

JONATHAN D. GELBER, MD, MS

Board-Certified Orthopaedic Surgeon | Sports Medicine | Qualified Medical Evaluator

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Professional Profile

Board-certified orthopaedic surgeon and sports medicine specialist with fellowship training at Cleveland Clinic and an active operative and nonoperative clinical practice. California Qualified Medical Evaluator with experience in independent medical examinations, medical record review, causation, apportionment, impairment analysis, future medical care, and orthopedic expert consultation. Accepts plaintiff and defense matters. Clinical expertise includes shoulder, knee, hip, and sports-related conditions, degenerative joint disease, joint preservation, orthobiologics, and surgical decision-making.

Licensure and Certification

American Board of Orthopaedic Surgery

Board Certification in General Orthopaedics; current through December 31, 2031

California Medical License

A114222; active

California Qualified Medical Evaluator

AMA Guides to the Evaluation of Permanent Impairment, Fifth Edition; ODG and ACOEM guidelines

National Provider Identifier

1093944670

Education and Postgraduate Training

Sports Medicine Fellowship Cleveland Clinic Foundation, Cleveland, Ohio	2014-2015
Orthopaedic Surgery Residency Harbor-UCLA Medical Center, Torrance, California	2009-2014
Doctor of Medicine with Distinction in Research Mount Sinai School of Medicine, New York, New York	2009
Master of Science in Biomedical Engineering Columbia University, New York, New York	2007
Bachelor of Science in Biology and Bachelor of Arts in Chemistry with Honors University of Miami, Coral Gables, Florida	2002

Professional Experience

Owner and Orthopaedic Surgeon LA Ortho & Wellness, Toluca Lake, California	2023-Present
Orthopaedic Surgeon and Sports Medicine Specialist Olmsted Medical Center, Department of Orthopedics and Sports Medicine	2019-2023
Attending Physician Elite Sports Medicine, Farmington, Connecticut	2017-2019
Associate Physician Highline Orthopaedics, New York, New York	2015-2017

Hospital Committees

- Utilization Management Committee, 2020 - 2023, Chair 12/2021 - 9/2023
- IRB Committee, 2019 - present, Chair 8/2021 - 9/2023
- Peer Review and Credentialing Committee, 2019 - 9/2023

Medical Society Committees

- Minnesota Medical Association, Board of Trustees Policy Committee Representative, 2021 - 2023
- Minnesota Medical Association Ethics and Medical Legal Committee, 2020 - 2022
- Minnesota Medical Association Policy Committee, 2021- 2023

Academic Appointments

- University of Connecticut - Assistant Attending Physician Sports Medicine Fellowship 12/1/2017 - 9/2019
- Montefiore/Albert Einstein School of Medicine Voluntary Orthopedic Resident Faculty 2/1/2015 - 10/30/2017

Professional Society Memberships

- California Orthopedic Society, 2023 - present
- Minnesota Medical Association, Member, 9/2020 - 9/2023
- Arthroscopy Association of North America, Member, 12/2018 - 2021
- International Society for Hip Arthroscopy, Member, 1/2019 - 2023
- American Academy of Orthopaedic Surgeons, Member 7/2009 - 2021
- American Orthopedic Society of Sports Medicine 8/1/2014 - 2021
- Orthopaedic Research Society, Associate Member 7/2011 - 7/2012

Journal Reviewer

- American Journal of Sports Medicine, 2015 - present
- Arthroscopy, 2015 - present
- Clinical Orthopaedics and Related Research (CORR), 2015 - present
- Techniques in Orthopaedics, 2018 - present

Orthopaedic and Sports Medicine Committees

- AOSSM Publications Committee, Member, 2017 - 2022
- AAOS Orthopedic Video Theater Committee 2018 - 2023
- Association of Ringside Physicians, Executive Board Member, 2017 - 2021

Team and Sports Coverage

- USA Wrestling, Team Physician, Mens Freestyle World Championships, Yakutsk, Siberia, Russia, 2019
- Hartford Wolf Pack, Minor League Hockey (NY Rangers Organization) 2018 - 2019
- Connecticut Chiefs, Junior League Hockey, Orthopedic Consultant, 2018 - 2019
- Westminster High School, CT 2017 - 2019
- Quinnipiac University Division 1 coverage, 2017 - 2019
- USA Wrestling, Team Physician, Mens and Womens Junior Pan-American Games, Lima, Peru 2017
- Cleveland Cavaliers NBA Basketball, Assistant Team Physician 2014-15
- Cleveland Indians MLB Baseball, Assistant Team Physician 2014-15
- Cleveland Scrappers Minor League Baseball, Associate Team Physician 2014-15
- Cleveland State University, Division I, 2014-15
- Notre Dame College, Division II, 2014-15
- Cleveland Senate League High School Football, 2014-15
- Cleveland Boxing Invitational, Medical Director 2015

Books

The Idealist: Jack Trice and the Battle for a Forgotten Football Legacy, Triumph Publishing, Hardcover April 2022, Paperback April 2023
 Tiger Woods's Back and Tommy John's Elbow: Injuries and Tragedies That Transformed Careers, Sports, and Society, Skyhorse Publishing, 2019
 The Ultimate Guide to Treating and Preventing MMA Injuries. ECW Press, 2016.

