

Curriculum Vitae
Hisla Bates, M.D.
New York, NY

Academic Training:

6/1981 B.F.A	Parsons School of Design, New York, NY, Fashion Design
6/1988	Hunter College, New York, NY, Post Bac Pre-Medical Studies
6/1993 MD	University at Buffalo School of Medicine and Biomedical Sciences, Buffalo, New York

Additional Training:

7/1993-6/1994	Resident in Internal Medicine (Primary Care), Yale University, New Haven, CT
7/1994-6/1995	Resident in Ophthalmology, Yale University, New Haven CT
9/1995-8/1997	Resident in Psychiatry, Mount Sinai School of Medicine, New York, NY
9/1997-8/1999	Fellowship in Child & Adolescent Psychiatry, Harvard University, Boston, MA
11/2015-8/2016	Certificate in Positive Psychology, Whole Being Institute, Tal Ben Shahar
6/2019-6/2020	Integrative Psychiatry Institute, Fellowship in Integrative Psychiatry, Boulder, CO

Academic Appointments:

7/1998-6/1999	Chief Resident Child & Adolescent Psychiatry, Harvard Medical School, Boston, MA
7/1999-6/2003	Clinical Associate, Harvard Medical School, Massachusetts General Hospital, Boston, MA
9/2004-6/2005	Assistant Professor of Psychiatry, University of Arizona, Tucson, AZ
7/2006-6/2007	Clinical Instructor, Harvard Medical School, Cambridge Health Alliance, Cambridge, MA
8/2016-12/2016	Clinical Instructor, Boston University Boston Medical Center, Boston MA

Hospital Appointments and Employment:

10/1999-5/2000	Attending, Department of Psychiatry, Harvard Medical School, McLean Hospital, Belmont, MA
06/2000-10/2001	Attending, Adolescent Inpatient, Westwood Lodge Hospital, Westwood, MA
11/2001-5/2002	Attending, Adolescent Inpatient, Bournewood Hospital, Brookline, MA
6/2002-9/2004	Attending, Adult Inpatient, Carney Hospital, Dorchester, MA
9/2004-6/2005	Attending and Resident Supervisor Adult Inpatient, University of Arizona Medical Center, Tucson, AZ
7/2005-4/2006	Attending and Resident Supervisor, Adult and Adolescent Inpatient, Harvard South Shore Residency, Taunton Hospital, Taunton, MA
5/2006-1/2008	Attending, Adult Outpatient Department of Psychiatry, Cambridge Health Alliance, Harvard Medical School, Cambridge, MA
5/2006-1/2008	Associate Medical Director, Utilization Review for Network Health, Cambridge, MA
2/2008-9/2010	Attending, North Shore Medical Center, Inpatient Psychiatry for Adult and Child, Partial Hospital Programs, Salem, MA
9/2010-10/2015	Associate Medical Director, ValueOptions- MBHP-Massachusetts Behavioral Health Partnership, Utilization Review, policy and supervision - Boston, MA

Locum Tenens:

08/2018-12/2018	Kings County Medical Center, Child Inpatient Psychiatrist, Jackson & Coker, Locums
03/2018-05/2018	Arbour Health Systems, Child and Adolescent Partial Hospital Program, Psychiatrist, Locumtenens.com
12/2017-02/2018	University of Massachusetts PTRC, Inpatient Adult Psychiatrist, Worcester, MA, Locumtenens.com
08/2017-11/2017	Youth Villages Germaine Lawrence Residential School, Locums Staff Psychiatrist, Arlington, MA Locumtenens.com
03/2017-8/2017	Attending psychiatrist, Geriatric and Adult Inpatient Services, Cambridge Health Alliance,

2/2016-6/2016 Harvard Medical School, Cambridge, MA
Attending, Outpatient Psychiatry and MCPAP consultation, Locums VISTA Staffing,
MassGeneral Hospital for Children, North Shore Medical Center, Salem, MA

Media Consultation:

