Em Goodman

Education

Doctor of Psychology

Skills

- · Working with families
- · Diagnosing depression
- · Diagnosing personality disorders
- Psychology Psychologist experience (1-2 years)
- Diagnosing obsessive-compulsive disorder (OCD)
- · Cognitive behavioral therapy
- · Personality psychological assessments
- · Evidence-based practice
- · Community mental health center experience
- · Interpersonal psychotherapy
- Telehealth experience
- · Clinical psychological interviews
- Couples therapy
- Person-Centered Therapy
- Mini-Mental State Examination (MMSE)
- · Diagnosing bipolar disorder
- Individual psychological assessments
- Private practice experience
- · Individual therapy
- Implementing behavioral health therapy programs Behavioral health therapy programs implemented (1-2 programs)
- · Working with couples
- Diagnosing post-traumatic stress disorder (PTSD)
- Humanistic therapy
- Launching community mental health outreach initiatives Mental health community outreach initiatives launched (1-2 initiatives)
- Solution-focused brief therapy (SFBT)
- · Behavioral observation
- · Diagnosing anxiety disorders
- · Clinical ethical guidelines

- Psychodynamic therapy
- Telehealth therapy
- Working with adult populations
- Family therapy

Certifications and Licenses

Licensed Psychologist Credentials

Board Certified in Clinical Psychology