

Curriculum Vitae

Elizabeth Altmeyer, MSN, RN, CNOR, CLNC

An experienced operating room (OR) nurse and master's prepared with 10+ years' experience in a level one trauma center specializing in neuro, spine, and head/neck surgery among adult and pediatric populations serving as a legal nurse consultant.

Personal Data:

Cell: 314-591-0073

6257 Marmaduke Avenue

St. Louis, MO 63139

Employer: St. Louis Children's Hospital, BJC Healthcare

Self-employed: Altmeyer Legal Nurse Consulting LLC

Work e-mail: Liz@altmeyerInc.com

Education History

<u>Degree</u>	<u>Year</u>	<u>Institution</u>	<u>Location</u>	<u>Major</u>
Master of Science in Nursing (MSN)	2026	Aspen University	Online, Pheonix, AZ	Forensic Nursing
Bachelor of Science in Nursing (BSN)	2014	Goldfarb School of Nursing at Barnes Jewish College	St. Louis, MO	Nursing

Licenses and Certifications

Missouri Registered Professional Nurse	2015001584	Renewal Date: 4/30/2027
Certified Perioperative Nurse (CNOR)	1832156	Renewal Date: 12/21/2028
<i>Competency & Credentialing Institute</i>		
Basic Life Support (BLS)		Renewal Date: 01/30/2027
<i>American Heart Association</i>		
Pediatric Advanced Life Support (PALS)		Renewal Date: 05/31/2027

American Heart Association

Certified Legal Nurse Consultant (CLNC)

Renewal Date: 11/1/2027

CLNC Certification Institute

Water Safety Instruction

2099-354932337-0 No Expiration

American Red Cross

890

Employment History

<u>Year to Year</u>	<u>Position</u>	<u>Institution</u>	<u>Location</u>
May 2026- present	OR staff nurse	St. Louis Children's Hospital	St. Louis City, MO
April 2022- May 2026	Neurosurgical Resource Nurse	St. Louis Children's Hospital	St. Louis City, MO
July 2021- April 2022	Neurosurgical Team Lead	St. Louis Children's Hospital	St. Louis City, MO
February 2019- July 2021	Cranial OR Resource Nurse	Barnes Jewish Hospital, Pod 5	St. Louis City, MO
July 2016- February 2019	OR staff nurse	Barnes Jewish Hospital, Pod 5	St. Louis City, MO
January 2015- July 2016	Medical-Surgical Staff nurse	Mercy South (formerly known as St. Anthony's Medical Center)	St. Louis County, MO

Professional Associations

American Nurses Association (ANA) member	2025- present
National Alliance Certified Legal Nurses Association (NACLNC) member	2025- present
BJC Perioperative Pressure Injury Prevention Committee	2025- present
St. Louis Children's Hospital OR Quality and Safety Committee	2024- present

Skills

Leadership

Surgical Nursing

Sterile/aseptic technique

Teamwork	Neurosurgery	Sterilization
Critical thinking	Trauma/Emergency Surgery	Operating room
Communication	Medical Surgical Nursing	Wound care/healing
Time management	Case management	Suture
Nursing Care	Pain management	Autism spectrum disorders
Forensic Nursing	End of life care	Public speaking
Trauma-informed care	Pediatric focused care	Emotional Intelligence

Awards/Honors

14 Daisy Awards 2015-2016 Mercy South