07/2021-2023 Psychiatric Consultant for Apple TV series

Private Practice:

06/2019-present Heart to Heart Psychiatry, PC, Private Practice, New York, New York

Honors:

06/2021 [Medscape Psychiatry, Artist and Clinician](#): 11 Captivating Works of Art: *Uma* by Hsila Bates

06/1999 Hoescht Marion Roussel Travel Fellowship for Women Residents in Psychiatry, American Psychiatric Association

06/1998 The Presidential Scholar Award, American Academy of Child and Adolescent Psychiatry

06/1998 American Psychiatric Association Mini-Fellowship

06/1992 James Comer Research Fellowship Award, AACAP

06/1990 Medical Education Community Orientation Fellowship, Roswell Park Cancer Institute Buffalo, NY Department of Thoracic Surgery and Oncology

06/1987 Rockefeller University Summer Research Fellowship

Licenses and Certification:

12/2022-12/2024 Board Certified: National Board of Physicians and Surgeons in Psychiatry

12/2022-12/2024 Board Certified: National Board of Physicians and Surgeons in Child & Adolescent Psychiatry

11/2013-12/2023 American Board of Psychiatry and Neurology, Board Certification, Child & Adolescent Psychiatry #8387

5/2008-12/2018 American Board of Psychiatry and Neurology, Board Certification, Psychiatry #58174

10/2020 Certified: Integrative Psychiatric Provider

8/2018-4/2025 New York State Medical Board License #196399-1

7/2016-7/2026 California Medical Board License #C143917

09/2016 Certificate in Positive Psychology

5/1997-2022 Massachusetts Medical Board License #153238

5/2006 Physician Waiver for Buprenorphine

Departmental and University Committees:

01/2012-10/2015 Representative for MBHP, Child Behavioral Health Advisory Council for Massachusetts

2012-2014 Member, The Children and Adolescent Psychoactive Medication Workgroup, Department of Mental Health, Boston, Massachusetts

9/2010-10/2014 Co-Chair of Credentialing Committee, ValueOptions-MBHP

9/2004-3/2005 Residency Selection Committee, Dept. of Psychiatry, University of Arizona, Tucson, AZ

7/1998-6/1999 Child & Adolescent Psychiatry Fellowship Selection Committee, Department of Child & Adolescent Psychiatry, Massachusetts General Hospital, Boston, MA

Teaching Experience and Responsibilities:

2009 Lecture, Opioid Dependence: Focus on Adolescent Use and Treatment Options, North Shore Medical Center, Hunt Center Inservice, Department of Psychiatry, Danvers, MA

2010 Lecture and panel Discussion, Adolescent Development: What Parents Need to Know, Brookline High School, Parents and Teacher's Organization, Brookline, MA

2011 Lecture, Opioid Dependence: Current Trends and Issues for Youth, Massachusetts

	Behavioral Health Partnership (MBHP), Boston, MA
2011	Lecture, The Assessment of Patients with Suicidal Behaviors: How do you Determine Level of Risk?, Massachusetts Behavioral Health Partnership (MBHP), Boston, MA
2011	Lecture, CRAFFT Screening for Adolescent Substance Abuse for the Child Behavioral Health Initiative, Regional Meetings multiple locations Statewide.
2012	Lecture, Substance Abuse: What You Need to Know, MBHP Statewide Conferences for Community Support Providers
2012	Lecture, A Strength Based Approach to Case Presentations for the Emergency Service Provider, MBHP Statewide Conference, Worcester, MA
2014	Lecture, The Art of Triage: A Humanistic Approach to Case Presentation for the Emergency Service Professional, for BEST Team ESP, Solomon Carter Fuller Library, Boston, MA
2014	Regular Lectures to Staff on Psychopharmacology, Clinical Issues in Psychiatry, Substance Use Disorders, Value Options - MBHP, Boston, MA
2016	The Psychiatric Patient Interview and Case Formulation, PGY 1 and 2 and MS3 & MS 4 Bournewood Hospital, Brookline, MA
2016	Lectures PGY-1 <i>Introduction to Clinical Care</i> , Boston Medical Center, MA
2016	<i>Physician Burnout Lecture</i> , PGY-1 Residents, Boston Medical Center, Boston, MA

