifications:

- Excellent communication, supervisory, and collaboration skills.
- 10 year of assessing patients in a number of settings and environments.
- Strong interpersonal and listening skills, with an ability to build rapport with those of all age groups and socio-economic backgrounds.
- Skilled in many phases of public service.
- Adept at the practice of teletherapy assessment since 2021.

Education:

Licensed Psychologist-State of California 2020

Licensed Psychologist- State of Wisconsin 2020

PsyD., Clinical Psychology-California Southern University, 2015

M.Ed., Education- University of Akron, 2011

B.A., Psychology- Cleveland State University, 2005

Field Experience:

Rula Health (8/2024-Present)

I see personal clients using teletherapy means for various issues, including specific phobias, anxiety, depression, and couples and family therapy.

CA Psychiatric Associates (2/2020-Present)

I currently serve as a Clinical Psychologist delivering direct services consisting of crisis treatment, comprehensive assessments, and case management therapeutic services in a forensic environment.

Valero Law Group (1/2022-Present)

I see personal clients using teletherapy means for various issues, including acute trauma, anxiety, depression, and progression to PTSD symptoms.

Wrentham Developmental Center (8/2017-1/2020)

As a psychological clinician for the Commonwealth of Massachusetts, I worked with the Developmentally Disabled to achieve targeted goals of their individualized behavioral support/treatment plans as well as additional functions as the primary clinician to 7 different housing units within Wrentham Developmental Center. These assessments were tailored based on the outcomes and interpretation of the data collected from staff and personal observations. I also meet with stakeholders and multidisciplinary groups to review findings and periodic short- and long-term goals.

State of Wisconsin Department of Corrections (3/2014-07/2017)

As a psychological associate, I assessed and treated inmates for mental illness while handling a caseload of over 500 inmates on 3 different units. I conducted individual and group therapy sessions and advocated for security decisions that would lessen the potential of producing mental illness in inmates. I routinely performed psychological testing measures for mental illness, malingering, sex offender treatment, and developmental disabilities.

Rogers Memorial Hospital (2/2013-3/2014)

My primary function as a Psychological Assistant was to assist the attending psychologist with patient care in the Adolescent Dual Diagnosis Program as well as the Partial Hospitalization Program. Duties include evaluation of patients for admission to the Dual Diagnosis Program, collaboration with other staff in the coordination of care, and the provision of direct patient services with individualized education plans.

Heartland Behavioral Healthcare (1/2012-2/2013)

I have worked with a forensic population on a restore to competency unit. I conducted restore to competency assessments and groups, intelligence and achievement testing, malingering testing, as well as personal therapy for trauma issues, reality orientation, and substance abuse therapy techniques.

Northcoast Behavioral Healthcare, Assistant Director (CSN), Northfield, OH (03/2003-2/2010)

I independently assessed training needs for state agencies, conducted research and benchmarks to assess and enhance training. I developed, redesigned, and modified existing training materials, and measured training effectiveness to ensure program met given criteria for adult learning curriculum consistent with adult learning objectives, understood and applied best practices, recommended curriculum expansion. I planned, scheduled, and delivered training sessions, provided consultation and technical assistance, and served as a liaison with expert matter subjects. I maintained records and reports related to training activities and conducted training classes. I was also involved in selection of conference presentations and coordination of scheduling resident psychiatrists.

York Road Group Home, Community Manager/Supervisor, Parma, OH (3 community facilities) (03/2010-2/2013)

I provided active treatment by facilitating daily scheduled activities and individual programs such as training individuals in daily living skills. I approved individual programming and supervised staff implementation of recommended programming by Occupational Therapist, Physical Therapist, Language Development Specialist, Qualified Mental Retardation Professionals, and Psychologists, to stimulate their development. I also coordinated staff schedules and provided hourly replacement by alternative staff members when necessary.