



Joseph J. Barrows, MD

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Board-Certified Anesthesiologist in active clinical practice. 15+ years experience. Over 4,000 spinal surgical procedures performed. Anesthesiologist for U.S. Olympic and Red Bull athletes, the Los Angeles Kings, and U.S. Navy SEALs. Extensive teaching experience. 10+ years experience as Medical Director of an Ambulatory Surgical Center (ASC). Experienced expert witness.

PROFESSIONAL MEDICAL EXPERIENCE

DISC Sports and Spine Surgery Center, Newport Beach, CA **2011 to Present**

Staff Anesthesiologist | Medical Director | Director of Anesthesia | Board of Directors

- Provide and develop anesthetic plans for complex spinal and orthopedic surgeries.
- Organize anesthesia coverage for approximately 50 spine surgeries/month.
- Conduct peer reviews, design strategic policies and procedures.
- Provide leadership to team through lectures.
- Contribute to an effective decision-making process as a board of director and board member of the Medical Executive Committee (MEC).

Partner, Deer Valley Anesthesia, Phoenix, AZ **2008 to 2011**

- Developed and executed anesthetic plans for complex orthopedic and general surgeries.
- Prepared and presented monthly in-service lectures and executed peer reviews for group physicians.
- Orchestrated daily operating room anesthesia coverage schedules.

Partner, The Anesthesia Medical Group, Inc., Honolulu, HI **2006 to 2008**

- Provided and developed anesthetic plans for complex spinal and orthopedic surgeries

Director of Anesthesiology- The Hayworth Institute, *Beverly Hills, CA* **2011 to 2015**

- Developed anesthetic plans for every type of cosmetic procedure.

Anesthesia Technologist at Cedars Sinai Medical Center, *Los Angeles, CA* **2002**

- Assembled, instituted and tested all anesthesia-related devices including but not limited to the anesthesia machine, Intravenous lines, arterial line, and central lines, before every surgery.

Medical Expert Witness **2020 to Present**

Medical File Review Consultant **2020 to Present**

EDUCATION

Anesthesia Residency, Boston University Medical Center, *Boston, MA* **2003 to 2006**

Surgical Internship, St. Barnabas Medical Center, *Livingston, NJ* **2002 to 2003**

Doctor of Medicine (MD), Saba University School of Medicine, *Netherlands* **2002**

Bachelor of Arts – Biology (BA), Kean University of New Jersey, *Union, NJ* **1995**

Associates Degree, Bergen Community College, *Paramus, NJ* **1991**

LICENSES & CERTIFICATIONS

Board Certified by The American Board of Anesthesiology, *10/2007*

Board Re-certification by The American Board of Anesthesiology, *6/2018*

State of California Medical license #A112561, *5/28/2010-present*

State of Hawaii Medical license #MD13848, *5/22/2006-present*

Medical Expert Witness Certificate, State of Florida, *6/9/2021*

CURRENT PROFESSIONAL ASSOCIATIONS

Member of the American Medical Association
Facility Member of the Ambulatory Surgical Center Association

PERSONAL/OTHER

First in family to go to college. Put myself through college by working in construction and bartending. Excellent verbal communication skills.

Expert Not Retained