Volunteer/Charity Work

Founder, Grapplers Heart Tournament - a jiu-jitsu tournament for grapplers overcoming disabilities such as amputation, cerebral palsy, and spinal cord injury.

Professional Periodicals

COVID-Associated Myocarditis in Athletes, AOSSM Sports Medicine Update, Fall 2020
 Dangers of Extreme Weight Cutting. AOSSM In Motion. 2017
 Treating the MMA Athlete. AAOS Now. August 2015

Invited Commentaries

CORR Insights on "What Is the Relationship of Fear Avoidance to Physical Function and Pain Intensity in Injured Athletes?" Clin Orthop Relat Res. 2018 Apr;476(4):764-766. PMID: 29538173
 CORR Insights on "Corticosteroid Injections Give Small and Transient Pain Relief in Rotator Cuff Tendinosis: A Meta-analysis" Clin Orthop Relat Res. 2017 Jan;475(1):244-246. PMID: 27572298

Invited Presentations and Instructional Courses

Avoiding Injuries as an MMA Fighter, NYU 3rd Annual Fight Medicine Course, New York, NY. 2019
 Prevalence of Concomitant Pathology in Skeletal Immature Patients with Anterior Cruciate Ligament Tears. PRISM Annual Meeting, Atlanta, GA, January 17-19, 2019. Vogel LA, Kostyun RO, Pace JL, Gelber JD, Nissen CW. Presented by Carl Nissen.
 Avoiding Injuries as an MMA Fighter, NYU 2nd Annual Fight Medicine Course, New York, NY. 2018
 What's New in MMA Research, The Association of Ringside Physicians Annual Meeting. Mohegan Sun, Uncasville, CT. 2017
 Dangers of Extreme Weight-Cutting and Neurocognitive Performance, Cleveland Clinic Warthog Society Meeting, Sun Valley, Idaho, 2017
 Current Sports Medicine Issues in MMA, Harbor-UCLA Dana Street Alumni Meeting, Torrance, CA 2017
 A Practical Guide to Avoiding MMA Injuries, NYU First Annual Fight Medicine Course, New York, NY 2017
 Dangers of Extreme Weight-Cutting and Recognition of the Concussed Fighter Without KO. Panel on Mixed Martial Arts. AOSSM 2016 Annual Meeting. Colorado Springs, CO 2016
 Current and Future Research in Mixed Martial Arts. The Association of Ringside Physicians Annual Meeting. Las Vegas, NV 2016
 Discoid Meniscus. AOSSM 2015 Instructional Course Lecture. Orlando, FL. Saluan P, Gelber J, Gombosh M. Presented by Paul Saluan
 Traumatic Brain Injury in Mixed Martial Arts. Gelber J. 1st Annual International Concussion Symposium. New York, NY 2014.

Peer-Reviewed Publications

Neidecker J, Sethi NK, Taylor R, Monsell R, Muzzi D, Spizler B, Lovelace L, Ayoub E, Weinstein R, Estwanik J, Reyes P, Cantu RC, Jordan B, Goodman M, Stiller JW, Gelber J, Boltuch R, Coletta D, Gagliardi A, Gelfman S, Golden P, Rizzo N, Wallace P, Fields A, Inalsingh C. Concussion management in combat sports: consensus statement from the Association of Ringside Physicians. Br J Sports Med. 2019 Mar;53(6):328-333. PMID: 30049779.
 Gelber JD, Soloff L, Schickendantz M. The Thrower's Shoulder. J Am Acad Orthop Surg. 2018 Mar 15;26(6):204-213. PMID: 29443703
 Patel R, Gelber JD, Schickendantz M. The Weight-bearing Shoulder. J Am Acad Orthop Surg. 2018 Jan 1;26(1):3-13. PMID: 29176492
 Marshall T, Vega J, Siqueira M, Cagle R, Gelber JD, Saluan P. Outcomes After Arthroscopic Bankart Repair: Patients With First-Time Versus Recurrent Dislocations. Am J Sports Med. 2017 Jul;45(8):1776-1782. PMID: 28384005
 Marshall T, Gelber J, Spindler K. Postoperative Knee Bracing After Anterior Cruciate Ligament Reconstruction. Op Tech Sports Med. 2017 Mar; 24(1):55-58
 Navarro RA, Gelber JD, Harrast JJ, Seiler JG 3rd, Jackson KR, Garcia IA. Frequency and complications after operative fixation of clavicular fractures. J Shoulder Elbow Surg. 2016 May;25(5):e125-9. PMID: 26900143
 Getgood A, Gelber J, Gortz S, De Young A, Bugbee W. Combined osteochondral allograft and meniscal allograft transplantation: a survivorship analysis. Knee Surg Sports Traumatol Arthrosc. 2015 Apr;23(4):946-53. PMID: 25672506
 Gelber J, Hermida J, Patil S, Colwell CW, Dlima D. Effect of Biomimetic Nanocrystalline Apatite Surface on Bone Ingrowth. Journal of Biomimetics, Biomaterials, and Tissue Engineering. Feb 2012; 12:41-50.
 Gamradt, SC, Gelber J, Zhang, AL. Shoulder Function and Pain Level after Revision of Failed Reverse Shoulder Replacement to Hemiarthroplasty. Int J Shoulder Surg 2012;6:29-35 PMID: 22787331

