

Jeanine Johnson, Psy.D.

LICENSED CLINICAL PSYCHOLOGIST

Private Practice - Los Angeles County, CA

Licensed Clinical Psychologist, January 2018–Present

Individual therapy at solo private practice via virtual sessions specializing in the treatment of anxiety, depression, and trauma in a high functioning, professional women 18 years and older using Cognitive Behavioral Therapy:
<https://drjeaninejohnson.com>

Private Practice - New York, NY

Licensed Clinical Psychologist, September 2015–February 2017

Individual therapy at a small private practice in midtown Manhattan for Leslie Ackerman, Psy.D., focusing on the evidenced-based treatment of mild to moderate depression and anxiety in a high functioning, professional population ranging from millennials to middle-aged adults; diagnostic evaluations and individualized treatment planning; tailored cognitive-behavioral homework assignments to promote and solidify personal gains outside sessions; specializing in providing effective short-term therapy to first-time patients in therapy.

Queens Hospital Center / Icahn School of Medicine at Mt. Sinai - Jamaica, NY

Licensed Clinical Psychologist, November 2014–August 2015

Individual and group psychotherapy at bustling Adult Outpatient Program serving a large culturally and psychiatrically diverse population spanning from young adults to geriatric persons; diagnostic evaluations and comprehensive intake assessments ranging from emergency department referrals requiring immediate consultation to high-functioning self-referrals needing outpatient engagement; specialized in devising objective measurable individualized treatment plans for large caseload of patients with differing diagnoses varying from mild adjustment disorders to chronic mental illnesses.

Utilization of Cognitive Behavioral interventions using psycho-educational materials and homework handouts to facilitate progress towards treatment goals and appropriately address symptomatology through use of empirically-validated therapeutic strategies; regular clinical case presentations and completion of routine clinical documentation, case management, & outreach in efficient manner; participation in program and departmental meetings addressing clinical issues, extern supervision, psychological testing, and implementation of new research & technology in the field of psychology.

The Zucker Hillside Hospital / North Shore Long Island Jewish Health System - Glen Oaks, NY

Clinical Psychologist, July 2013–June 2014

During a one-year post-doctoral fellowship, conducted individual outpatient psychotherapy for young adults with first episode psychosis, as part of the Early Treatment program, by using empirically-supported cognitive behavioral interventions along with appropriate person-centered and motivational interviewing techniques; regularly conducted comprehensive intake assessments, and provided individualized treatment planning & routine clinical documentation; conducted SCID assessments and completed timely reports for presentation on Axis I diagnostic clarification; supervised extern on essential elements of the SCID interview and report writing process; led bi-weekly outpatient group therapy service; co-led monthly family meetings for family members impacted by relatives experiencing psychotic symptoms, and organized year-long curriculum by researching and compiling psycho-educational materials, handouts, and audio-visual aids.

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The Zucker Hillside Hospital / North Shore Long Island Jewish Health System - (continued)

As part of the Behavioral Health College Partnership program, conducted individual outpatient psychotherapy for college students of diverse ethnic backgrounds and psychological conditions such as acute depression, suicidal ideation, and mood disorders by providing individualized cognitive-behavioral interventions along with person-centered techniques; led weekly group therapy services in both inpatient and outpatient settings; and regularly administered comprehensive intake assessments, routinely devised detailed treatment plans, as well as thorough, efficient documentation.

As part of multidisciplinary teams, actively participated in clinical team meetings, seminars, didactics, grand rounds, and was involved in research meetings on the SCID & trainings on early psychosis both on and off-site; engaged in wide-ranging individual and group supervisions; proficient in use of latest version of Avatar electronic health records systems.

Holcomb Behavioral Health Systems - Exton, PA

Clinical Therapist, September 2011–August 2012

During a one-year pre-doctoral internship, conducted individual psychotherapy for individuals and families of socioeconomic and culturally diverse background with serious and chronic mental illness utilizing person-centered techniques along with empirically-supported cognitive-behavioral interventions; completed diagnostic evaluations, psycho-educational testing, personality testing, psychological screenings, behavioral consultation, functional behavioral assessments, & family-based protocols; and conducted 20 forensic assessments for Chester County Prison to diagnose and provide treatment recommendations for the purpose of future court proceedings and eligibility for diversion programs for inmates with serious mental illness.

Administered recovery-oriented individual and group therapy at inpatient residential facility and provided clinical intervention to individuals experiencing psychological and psychosocial crisis via telephone, walk-in, and mobile-crisis through clinical care determinations and appropriate referrals; provided consultation to inter-disciplinary team of professionals on behalf of clients.

University of Pennsylvania - Philadelphia, PA

Center for Cognitive Therapy

Clinical Assessor, June 2010–May 2011

During a one-year pre-doctoral externship, conducted comprehensive diagnostic intake interviews using clinical interviewing and structured measures (e.g., SCID I & II, Beck Inventories) to complete cognitive case conceptualizations; evaluative reports included five-axis diagnosis with treatment recommendations, evaluator comments, and additional observations pertinent to the diagnosis; common diagnoses for high-functioning adult outpatient population were disorders of mood, personality, sleep, adjustment, anxiety and panic.

