

Jerome Alexis Cortez

OBJECTIVE

A passionate chiropractor with experience in manual therapy, sports medicine, performance care, and rehab seeking an opportunity as a chiropractor at Expedient MedicoLegal. Committed to delivering high quality evaluations and reviews as a potential qualified medical evaluator.

SKILLS

- Adaptability, flexibility, and collaborative team member
- Leadership management effectively with an interdisciplinary team
- Healthcare literacy and scholarly research

CLINICAL EXPERIENCE

Align Body Chiropractic, Arcadia, CA
Sports and Rehab Chiropractor

August 2022 – Current

- Conduct comprehensive patient health histories, perform orthopedic, neurological, and physical examinations, and diagnose musculoskeletal, neurological conditions, athletic or sports injuries, and other various conditions.
- Establish and develop individualized treatment plans for patients.
- Refer patients out for diagnostic imaging, such as X-ray, CT scans, or MRI, and to a primary care physician when clinically necessary.
- Perform chiropractic manipulation on the joints of the spinal column and the extremities of the body.
- Utilize soft tissue therapies such as myofascial release, active release technique, instrument-assisted soft tissue mobilization, myofascial decompression, joint mobilizations, and various chiropractic techniques.
- Perform various physiotherapy techniques, such as ARPwave neurotherapy and therapeutic ultrasound.
- Patient charting, billing, and administrative duties consist of checking in appointments, bookkeeping, answering phone calls, scheduling, accounting, custodial tasks, and business marketing.
- Conduct and provide patients with rehabilitation, therapeutic exercises, strength training, and conditioning as necessary for the patients' treatment plan.
- Provide education on nutrition, supplements, exercises, stretches, posture, and lifestyle modifications for patients.
- Implement rehabilitation, strength conditioning, and performance care programs for patients.
- Perform administrative tasks such as tracking leads, marketing units, emailing, texting, and making phone calls.
- Fostering and establishing long-term relationships with local gym owners, health and wellness clubs, and studios within the local community.
- Community outreach and collaboration entailing table events, recovery services, and educational workshops for local gyms and athletic centers.

The Joint Chiropractic, Monterey Park, CA 91754
Associate Part-Time Chiropractor

July 2023 – Current

- Perform patient health history, physical, orthopedic, and neurological examinations to assess the conditions and present disorders
- Development of treatment plans to correct abnormalities, joint dysfunction and promote movement.
- Utilize chiropractic techniques such as Diversified, Thompson, and Activator regularly to improve range of motion, and increase spinal and joint function.
- Counsel patients on lifestyle modifications and choices to promote overall health, wellness, and injury prevention.
- Collaborate with wellness coordinators on patient treatment plans, and administrative tasks.
- Formulate and establish wellness treatment plans for patients

Natural Wonders Healthcare, West Covina, CA
Associate Chiropractor

March 2023 – July 2023

- Conduct patient health histories, perform orthopedic, neurological, and physical examinations, and diagnose neuromusculoskeletal conditions.
- Designed individualized treatment plans consisting of chiropractic, rehabilitation, and therapeutic exercise, physiotherapy modalities, myofascial release, lifestyle modifications, and referral to other providers if necessary.
- Collaborate and discuss patient cases with the acupuncturist and the massage therapists.

SoCal Neck & Back Injury Center, Los Angeles, CA
Chiropractic Clinical Postceptor (Post-graduate associate)

May 2022 – July 2022

- Assist and conduct new patient history and consultation
- Perform adjustments to the joints of the spinal column and extremities
- Provide education on nutrition, supplements, posture, and lifestyle changes to patients
- Utilize physiotherapy modalities such as ultrasound, electrical stimulation, and spinal decompression for patients
- Perform various manual muscle techniques for patients with various musculoskeletal conditions
- Sanitation and housekeeping tasks as needed throughout the clinic and treatment area
- Responsible for first visit patient encounters and reinforcement of the treatment plan provided by the leading doctor along with patient retention

SoCal Neck & Back Injury Center, Los Angeles, CA
Chiropractic Clinical Intern (Preceptor)

Dec 2021 - Mar 2022

- Assist and conduct new patient history and consultation
- Perform adjustments to the joints of the spinal column and extremities
- Provide education on nutrition, supplements, posture, and lifestyle changes to patients
- Utilize physiotherapy modalities such as ultrasound, electrical stimulation, and spinal decompression for patients
- Perform various manual muscle techniques for patients with various musculoskeletal conditions
- Sanitation and housekeeping tasks as needed throughout the clinic and treatment area
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DNA Sports Medicine & Wellness Burbank, CA
Chiropractic Clinical Intern (Preceptor)

Dec 2021 - Mar 2022

- Perform sport physicals for athletes and patients
- Consult, examine, diagnose, and provided individualized treatment plans for patients
- Provide a variety of treatments utilizing myofascial release techniques, soft tissue mobilization, and physiotherapy modalities
- Manage and complete personal injury cases and reports
- Assist licensed chiropractor in developing and positioning patients up for X-rays
- Analyze and perform adjustments to the joints of the spinal column and extremities

California State University, Los Angeles Student Health Center
Chiropractic Clinical Intern (Preceptor)

Sep 2021 - Mar 2022

- Collaborate with a team of clinical chiropractic interns and supervising clinicians on patient cases.
- Serve as a supervising clinician for mentoring entry-level clinical interns during patient caseloads.
- Conduct patient health history, orthopedic, neurological, and physical examinations.
- Diagnose neurological, musculoskeletal conditions, and athletic/sports injuries.
- Evaluation through functional movement assessment screening, and palpation of the musculoskeletal system and joints.
- Establish patient treatment plans.
- Perform chiropractic techniques such as spinal/extremity manipulation, soft tissue therapies, and physiotherapy modalities to decrease pain and increase the body's range of motion.

Being Alive Clinic | HIV and AIDS Organization, Los Angeles

Aug 2021 - Nov 2021

Chiropractic Clinical Intern (Preceptor)

- Provide chiropractic services and wellness advocacy to patients of the HIV/AIDS community
- Consulted, examined, and diagnosed musculoskeletal and neurological conditions
- Performed various soft tissue therapies and physiotherapy modalities for patients
- Refer patients for various diagnostic imaging, lab tests, and follow ups with their primary care physician as necessary

Southern California University of Health Sciences Health Center, Whittier, CA

Dec 2020 - Jul 2021

Chiropractic Clinical Intern (Preceptor)

- Provided chiropractic care in the University Health Center outpatient clinic
- Manipulate the joints of the spinal column and other extremities to adjust, align, and correct abnormalities by neurologic and kinetic articular dysfunction
- Performed patient examinations, histories, and referral of imaging when clinically necessary
- Collaborate with acupuncturists, physician assistant clinical students and radiologist in patient case management
- Provide and collaborate with patients with an individualized treatment plan

EDUCATION

Southern California University of Health Sciences

April 2022

Doctor of Chiropractic

California State University, Los Angeles

May 2018

B.S Kinesiology: Rehabilitation & Therapeutic Exercise

LICENSE & CERTIFICATIONS

- Licensed Doctor of Chiropractic - California Board of Chiropractic Examiners
- Rocktape FMT Certification - Basic
- Rocktape FMT Certification - Advanced

REFERENCES

Angelina Medinilla: Nursing Educator at Las Encinas Mental Health Hospital, (323) 287-6703

Brandon Goldstein: Area Manager The Joint Corp, (818) 620-0007

Francisco Tagle: Chiropractor / Chiropractic Operations Manager The Joint Corp, (949) 483-1917