

GARSON M. CARUSO, MD, MPH
647 EAST SIDDBURG ROAD, MECHANICSBURG, PA 17055
717-691-5409 • garson@gmcarusoconsulting.com

OCCUPATIONAL MEDICINE CONSULTANT

Workers' Compensation Medical Direction, Physician Advisor, and Case Management
Life Expectancy Determination and Other Medicolegal Litigation Support
Disability Case Review and Consultation
On-Site Medical Clinical Supervision and Medical Review Officer Services

EDUCATION AND TRAINING

University of Pennsylvania Medical Center

Occupational and Environmental Medicine Residency, 2005

Johns Hopkins Bloomberg School of Public Health

Master of Public Health with Certificate in Health Finance and Management 2004

Mercy Hospital of Pittsburgh

General Surgery Residency, 1986

Temple University School of Medicine

Doctor of Medicine 1984

Washington & Jefferson College

Bachelor of Arts in Psychology with Honors, 1979

CERTIFICATIONS AND FELLOWSHIPS

Certification, American Board of Preventive Medicine (ABPM), 2006-2026

Certification, Medical Review Officer Certification Council (MROCC), 2008-2024

Certification, Florida Workers' Compensation Expert Medical Advisor (EMA), 2012-2014

Fellowship, International Academy of Independent Medical Evaluators (IAIME), 2011

Certification, American Board of Independent Medical Examiners (ABIME), 2009-2014

Fellowship, American College of Occupational and Environmental Medicine (ACOEM), 2007

Certification, Six Sigma Yellow Belt, Bechtel Corporation, 2006

Diplomate, American Board of Medical Examiners, 1985

CURRENT ACTIVE MEDICAL LICENSURE

Florida, Maryland, New York, North Carolina, Pennsylvania, Virginia

(Updated August 20, 2020)

PROFESSIONAL EXPERIENCE

Garson M. Caruso, MD, MPH, PA Mechanicsburg, Pennsylvania

Physician Consultant 2007-present

- Medical Director, AmTrust North America (previously Associate Medical Director, Medical Director Advisors; 2010-present): Occupational medical consultation and life expectancy determination on complex Workers' Compensation claims
- Medical Consultant, Service Employees International Union (2015-present) and PSA Airlines (2019-present): Occupational medical consultation on current administrative and clinical issues and complex short- and long-term disability claims
- Medicolegal Expert Witness (2013-present)
- Disability and Workers' Compensation File Reviewer (2008-present): Medical file reviews of complex disability and legacy chronic pain claims and Workers' Compensation cases
- Physician Case Manager, CorVel Corporation (2013-2016): Physician case management for complex Workers' Compensation claims
- Staff Physician and Medical Review Officer, Lakeside Occupational Medical Centers (2011-2016): Provision of clinical occupational medical services, mid-level practitioner supervision, and Medical Review Officer functions for large regional occupational medicine practice
- Medical Director, Navy Federal Credit Union (2011-2014): Clinical oversight and support for on-site occupational health management services in call center environment
- Medical Director, Lakeview Occupational and Industrial Clinic (2007-2010): Direction and provision of clinical occupational and non-surgical orthopedic medical care

Johns Hopkins Medical Institutions Baltimore, Maryland

Clinical Associate 2002-present

- Collaborating/Supervising Physician, Bell & Evans, Dean Foods, and PepsiCo Employee Health and Wellness Clinics (2005-present): Clinical oversight and support for mid-level clinicians at on-site facilities in Florida, North Carolina, Pennsylvania, and Virginia
- Medical Review Officer (2008-present): MRO services for Johns Hopkins Medical Institutions (Baltimore, MD) and Sibley and Suburban Hospitals (Washington, DC)
- Medical Director, Lockheed Martin and Middle River Aircraft Occupational Medicine Facilities (2006-2007): Supervision of on-site industrial medicine clinic providing occupational illness and injury care, fitness for duty evaluations, hearing conservation, respirator certification, medical surveillance, disability determinations, FMLA/ADA certifications, and travel health care
- Associate Medical Director, Bechtel Aberdeen Chemical Disposal Facility (2002-2006): Oversight of medical clinic operations and management, personnel, quality assurance, training, and chemical surety (compliance with US Army regulations) on chemical demilitarization project; developed medical clinic policies and procedures, complex systems for tracking worker fitness for duty to operate in immediately dangerous to life and health (IDLH) environments, and heat stress prevention and worker health and wellness programs