Major Mentoring Activities:

7/2016-12/2016	Supervision and Teaching Patient Interview, Boston University Residents and Medical Students, Bournewood Hospital, Brookline MA
7/2016-12/2016	Supervision for Clinical Psychopharm and Psychotherapy, Residents: Dustin Patil, MD; Brad Stankiewicz, MD; David Hathaway, MD (PGY 4s) Mentor to Joanne Latillade, MD (PGY1)
7/2005-4/2006	Supervision and Teaching of Harvard South Shore Psychiatric Residents, Taunton State Hospital, Taunton, MA
9/2004-6/2005	Supervision and Teaching of Psychiatry Residents, Adult Inpatient Psychiatry Program, University of Arizona Medical Center, Tucson, AZ
6/2002-9/2004	Supervision of Boston University Medical Students, Adult Inpatient Psychiatry, Carney Hospital, Dorchester, MA
11/2001-5/2002	Supervision of Boston University Psychiatry Residents, Adolescent Inpatient Psychiatry Unit, Bournewood Hospital, Brookline, MA
06/2000-10/2001	Supervision of Boston University Medical Students, Adolescent Inpatient Psychiatry, Westwood Lodge Hospital, Westwood, MA
10/1999-5/2000	Supervision of Harvard Psychiatry Residents in Child Psychiatry Outpatient Department, McLean Hospital, Belmont, MA

Other Professional Activities:

Professional Societies:

Memberships, Offices, and Committee Assignments:

2022-2027	Art Editor for the Journal of the American Academy of Child & Adolescent Psychiatry (JAACAP)
2019-Present	Co-Chair, Art Committee for the AACAP
2016-Present	Member, American Psychiatric Association
1998-Present	Member, American Academy of Child & Adolescent Psychiatry (AACAP)
1998-Present	Member, AACAP Art Committee
2000-2022	Member, Massachusetts Psychiatric Society
	Member, Massachusetts Medical Society
2000-2022	Member, New England Council of Child & Adolescent Psychiatry

Major Committee Assignments:

Private/Foundation:

2010-2014 American Cancer Society Hope Lodge, Art Selection Committee, Boston, MA

Study Sections:

03/2016 Massachusetts American Academy of Pediatrics and the Alliance for Integrated Mental Health: Statewide Innovative Models for Pediatric Health Care Integration Summit for Policy Leaders and Innovators - Spring meeting [Invited attendee]
11/2014-7/2015 The Children's Mental Health Task Force, Boston

State:

7/2012-6/2014 Massachusetts Department of Mental Health (DMH), The Children & Adolescent Council on Psychoactive Medication Work Group [Representing MBHP]
2/2012-10/2015 The Children's Behavioral Health Advisory Council for the State of Massachusetts [Invited to represent MBHP]

Invited Speaker/Lectures, Workshops, Podcasts and Presentations

Regional and National:

06/18/2023 Upcoming - Lecture and Workshop University of Colorado for the Integrative Psychiatry Institute Annual conference, *Creativity and the Growth Mindset*
10/16/2022 Panel-Discussion on *Loneliness in Youth Post Pandemic*, DoSomething.org
05/23/2020 Summit: *Healer Heal Yourself, Reduce Burnout, Discover Your Creativity While You Heal Others*, Interviews with 26 Outstanding and Creative Clinicians, writers and visual
10/15/2019 *Drawing for the Clinician's Toolbox: A Mindfulness Approach*; AACAP Annual Meeting Chicago, IL
03/13/2019 *This Alien Nation*, Invited Storytelling Performance at Joes Public Theater, New York, NY
10/22/2018 *Drawing: A Tool for Mindfulness*: Workshop for Psychiatrists at AACAP Seattle, WA
09/11/2016 *Community Conversations about Race*, Cambridge MA [Invited panel speaker]
02/09/2014 *Blended Families*, Community Conversations, Cambridge, MA [Invited Panel Speaker]
09/12/2014 Lecture: *The Art of Triage: A Humanistic Approach to Case Presentation for the Emergency Service Professional*, Clark University, Worcester, MA
03/27/2014 The Art of Triage: A Humanistic Approach to Case Presentation for the Emergency Service Professional, Solomon Carter Fuller Library, Boston Medical Center, Boston, MA [Invited Lecture for BEST Team]
06/13/2011 *The Assessment of Patients with Suicidal Behaviors: How do You Determine Level of Risk*, Massachusetts Behavioral Health Partnership, Boston, MA [Lecture for Staff CEU]
11/16/2011 *Opioid Dependence: Current Trends and Issues for Youth*, Massachusetts Behavioral Health Partnership, Boston, MA [Lecture for Staff CEU]
12/05/2011 *Screening for Adolescent Substance Abuse: The CRAFFT Questionnaire*, Northeast Behavioral Health, Haverhill, MA [Invited Lecture Conference for Providers]
12/08/2011 *Screening for Adolescent Substance Abuse: The CRAFFT Questionnaire*, South Shore Mental Health, Quincy, MA [Invited Lecture Conference for Providers]
12/12/2011 *Screening for Adolescent Substance Abuse: The CRAFFT Questionnaire*, MBHP Regional Office, Holyoke, MA [Invited Lecture Conference for Providers]
12/13/2011 *Screening for Adolescent Substance Abuse: The CRAFFT Questionnaire*, MBHP South East Regional Offices, Hyannis, MA [Invited Lecture Conference for Providers]
12/19/2011 *Screening for Adolescent Substance Abuse: The CRAFFT Questionnaire*, MBHP Regional

Office, Worcester, MA [Invited Lecture Conference for Providers]

10/17/2012 *Antipsychotics: Indications and Adverse Effects*, Massachusetts Behavioral Health Partnership, Boston, MA [Lecture for Staff Continuing Education]

International:

06/2023 *Creative Tools in Psychotherapy*; European Society of Child & Adolescent Psychiatry (ESCAP); Copenhagen, Denmark

10/19/2022 *Physician Wellness and Gratitude*, Invited Speaker for the AACAP Assembly Physician Members; Toronto, Canada

Books, Articles and Newsletters:

10/2022 [Alien Nation: 36 True Tales of Immigration: My Heart's Journey Home](#), by Hisla Bates, Edited by Sofija Stefanovic; HarperVia; October 2021

11/2020 Contributing author: [Designing and Creating Life Changing Workshops](#): Creating the Conditions for Transformation in your Groups, Trainings and Retreats; Nelson, Ronka & Lang; CliffHouse Press 2020

04/2020 *Healthcare Workers Are Precious Jewels. Treat Them As Such*; April 3, 2020; Published in KevinMD.com

11/2019 [What Rushed Patient Encounters are doing to Patients and Physicians](#); November 52019; Published in KevinMD.com and shared over 6000 times

10/2019 [Burnout in Fashion and Medicine: A Fashion Designer Turned Physician Compares Notes](#); October, 8 2019; published in the KevinMD.com

08/2019 Quoted in SUCCESS Magazine; [The Power of Learning New Things Together](#), by Jamie Friedlander, relationships and vulnerability.

09/2015 Author: Primary Care Provider Newsletter for BCBSMA on *Metabolic Syndrome*

07/2014 *Stimulants and the New Black Box Warning*, Massachusetts Child Psychiatry Access (MCPAP) Newsletter, July 2014

09/2013 *Medication Assisted Treatment of Substance use Disorders*, MassHealth Primary Care Provider Toolkit, 2013

01/2011 *Monitoring Second Generation Antipsychotic medications in a Primary Care Setting*, MassHealth Primary Care Clinician Plan Newsletter Quarterly,