- Padgett DE, Cottrell J, Kelly N, Gelber J, Farrell C, Wright TM. Retrieval analysis of nonmodular constrained tibial inserts after primary total knee replacement. *Orthop Clin North Am.* 2012 Nov;43(5):e39-43. PMID: 23102420
- Zhang, AL, Gelber J, Gamradt, SC. Removal of the Reverse Shoulder Prosthesis. *Tech Should Elbow Surg.* 2011 June; 12(2):40-45.
- Wanich T, Gelber J, Rodeo S, Windsor R. Percutaneous neuromodulation pain therapy following knee replacement. *J Knee Surg.* 2011 Sep;24(3):197-202. PMID: 21980881
- Colwell CW Jr, Gelber JD, Pulido PA, Casey KM. Early Range of Motion of the Scorpio Non-Restrictive Geometry Cruciate-Retaining Total Knee System. *J Arthroplasty.* 2011 Aug; 26(5):751-5. PMID: 21036012
- Johnson LL, Verioti C, Gelber J, Spector M, D'Lima D, Pittsley A. The Pathology of the End Stage Osteoarthritic Lesion of the Knee: Potential Role in Cartilage Repair. *Knee.* 2010 Oct 7. PMID:20934341
- Schwarzkopf R, Ishak C, Elman M, Gelber J, Strauss D, Jazrawi L. Distal Clavicular Osteolysis: A Review of the Literature. *Bull NYU Hosp Jt Dis.* 2008; 66(2):94-101. PMID: 18537776
- Lee E, Bishop J, Langford J, Gelber J, Flatow E. Outcomes After Arthroscopic Rotator Cuff Repair. *J Shoulder Elbow Surg.* 2007, Jan; 16(1):1-5. PMID: 17011216.
- Bravman J, Ishak C, Gelber J, Namkoong S, Jazrawi LM, Kummer FJ. The Interaction Between the Whipstitch Sutures of Multi-strand ACL Grafts and Interference Screw Fixation. *Bull NYU Hosp Jt Dis.* 2006, Jun; 63(3-4):156-157. PMID: 16878838.
- Bishop J, Sprague M, Gelber J, Krol M, Rosenblatt MA, Gladstone JN, Flatow EL. Interscalene Regional Anesthesia for Arthroscopic Shoulder Surgery: A Safe and Effective Technique. *J Shoulder Elbow Surg.* 2006, Sep; 15(5):567-570. PMID: 16979050.
- Bishop J, Sprague M, Gelber J, Krol M, Rosenblatt M, Gladstone J, Flatow E. Interscalene Regional Anesthesia for Shoulder Surgery. *J Bone Joint Surg Am.* 2005, May; 87(5):974-979. PMID: 15866958.

Book Chapters

- Gelber J, Petrigliano F, Gamradt C. Revision Rotator Cuff Repair. In: Ma CB, Feeley BT, eds. *Basic Principles and Operative Management of the Rotator Cuff.* SLACK Inc, New Jersey, 2012; 271-290.

