

JUAN CÉSAR LARACH, MD

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Home: 1176 Rose Marie Lane, Apt. 175

Stockton, CA 05207

Education: Yale University, MD, 1982

Emory University, BA Chemistry, 1978

Escuela Internacional Sampedrana, San Pedro Sula, Honduras
(Primary and Secondary)

Postgraduate Training:

INTERNSHIP

Internal Medicine 6/82-6/83

Rush-Presbyterian-St. Luke's Medical Center, Chicago, IL

RESIDENCY

Pathology resident/visiting fellow 6/83-6/84

Columbia-Presbyterian Medical Center

New York City, NY

Internal Medicine 6/84-6/86

Rush-Presbyterian-St. Luke's Medical Center, Chicago, IL

Certification and Licensure:

QME Certificate, from Industrial Medical Council, exp 7/15/27

Specialist Hypertension, American Society of Hypertension, 8/01, re-certified
2014. [ASH dissolved since then]

Electrocardiography Interpretation Certification, Inst. Clinical Eval.12/99

ACLS/BLS Certified, 2002

FCCS Certified Provider, 2003

Board Certified, Geriatrics, 1994, **recertified** 2004 and **2015**

Board Certified, Internal Medicine, 1987 ("grandfathered")

Diplomate, National Board of Medical Examiners, 1983

DEA licensed (active, of course)

License, Colegio Médico de Honduras

Active License: California, 6/87, #G60426, Exp. Date: 12/31/26

Inactive Licenses: NY, IL, FL

Work Experience:

Independent Medical Evaluation Practice, Primarily Workers' Compensation issues as QME, and as Fit-For-Duty, Part-Time 2002-2007, full time 2008-present, several N. Cal. Locations, currently: SAN FRANCISCO, SACRAMENTO, STOCKTON, and CASTRO VALLEY

Part-Time (average >20 hours/week) physician, started March 2020, Mission Neighborhood Health Center, SF (ended 2022) and St. Anthony's Medical Clinic (to present)

Private Medical Practice, 2008-present

The Permanente Medical Group.

8/92-5/96 (Partner): Staff Physician, South San Francisco. Responsibilities: Clinic, Hospitalist, and Nursing Home; helped serve the 17% of Spanish-speaking clientele. Medicine Department, South San Francisco

12/97-11/01: Emergency and Urgent Care Departments, South SF

12/01-12/07: Clinic (only advertised Geriatrician in clinic, biggest elder practice at SF Kaiser, many Spanish-speakers) *and* Hospitalist work (until Jan 1, 2007), San Francisco,

2002: Hospitalist (in addition to above) twice a month at Redwood City Facility in 2002. Supervision of residents in clinical office rotation and during hospital care activities.

01/08-05/09: Pool Physician Status

Hospital Nacional Mario Catarino Rivas, San Pedro Sula, Honduras, Attending Physician, Department of Internal Medicine and Emergency, **January 2000-5/31/01:** Supervision and teaching of Interns in-hospital; Personal outpatient clinic; Organizer and leader of Journal Club for Interns. *Ad honorem*

Mission Neighborhood Health Center, SF, 6/96 -12/1999

Associate Medical Director and Head of Adult Medicine: Clinical care, preceptor of residents, medical students, student physician assistants, student nurse practitioners; Clinic serves primarily Spanish-speaking population of San Francisco and surroundings. Spanish TV spokesperson for the Center; admitting privileges at SF General Hospital through 12/2000

Private Practice, Brookwood Internal Medicine Associates, 8/89 - 7/92. Clinical care, supervision of office staff, responsible for purchase and sale of

medical equipment for office; Recruited new physicians into practice. Left practice to move to San Francisco and to work for Kaiser-Permanente

Social Service (ad-honorem), Ministry of Health, Honduras, 11/88 - 7/89. At public hospitals in San Pedro Sula (Medicine Department) and La Ceiba (various departments & Internal Medicine consultations for these departments)

Echocardiography externship, 08/88-11/88, Full-time, Rush-Presbyterian-St Luke's Med Center, 1720 W. Congress Pkwy, Chicago, IL 60610; Contact: Dr. Phil Liebson (though now retired) 312-942-2000

MacNeal Hospital, Berwyn, IL 10/86 - 9/88, (staff physician), Attending Physician; 3249 S. Oak Park Ave, Berwyn, IL 60402; Contact: Dr. Greg Daly. 312-586-8646. Urgent care and community practice.

Other Educational Experience:

Visiting Scholar, Sleep Med Dept., Stanford, 1-2 d/week, 2-08 to 5-08
 Medical Informatics Fellowship, by National Library of Medicine, June '97
 Echocardiography externship, Rush-Presbyterian-St. Luke's Medical Center, September-December 1988
 Research, Perioperative MI in patients undergoing coronary bypass grafting, 1982
 Externship, Hospital Leonardo Martínez, San Pedro Sula, Honduras, 1979
 Research, Carbohydrate Binding to Concanavalin-A, Emory University, 1978
 Research Application to Kaiser Foundation, 2005, Re: Vitamin D and Chronic Pain-pilot study
 EXTENSIVE CME since 1986
 Panelist, Grand Rounds, "Diversity: Caring for the Spanish-Speaking Patient" May 1995
 Friday Educational Luncheon-Staff & Residents, SFO Kaiser 2006-7; topics: "Vitamin D deficiency and Painful Osteomalacia", and "Identification of OCD and related disorders in Primary Care"

Community Activities:

Ex-affiliate with THE MAX FOUNDATION, helping those with aplastic anemia and leukemias get definite treatment, through out-of- Honduras resources, e.g., NIH
 Volunteered at ***Clínica del Niño***, organization for street children (rehabilitation, graduating from school, healthcare), San Pedro Sula, 2000-2001

Previous Committees:

IT Steering Committee, SF Kaiser 2002-3

Member, Comité Organizador, Congreso Médico de Honduras, 2001
Head of Pharmacy Committee, MNHC, SF
Quality Management Committee, MNHC, SF
Chair, Medical Directors Committee, San Francisco Consortium of Community Health Clinics
QA Committee, Kaiser, SSF
Medical Record Committee, Kaiser, SSF

Personal Data:

Birth date: 12-20-57
Marital Status: Divorced
Children: Two young men
Language Fluency: English and Spanish.
Moved to Stockton. Address: 1176 Rose Marie Lane #175, Stockton, CA 95207

Bibliography:

CPK Isoenzyme in the Diagnosis of Perioperative Myocardial Infarction during Coronary Artery Bypass Grafting, Thesis, 1982 (available through Google Library)
Immune Thrombocytopenia Secondary to HIV in a Heterosexual Couple, *Annals of Internal Medicine*, letter to the Editor, February 1989
Online-only: Published **Letters to the Editor** on health policy issues in primary care within the ACP