## **Professional Summary**

Dedicated and results-driven Doctor of Chiropractic with over 27 years of experience in private practice and an additional 3 years of post-graduate training in Chiropractic Neurology. Extensive expertise in family and wellness chiropractic care, specializing in pain management, spinal adjustments, and holistic patient-centered treatment. Proficient in Diversified, Drop, SOT, Flexion/ Distraction, and Activator techniques. Adept at utilizing advanced medical imaging and evidence-based treatment plans to optimize patient outcomes. Passionate about patient education, preventative care, and wellness strategies. Strong leadership, teaching, and customer service skills with a proven ability to build lasting patient relationships and drive business growth.

## **Work Experience**

## Chiropractor

# Life Force Chiropractic - Allen, TX

August 2004 – February 2024

- Successfully owned, managed, and operated a private chiropractic practice, providing comprehensive care for a diverse patient base.
- Specialized in pain management, spinal adjustments, trigger point therapy, and myofascial release techniques.
- Utilized advanced medical imaging to diagnose and create personalized treatment plans.
- Educated patients on spinal health, injury prevention, and wellness strategies to promote long-term well-being.
- Proficient in Diversified, Drop, and Activator techniques, Flexion/ Distraction, SOT, Cranial Sacral techniques aligning with both family and wellness practice models.
- Developed strong patient relationships, leading to high retention rates and consistent referrals.
- Supervised and mentored chiropractic assistants and support staff to ensure efficient office operations.

#### Chiropractor

Total Health Chiropractic - Mission Viejo, CA

January 1997 – June 2004

- Provided patient-centered chiropractic care, addressing musculoskeletal conditions, injuries, and chronic pain.
- Applied a variety of chiropractic techniques, including Diversified, Activator, Thompson, Flexion/ Distraction, SOT, Cranial Sacral, and myofascial release therapy.
- Conducted thorough patient assessments, including medical history evaluations and diagnostic imaging analysis.
- Built a thriving patient base through superior care, effective communication, and community outreach initiatives.
- Collaborated with other healthcare professionals to provide integrative treatment plans for optimal patient outcomes.

#### **Education**

**Doctor of Chiropractic Parker University – Dallas, TX** *January 1994 – August 1997* 

Cleveland Chiropractic College Post-Graduate Neurology Diplomate Program June 5th. 2000

# Skills & Expertise

- Chiropractic Adjustments & Manipulations (Diversified, Gonstead, Drop, Activator)
- Pain Management & Rehabilitation
- Family & Wellness Chiropractic Care
- Medical Imaging Interpretation
- Trigger Point Therapy & Myofascial Release
- Patient Education & Wellness Counseling
- Anatomy, Physiology & Medical Terminology
- Leadership & Team Development
- Customer Service & Relationship Building
- Sales & Business Growth Strategies

#### **Certifications & Licenses**

- Chiropractic License (Active & in Good Standing)
- Myofascial Release Technique Certification
- Activator Methods Certification

# **Professional Development & Affiliations**

 Ongoing participation in continuing education courses to stay current on chiropractic advancements.

