

Garrett Neill, DC

Professional Summary

Sports-focused Chiropractor with 8+ years treating athletes and active adults. Skilled in adjustments, movement assessment, mobility training, and performance-based care. Energetic, reliable, and adaptable in fast-paced, high-volume environments. Strong communicator with a collaborative treatment style and evidence-based approach.

Core Competencies

Sports Chiropractic • FRC/FRA/FR-Spine • Joint Mobilization • Soft Tissue Techniques • Lifestyle Medicine • SOAP Notes • Team Collaboration • Reliability & Coachability

Professional Experience

Chiropractor — Independent Contractor (2016–2025)

- Treated athletes, active adults, geriatric, and special-needs patients.
- Delivered assessments, adjustments, soft-tissue recommendations, and performance plans.
- Managed patient care, scheduling, and business operations.
- Built strong rapport with clients seeking mobility, recovery, and performance improvement.

Wellness & Chronic Pain Educator / QA Reviewer — Boomerang Health Care (2020–2025)

- Led virtual education programs (movement, ergonomics, sleep, nutrition, mental health).
- Performed QA review of clinical notes and extracted key care data.
- Worked closely with a multidisciplinary team to support consistent outcomes.

Anatomy & Movement Instructor — Independent Contractor (2014–2024)

- Taught biomechanics, mobility, functional movement, yoga, and Kinstretch.
- Delivered classes for athletic, general, and senior populations.
- Ran senior yoga/mobility programs for the City of Newport Beach (to 2020).

Education

Doctor of Chiropractic (DC) — SCUHS, 2015

BA, History — CSU Long Beach, 2013

Licensure & Certifications

CA Licensed Chiropractor • CPR/First Aid • FRC • FRA • FR-Spine • Kinstretch • RYT-200

Additional Information

Fast-paced athlete clinic experience • Excellent communicator • Works well with massage/recovery teams • Flexible schedule • Interested in long-term growth and clinic expansion