PROFESSIONAL EXPERIENCE, CONTINUED

Concentra Medical Centers (Harrisburg West) Mechanicsburg, Pennsylvania
Center Medical Director 2001-2002

Pinnacle Health System, Department of Emergency Medicine Harrisburg, Pennsylvania
Staff Physician 1992-2000

Emergency Association of Southwest Pennsylvania Washington, Pennsylvania
Staff Physician 1986-1992

AWARDS AND RECOGNITION

American College of Occupational and Environmental Medicine
Health Achievement in Occupational Medicine Award, 2010

Washington & Jefferson College
First Scholar in Psychology, 1979

PRESENTATIONS

- “Complex Regional Pain Syndrome” and “Medical Cannabis”, AmTrust Complex Care Symposium, Dallas, TX, September 2019
- “Psychological Aspects of Delayed and Failed Recovery and Unnecessary Disability”
 - SEAK National Workers Compensation Conference, Hyannis, MA, July 2017
 - American Occupational Health Conference (AOHC/ACOEM), New Orleans, LA, April 2018
 - Pennsylvania Occupational and Environmental Medicine Medical Society (POEMS) Webinar, October and December 2018
 - IAIME National Scientific Session, Tucson, AZ, January 2019
- “Medically Unexplained Symptoms and Heartsink Patients,” AOHC, Chicago, IL, April 2016
- “Strategic Approaches to Occupational Medicine,” Johns Hopkins/PepsiCo Health and Wellness Summit, Baltimore, MD, October 2012
- “Work Disability Prevention and Management”
 - Florida Workers’ Compensation Institute (FWCI) Conference, Orlando, FL, August 2011
 - AOHC, Los Angeles, CA, April 2012
- “Depression in the Workplace”
 - AOHC, New Orleans, LA, April 2007 and New York, NY, April 2008
 - ACOEM Webinar, 2008
- “Emergency Responder Health and Safety,” ACOEM State of the Art Conference (SOTAC), New York, NY, October 2006
- “Worker Fitness for Physically Stressful Duties,” AOHC, Los Angeles, CA, May 2006

PUBLICATIONS

- Bruns, D, Warren P. (Panel Co-Chairs), Alleman T, Brady MM, Caruso GM, Couser GP, Grunert BK, Hoffman HE, Hyman MH, Kertay L, Mandel S, Sayeed Y, Steinberg JS. “Depressive Disorders.” In Hegmann, KT, Hughes, MA, Biggs JJ (Eds). American College of Occupational and Environmental Medicine's Occupational Medicine Practice Guidelines (3rd Edition). Elk Grove Village, IL: ACOEM, 2019.
- Caruso GM, Kertay L. “Part I: Psychological Factors in Delayed and Failed Recovery and Unnecessary Disability.” AMA Guides Newsletter. May/June 2019:3-9.
- Caruso GM, Kertay L. “Part II: Psychological Factors in Delayed and Failed Recovery and Unnecessary Disability.” AMA Guides Newsletter. July/August 2019:3-14.
- Caruso GM. “Chapter 9: Behavioral Health and Occupational Medicine: Concepts” and “Chapter 10: Behavioral Health and Occupational Medicine: Practices”. In Warren PA, Ed. Handbook of Behavioral Health Disability Management. Switzerland: Springer Nature, 2018. (Ch. 9: 201-36; Ch. 10: 237-64).
- Bruns, D, Warren P. (Panel Co-Chairs), Alleman T, Brady MM, Caruso GM, Couser GP, Grunert BK, Hoffman HE, Hyman MH, Kertay L, Mandel S, Sayeed Y, Steinberg JS. “Posttraumatic Stress Disorder and Acute Stress Disorder.” In Hegmann, KT, Hughes, MA, Biggs JJ (Eds). American College of Occupational and Environmental Medicine's Occupational Medicine Practice Guidelines (3rd Edition). Elk Grove Village, IL: ACOEM, 2018.
- Caruso GM. “Biopsychosocial considerations in unnecessary work disability.” Psychol Inj Law. 2013;6(3):164-82. DOI 10.1007/s12207-013-9162-y.
- Caruso GM. “Book Review: Improving Organizational Interventions for Stress and Well-Being: Addressing Process and Context.” J Occup Environ Med. 2013 Apr; 55(4):471-3.
- Caruso GM. “Chapter 4: Shared decision making in occupational medicine.” In Llewellyn A, Ed. Shared Decision Making: A Tool to Ensure Patient-Center Care (Case in Point Series). Rockville, MD: Dorland Health (Access Intelligence), 2013.
- Caruso GM (Panel Chair), Barth RJ, Christian J, Goertz M, Letz G, Weiss MS. Warren PA (Co-Author). Kahn JP, Talmage JB (Panel Consultants). Harris JS (Committee Consultant). “Cornerstones of Disability Prevention and Management.” In Hegmann, KT, Hughes, MA, Biggs JJ (Eds). American College of Occupational and Environmental Medicine's Occupational Medicine Practice Guidelines (3rd Edition). Elk Grove Village, IL: ACOEM, 2011.
- Green-McKenzie J and Jacobs JJ (Panel Co-Chairs), Caruso GM, Holmes EB, Jones AL, Kaufman LR, MacDonald CW, McCarthy JC, McGrory BJ, Safran M, Stark, J, Wood EM. “Hip and Groin Disorders.” In Hegmann, KT, Hughes, MA, Biggs JJ (Eds). American College of Occupational and Environmental Medicine's Occupational Medicine Practice Guidelines (3rd Edition). Elk Grove Village, IL: ACOEM, 2011.
- Caruso GM, Myette TL, Stave G. ACOEM Position Statement: Depression in the Working Population. American College of Occupational and Environmental Medicine, 2008.