Posters and Abstracts

- Sensitivity of Magnetic Resonance Imaging for Labral Pathology in Adolescent and Young Athletes. Laura Vogel, MD. Jonathan D. Gelber, MD, MS, Christine M. Kelly, MS, ATC, Nicole M. Chevalier, PA, Carl W. Nissen, MD, J. Lee Pace, MD, Matthew J. Solomito, PhD. AOSSM Annual Meeting, Boston, MA, July 11-14, 2019.
- Sensitivity of Magnetic Resonance Imaging for Labral Pathology in Adolescent and Young Athletes. Laura Vogel, MD. Jonathan D. Gelber, MD, MS, Christine M. Kelly, MS, ATC, Nicole M. Chevalier, PA, Carl W. Nissen, MD, J. Lee Pace, MD, Matthew J. Solomito, PhD. PRISM Annual Meeting, Atlanta, GA, January 17-19, 2019.
- Navarro R, Fleming J, Orton B, Gelber J, Brambila M, Hsu H, Shen C, Singh Outcomes after Surgical Treatment of Neer type II and V Distal Clavicle Fractures. Poster Presented at 2015 AAOS Annual Meeting, Las Vegas, NV, March 24-28, 2015.
- Navarro R, Gelber J, Harrast J, Jackson K. Frequency and Complications After Operative Fixation of Clavicle Fractures. Podium Presentation at: Open Meeting of the American Shoulder and Elbow Surgeons, AAOS Specialty Day, Chicago, IL, March 23, 2013.
- Navarro R, Gelber J, Seiler J, Harrast J, Jackson K. Complications of Clavicle ORIF. Poster presented at: 2012 AAOS Annual Meeting, San Francisco, CA. February 7-11, 2012.
- Navarro R, Gelber J, Seiler J, Harrast J, Jackson K. Is the Rate of Clavicle ORIF Changing? Poster presented at: 23rd SECEC-ESSSE European Congress. Lyon, France. September 14-17, 2011.
- Gelber J, Thomas B. Accelerated Rehabilitation After Arthroscopic Rotator Cuff Repair Provides For Excellent Function, Patient Satisfaction And Low Re-Tear Rate. Poster presented at: Western Orthopaedic Association's Annual Meeting Honolulu, Hawaii. July 27-30, 2011.
- Johnson L, Verioti C, Gelber J, D'Lima D, Spector M, Pittsley A. The Potential for the End Stage Osteoarthritic Sclerotic Lesion to Participate in Cartilage Repair. Poster presented at: 10th World Congress of the International Cartilage Repair Society; Sitges/Barcelona, Spain. September 2010.
- Gelber J, Verioti C, Colwell C, D'Lima D. Osteochondral Grafting: Donor-Graft Diameter Affects Cartilage Integration. Poster presented at: 2009 Orthopedic Research Society Meeting; Las Vegas, NV. February 2009.
- Gelber J, Verioti C, Colwell C, D'Lima D. Osteochondral Grafting: Donor-Graft Diameter Affects Cartilage Integration. Poster presented at: Poster presented at 8th World Congress of the International Cartilage Repair Society; Miami, FL. May 2009.
- Gelber J, Görtz S, De Young A, Bugbee W. Outcomes of Combined Fresh Osteochondral Allografting and Meniscal Transplantation. Poster presented at: 2009 Meniscus Transplantation Study Group Annual Meeting. AAOS Specialty Day; Las Vegas, NV. February 2009
- Johnson LL, Verioti C, Gelber J, Spector M. Cartilage Aggregates in Outerbridge IV Lesions: Role in Cartilage Repair. Poster presented at: 8th World Congress of the International Cartilage Repair Society; Miami, FL. May 2009.
- Johnson LL, Verioti C, Gelber J, Spector M. Revisiting the Pathology of the Outerbridge IV Cartilage Lesion. Poster presented at: Arthroscopy Association of North America Annual Meeting; San Diego, CA. May 2009.
- Farrell C, Gelber J, Cottrell J, Wright T, Padgett D. Analysis of Failed Non-modular Constrained Condylar Polyethylenes in Primary TKR. Poster presented at: American Academy of Orthopaedic Surgeons; San Francisco, CA. March 2007.
- Padgett D, Gelber J, Cottrell J, Wright T, Farrell C. Analysis of Failed Non-modular Constrained Condylar Polyethylenes in Primary TKR. Abstract included at: Hospital for Special Surgery 89th Alumni Association Annual Meeting; New York, NY. Nov 2007
- Bishop J, Sprague M, Gelber J, Kroll M, Rosenblatt M, Flatow E. Interscalene Regional Anesthesia is a Safe and Effective Form of Anesthesia for Arthroscopic Shoulder Surgery. Poster presented at: Arthroscopy Association of North America; Orlando, FL. April 2004

Bishop J, Sprague M, Gelber J, Kroll M, Rosenblatt M, Flatow E. Interscalene Regional Anesthesia is a Safe and Effective Form of Anesthesia for Shoulder Surgery. Poster presented at: American Academy of Orthopaedic Surgeons; San Francisco, CA. March 2004.

Flatow E, Bishop J, Sprague M, Gelber J, Kroll M, Rosenblatt M. Interscalene Regional Anesthesia is a Safe and Effective Form of Anesthesia for Shoulder Surgery. Poster presented at: The American Orthopedic Association; Boston, MA. June 2004.

Lee E, Bishop J, Langford J, Gelber J, Flatow E. Outcomes After Arthroscopic Rotator Cuff Repairs. Poster presented at: Arthroscopy Association of North America Annual Meeting; Orlando, FL. April 2004.