Penn Presbyterian Medical Center

Addictions Counselor, April 2006–May 2009

Conducted more than 400 therapy groups at intensive outpatient program using multi-disciplinary methodology & evidence-based intervention to address co-occurring disorders and recovery from substance abuse & dependency; provided for each client on caseload individual therapy, biopsychosocial diagnostic assessment, individualized treatment planning, case management, and the arrangement of continuing care and discharge plans.

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The Treatment Research Institute / Department of Psychiatry, Center for Studies of Addiction

Research Assistant, August 2002–April 2003

During a one-year undergraduate internship, provided assistance on two substance abuse research projects by completing data entry & documentation, compiling interview packets & organizing correspondence; participation in meetings on guidelines for writing a journal review, IRB regulations, & U.S. Dept. of HHS.

Philadelphia College of Osteopathic Medicine - Philadelphia, PA

Center for Brief Therapy

Therapist, June 2009–May 2010

During a one-year pre-doctoral externship, conducted individual psychotherapy for adults with various emotional and psychological disorders at Campus Counseling Center using individualized treatment interventions with emphasis on using cognitive behavioral protocols; conducted psycho-educational assessment using full battery of tests & measures (e.g., WAIS-IV, WIAT-II, WMS, Rorschach, TAT); presented numerous work samples, case presentations, in-services, & journal articles at staff meetings, and assisted with advertising, mental health screenings, and campus outreach efforts.

Individual psychotherapy for primary care patients at PCOM's Healthcare Center using brief cognitive therapy techniques & interventions according to the bio-psychosocial model for medical settings; provided consultation for multidisciplinary team to collaborate on best-practices for addressing needs of patients holistically. Conducted in-services on the purpose of psychology services in primary care settings and on the common psychological disorders found in medical settings by primary care physicians to medical students training at PCOM's Healthcare Center; administered study skills groups for PCOM's Center for Academic Resources and Educational Services Program addressing test-taking strategies, organizational skills, & stress management attended by medical students.

Department of Clinical Psychology

Teaching Assistant, September 2008–December 2009

For pre-doctoral academic extracurricular activities, taught on subject of multicultural competency in clinical health settings and facilitated group discussions, graded reports and group projects for Fall 2009 semester at Arcadia University's Physician Assistant Cultural Immersion Program; independently instructed lab for students in the Research II Statistics course in the Psy.D. program for Spring 2009 semester, which included grading final student projects on the application of psychometrics, univariate, and multivariate statistics; graded essays and work samples for Dr. Arthur Freeman at the 2008-2009 Certificate Series in Cognitive Behavioral Therapy, which included topics of clinical application and supervision along with a special integrating case seminar.

The Children's Hospital of Philadelphia - Philadelphia, PA

Therapist / Research Assistant, September 2009–June 2010

On a one-year contract for the 2009-10 school year, conducted on-site testing plus academic and psycho-social groups for NIMH-funded research project utilizing manualized school-based intervention, entitled The School Support Program, to improve pro-social behavior & academic performance among African-American girls in the School District of Philadelphia.

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The Philadelphia High School for Girls - Philadelphia, PA

School Guidance Counselor, September 2005–April 2006

During a one-year Masters-level internship, counseled individual students and advised on college planning & wrote letters of recommendation, administered standardized tests (e.g., PSSA, AP, IB, & Terra Nova) and assisted with the planning and organization of informational assemblies, community programs, student workshops, and conducted psycho-educational classroom lessons and parental presentations.

Philadelphia Corporation for Aging - Philadelphia, PA

Social Worker, June 2004–March 2006

Completed more than 350 comprehensive assessments and case reports of elderly, physical handicapped, and cognitively impaired adults based on clinical, financial, and social needs to determine appropriateness of home health care programs; individualized care planning, provided consult for family and interdisciplinary team regarding level of care determinations.

PUBLICATIONS, AWARDS, & MEMBERSHIPS

Philadelphia College of Osteopathic Medicine

Dissertation: "Why Children Play Sports, and Why They Quit:
Understanding the Thoughts and Attitudes Related to Participation in Youth Sports."
Published in 2012 by Lambert Academic Publishing (ISBN: 978-3-659-30758-4)

Villanova University

Member, Kappa Delta Pi International Honor Society in Education
Founding Officer and Member, National Society of Collegiate Scholars Honor Society
Member, Villanova University Women's Basketball Team (1999-2003)
Recipient, Big East Conference All-Academic Award (1999-2003)

CERTIFICATIONS

California

Registered and certified to practice Psychology in California as a Psychologist

Date of Initial Licensure: September 2017- current

License Number: 29523

New York

Registered and certified to practice Psychology in New York State as a Psychologist

Dates of Licensure: 2014-2023

License Number: 020628

Pennsylvania

Professional Education Certificate

Secondary School Counseling Certification: 2006–2012

EDUCATION

Philadelphia College of Osteopathic Medicine

American Psychological Association (APA) Accredited Doctoral Program

Doctor of Psychology in Clinical Psychology

GPA: 3.6, Graduated: August 2012

Masters of Science in Clinical Psychology

GPA: 3.6, Graduated: November 2010

Villanova University

Specialization in Secondary School Counseling

Masters of Science in Counseling and Human Relations

GPA: 3.8, Graduated: May 2006

Bachelor of Arts – Double major in Psychology and Sociology

GPA: 3.3, Graduated: May 2003