PUBLICATIONS, CONTINUED

- Caruso GM, Myette TL (Eds). *Special Issue: Depression in the Workplace*. J Occup Environ Med. 2008 Apr;50(4).
- Caruso, GM. "A clinical perspective on workplace depression: current and future directions." J Occup Environ Med. 2008 Apr;50(4):501-13.
- Caruso GM, Myette TL. "Introduction: the ACOEM depression in the workplace project." J Occup Environ Med. 2008 Apr;50(4):379-80.
- Green-McKenzie J, Caruso GM. "Health care workers' crucial barriers." Occup Health Saf. 2006 Apr;75(4):57-8, 112.
- Ruggiero RP, Caruso GM. Chylothorax--a complication of subclavian vein catheterization. JPEN J Parenter Enteral Nutr. 1985 Nov-Dec;9(6):750-3.

PROFESSIONAL ACTIVITIES AND PROJECTS

Johns Hopkins University

- Instructor in Medicine (2017)

American College of Occupational and Environmental Medicine

- Member, Mental Health Guidelines Panel (2017-present)
- Book and Peer Reviewer: Journal of Occupational and Environmental Medicine (2012-present)
- Member, Council of Scientific Advisors (2010-2020)
- Chair, Practice Guidelines Revision Panel: Cornerstones of Disability Prevention and Management (2009-present)
- Member, Practice Guidelines Committee (2009-present)
- Member and Prior Vice Chair, Work Fitness and Disability Section (2008-present)
- Member, Practice Guidelines Revision Panel: Hip and Groin (2008-2011)
- Member, Mental Health Committee (2008-2010)
- Co-Chair, Depression in the Workplace Project (2006-2010)
- Guest Editor: Journal of Occupational and Environmental Medicine, Special Issue on Depression in the Workplace (April 2008)
- Member, Health and Productivity Toolkit Revision Panel (2007-2008)
- Co-Chair and Focus Group Moderator, Physician Health Project (2006-2007)
- Delegate, Maryland Component, House of Delegates (2006)
- Member, Health and Productivity Section (2005-2015)

PROFESSIONAL ACTIVITIES AND PROJECTS, CONTINUED

Consulting Engagements

- Norton Sound Health Corporation (2014)
- New York City Transit Authority (2013-2015)
 - Co-Author, Endocrinology Chapter, 2015 Revised Medical Standards for Employees
- Science Applications International Corporation (2011)

Medical Journal Peer Review

- Occupational Medicine (2014-present)
- International Archives of Occupational and Environmental Health (2010-present)

US FMCSA (DOT) Medical Expert Panels on Commercial Motor Vehicle Driver Safety

- Parkinson's Disease and Multiple Sclerosis (2009)
- Psychiatric Disorders (2009)