

Jerome Alexis Cortez

OBJECTIVE

A passionate chiropractor with experience in manual therapy, sports medicine, performance care, and rehab seeking an opportunity as a chiropractor at Expedient Medicolegal. Committed to delivering high quality evaluations and reviews as a potential qualified medical evaluator.

SKILLS

- Adaptability, flexibility, and collaborative team member
- Leadership management effectively with an interdisciplinary team
- Healthcare literacy and scholarly research

CLINICAL EXPERIENCE

Align Body Chiropractic, Arcadia, CA
Sports and Rehab Chiropractor

August 2022 – Current

- Conduct comprehensive patient health histories, perform orthopedic, neurological, and physical examinations, and diagnose musculoskeletal, neurological conditions, athletic or sports injuries, and other various conditions.
- Establish and develop individualized treatment plans for patients.
- Refer patients out for diagnostic imaging, such as X-ray, CT scans, or MRI, and to a primary care physician when clinically necessary.
- Perform chiropractic manipulation on the joints of the spinal column and the extremities of the body.
- Utilize soft tissue therapies such as myofascial release, active release technique, instrument-assisted soft tissue mobilization, myofascial decompression, joint mobilizations, and various chiropractic techniques.
- Perform various physiotherapy techniques, such as ARPwave neurotherapy and therapeutic ultrasound.
- Patient charting, billing, and administrative duties consist of checking in appointments, bookkeeping, answering phone calls, scheduling, accounting, custodial tasks, and business marketing.
- Conduct and provide patients with rehabilitation, therapeutic exercises, strength training, and conditioning as necessary for the patients' treatment plan.
- Provide education on nutrition, supplements, exercises, stretches, posture, and lifestyle modifications for patients.
- Implement rehabilitation, strength conditioning, and performance care programs for patients.
- Perform administrative tasks such as tracking leads, marketing units, emailing, texting, and making phone calls.
- Fostering and establishing long-term relationships with local gym owners, health and wellness clubs, and studios within the local community.
- Community outreach and collaboration entailing table events, recovery services, and educational workshops for local gyms and athletic centers.

The Joint Chiropractic, Monterey Park, CA 91754
Associate Part-Time Chiropractor

July 2023 – Current

- Perform patient health history, physical, orthopedic, and neurological examinations to assess the conditions and present disorders
- Development of treatment plans to correct abnormalities, joint dysfunction and promote movement.
- Utilize chiropractic techniques such as Diversified, Thompson, and Activator regularly to improve range of motion, and increase spinal and joint function.
- Counsel patients on lifestyle modifications and choices to promote overall health, wellness, and injury prevention.
- Collaborate with wellness coordinators on patient treatment plans, and administrative tasks.
- Formulate and establish wellness treatment plans for patients

Natural Wonders Healthcare, West Covina, CA
Associate Chiropractor

March 2023 – July 2023

- Conduct patient health histories, perform orthopedic, neurological, and physical examinations, and diagnose neuromusculoskeletal conditions.
- Designed individualized treatment plans consisting of chiropractic, rehabilitation, and therapeutic exercise, physiotherapy modalities, myofascial release, lifestyle modifications, and referral to other providers if necessary.
- Collaborate and discuss patient cases with the acupuncturist and the massage therapists.

SoCal Neck & Back Injury Center, Los Angeles, CA
Chiropractic Clinical Postceptor (Post-graduate associate)

May 2022 – July 2022

- Assist and conduct new patient history and consultation
- Perform adjustments to the joints of the spinal column and extremities
- Provide education on nutrition, supplements, posture, and lifestyle changes to patients
- Utilize physiotherapy modalities such as ultrasound, electrical stimulation, and spinal decompression for patients
- Perform various manual muscle techniques for patients with various musculoskeletal conditions
- Sanitation and housekeeping tasks as needed throughout the clinic and treatment area
- Responsible for first visit patient encounters and reinforcement of the treatment plan provided by the leading doctor along with patient retention

SoCal Neck & Back Injury Center, Los Angeles, CA
Chiropractic Clinical Intern (Preceptor)

Dec 2021 - Mar 2022

- Assist and conduct new patient history and consultation
- Perform adjustments to the joints of the spinal column and extremities
- Provide education on nutrition, supplements, posture, and lifestyle changes to patients
- Utilize physiotherapy modalities such as ultrasound, electrical stimulation, and spinal decompression for patients
- Perform various manual muscle techniques for patients with various musculoskeletal conditions
- Sanitation and housekeeping tasks as needed throughout the clinic and treatment area
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DNA Sports Medicine & Wellness Burbank, CA
Chiropractic Clinical Intern (Preceptor)

Dec 2021 - Mar 2022

- Perform sport physicals for athletes and patients
- Consult, examine, diagnose, and provided individualized treatment plans for patients
- Provide a variety of treatments utilizing myofascial release techniques, soft tissue mobilization, and physiotherapy modalities
- Manage and complete personal injury cases and reports
- Assist licensed chiropractor in developing and positioning patients up for X-rays
- Analyze and perform adjustments to the joints of the spinal column and extremities

California State University, Los Angeles Student Health Center
Chiropractic Clinical Intern (Preceptor)

Sep 2021 - Mar 2022

- Collaborate with a team of clinical chiropractic interns and supervising clinicians on patient cases.
- Serve as a supervising clinician for mentoring entry-level clinical interns during patient caseloads.
- Conduct patient health history, orthopedic, neurological, and physical examinations.
- Diagnose neurological, musculoskeletal conditions, and athletic/sports injuries.
- Evaluation through functional movement assessment screening, and palpation of the musculoskeletal system and joints.
- Establish patient treatment plans.
- Perform chiropractic techniques such as spinal/extremity manipulation, soft tissue therapies, and physiotherapy modalities to decrease pain and increase the body's range of motion.

Being Alive Clinic | HIV and AIDS Organization, Los Angeles

Aug 2021 - Nov 2021

Chiropractic Clinical Intern (Preceptor)

- Provide chiropractic services and wellness advocacy to patients of the HIV/AIDS community
- Consulted, examined, and diagnosed musculoskeletal and neurological conditions
- Performed various soft tissue therapies and physiotherapy modalities for patients
- Refer patients for various diagnostic imaging, lab tests, and follow ups with their primary care physician as necessary

Southern California University of Health Sciences Health Center, Whittier, CA

Dec 2020 - Jul 2021

Chiropractic Clinical Intern (Preceptor)

- Provided chiropractic care in the University Health Center outpatient clinic
- Manipulate the joints of the spinal column and other extremities to adjust, align, and correct abnormalities by neurologic and kinetic articular dysfunction
- Performed patient examinations, histories, and referral of imaging when clinically necessary
- Collaborate with acupuncturists, physician assistant clinical students and radiologist in patient case management
- Provide and collaborate with patients with an individualized treatment plan

EDUCATION

Southern California University of Health Sciences

Doctor of Chiropractic

April 2022

California State University, Los Angeles

B.S Kinesiology: Rehabilitation & Therapeutic Exercise

May 2018

LICENSE & CERTIFICATIONS

- Licensed Doctor of Chiropractic - California Board of Chiropractic Examiners
- Rocktape FMT Certification - Basic
- Rocktape FMT Certification - Advanced

REFERENCES

Angelina Medinilla: Nursing Educator at Las Encinas Mental Health Hospital, (323) 287-6703

Brandon Goldstein: Area Manager The Joint Corp, (818) 620-0007

Francisco Tagle: Chiropractor / Chiropractic Operations Manager The Joint Corp, (949) 483-1917